

FALLON PAIUTE SHOSHONE TRIBE

NUMA NEWS



Fallon Paiute Shoshone Tribal Newsletter

www.fpst.org

March 2020

CORONAVIRUS: LATEST UPDATE

The Fallon Paiute Shoshone Tribe is closely monitoring the global COVID-19 global pandemic. The Tribe is working with local, state and federal agencies to reduce the likelihood of introduction of the virus into our community. The Fallon Paiute Shoshone Tribe declared a public health state of emergency on Tuesday, March 17, 2020. In response to the novel Coronavirus COVID-19 global pandemic, the Tribe will be implementing community mitigation strategies to maintain critical infrastructure, prevent the introduction of COVID-19 into the community and slow the spread of the virus. These strategies will include a public health campaign focusing on personal level actions, social distancing protocols and protective measures.

- The Tribal Health Department will initiate a public health campaign to inform staff, tribal and community members about personal level actions to reduce the spread of the virus.
- All Tribal Offices will be closed to the public. All meetings, social gatherings and classes will be postponed until further notice including Easter and Earth Day.
- The Senior Center will still deliver homebound meals and take out only to all other seniors.
- The Housing Department has been working closely with HUD and at this time there will be no evictions. The Housing Department will still be accepting house payments if your able by phone or by drop box. The best judgement to provide relief to any residence who cannot meet their rent obligations under these circumstances, Housing Staff will work with tenants.
- CCSD School Buses are providing breakfast/lunch meal distribution from 10:00 a.m. to 11:00 a.m. weekdays for all county children ages 0-18 years old. CLC is working to assist the CCSD to ensure students that need meals receive them.
- Fox Peak Fallon & Fox Peak Fernley remain open and we are enacting rigorous cleaning procedures.

Addressing all of our members, Chairman George cautioned diligence and steadfastness in the coming days. Our goal is to take care of our community, as we hope for a vaccine. “We call upon our people to remain calm, to stay home, and to act wisely to prevent the spread of the virus among our community, we also ask the public to be vigilant and respectful of first responders, health care workers, and emergency management officials who are working hard to take steps to fight the spread of the coronavirus,” said Chairman George. In addition he stated, “They are particularly mindful the virus has proven especially dangerous to the elderly, a venerated group in our Native communities, please continue to pray for these individuals, their families, and all of the people in our Nation as we get through this together.”

The COVID-19 Global pandemic is an evolving health emergency. The Tribe will continue to monitor available health information provided by County, State, and Federal public health agencies. It is critical that the tribe work to maintain critical infrastructure necessary to maintain the operation of the government and work to protect the introduction of COVID-19 into the local community and slow the spread of the virus.

SPECIAL EDITION

15 DAYS TO SLOW THE SPREAD

Listen to and follow the directions of your **STATE AND LOCAL AUTHORITIES**.

IF YOU FEEL SICK, stay home. Do not go to work. Contact your medical provider.

IF YOUR CHILDREN ARE SICK, keep them at home. Do not send them to school. Contact your medical provider.

IF SOMEONE IN YOUR HOUSEHOLD HAS TESTED POSITIVE for the coronavirus, keep the entire household at home. Do not go to work. Do not go to school. Contact your medical provider.

IF YOU ARE AN OLDER PERSON, stay home and away from other people.

IF YOU ARE A PERSON WITH A SERIOUS UNDERLYING HEALTH CONDITION that can put you at increased risk (for example, a condition that impairs your lung or heart function or weakens your immune system), stay home and away from other people.



For more information, please visit
CORONAVIRUS.GOV

DO YOUR PART TO SLOW THE SPREAD OF THE CORONAVIRUS

Even if you are young, or otherwise healthy, you are at risk and your activities can increase the risk for others. It is critical that you do your part to slow the spread of the coronavirus.

Work or engage in schooling **FROM HOME** whenever possible.

IF YOU WORK IN A CRITICAL INFRASTRUCTURE INDUSTRY, as defined by the Department of Homeland Security, such as healthcare services and pharmaceutical and food supply, you have a special responsibility to maintain your normal work schedule. You and your employers should follow CDC guidance to protect your health at work.

AVOID SOCIAL GATHERINGS in groups of more than 10 people.

Avoid eating or drinking at bars, restaurants, and food courts — **USE DRIVE-THRU, PICKUP, OR DELIVERY OPTIONS.**

AVOID DISCRETIONARY TRAVEL, shopping trips, and social visits.

DO NOT VISIT nursing homes or retirement or long-term care facilities unless to provide critical assistance.

PRACTICE GOOD HYGIENE:

- Wash your hands, especially after touching any frequently used item or surface.
- Avoid touching your face.
- Sneeze or cough into a tissue, or the inside of your elbow.
- Disinfect frequently used items and surfaces as much as possible.

CORONAVIRUS.GOV

School operations can accelerate the spread of the coronavirus. Governors of states with evidence of community transmission should close schools in affected and surrounding areas. Governors should close schools in communities that are near areas of community transmission, even if those areas are in neighboring states. In addition, state and local officials should close schools where coronavirus has been identified in the population associated with the school. States and localities that close schools need to address childcare needs of critical responders, as well as the nutritional needs of children.

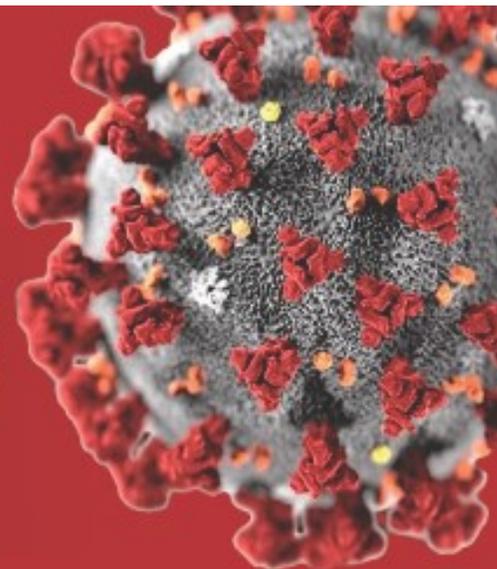
Older people are particularly at risk from the coronavirus. All states should follow Federal guidance and halt social visits to nursing homes and retirement and long-term care facilities.

In states with evidence of community transmission, bars, restaurants, food courts, gyms, and other indoor and outdoor venues where groups of people congregate should be closed.



COVID-19

CORONAVIRUS DISEASE 2019



Scammers follow the headlines

They're setting up websites to sell bogus products and using fake emails, texts, and social media posts as a ruse to take your money and get your personal information.

They also may be asking you to donate to victims, offering advice on unproven treatments, or sending malicious email attachments.

AVOID CORONAVIRUS SCAMS

- Don't click on links from sources you don't know. They could download viruses onto your computer or device.
- Watch for emails claiming to be from the Centers for Disease Control and Prevention (CDC) or experts saying they have information about the virus.
 - For the most up-to-date information about the Coronavirus, visit the Centers for Disease Control and Prevention (CDC) and the World Health Organization (WHO).
- Do your homework when it comes to donations, whether through charities or crowdfunding sites. Don't let anyone rush you into making a donation. If someone wants donations in cash, by gift card, or by wiring money, don't do it.

CORONAVIRUS CURE? NOT SO FAST

Beware of online offers for vaccinations. There currently are no vaccines, pills, potions, lotions, lozenges or other prescription or over-the-counter products available to treat or cure Coronavirus disease 2019 (COVID-19) — online or in stores.

STAY INFORMED

For the most up-to-date information about the Coronavirus, visit the websites of the:

- Colorado Department of Public Health and Environment
- Centers for Disease Control and Prevention (CDC)
- World Health Organization (WHO)

If you're tempted to buy an unproven product or one with questionable claims, check with your doctor or other health care professional first.

We want to hear from you about any scams, fraud, price gouging, or other attempts to take advantage of Coloradans during this public health emergency.

Contact us here: 800-222-4444 or www.StopFraudColorado.gov

FALLON PAIUTE SHOSHONE TRIBE

BUNNY HOP & HUNT

3RD ANNUAL EGG HUNT

Sunday, April 12

Both 81st & Fifth Ave

The V. Christy Center

7:30AM - Registration

8:00AM - 5K Run

Medals for 1st, 2, and 3rd of

the Egg hunt. Prizes for

1st, 2, and 3rd overall winners.

Join us this Easter for the 3rd Annual Egg Hunt which will follow you down Mountain Road and back.

10:00 AM

ANNUAL EGG HUNT

For more information contact Joey Farjuel at 775.423.2220

or Jill Wright at 775.423.8275 x 243

Fallon Paiute-Shoshone
Tribe 20th Annual

Earth Day



All Earth Day activities, including the 20th Annual Earth Day Celebration, are being postponed to a later date yet to be determined due to the COVID-19 health and safety concerns.

INCOME TAX FILING DEADLINE MOVED TO JULY 15 FROM APRIL 15

WASHINGTON (AP) – The income tax filing date has been pushed back from April 15, to July 15, Treasury Secretary Steven Mnuchin said.

Mnuchin announced the decision in a tweet Friday saying that at President Donald Trump’s direction “we are moving Tax Day from April 15 to July 15. All taxpayers and businesses will have this additional time to file and make payments without interest or penalties.”

At a White House briefing, Trump said the delay on filing and paying taxes until July 15 was done to give taxpayers more time and “hopefully by that time, people will be getting back to their lives.”

Trump said that if people are expecting refunds, they should go ahead and file now so that they can get their refunds from the IRS more quickly.

The administration had announced earlier in the week that it would delay the payments, a move that Mnuchin said would leave \$300 billion in the economy at a critical time.

The administration used authority under Trump’s national emergency declaration. The delay is available to people who owe \$1 million or less and corporations that owe \$10 million or less. It is expected that many states will follow the lead of the federal government and delay their tax filing deadlines as well but that will be a state by state decision.

How to keep yourself and your kids active during the lockdown

Cabin Fever may be setting in for many of us as we are forced to stay at home as health officials work to slow the spread of coronavirus. Many people are stuck at home, isolated, with limited entertainment options and social opportunities. It's like we're all on some weird, nationwide snow day but with germs. So what can we do to keep ourselves and our children sane as we pull together for public health? One particular thing to emphasize is the importance of physical activity. Medical experts say fresh air and exercise are important for your physical and mental health but advise Americans to use caution.

Being physically active is an essential ingredient for health and well-being of the human being. When we do not get the physical activity we are used to, it can affect us negatively.

We need to get outside and get moving. As a rule, adults need at least 30 minutes of moderate to vigorous physical activity, almost every day, while children need 60 minutes of this same level of physical activity everyday. If this seems to be a difficult target to achieve, then set a realistic target for the coming days, which should be a little more than you usually do, not too easy to achieve, but achievable. Then yourself and your kids set yourselves the task of building on this every couple of days by adding 5 extra minutes.

We each need to identify ways to

get the above physical activity built into our day now, with the added constraint of maintaining social distancing. What this means is that we do the activity with our children and we don't send them outside to be active on their own (unless to a walled-off back garden of course)

Some ideas on how we might go about this include:

- Great time to start a garden, kids love digging.
- Grab a football, basketball, or even a tennis ball. Get those kids some sunshine and fresh air on the days that will allow it.
- Pitch a tent to play camp.
- Let the kids go birdwatching in your backyard.
- Make your house a gymnasium.
- **READ A BOOK**
- Kitchen projects.
- Organize a movie theater adventure in your home with lights out and popcorn.
- Have them work on paintings, drawings and collages for an end of the week art show for the entire family.
- Break out those LEGOS, Play-Doh, Kinetic Sand, and other building tools for some peaceful construction.
- Trace the sun's movement by drawing your shadow every hour.
- Create some non-Newtonian fluid recipes, otherwise known as silly putty.
- Go for a walk together, biking, hiking or jogging but avoid do-



ing these activities with groups.

- Walk a block or two of the local neighborhood
- Frisbee should only be played with immediate family.
- Bring some chalk outside and draw hopscotch markings, have a game.
- Candyland, Sorry, Operation, Clue, The Game of Life

What about playgrounds?

While many community playgrounds remain open to the public, if playground equipment is not routinely cleaned or sanitized, we recommend you do not use them.

As parents, we need to keep ourselves and our children sane over the coming weeks. Physical activity in a systematic way will have huge benefits for you psychologically in terms of how you feel day to day in the short term. In the context of the current crisis, the huge benefits to you and your child's physical health may almost be considered secondary.

Rather than seeing this as a chore, let's see it as an amazing opportunity to develop a positive physical activity relationship with your child, something that may well live and flourish long past the current crises.

We Applaud Staff Working on the Frontline Against the Virus



ONLY FLUSH TOILET PAPER

Due to the COVID-19 (Coronavirus), we are experiencing a nationwide shortage of toilet paper. We know it's tempting to flush nearly anything down the toilet. To do this, however, will risk damaging your septic tanks, leach fields, or worse, yet the sewer pumps at our community lift stations.

The Public Works Department is continually cleaning unwanted debris from the pumps which takes a lot of time and effort. It may also cost a homeowner a lot of money to replace a septic tank, leach system or a sewage backup into your own home.

Some items you **SHOULD NOT FLUSH**

- **Baby wipes, wet wipes, cleaning pads**
- **Paper towels**
- Cigarette butts
- Q-tips
- Cooking grease
- Dental floss
- Feminine products
- Diapers
- Pills

Thank you and be safe



ATTENTION

**Yerington Paiute Tribe Commodity Food Program
will be doing a drive thru Service at Fallon:**

April 1, 2020 from 8:00 AM– 11:45 AM

1. Please Stay in your vehicle

2. No need to Fill out Paperwork for certified Clients

3. You will Receive everything per number of household

We are taking precaution due to the coronavirus. Stay Safe.

We will not be accepting new clients until we receive the proper paperwork by email or fax before the deliver date.

WE WILL NOT TAKE WALK-IN

Sorry for any inconvenience

**You can make an appointment come to the warehouse
to receive food by approval**

Phone # 775-783-0260 ext. 2

Email: smeza@ypt-nsn.gov



FALLON PAIUTE-SHOSHONE TRIBE

Resolution No. 20-F-056

BE IT RESOLVED BY THE GOVERNING BODY OF THE FALLON PAIUTE-SHOSHONE TRIBE, THE FALLON BUSINESS COUNCIL, THAT:

WHEREAS: the Fallon Business Council ("Council") is the recognized Governing Body of the Fallon Paiute-Shoshone Tribe ("Tribe") and was established to exercise privileges and powers of self-government and to conserve and develop the Tribe's resources for the social and economic well-being of its members; and

WHEREAS: the Tribe, through its governing body, has the responsibility to provide for the social and economic well-being of its membership; and

WHEREAS: the Council exercises jurisdictional authority over all lands within the exterior boundaries of the Fallon Paiute-Shoshone Tribe's Reservation and Colony ("Reservation"); and

WHEREAS: the World Health Organization has declared the COVID-19 (Coronavirus) outbreak as a pandemic; and

WHEREAS: the State of Nevada and numerous other States in the United States have declared states of emergency due to the COVID-19 pandemic; and

WHEREAS: there are multiple confirmed and presumptive cases of COVID-19 in the State of Nevada, including in Fallon; and

WHEREAS: the Business Council finds and proclaims that an emergency exists due to the COVID-19 pandemic and its actual and potential impact on the Reservation commencing on March 17, 2020 at 5:00 p.m.; and

WHEREAS: extraordinary measures must be taken by the Business Council, which is the governing body of the Tribe, and the Tribe's Emergency Management Department, Fallon Tribal Health Center, and the Fallon Paiute Shoshone Tribal Police Department to protect the public health, safety, and welfare of individuals on the Reservation and Colony;

NOW THEREFORE BE IT RESOLVED, that the Fallon Business Council, under authority of the Tribe's Constitution and By-Laws, its Law and Order Code and/or in the exercise of the Tribe's inherent powers, hereby declares a State of Emergency to exist on the Fallon Paiute Shoshone Tribe Reservation and Colony.

BE IT FURTHER RESOLVED, during the existence of this State of Emergency, the powers, functions and duties of the Tribal Chairman, Emergency

SOCIAL DISTANCING – TRIBAL POINTS-OF-CONTACT

We are encouraging our tribal members and residents to stay at home as much as possible with the coronavirus situation in the country. We know that you have tribal business that needs to be done but a lot of these items can be done either by phone or by email. So before you come in please try to phone or email the points-of-contact below to see if we can get your issue addressed without coming into a building. Your phone call or email will be answered by the individual or referred to the appropriate person and they will get back in touch with you as soon as possible. Thank you.

Program Area	Point-of-Contact	Email	Phone Numbers
ADMINISTRATION			
Primary Contact	Chairman George	chairman@fpst.org	775-423-6075
Primary Contact	Secretary Dyer	secretary@fpst.org	775-423-6075
Primary Contact	Treasurer Allen	fbctreasurer@fpst.org	775-423-6075
VICTIM SERVICES			
Primary Contact	Michelle Bowers	victimservices@fpst.org	775-423-6075
HOUSING AUTHORITY			
Primary Contact	Marissa Fillmore	adminassistant@fpst.org	775-426-8229
SENIOR CENTER			
Primary Contact	Jenevie Lucero	Elder1@fpst.org	775-423-7569
TRIBAL RESOURCES			
Primary Contact	Leanna Hale	landwaterdir@fpst.org	775-423-3725
COMMUNITY LEARNING CENTER			
Primary Contact	Rochanne Downs	clcdirector@fpst.org	775-427-0991
HEALTH CENTER			
Health Administration	Jon Pishion	fthcdirector@fpst.org	775-423-3634, ext. 1029 775-217-9078
Medical & Laboratory	Gracie Booth	medical8@fpst.org	775-423-3634, ext. 1050
Dental Services	Martee Donahue	dentalreceptionist@fpst.org	775-423-3634, ext. 1016
Optical Services	Leneva George	opto1@fpst.org	775-423-3634, ext. 1017
Pharmacy	Tim Brown	chiefpharmacist@fpst.org	775-423-3634, ext. 1872
Wellness Center	Christina Baldwin	diabetescoord@fpst.org	775-423-2220
Benefits Office	Denise Harrison	benefits2@fpst.org	775-423-3634, ext. 1026
Patient Registration	Tamika FastHorse	patreg2@fpst.org	775-423-3634, ext. 1025
CHR Program	Linda Noneo	chrsup@fpst.org	775-423-3634, ext. 1039 775-427-0977
Medical Records	Lani Miguel	medrecsup@fpst.org	775-423-3634, ext. 1024
PRC Office (referrals)	Juanita George	chs@fpst.org	775-423-3634, ext. 1030
Behavioral Health	Brenda Hooper Leslie Steve	bhassistant@fpst.org mhsadirector@fpst.org	775-423-3634, ext. 1040 775-423-3634, ext. 1032
PUBLIC SAFETY			
Emergency Management	Ruby Dawn Manning	emd@fpst.org	775-423- 8848
Tribal Police	Marshall Emerson	chiefofpolice@fpst.org	775-423-8848
PUBLIC WORKS			
Water/Sanitation	John Schaffer	publicworks@fpst.org	775-427-9954
Environmental	Richard Black	richenviro@fpst.org	775-423-0509
TRIBAL COURT			
Judicial Services	Kae Ward	courtclerk@fpst.org	775-423-8883
YOUTH & FAMILY SERVICES			
Social Services	Jennifer Pishion	ssdirector@fpst.org	775-423-1215
Vocational Rehab.	Elaine Bender	vrm@fpst.org	775-428-2250



Community Conversation

Everyone is invited to participate to create the Fallon Paiute Shoshone Tribe's Strategic Plan.

Let's make a difference in our community together!

Come be a part of our strategic planning process as we look to the future of the Fallon Paiute Shoshone Tribe.

All Tribal Members and Community Members are invited to attend.

A survey will also be distributed for Tribal Members living off-reservation and for residents not able to attend.

April 9 and April 30, 2020

6:00 pm – 8:00 pm FPST Gymnasium
8955 Mission Road
Fallon, NV 89406

****Dinner will be provided****

For the safety of our Tribal Community during this COVID-19 Pandemic. All Public Meetings have been postponed until further notice.

We ask our Tribal Community to please see the below link and fill out the online questionnaire. This will assist the Business Council with the Tribal Strategic Plan

For additional information, please contact:
 Margot Dyer, Tribal Secretary
 775.423.6075
 secretary@fpst.org

Pass coronavirus quarantine time with free Ivy League online classes; 450 courses from a number of schools

Have you ever wanted to say you've taken an Ivy League course? With many of us having more free time on our hands, now could be your chance. All eight of the schools making up the prestigious Ivy League – Harvard, Yale, Princeton, Cornell, University of Pennsylvania, Brown, Dartmouth and Columbia -- offer online classes to the public for free. The offerings include courses in computer science, mathematics, business, education, humanities, art & design, engineering and more.

Notable classes include: Algorithms, Part I from Princeton University
Artificial Intelligence (AI) from Columbia University
CS50's Introduction to Computer Science from Harvard University
The Computing Technology Inside Your Smartphone from Cornell University
Modern & Contemporary American Poetry ("ModPo") from University of Pennsylvania
Viral Marketing and How to Craft Contagious Content from University of Pennsylvania
Fundamentals of Neuroscience, Part 1: The Electrical Properties of the Neuron from Harvard University

Have an upcoming event or community announcement? Make sure it's in the Numa News Newsletter!

The Fallon Paiute-Shoshone Tribe provides a venue to list/post upcoming events and community announcements in its Numa News publication. This service is being offered to provide people with an opportunity to share information with the members of the Fallon Paiute-Shoshone Tribe. If you have an event or announcement of public interest you may email tribalnews@fpst.org or by mail to 565 Rio Vista Drive, Fallon, NV 89406 (Attn: Numa News) for consideration. For events include the event name, date, time, location and event website, along with a brief description and contact information. The Tribe is not responsible for inaccurate information, including but not limited to incorrect dates, times, and locations, published in the newsletter. All information should be submitted by the 1st of the month for approval prior to publish in the next month's edition. The Tribe reserves the right to decline event submissions, as well as to edit event information for length, spelling, clarity, and language. The newsletter is not intended to be used as a promotional vehicle for commercial interests or events (unless from Fallon Tribal programs/entities). References or hyperlinks in the Numa News to any individual or entity are for informational purposes only and are not an endorsement by the Tribe or Council. The Tribe is providing no legal, accounting or other professional advice by including references to any entity or individual. **Deadline is the 1st of each month so don't wait!**



Fallon Paiute-Shoshone Tribe
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 Fallon, NV 89406
 Tel (775) 423-6075
www.fpst.org
 ADDRESS/RETURN SERVICE REQUESTED

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