



# NUMA NEWS

## Tribes Coming Together To Assist Churchill County Test Emergency Responders

*Fallon, NV*

The Fallon Paiute-Shoshone Tribe Emergency Management Coordinator received a request from the State of Nevada Division of Emergency Management (DEM) Emergency Management Program Manager – Preparedness/Response on Saturday July 11, 2020 to assist with rapid testing of Churchill County Emergency Responders due to a potential exposure of a large number of individuals after two of their emergency response personnel tested positive for the COVID-19 virus. This request was based on the FPST having an Abbott ID Now rapid test machine, which was not available elsewhere in the County, and can provide a result within 15 minutes instead of waiting for days using normal methods (State Lab, Quest, etc.). The event was scheduled to be conducted on Monday, July 13, 2020.

An emergency meeting was held on Sunday, July 12, 2020 at the Fallon Tribal Health Clinic (FTHC) with the Churchill County Manager and Churchill County Social Services Director and members of the Emergency Operations Center (EOC) including the Tribal Chairman, Health Center personnel, and Emergency Management to discuss the coordination of the event.

During discussions on the logistics of handling a massive testing effort in one day, the Fallon Tribal Health

Center (FTHC) indicated its Abbott ID Now Machine would not be enough to handle the volume of individuals to be tested in the timeframe and that additional rapid test machines would be needed for this effort. The Abbott machines take up to 15 minutes to process one test (about 4 tests an hour not including ongoing Quality Assurance calibrations) and the projected test volume needed was for over 100 individuals at a minimum.

The FTHC and the State of Nevada DEM reached out to the neighboring Tribal Health Centers of Reno-Sparks Indian Colony (RSIC), Pyramid Lake Paiute Tribe, Walker River Paiute Tribe and the Washoe Tribe of Nevada and California to see if they could temporarily lend their Abbott ID Now machines to the FTHC for this event. Three of the Tribes RSIC, Pyramid Lake, and the Washoe Tribal Health Centers were able to assist with this request, as well as a machine from Carson City Health and Human Services.

On Monday, July 13, 2020 the FTHC had five (5) machines that were utilized for this major public health issue facing Churchill County and conducted 107 tests.

In order to have an effective and efficient testing process, Churchill County collected the test samples for all the emergency responders throughout the day and brought them



in batches to the FTHC. The FTHC personnel in the lab (Gracie Booth and Christina Baldwin) processed them beginning around 9:00 a.m. and finished about 8:00 p.m.

These neighboring Tribes and our own FPST came together to assist Churchill County with this emergency request during this time of crisis without hesitation and with professionalism. The FPST is grateful for this cooperation with other Tribes as well as the State of Nevada Division of Emergency Management and Churchill County to ensure that this was able to be successfully achieved with only one day of planning. The FPST would like to recognize the efforts of the FTHC, especially its testing personnel, for the time and effort that took place on this day.

The FTHC has received a letter from Churchill County expressing their gratitude for the assistance the FTHC was able to provide.

*Letter on next page....*



## Office of the Churchill County Manager

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July 24, 2020

John Pishion  
 Health Director  
 Fallon Tribal Health Center  
 1001 Rio Vista Rd.  
 Fallon, NV 89406  
 Via E-mail: [fhcdirector@fpst.org](mailto:fhcdirector@fpst.org)

RE: Assistance with Rapid Testing of First Responders in Churchill County

Dear Mr. Pishion,

On behalf of the Board of Churchill County Commissioners and the Board of Health, I would like to extend my sincere appreciation for assistance with the County's emergency request to rapid test many of our first responders. We commend the Fallon Tribal Health Center and the assistance you provided along with Associate Director of Clinical Services, Susan Bracamontes; Laboratory Technician, Gracie Booth; and Diabetes Coordinator, Christina Baldwin aiding us with conducting and overseeing rapid lab testing. Please extend our gratitude to all who assisted with these efforts from the Fallon Tribal Health Center.

These are challenging and unprecedented times, but I am so very proud of the Fallon Paiute Shoshone Tribe, the City of Fallon, Churchill County, and our many partners who all work together to serve the needs of our community. The emergency testing day for first responders conducted on July 13<sup>th</sup> was just one example of our outstanding cooperative efforts.

Sincerely,

Jim R. Barbee  
 County Manager  
 Deputy Health Officer

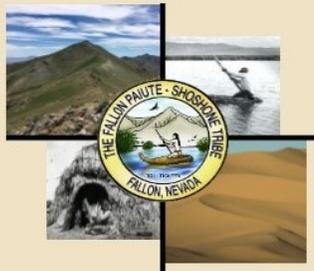
cc: Chairman Len George, Fallon Paiute Shoshone Tribe  
 Chairman H. Pete Olsen, Board of Churchill County Commissioners  
 Mayor Ken Tedford, City of Fallon

*Churchill County is an equal opportunity provider and employer.*

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Churchill County Administrative Complex • 155 N. Taylor St., Suite 153 • Fallon, NV 89406 • PHONE (775) 423-5136 FAX (775) 423-0717

[Email:countymanager@churchillcounty.org](mailto:countymanager@churchillcounty.org)



# FALLON TRIBAL HEALTH CENTER COVID-19 TESTING UPDATE

AS OF JULY 29, 2020

Includes testing at the Fallon Tribal Health Center and community based testing programs on the Fallon, Lovelock, and Yomba Tribes.

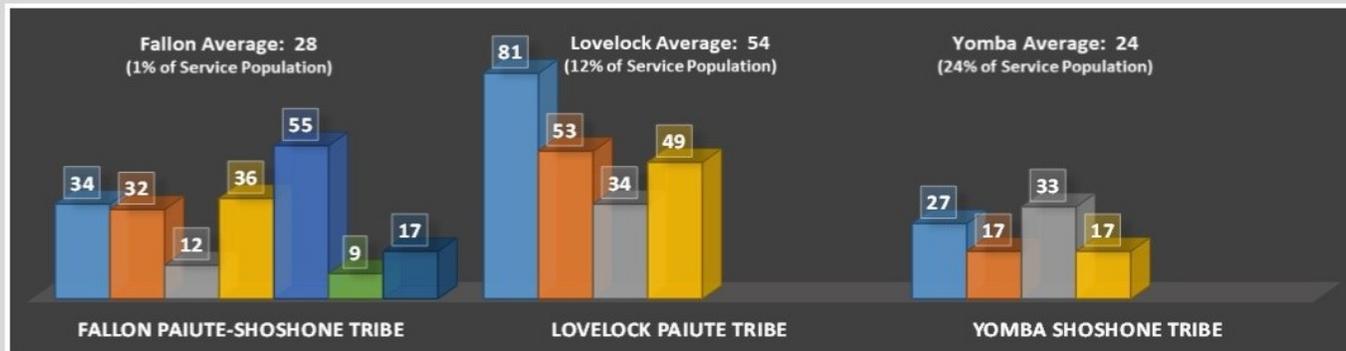
<b>732</b>	<b>Tested</b>	<b>487</b>	<b>Negative</b>	<b>2</b>	<b>Positive*</b>
<b>27</b>	<b>Pending</b>	<b>0</b>	<b>Deaths</b>	<b>3</b>	<b>Recovered*</b>

\*Positive Patients: Fallon Colony (2)

\*Recovered Patient: Washoe County (1); Fallon Reservation (1); Churchill County (1)

## COMMUNITY BASED TESTING (CBT) INFORMATION (as of July 16, 2020)

<b>195</b>	<b>Fallon Tribe</b>	<b>217</b>	<b>Lovelock Tribe</b>	<b>94</b>	<b>Yomba Tribe</b>
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Community Based Testing are drive-through testing conducted at various sites on the Fallon Reservation & Colony, Lovelock Colony, and Yomba Reservation (this are separate from testing done in the FTHC Ambulance Bay or exam areas).

*Brought to you by Inter-Tribal Council of Nevada and Nevada Indian Commission*

**MEDITATE  
PRAISE OUR CREATOR  
THINK GOOD THOUGHTS  
HELP OTHERS**

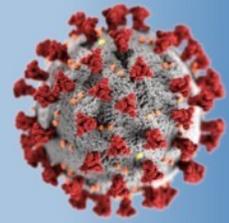


**SELF CARE  
DURING COVID-19**

# COVID-19 TESTING

August 2020 Community-Based Testing Program

FREE | CONVENIENT | SAFE | SECURE | FAST



**No Appointments or Registration Needed! • Just Drive-Thru or Walk-Up to Testing Sites!**

**NEW TESTING INITIATIVE.** Starting August 2020, the Health Center will be conducting a monthly raffle for individuals (13 years and older) who test at our Community Based Covid-19 Testing sites (\$200 gift card per community), as well as distributing kid's masks and bags for those 12 years and younger.

**Please stop by and get tested and/or re-tested and get your raffle ticket or youth masks/bag!**



**WEDNESDAY, AUGUST 5, 2020**

**5:30 PM - 7:30 PM**

**FALLON TRIBAL HEALTH CENTER**

1001 Rio Vista Drive, Fallon, Nevada



**WEDNESDAY, AUGUST 12, 2020**

**9 AM - 12 PM**

**YOMBA SHOSHONE TRIBE**

Yomba Community Center, Nevada



**WEDNESDAY, AUGUST 19, 2020**

**9 AM - 12 PM**

**LOVELOCK PAIUTE TRIBE**

201 Bowean Street, Lovelock, Nevada



**WEDNESDAY, AUGUST 26, 2020**

**8 AM - 10 AM**

**TOI TICUTTA WELLNESS CENTER**

8929 Mission Road, Fallon, Nevada

## TESTING INFORMATION

(Ongoing Re-Testing for Covid-19 is strongly encouraged and allowed!)

- If you are a new patient or haven't been here in a while, registration is encouraged - call 775-420-2546
- Testing will ONLY be done on people located next to a functioning windows
- This is voluntary program and individuals are not required to get tested. This **ONLY** tests for the Covid-19 virus and no other substances
- You will be notified within 10 business days of the results of your test
- PLEASE BE PATIENT as this may take time and testing is mildly invasive (there may be some discomfort)
- Please remain in your vehicle at all times during the testing process
- Maintain social distancing and wear a mask at all times during the testing process
- Available for any Native American who is receiving healthcare services at FTHC or a member of their household (regardless of race; or an employee of the Fallon, Lovelock, or Yomba Tribes or businesses (regardless of race).

If you have any questions or concerns, please call the Fallon Tribal Health Center at 775.423.3634. Thank you.

FALLON TRIBAL HEALTH CENTER  
FALLON PAIUTE-SHOSHONE TRIBE





# COVID-19 COMMUNITY TESTING

**No Appointments or Registration - just Drive-Thru or Walk-Up to Testing Sites!**

**NEW TESTING INITIATIVE.** Starting August 2020, the Health Center will be conducting a monthly raffle for individuals (13 years and older) who test at one of our below testing sites (\$200 gift card per community), as well as distributing kid's masks and bags for those 12 years and younger.

**WEDNESDAY,  
AUGUST 5, 2020  
5:30 pm - 7:30 pm  
Fallon Tribal  
Health Center**

**WEDNESDAY,  
SEPTEMBER 23, 2020  
8 am - 10 am  
Toi Ticutta  
Wellness Center**

**WEDNESDAY,  
AUGUST 26, 2020  
8 am - 10 am  
Toi Ticutta  
Wellness Center**

**WEDNESDAY,  
SEPTEMBER 30, 2020  
5:30 pm - 7:30 pm  
Fallon Tribal  
Health Center**

If you have any questions, please call the Fallon Tribal Health Center at 775.423.3634

FALLON TRIBAL HEALTH CENTER  
FALLON PAIUTE-SHOSHONE TRIBE



**From Medline Plus: Suicide Weblink:** <https://medlineplus.gov/su>

## What is suicide?

Suicide is the taking of one's own life. It is a death that happens when someone harms themselves because they want to end their life. A suicide attempt is when someone harms themselves to try to end their life, but they do not die.

Suicide is a major public health problem and a leading cause of death in the United States. The effects of suicide go beyond the person who acts to take his or her life. It can also have a lasting effect on family, friends, and communities.

## Who is at risk for suicide?

Suicide does not discriminate. It can touch anyone, anywhere, at any time. But there are certain factors that can contribute to the risk of suicide, including

- Having attempted suicide before
- [Depression](#) and other [mental health disorders](#)
- [Alcohol](#) or [drug](#) use disorder
- Family history of a mental health disorder
- Family history of an alcohol or drug use disorder
- Family history of suicide
- Family violence, including [physical](#) or [sexual](#) abuse
- Having guns in the home
- Being in or having recently gotten out of jail
- Being exposed to others' suicidal behavior, such as a family member, peer, or celebrity
- Medical illness, including [chronic pain](#)
- Stressful life event, such as a job loss, financial problems, loss of a loved one, a breakup of a relationship, etc.
- Being between the ages of 15 and 24 years or over age 60

## What are the warning signs for suicide?

The warning signs for suicide include

- Talking about wanting to die or wanting to kill oneself
- Making a plan or looking for a way to kill oneself, such as searching online
- Buying a gun or stockpiling pills
- Feeling empty, hopeless, trapped, or like there's no reason to live
- Being in unbearable pain
- Talking about being a burden to others
- Using more alcohol or drugs



## From Medline Plus: Suicide Weblink: <https://medlineplus.gov/su>

- Acting anxious or agitated; behaving recklessly
- Sleeping too little or too much
- Withdrawing from family or friends or feeling isolated
- Showing rage or talking about seeking revenge
- Displaying extreme mood swings
- Saying good-bye to loved ones, putting affairs in order
- Some people may tell others about their suicidal thoughts. But others may try to hide them. This can make some of the signs harder to spot.

### What should I do if I need help or know someone who does?

If you or someone you know has the warning signs for suicide, **get help right away**, especially if there is a change in behavior. If it is an emergency, dial 911. Otherwise there are five steps that you can take:

- **Ask** the person if they're thinking about killing themselves
- **Keep them safe.** Find out whether they have a plan for suicide and keep them away from things that they can use to kill themselves.
- **Be there with them.** Listen carefully and find out what they are thinking and feeling.
- **Help them connect** to resources that can help them, such as
  - Calling the National Suicide Prevention Lifeline at 1-800-273-TALK (1-800-273-8255). Veterans can call and press 1 to reach the Veterans Crisis Line.
  - Texting the Crisis Text Line (text HOME to 741741)
  - Texting the Veterans Crisis Line at 838255
- **Stay connected.** Staying in touch after a crisis can make a difference.

*NIH: National Institute of Mental Health*

*You can also contact the Behavioral Health Program and the Fallon Tribal Health Center, 423-3634.*



# Coronavirus Scams Fraud Alert



## Contact Tracers

Don't pay a contact tracer, give out your social security number or financial information. It's a scam. [File a complaint.](#)



## Unemployment Insurance Fraud

If someone uses your personal information to file an insurance claim. Report it and get help [IdentityTheft.gov](https://www.identitytheft.gov).



## Work-at-Home

Visit the FTC to learn more about [protecting](#) yourself from work-at-home scams during the pandemic, and how to [avoid job scams](#).



## Fake Grants

Scammers ask you to complete a grant application and request your bank account information to transfer funds. [File a complaint.](#)



## Utility Imposter

Utility companies don't make demands. Legitimate reps will explain how to make a payment using their established payment options/programs.



## Cryptocurrency

Crypto scams can appear as emails trying to [blackmail](#) someone, [online chain referral schemes](#), or [bogus investment and business opportunities](#).



## Rate Schemes

It is illegal for a company to charge a fee before performing a debt relief service. Report credit card interest rate schemes to [ftc.gov/complaint](https://www.ftc.gov/complaint).



## College Students

Don't click on a link to get a message that needs to be opened through a portal link requiring your university login. It's a [phishing scam](#).

# FALLON TRIBAL HEALTH CENTER

## BEHAVIORAL HEALTH CLINIC

1005 RIO VISTA DRIVE

FALLON, NEVADA 89406

775-423-3634 x 1040

## ADDICTION RECOVERY SOURCES

### NATIVE AA MEETING INFORMATION:

**NATIVE WELLNESS INSTITUTE:** [www.facebook.com/NativeWellnessInstitute](http://www.facebook.com/NativeWellnessInstitute)

**WHITE BISON:** <https://www.facebook.com/whitebisoninc/> Wellbriety online meetings using zoom, the meetings will be listed with time and codes to get into the meetings.

**IN THE ROOM:** An online Addiction Recovery Community [www.intherooms.com](http://www.intherooms.com) in the meetings prompt are Native American AA Meetings, (*you will need to create a profile for yourself*).

### FALLON AA MEETINGS & NA MEETINGS

**FALLON RECOVERY ASSOCIATION** 141 Industrial Way Fallon, Nevada

	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<b>AA</b>	7:30 am		12 pm	10 am/12 pm			8 am/12pm
<b>NA</b>	5 pm	7 pm	7 pm	7 pm	7 pm	7 pm	8:30 pm

### NATIONAL VIRTUAL AA MEETINGS

**WILLIAMSVILL WELLNESS REMOTE IOP:** <https://smartiop.com> Outpatient Services

**SMART RECOVERY:** Alcoholics Anonymous (AA), Narcotics Anonymous (NA), Drug Addiction: <https://www.smartrecovery.org/> select "find a meeting" or "online community". <https://www.smartrecovery.org/community/calendar.php>

**RATIONAL RECOVERY:** <http://rational.org>

### What is SAMHSA's National Helpline?

SAMHSA's National Helpline, [1-800-662-HELP \(4357\)](tel:1-800-662-HELP), (also known as the Treatment Referral Routing Service) or TTY: [1-800-487-4889](tel:1-800-487-4889) is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations. Callers can also order free publications and other information.

### VIRTUAL AA MEETINGS-RENO & SURROUNDING AREA Sierra Sage Region of Narcotics

**Anonymous:** <https://www.sierrasagena.org> Welcome to SSRNA: Many websites have been created about the nature of addiction. This website primarily concerns itself with the nature of recovery. If you are an addict, please give yourself a break and use it. If you have a problem with drugs or you are questioning whether or not you are an addict, please attend one of our meetings so you can hear other people's experience, strength, and hope with overcoming addiction through recovery in Narcotics Anonymous. Do you think you have a problem with drugs? We may be able to help. Call us at 888-850-2205 for someone to talk to or to access meetings near you. You can also text 888-850-2205 within your city to receive meetings near you. Text "subscribe" to 775-204-3237 if you would like to receive text messages on the latest meetings, NA activities and events. Go into Meetings: Virtual meetings are relayed by using zoom.

## \*\*\*\*TERO NEWS\*\*\*\*

The Health Clinic Expansion project is hiring for the following jobs, please contact TERO for an application to be mailed at 775-423-6075. If no answer, please call my cell phone number at 775-426-9467. You can also email [taxdirector@fpst.org](mailto:taxdirector@fpst.org) for an application.

**TRICOR CONSTRUCTION IS TAKING APPLICATIONS FOR THE FOLLOWING JOBS:**

### **Concrete Masons and Finishers**

**Availability: Immediately**

**Description:** Concrete masonry and finishing in ground up construction.

**Skilled in the following concrete related tasks:**

- Smooth and finish surfaces of poured concrete, such as floors, walks, sidewalks, roads, or curbs using a variety of hand and power tools.
- Operate power vibrator to compact concrete and compact materials to create level bases
- Align forms for sidewalks, curbs, or gutters; patch voids; and use saws to cut expansion joints.
- Mix cement, sand, and water to produce concrete, grout, or slurry, using hoe, trowel, tamper, scraper, or concrete-mixing machine.
- Mix substances or compounds needed for work activities.

**Skilled in the following work-related requirements:**

- Ability to work in a team and follow direction
- Previous experience needed
- Test negative drug and alcohol limits during work hours

### **General Carpentry and Drywall**

**Availability: August 1st**

**Description:** Construct, erect, install, and repair structures and fixtures of wood, plywood, and wall-board, using carpenter's hand tools and power tools.

**Skilled in the majority or all of following rough carpentry related tasks:**

- Follow established safety rules and regulations and maintain a safe and clean environment.
- Clean work sites..
- Review blueprints or specifications to determine work requirements.
- Measure and mark cutting lines on materials, using a ruler, pencil, chalk, and marking gauge. Verify trueness of structure, using plumb bob and level.
- Shape or cut materials to specified measurements, using hand tools, machines, or power saws.
- Cut wood components for installation.
- Install structures or fixtures, such as windows, frames, floorings, trim, or hardware, using carpenters' hand or power tools.
- Install doors or windows and l wooden structural components.
- Fit and fasten wallboard or drywall into position on wood or metal frameworks, using glue, nails, or screws.
- Apply plasterboard or other wallboard to ceilings or interior walls of buildings.
- Measure and cut openings in panels or tiles for electrical outlets, windows, vents, plumbing, or other fixtures, using keyhole saws or other cutting tools.

**Skilled in the following work-related requirements:**

- Ability to work in a team and follow direction
- Previous experience needed
- Test negative drug and alcohol limits during work hours

# Unemployment Resources

In response to COVID-19, the Nevada Division of Employment, Training and Rehabilitation (DETR) has implemented and launched a NEW filing system for Nevada residents who have been affected by the pandemic to receive benefits. This is completely separate from filing for traditional unemployment insurance benefits. [More information on Coronavirus Aid, Relief and Economic Security Act \(CARES Act\)](#)

Pandemic Unemployment Assistance (PUA) is a temporary federal program that is part of the Coronavirus Aid, Relief, and Economic Security (CARES) Act. PUA is available to Nevada workers who are unemployed, partially unemployed, unable to work or unavailable for work due to the COVID-19 pandemic and who are not eligible for unemployment insurance benefits.

Pandemic Emergency Unemployment Compensation (PEUC) a temporary federal program that provides up to 13 weeks of regular unemployment insurance (UI) for eligible claimants whose claims have been exhausted.

Federal Pandemic Unemployment Compensation (FPUC) provides eligible individuals will receive an additional \$600 per week in addition to their weekly benefit amount from another unemployment compensation program.

## Pandemic unemployment assistance:

Online:  [www.employnv.gov](http://www.employnv.gov)

Phone:  800-603-9681

Monday - Friday 8 a.m. to 8p.m.

Saturday 8 a.m. to Noon



Individuals who believe that someone is fraudulently using their identity to apply for unemployment benefits should file a complaint through the FBI's Internet Crime Complaint Center (IC3) at [www.ic3.gov](http://www.ic3.gov) and to DETR's Fraud Report. Nevada's COVID-19 Task Force is working with DETR to assess the problem. [Click here to file Unemployment Insurance Fraud Report](#)



## Unemployment Quick Links:

- [DETR website](#)
- [Backdate Frequently Asked Questions for Claimants](#)
- [Claimants Frequently Asked Questions and COVID-19](#)
- [Unemployment Insurance Benefits Tutorials](#)
- [Rapid Response Resource Packet for Laid Off Workers](#)
- [Relief for Workers Affected by COVID 19 CARES Act](#)

# Diabetes and Coronavirus (COVID-19)

## How COVID-19 Impacts People with Diabetes

This information is based on current knowledge of COVID-19 and will be updated as additional scientific evidence is released. Information provided from ADA (American Diabetes Association). We know you have questions. We have answers.

### **Q: Are people with diabetes more likely to get COVID-19?**

**A:** People with diabetes are not more likely to get COVID-19 than the general population. The problem people with diabetes face is primarily a problem of worse outcomes, not greater chance of contracting the virus. In China, where most cases have occurred so far, people with diabetes had much higher rates of serious complications and death than people without diabetes—and generally we believe that the more health conditions someone has (for example, diabetes and heart disease), the higher their chance of getting serious complications from COVID-19. While the death toll is likely to rise as the virus spreads, we expect the death rate—the number of people who die from the virus as a percentage of the total number of people who contract the virus—to go down as we get better at detecting and treating this specific virus.

### **Q: Do people with diabetes have a higher chance of experiencing serious complications from COVID-19?**

**A:** People with diabetes do face a higher chance of experiencing serious complications from COVID-19. In general, people with diabetes are more likely to experience severe symptoms and complications when infected with a virus. Your risk of getting very sick from COVID-19 is likely to be lower if your diabetes is well-managed. When people with diabetes do not manage their diabe-

tes well and experience fluctuating blood sugars, they are generally at risk for a number of diabetes-related complications. Having heart disease or other complications in addition to diabetes could worsen the chance of getting seriously ill from COVID-19, like other viral infections, because your body's ability to fight off an infection is compromised.

Viral infections can also increase inflammation, or internal swelling, in people with diabetes. This is also caused by above-target blood sugars, and both could contribute to more severe complications.

### **Q: Do I need to worry about DKA (diabetic ketoacidosis)?**

**A:** When sick with a viral infection, people with diabetes do face an increased risk of DKA (diabetic ketoacidosis), commonly experienced by people with type 1 diabetes. DKA can make it challenging to manage your fluid intake and electrolyte levels—which is important in managing sepsis. Sepsis and septic shock are some of the more serious complications that some people with COVID-19 have experienced. If your blood sugar has registered high (greater than 240 mg/dl) more than 2 times in a row, check for ketones to avoid DKA.

### **Q: Is COVID-19 different from the seasonal flu?**

**A:** COVID-19 is proving to be a more serious illness than seasonal

flu in everyone, including people with diabetes. All of the standard precautions to avoid infection that have been widely reported are even more important when dealing with this virus. Recommended safety precautions are the same as for flu, such as frequent hand washing and covering coughs and sneezes with a tissue or your elbow. We encourage people with diabetes to follow the guidance of the CDC and to review how you manage sick days—preparing for a sick day can make it easier.

### **Q: What are the symptoms and warning signs I should be watching out for—and what do I do if I think I'm developing them?**

**A:** Pay attention for potential COVID-19 symptoms including fever, dry cough and shortness of breath. If you feel like you are developing symptoms, **call your doctor**.

### **Q: What are the emergency warning signs—and what should I do if I'm experiencing them?**

**A:** If you develop emergency warning signs for COVID-19 get medical attention *immediately*. In adults, emergency warning signs include:

- Difficulty breathing or shortness of breath
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face



**Q: Are the risks different for people with type 1 and type 2 diabetes?**

A: In general, we don't know of any reason to think COVID-19 will pose a difference in risk between type 1 and type 2 diabetes. More important is that people with either type of diabetes vary in their age, complications and how well they have been managing their diabetes. People who already have diabetes-related health problems are likely to have worse outcomes if they contract COVID-19 than people with diabetes who are otherwise healthy, whichever type of diabetes they have.

**Q: What should I do to prevent the spread of COVID-19 in my home—and what do I do if someone in my household has the virus?**

A: For people with underlying health conditions, including diabetes, healthy family members in the household should conduct themselves as if they were a significant risk to them. For example, they

should be sure to wash their hands before feeding or caring for them. If possible, a protected space should be made available for vulnerable household members, and all utensils and surfaces should be cleaned regularly. If a member of your household is sick, be sure to give them their own room, if possible, and keep the door closed. Have only one family member care for them, and consider providing additional protections or more intensive care for household members over 65 years old or with underlying health conditions.

**Q: Will COVID-19 impact my access to insulin and other diabetes supplies?**

A: Leading manufacturers are reporting that COVID-19 is *not* having an impact on their current manufacturing and distribution capabilities for insulin and other supplies at this time. We are continuing to monitor the situation and will provide updates should anything change. If you are struggling to pay for insulin or know

someone who is, the ADA has resources to help—visit [InsulinHelp.org](https://InsulinHelp.org).

**Q: Do I have legal rights as a person with diabetes during the COVID-19 pandemic?**

A: Yes, for more information, please visit <https://www.diabetes.org/coronavirus-covid-19/know-your-rights-covid-19>.

**Q: Can disinfectants be ingested as a preventive measure?**

A: No, people should not consume or misuse disinfectants. According to the CDC, household cleaners and disinfectants can cause health problems when not used properly. Follow the instructions on the product label to ensure safe and effective use.



## PROTECT OUR ELDERS FROM COVID-19

CALL THEM, BE A FRIENDLY VOICE

BRING FOOD AND SUPPLIES

ENSURE MEDICATIONS ARE STOCKED

*Brought to you by Inter-Tribal Council of Nevada and Nevada Indian Commission*

# DEPARTMENT OF PUBLIC SAFETY

Law Enforcement/Emergency Management/Volunteer Fire Department

D.I.Y. Hand Sanitizer-Tribal Member Rebecca Youngman would like to share her homemade recipe for hand sanitizer which is a safe alternative to store bought. Recently, the FDA has recalled alcohol-based hand sanitizers containing Methanol which has adverse health effects. The FDA has posted a do-not-use list of dangerous hand sanitizer products which you can search by Manufacturer name, Product name and/or National Drug Code (NDC) number. Consumers who have questions for the FDA regarding hand sanitizers should email [COVID-19-Hand-Sanitizers@fda.hhs.gov](mailto:COVID-19-Hand-Sanitizers@fda.hhs.gov).



Hand Sanitizer Recipe Ingredients 3/4 cup Rubbing Alcohol (91%) 1/4 cup Aloe Vera Gel, mix the ingredients well and pour into clean bottles or containers. The sanitizer will be runny so it might be a good idea to put in a small spray bottle.

**REMEMBER:** The most effective way to prevent the spread of Coronavirus is to take 20 seconds and wash your hands thoroughly.



Box fans are available to those 50+ if in need this summer. Please contact the Law Enforcement or EM Department to receive one. Fans Available.



## TEACH OUR YOUTH ABOUT COVID-19

PROTECT OUR ELDERS

STAY HOME AND AWAY FROM CROWDS

WASH YOUR HANDS

AVOID SHARING PERSONAL ITEMS

Brought to you by Inter-Tribal Council of Nevada and Nevada Indian Commission

# Fox Peak Cinema

**ALL MOVIES .....\$1.00**

**Classic Showings**

We now have

**DIPPIN-DOTS!**



All concessions are available for pickup. Popcorn available at Fox Peak Station Fallon and Fox Peak Station Fernley



## Mosquito Season Is Here

July 29, 2020

The Environmental Protection Department is collaborating with the Churchill County Mosquito Abatement District (CCMAD) to reduce nuisance mosquitos and to reduce exposure to the West Nile Virus. The department implements monitoring, surveillance, larval control and adultciding within the reservation.

The department conducts ground fogging in the housing subdivisions, and scattered home sites when requested. Fogging is done on an as-needed basis based on the number of phone calls we get from an area and by the number of adult mosquitos found when we trap in an area.

Because of the Covid-19 pandemic, **please call our mosquito abatement contact number directly at (775) 217-8375** to report any high mosquito activity in your area. Requests will be documented and responded to by our staff or CCMAD, who will evaluate conditions and determine appropriate measures for treatment. When possible, the department will try to honor courtesy no-spray requests. Please submit a request in writing so that we may plan routes and accommodate no spray requests. Thank you and stay safe.

**FPST Environmental Protection Department**  
**1011 Rio Vista Drive Fallon, NV 89406**  
**Office number: 423-0590 (Please leave a message.)**



**If you're struggling to pay rent due to COVID-19, there is help.**

## **CARES HOUSING ASSISTANCE PROGRAM**

The State of Nevada is providing \$30 million in short-term rental assistance to Nevadans experiencing financial hardship due to COVID-19. Funds will be paid directly to your landlord or property manager on your behalf. These residential rental relief funds are offered as a grant to eligible Nevada tenants and are not required to be paid back.

The Nevada Housing Division is administering this program in coordination with Clark County Social Services, the Reno Housing Authority, and the Nevada Rural Housing Authority.

### **APPLICANTS MUST MEET ALL OF THE FOLLOWING REQUIREMENTS TO BE ELIGIBLE FOR FUNDING:**

- Must be a tenant in Nevada with a current, active lease in which back-rent is owed;
  - Assistance will be provided on a per-lease basis. For example, multiple individuals living in one home in separate rooms with separate leases are all eligible to receive funding; however, only one member of a household should apply if multiple household members all live together in one home under one lease.
- Must be able to demonstrate financial hardship due to COVID-19 (loss of employment, reduction in work hours, and/or reduction in wages);
- Must have a gross annual household income that is at or below 120% of Area Median Income (see chart below);
- Must not be receiving Federal Voucher Housing Assistance; and
- Household has liquid resources less than \$3,000

### **APPLICATION PROCESS:**

1. Visit [www.housing.nv.gov](http://www.housing.nv.gov)
2. Selects county of residence to be directed to the appropriate housing agency
3. Complete the application (you will be notified upon approval or if more information is needed)
4. If approved, funds will be disbursed directly to your landlord

**ANNUAL HOUSEHOLD INCOME MAXIMUMS:***Household income limits based on number of residents in your home*

County of residence	1 resident	2 residents	3 residents	4 residents	5 residents	6 residents	7 residents	8 residents
Churchill, Clark, Esmeralda, Lincoln, Lyon, Mineral, Nye, Pershing, White Pine Counties	\$63,000	\$72,000	\$81,000	\$90,000	\$97,200	\$104,400	\$111,600	\$118,800
Douglas Co.	\$63,360	\$72,480	\$81,480	\$90,480	\$97,800	\$105,000	\$112,200	\$119,520
Elko Co.	\$77,160	\$88,200	\$99,240	\$110,160	\$119,040	\$127,800	\$136,680	\$145,440
Eureka Co.	\$87,360	\$99,840	\$112,320	\$124,800	\$134,880	\$144,840	\$154,800	\$164,760
Humboldt Co.	\$71,520	\$81,720	\$91,920	\$102,120	\$110,400	\$118,560	\$126,720	\$134,880
Lander Co.	\$81,480	\$93,120	\$104,760	\$116,400	\$125,760	\$135,120	\$144,360	\$153,720
Storey & Washoe Counties	\$66,960	\$76,440	\$86,040	\$95,520	\$103,200	\$110,880	\$118,560	\$126,120
Carson City	\$63,240	\$72,240	\$81,240	\$90,240	\$97,560	\$104,760	\$111,960	\$119,160

**CLOTH MASKS AVAILABLE**

The CDC recommends the use of cloth face coverings to help slow the spread of COVID-19 by wearing in public setting (e.g., grocery stores and pharmacies).

The Fallon Paiute-Shoshone Tribe will provide Tribal Members and Reservation/ Colony Households with a cloth mask upon request.

Please contact the FPST Department of Public Safety with the following:

\*Name

\*Address

\*Number in Household

All local Tribal Member households will be able to pick up masks at the FPST DPS Law Enforcement/Judicial Building



SEEK OUT  
ANCESTRAL RESOURCES

FEED OUR ELDERS  
HELP OTHERS  
WALK IN A GOOD WAY

*Brought to you by Inter-Tribal Council of Nevada and Nevada Indian Commission*

# In Loving Memory of Gary Dean Bowen

Gary Dean Bowen, age 71 passed away Tuesday, July 14, 2020 at his home after an extended illness. Gary was born on September 23, 1948 in Kokomo, Indiana but moved to Nevada as a young boy and graduated from Carson High School in Carson City, Nevada and Haskell Jr. College in Lawrence Kansas. He was a member of the Fallon Paiute Shoshone Tribe in Fallon, Nevada.

Gary was honorably discharged from the US Air Force where he received training as a Certified Physician Assistant and was also trained by the Public Health Service. Gary practiced at the PHS hospitals in Owyhee, Nevada, Rocky Boy, Montana, and at the Reno Sparks Indian Colony in Reno, Nevada before moving to California to study Dermatology.

Gary was a Physician Assistant Dermatologist in Yuma, Arizona for the past 25 years prior to his retirement in 2016 He is survived by his wife Magdalena Bowen, sister Kathy Bowen, his daughter's Leslie Bowen and Monica Cook as well as his grandchildren, nephew's, nieces, numerous cousins and his beloved German Shepard, Penny. He had many friends and was very well known in Nevada, Yuma, Arizona and Puerto Penasco, Mexico.

His favorite past time was being at the beach enjoying margaritas. He was predeceased in death by his father, Harold Eugène Bowen, his mother Alberta Graham Bowen Duncan, his daughter, Cheri D. Bowen, and his brother Sherman E. Bowen.

The family wishes to thank all of those who expressed their condolences and prayers. A special thank you to our cousin Darlene Graham who provided Gary with a Shoshone prayer and song to help him in his journey.

## WIC FARMERS MARKET 2020

The Farmers Market Nutrition Program (FMNP) is now available for families.

Call 1-866-894-2328 or visit [Nevadawic.org](http://Nevadawic.org) and click the Summer tab for information.

FMNP coupons are valued at \$20 per eligible participant, with \$80 maximum per family.

Coupons will be available on a first come first serve basis, call today!

[HTTP://NEVADAWIC.ORG/EBT/WIC-FARMERS-MARKET/](http://NEVADAWIC.ORG/EBT/WIC-FARMERS-MARKET/)

RENO-SPARKS

CARSON CITY

GARDNERVILLE

FALLON

FERNLEY

DAYTON

WINNEMUCCA

ELKO

LAMOILLE

ELY

LAS VEGAS

HENDERSON



## SENIOR CARE PACKAGES

The Fallon Paiute-Shoshone Tribe Senior Center will be distributing care packages to the Reservation and Colony Seniors 50+ drive-thru style.

**Thursdays, August 13 & 27, 2020**

**From 10 a.m.—12 p.m.**

*(as long as the supplies last)*

Senior Center

1885 Agency Road

For more information please contact Jenevie Lucero or Brooke Loper at the number below. Thank you.

FALLON PAIUTE SHOSHONE TRIBE  
SENIOR CENTER

1885 Agency Road  
Fallon, NV 89406  
(775) 423-7569





**FALLON PAIUTE-  
SHOSHONE TRIBE**

**1007 Rio Vista Drive  
Fallon, Nevada, 89406  
TEL (775) 428-2250  
FAX (775) 423-8960**

# VOCATIONAL REHABILITATION PROGRAM

FOR FORMS OR MORE  
INFORMATION PLEASE CALL THE  
OFFICE AT 775-428-2250

## Program Guidelines During COVID-19 Pandemic

**FACE MASKS AND TEMPERATURE CHECKS** ARE REQUIRED.

**OFFICE DAYS AND HOURS** ARE MONDAY THROUGH  
THURSDAY FROM 9:00AM-3:00PM BY APPOINTMENT ONLY.

**APPOINTMENTS REQUIRED - APPOINTMENTS MUST BE  
MADE PRIOR TO COMING INTO THE VR OFFICE.**



## Providing Services During COVID-19 Pandemic

To ensure the safety and well-being of our tribal community members, the FPST Vocational Rehabilitation Program will work to provide services via telephone, e-mail and mail.

A red locked drop-box will be placed outside of the Fallon VR Office for local residents to deposit their completed forms.

**YOMBA AND LOVELOCK RESIDENTS** will have the option to receive their VR Forms through e-mail or mail. Once received and completed, forms must be MAILED back to the Fallon VR Office at:  
1007 Rio Vista Drive, Fallon, Nevada, 89406

### Eligibility Requirements: YOU MUST

- 1.) Be an enrolled member of a Federally Recognized Tribe
- 2.) Reside on the boundaries of the following areas:
  - Churchill County or the FPST Reservation/Colony
  - Nye County or the Yomba Reservation
  - Pershing County or the Lovelock Colony
- 3.) Have a physical or mental disability that makes it hard for you to receive or keep employment

## Stress About COVID-19 Keeping You Awake? 6 Tips for Better Sleep

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Sleep deprivation can affect your immune system and make you more vulnerable to illness.

- Stress and anxiety can make getting a healthy amount of sleep each night more difficult.
- Regularly getting enough quality sleep is an important component of your physical and mental health.

Sleep deprivation can reduce your immune system and increase inflammation in the body, making you more vulnerable to illness.

### **1. Maintain a regular routine**

Many people have had their daily lives totally upended as a direct result of this pandemic. Some have been laid off. Some are adjusting to working from home. Others are now juggling work and family as they look after children who are now out of school for the remainder of the school year. No matter how your life has been affected, it's of the utmost importance to keep a regular routine in order to get good sleep. "This is actually a time when we need to remember and be mindful of how we are living our lives in this very different way. So, we need to keep our lives as close to our routine as possible," Navya Singh, a psychologist and research scientist at the Columbia University department of psychiatry. "If you're working from home, get up at the same time and get dressed. You might just be going to the next room or working from your bedroom, but just have that same sense of routine and normalcy, which will help you feel less disrupted," she said.

### **2. Don't nap excessively**

If you've found yourself in a self-quarantine or work-from-home situation due to the pandemic, the bedroom or couch might end up calling — a little too frequently.

Adding to the importance of establishing a routine for yourself, make sure you're not napping excessively, as this can even make you sleepier during the day, potentially altering or disrupting a regular sleep routine. Having a normal sleep routine should help to "anchor your entire day," said LeMonda. Instead of napping, use that healthy routine to get up early and start getting things done.

### **3. Get some exercise (just not before bed)**

Yes, your gym is probably closed, but exercise should still be part of your daily life. Daily exercise is still just as important, especially for sleep.

Social distancing and stay-at-home orders may have you feeling that your options are more limited, but there are a number of ways you can effectively exercise without leaving your home. "Getting exercise during the day is really important," said LeMonda, "We know that that's tied to improved sleep for

pathophysiological reasons: We will feel more tired if we've exerted ourselves. We will also feel more accomplished that day as well, so there will be a sense of achievement before bed." Just don't exercise within a few hours of bedtime because the stimulation of physical exertion can make it harder to get to sleep.

#### **4. Structure your news intake**

It's nearly impossible to escape the constant distressing flow of COVID-19 news and information that permeates daily life right now. And yes, constantly consuming a 24/7 pandemic news cycle is likely to ratchet up your anxiety and affect your sleep.

"Whenever we go to the news, it's always about the novel coronavirus and it's quite upsetting. Its reality, but it's also something that can increase our anxiety. I would say schedule and structure the times when you check your phone for news updates," said Singh. Be diligent in limiting how many times per day you check your phone, and for how long, to read news related to the pandemic. Singh also recommends treating the news similar to how you might caffeine: don't consume it before bed.

#### **5. Limit blue light exposure near bedtime**

The internet has proved to be an invaluable tool for communication and entertainment during a time in which people across the world have been mandated to self-quarantine or shelter in place. However, staring at a screen all day is not helpful when you're trying to fall asleep. "We do recommend that within the hour prior to sleep that the person tries to unplug and not really be watching TV, not being on their phone, and certainly not watching anything that could be anxiety-provoking," said LeMonda. Instead, she recommends activities like reading a book or listening to music as means of entertainment before bed.

#### **6. Avoid drinking excessive alcohol**

"We might feel like if we drink we'll feel better in the moment and feel like we're passing out, we actually don't get good, restful sleep," said LeMonda. "It's not going to be that restful sleep where you wake up and feel like you can take on the day." Alcohol also isn't a healthy coping mechanism for dealing with stress and anxiety either. The one-two punch of alcohol and poor sleep can have a real effect on diminishing the immune system





# ChurchillCSD

## COMMUNICATION NOTE

### **Tuesday, July 28, 2020, 4:00 p.m.—Update from ChurchillCSD**

As part of transitioning between school years, we are now going to direct you to a one-stop-shop for all things regarding the reopening of ChurchillCSD for the 20-21 school year. [Go to bit.ly/reopeningccsd](https://bit.ly/reopeningccsd) to view all updates from ChurchillCSD. All updates on the ChurchillCSD Reopening 20-21 website are available in English and Spanish.

[Follow us on Facebook](#) to see more information from ChurchillCSD!

### **Back to School Fall 2020**

#### **Reopening School Plan--Target date for specifics to families is August 7th**

Please [click on this link to view the ChurchillCSD Reopening 2020-2021 Plan document](#).

We are going to plan for a hybrid reopening model of AM/PM. Many details are still being developed, but we understand that everyone will have much to plan for to prepare. We will prepare the next update to go out by Monday, August 3rd. Until then, here are a couple of details that we can share today:

- 1) We are working to ensure that households are on the same schedule PK-12.
- 2) We are going to be organizing using Household last names as well as our needs for transportation. In addition, we will be collecting a list of families who have no preference for which time they are assigned. We will institute an appeal process for any family who is concerned about their assigned time of day. Please note that sending in requests is allowable but will not assure that the request can be met as we have very specific guidelines on the number of students we are able to have in a given session.
- 3) Transportation regulations may change, requiring some in-town residents to provide transportation for their children.
  - a) At this time, we are for sure going to be able to provide bussing for out of town students and most likely those who ride from our most populated stops.
  - b) We will not be utilizing our bus transfer system during this time, which we know will impact a number of our students.
  - c) The district asks families to work together and attempt to provide transportation to/from school for their own children or a limited number of non-family members.
  - d) We will work on staggered start/end times to facilitate those families who can help the district with transportation.
  - e) We will increase the number of students who can ride the bus as current state guidelines and directives change and/or the availability of seats is increased.
- 4) Specific start/end times for each location are being finalized to ensure we can get families and buses to the schools quickly.
- 5) Most importantly today, we are excited to get your children back in person this fall and will do our part to ensure safety and health are our number one concern along with helping each student reach his/her goals academically.
- 6) We will be developing a Frequently Asked Questions document to share to continue to answer questions as they arise. As you all are aware, this process is extremely complex and we want to prepare for every one of the questions that comes up. We are thankful for your flexibility and patience!

## 2020-2021 K-12 Full-Time Remote Learning Option

To fill out the Full-Time Remote Learning application form, please click on this link: <https://bit.ly/remotechoice>

Below are links to the Frequently Asked Questions documents that we have developed to help guide families as they decide which pathway will work best for their students this fall. If you have additional questions that are not on the FAQ pages, please email Nate Waite ([waiten@churchillcsd.com](mailto:waiten@churchillcsd.com)) or Dr. Summer Stephens ([stephenss@churchillcsd.com](mailto:stephenss@churchillcsd.com)) for more information. To view all information about our Remote Learning option, visit [bit.ly/reopeningccsd](http://bit.ly/reopeningccsd) and click on the Digital Learning in ChurchillCSD tab.

- [Click here to view FAQs for Kindergarten to Grade 5 Full-Time Remote Learning](#)
- [Click here to view FAQs for Grade 6 to Grade 12 Full-Time Remote Learning](#)

## Information Regarding Available Childcare in Churchill County

ChurchillCSD and its community partners are looking for ways to support as many families as possible with school-age childcare solutions as we move into the reopening of schools. Please visit our "Available Childcare for Churchill County" sheet at [bit.ly/churchillcountychildcareoptions](http://bit.ly/churchillcountychildcareoptions) to learn about current child care options/openings. The main tab shows the current seats that are available, and each entity's page (bottom tabs) contains all of the relevant contact information and other information parents will need to make decisions. Please keep in mind that at this time the district is unsure if it will be able to provide transportation from schools to the various entities.

Local care entities are looking to partner with the District to ensure that all groups involved are up to speed on the out-of-school-tasks that students are being asked to complete. By working together we will ensure academic time is available, as well as time to enhance learning through hands-on and active learning options. We will also work together to ensure children have a place to have their morning and mid-day meals before and after school (depending on the attendance plan). Visit [bit.ly/churchillcountychildcareoptions](http://bit.ly/churchillcountychildcareoptions) to view entities and organizations with available seats for childcare in the fall. Please note that more providers may be added to the list on a regular basis and all will have available seats updated frequently.

## NIAA Update

We have received the updated NIAA schedule for the 2020-2021 school year. We are grateful for the NIAA team working with district leaders, principals, athletic directors, and coaches to create an option to ensure our young athletes have opportunities to compete. The ChurchillCSD athletic dept. will provide updates to the coaches and players regarding next steps.

Click on the following link to access the Update 11, Adjustments in NIAA Sports Seasons document: <https://drive.google.com/file/d/1qvEHGIGzPiELTzb-jkYxiwXD-bh3jm8L/view?usp=sharing>

## Next Steps for External Organizations to use Facilities

After we are able to stand up our K-12 Activities and Athletics and ensure that schedules are set for workouts, etc., we will release a date for our external partners to begin checking out ChurchillCSD facilities again for use. Please know that we will have expectations about safety protocols that will be implemented by the organization to protect participants and others who may be attending events. Our facilities are open to external organization use at this time. If any changes occur, we will contact those entities that are using our spaces. Once we are back in session, we may limit the number of outside entities using our inside facilities.

- [Click here to view School Facilities & Activities Participation Phase 2 Reopening Plan](#)
- [Click here to view the ChurchillCSD External Organization Facilities Use Phase 2 Guidelines](#)

### Student Immunization Information

We would like to remind you that all Churchill County School District students must be up to date on their immunizations prior to starting school again this fall. Students that are not up to date on immunizations, including those opting for Full Time Remote Learning, will not be allowed to attend/participate in school unless they have a medical exemption, religious exemption, or are conditionally enrolled.

- [Click here to view the letter from ChurchillCSD regarding immunizations](#)

### ChurchillCSD Website Upgrade

We have implemented a new website in ChurchillCSD that just launched on July 1st! We would like to serve our students and their families in the best way possible and encourage you to use the website. If you see anything that you think would make the website more useful to you and your family, please email Robyn Jordan with any comments or suggestions at [jordanr@churchillcsd.com](mailto:jordanr@churchillcsd.com).

### Summer Learning Resources

There are many resources available at this time and we want to remind all of our families how important it is for students to continue learning in their off-time. The State of Nevada has provided us with some amazing resources that will be available to students now through the Fall 2020 semester!

- [Click here to view the ChurchillCSD myON login instruction sheet](#)
- [Click here to access OnePlaceNV](#)
- [Click Here to visit the Nevada Digital Learning Collaborative \(NvDLC\) website](#)

### Other Resources for Families & Students

[Click here to view a compilation of resources that are available to families and students in ChurchillCSD.](#)

### Highlighted Resources for ChurchillCSD Families

- [Click here to go to the SafeVoice Nevada website](#)
- [Click here to visit nevada211.org](#)

## Nevada Year-to-Date Fires and Acres

		Human Caused Fires	Human Caused Acres	Lightening Caused Fires	Lightening Caused Acres	WILDFIRE TOTALS	
						FIRES	ACRES
Bureau of Land Management	BLM	168	88,870	30	47,783	198	136,653
Department of Defense	DOD	0	0	0	0	0	0
NV Counties	C&L	72	733	3	4,020	75	4,753
U.S. Forest Service	FS	18	5,632	12	834	30	6,466
U.S. Fish & Wildlife Service	FWS	16	64	0	0	16	64
National Park Service	NPS	17	0	0	0	17	0
Nevada Division of Forestry	ST	3	0	0	0	3	0
Tribal	Other	0	0	0	0	0	0
		294	95,299	45	52,637	339	147,936

# C.A.R.E.

Churchill - Aquatic - Recreation - Education

The Churchill County Parks and Recreation **CARE** Program is here to provide a safe, structured environment for your student during their out-of-school hours. We are prepared to support your student's virtual learning needs. With **CARE**, you can be confident that your child is both having fun and being productive! We will be open **Monday to Friday, 7:30 a.m. to 6:00 p.m. during the school year.**

**Please contact us to be added to our interest list so we may plan for the school year accordingly!**

**(775) 423-7733**

**Sincerely,**

David Emst

Recreation Supervisor

[demst@churchillcounty.org](mailto:demst@churchillcounty.org)



# FOOD BOX DISTRIBUTION

The Fallon Paiute-Shoshone Tribe will continue to distribute food boxes, donated from Out of Egypt Food Pantry, to the Reservation and Colony residents through the month of August. Distribution is drive-thru style at the FPST Community Learning Center (CLC).  
Distribution Dates:

**Every Tuesday In August  
(August 4th, 11th, 18th and 25th)**

**From 1 p.m.—3 p.m.**

**Community Learning Center  
8955 Mission Road**

**(First come, first serve only while supplies last  
& one (1) box per household)**

No application necessary, just need household address -  
For more information please contact Jackie Conway  
at the number below or Rochanne Downs at (775) 423-8065.  
Thank you.



FALLON PAIUTE-SHOSHONE TRIBE  
EMERGENCY MANAGEMENT  
DEPT. OF PUBLIC SAFETY

987 Rio Vista Drive  
Fallon, NV 89406

Phone: 775-423-8848 ext. 202  
Fax: 775-423-8898  
Email: emd@fpst.org

### SOCIAL DISTANCING – TRIBAL POINTS-OF-CONTACT

We are encouraging our tribal members and residents to stay at home as much as possible with the coronavirus situation in the country. We know that you have tribal business that needs to be done but a lot of these items can be done either by phone or by email. So before you come in please try to phone or email the points-of-contact below to see if we can get your issue addressed without coming into a building. Your phone call or email will be answered by the individual or referred to the appropriate person and they will get back in touch with you as soon as possible. Thank you.

Program Area	Point-of-Contact	Email	Phone Numbers
<b>ADMINISTRATION</b>			
Primary Contact	Chairman George	<a href="mailto:chairman@fpst.org">chairman@fpst.org</a>	775-423-6075
Primary Contact	Secretary Dyer	<a href="mailto:secretary@fpst.org">secretary@fpst.org</a>	775-426-8635
Primary Contact	Treasurer Allen	<a href="mailto:fbctreasurer@fpst.org">fbctreasurer@fpst.org</a>	775-423-6075
<b>VICTIM SERVICES</b>			
Primary Contact	Michelle Bowers	<a href="mailto:victimservices@fpst.org">victimservices@fpst.org</a>	775-427-0985
<b>HOUSING AUTHORITY</b>			
Primary Contact		<a href="mailto:adminassistant@fpst.org">adminassistant@fpst.org</a>	775-426-8229
<b>SENIOR CENTER</b>			
Primary Contact	Jenevie Lucero	<a href="mailto:Elder1@fpst.org">Elder1@fpst.org</a>	775-423-7569
<b>TRIBAL RESOURCES</b>			
Primary Contact	Leanna Hale	<a href="mailto:landwaterdir@fpst.org">landwaterdir@fpst.org</a>	775-423-3725
<b>COMMUNITY LEARNING CENTER</b>			
Primary Contact	Rochanne Downs	<a href="mailto:clcdirector@fpst.org">clcdirector@fpst.org</a>	775-427-0991
<b>HEALTH CENTER</b>			
Health Administration	Jon Pishion	<a href="mailto:fhcdirector@fpst.org">fhcdirector@fpst.org</a>	775-423-3634, ext. 1029 775-217-9078
Medical & Laboratory	Gracie Booth	<a href="mailto:medical8@fpst.org">medical8@fpst.org</a>	775-423-3634, ext. 1050
Dental Services	Martee Donahue	<a href="mailto:dentalreceptionist@fpst.org">dentalreceptionist@fpst.org</a>	775-423-3634, ext. 1016
Optical Services	Leneva George	<a href="mailto:opto1@fpst.org">opto1@fpst.org</a>	775-423-3634, ext. 1017
Pharmacy	Tim Brown	<a href="mailto:chiefpharmacist@fpst.org">chiefpharmacist@fpst.org</a>	775-423-3634, ext. 1872
Wellness Center	Christina Baldwin	<a href="mailto:diabetescoord@fpst.org">diabetescoord@fpst.org</a>	775-423-2220
Benefits Office	Denise Harrison	<a href="mailto:benefits2@fpst.org">benefits2@fpst.org</a>	775-423-3634, ext. 1026
Patient Registration	Tamika FastHorse	<a href="mailto:patreg2@fpst.org">patreg2@fpst.org</a>	775-423-3634, ext. 1025
CHR Program	Linda Noneo	<a href="mailto:chrsup@fpst.org">chrsup@fpst.org</a>	775-423-3634, ext. 1039 775-427-0977
Medical Records	Lani Miguel	<a href="mailto:medrecsup@fpst.org">medrecsup@fpst.org</a>	775-423-3634, ext. 1024
PRC Office (referrals)	Juanita George	<a href="mailto:chs@fpst.org">chs@fpst.org</a>	775-423-3634, ext. 1030
Behavioral Health	Brenda Hooper Leslie Steve	<a href="mailto:bhassistant@fpst.org">bhassistant@fpst.org</a> <a href="mailto:mhsadirector@fpst.org">mhsadirector@fpst.org</a>	775-423-3634, ext. 1040 775-423-3634, ext. 1032
<b>PUBLIC SAFETY</b>			
Emergency Management	Jackie Conway	<a href="mailto:emd@fpst.org">emd@fpst.org</a>	775-423- 8848
Tribal Police	Marshall Emerson	<a href="mailto:chiefofpolice@fpst.org">chiefofpolice@fpst.org</a>	775-423-8848
<b>PUBLIC WORKS</b>			
Water/Sanitation	John Schafer	<a href="mailto:publicworks@fpst.org">publicworks@fpst.org</a>	775-427-9954
Environmental	Richard Black	<a href="mailto:richenviro@fpst.org">richenviro@fpst.org</a>	775-423-0509
<b>TRIBAL COURT</b>			
Judicial Services	Kae Ward	<a href="mailto:courtclerk@fpst.org">courtclerk@fpst.org</a>	775-423-8883
<b>YOUTH &amp; FAMILY SERVICES</b>			
Social Services	Jennifer Pishion	<a href="mailto:ssdirector@fpst.org">ssdirector@fpst.org</a>	775-423-1215
Vocational Rehab.	Elaine Bender	<a href="mailto:vrm@fpst.org">vrm@fpst.org</a>	775-428-2250

# TOI TICUTTA WELLNESS CENTER - EXTENSION OF TEMPORARY CLOSURE

The Toi Ticutta Wellness Center will be extending its current closure as a result of the increasing number of Covid-19 cases in our surrounding communities.

The current closure will remain in place through the end of July 2020. We are tentatively planning to resume operations on **August 3, 2020**. We will evaluate the Covid-19 situation before this date and make any changes if necessary.

The Diabetes Program & the Wellness Center personnel are temporarily located at the Health Center. Please call 775-423-3634 if you need to talk to them.

Thank you for your understanding at this time.



FALLON TRIBAL  
HEALTH CENTER

1001 Rio Vista Drive  
Fallon, Nevada 89406  
Tel 775.423.3634  
Fax 775.423.2287

PROTECT OUR PEOPLE  
FROM COVID-19



Brought to you by Inter-Tribal Council of Nevada and Nevada Indian Commission

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