The Fallon Tribe received initial shipment of vaccines, which was picked up Wednesday, December 16 with the help of health care workers Susan Bracamontes (FTHC Clinical Services Director) and Gracie Booth (Medical Assistant).

On Thursday morning, there was a historic moment at the Fallon Tribal Health Clinic as front-line care workers for the Fallon Tribe received the first round of the Covid-19 vaccines. Diabetes Prevention Coordinator and tribal member Christiana Baldwin became the first person for the Fallon Tribe to receive the COVID-19 vaccine, which will be administered in two shots. Baldwin explained how it had been a hard year but stated, “I’m ready”. 30 health care workers will receive the vaccine today, kicking off the Fallon Tribes first phase of its vaccination effort. For those who work in the health care industry, it’s hard to describe what this year has felt like.

The FTHC is one of several tribes in Nevada to receive the vaccine developed by Pfizer, Inc. which was housed onsite in an ultra-cold freezer at the vaccine’s required-80 degrees Celsius.

Chairman Moyle stated, “The tribe is excited to be able to offer the vaccine to our community, starting with our Hero’s, the health care workers.” Although this is a turning point in our fight against COVID-19, staff will continue to employ other proven prevention methods such as wearing masks and gloves, maintaining physical distance from others, washing hands frequently and avoiding crowds.
Dear Members

As we wrap up what has been an immensely difficult year for all of us, and the fact that my brief message to you would be during one of the worst health crises in modern history. This new normal is anything but business as usual, but just as times of the past, it has revealed the true test of our reason for being resilient when times get tough.

As each day passes there is the ongoing threat of the virus spread as well as the economic uncertainty for many. There are those that have lost loved ones. The coronavirus pandemic has brought disruption to our way of life and to our business endeavors as well as our need to address other issues that affect our residents. The impacts of the virus are that of a crisis state, requiring all of us to think and react in unfamiliar ways as cases are spiking across the nation. Our Tribal Health Clinic has been for the past few months working on prevention and treating those in need of necessary medication to halt the spread of the virus. The FTHC has tested 2,846 with 45 active positive, 73 recoveries and 2 deaths.

We owe a huge debt of gratitude to every key worker who continue to work in these uniquely difficult times.

It continues to be our strong recommendation that everyone continue the protocols as follows:

* It is absolutely critical that you wear a protective mask whenever you are out in public as this simple act significantly reduces your chances of being infected or infecting others.

* Strongly recommend that you increase your efforts to shelter in place, which means staying in your home as much as possible, do not visit others except to check on loved ones, safely masked, and stay at least 6 feet apart when outside.

* We strongly recommend you do not travel. If you have traveled out of state recently, please get tested as soon as possible and quarantine for fourteen (14) days.

* We strongly recommend you practice good hygiene by washing your hands and sanitizing surfaces often.

Throughout this period, the Fallon Business Council, our administration and medical staff have remained focused on being there for you. This is a responsibility and a duty that we take very seriously.

Once again, I want to recognize the amazing work of a dedicated Council and staff that have worked hard to protect our community and to provide essential services throughout this pandemic.

I wish all of you the very best of health and safety this New Year and a wish for a year of healing. We welcome a fresh start and enthusiasm for chasing goals and dreams.

Happy New Year!

In Your Service
Alvin Moyle, Tribal Chairman
Fallon Paiute Shoshone Tribe
Brief of the 2020 FBC Annual Report

This year has proven to be a challenge to us all with the Covid-19 Pandemic and all of the issues related to it, including partial shutdowns, telework, and new funding with new federal guidelines.

Tribal Programs have maintained operations and grant program compliance throughout the pandemic. This year’s annual report will not be focused on all the individual program activities but the Tribes response to the Covid-19 Pandemic, NAS Fallon Expansion Opposition, and Lagoon expansion.

CARES Funding

- U.S. TREASURY DEPT. dollars received for COVID 19 as of December 31, 2020 is $11,430,467.16
- BIA - CARES Contract dollars received for COVID 19 as of December 31, 2020 is $732,020
- BIA - CARES Contract dollars received for COVID 19 (Welfare Assistance, YFS Dept.) as of December 31, 2020 is $16,890
- Housing and Urban Development CARES Funding Cares $438,838
- CDC Funding $226,852
- Emergency Management Program Grant $15,892
- Agency On Aging (AOA) - Families First COVID Response Nutrition $28,920
- Agency On Aging (AOA) CARES Nutrition $61,600
- Health and Human Services CARES Act Provider Relief $561,443
- I.H.S. Families First $444,223

CARES Distribution to Tribal Members

2020 CARES TREASURY DISTRIBUTION

August 2020
1002 Members Applied and Received a CARES Allocation - $2,000 Per Member
1st Distribution Total $2,004,000.00

November 2020
1023 Members Applied and Received a CARES Allocation - $2,500 Per Member
2nd Distribution Total $2,557,500.00
GRAND TOTAL - $4,561,500.00

Emergency Operation Center-EOC

In March 2020 the FPST declared a state of emergency for the Covid-19 Pandemic. Tribal Members/Employees stepped up and volunteered to fill the EOC to begin to plan for the safety of the Tribal Community through the pandemic.

The EOC worked tirelessly throughout the year. Some of their activities included but not limited to:

- Food Distributions
- Drive Through Event Planning
- Quarantine Box Purchase/Distribution
- PPE Safety Evaluations
- Purchase of PPE Materials for Community
- Community Testing Event Planning
- Covid-19 Employee Training Implementation
- Covid-19 Policy Development
- CARES Construction Project Planning
- Building Fogging after Employee Exposures
- Covid-19 Communications Delivery
- Building Safety Measure Coordination
- Implementation of Community testing
- Volunteered Time to keep Community Safe
Fallon Tribal Health Center Covid-19 Response

The biggest accomplishments was navigating this year while dealing with the Covid-19 Pandemic. With the strong support and commitment of the staff at the Health Center, the Health Center was able to maintain operations with minimal interruptions over the past 9-10 months. The Clinic was closed for a total of 2-3 days for Covid-19 issues and 2 days of limited operations due to a frontline Covid-19 exposure.

Clinic has maintained community Covid-19 testing in both the clinic an Fallon, Yomba and Lovelock communities. Clinic staff has maintained safety and tested a total of 2,846 people with 2,710 negative tests, 47 active positives, 68 recoveries and 2 deaths.

Health Center expansion project started at the end of 2019 will be fully completed by the end of 2020 which includes four new offices and a larger conference/meeting room to accommodate the larger number of staff that the Health Center has.

The FTHC has also completed Covid-19 safety measures which include a complete front office remodel, a drive-up pharmacy lane, a indoor/outdoor workout area at the Wellness Center, and a new Electronic Health Record Program to better expand online and virtual capacity.

Emergency Management Building

The Emergency Management building is nearly complete. This facility will provide storage for emergency operations for the Fallon Tribe and provide for storage of emergency equipment and supplies.

Additional work will be needed in the future which include adding a septic system and surrounding sidewalks as well as complete the electrical power installation.

This process has been delayed 18 weeks due to NV Energy backlog.

Administration Renovation

CARES Treasury funds were used to upgrade the Tribal Administration offices to react to the Covid-19 response.

- All carpet was removed from the facility for air purification purposes.
- All wall carpeting was removed and the wall received new drywall, paint and texture for better sanitation.
- All floor carpeting was also removed and replaced with tile and laminate floors.
- Social distancing procedures were developed and additional walls and Plexiglas barriers were installed to protect employees and the general public.
- General public admittance to the Administration was limited in order to maintain safety during Covid-19 pandemic.
New Community Information Bulletin Boards

- Partnership with the Churchill Coalition for the purchase of 11 new community bulletin boards to share Covid-19 Materials, Mental Health Awareness and other Tribal Community information.
- Churchill Coalition awarded the Tribe a grant for $11,132. Funds from this grant were used to purchase the bulletin boards and framing materials.
- Housing Department installed the bulletin boards and built the frames to weather proof the boards.

Community Playgrounds

- Playgrounds were purchased for the community to provide an outdoor recreation opportunities for the homebound youth.
- This was necessary for youth mental health, physical exercise and a safe place for the youth to play in the neighborhoods while schools were closed for online only sessions.
- Community Outdoor basketball concrete/asphalt courts were resurfaced with tennis court overlay material. The Tribe was aware that the Doi Dicutta court asphalt surface the budget

Food Box Food Distribution

- Assisted and Coordinated Community Food Distributions
- Monthly Commodity Foods Drive Thru Distribution Coordination
- Monthly Northern Nevada Food Bank Mobile Harvest Drive-thru
- Distributed over 100+ food boxes distributed by the Nevada Indian Commission/Food Bank Food Box. This distribution availability varied from weekly, bi-weekly, monthly - We coordinated and distributed the meat/dairy/produce boxes to our community as were notified of their availability
COVID-19 Program Highlights

Facilities and Maintenance
• Cleaned and sanitized buildings regularly due to Covid-19.
• Repaired multiple tribal buildings which included drywall repair of the Administration, installation of Plexiglass for employee safety, construction of new walls in the Administration for public safety measures, moved all offices for flooring projects and fogged buildings when needed for Covid-19 exposures.
• Crew regularly assisted with food distributions which included pick-up and community distributions.

Finance
• Oversite and interpretation of CARES Funding allocations and authorized purchases. Since these funds will be highly scrutinized Finance insured all purchases met the criteria of the Act and all proper documentation was on file for future CARES auditing purposes.
• 2019 Audit completed and filed by September 30th and was completed with no findings, for the eighth year.
• Grant Reporting current and filed on a current basis.

Housing
• Housing staff assisted with construction of the community bulletin boards for public service notices.
• Construction of a new drive up window to allow community members to access housing from their vehicles.
• Maintained emergency services as allowed by Covid-19 procedures. Emergency housing issues are the main focus until it is safe to return to normal operations.
• The Housing program purchased the Pictometry contract for aerial photographs of the reservation which were used to develop Covid response plans which includes distribution routes, location of non resident housing and other vital land use issues. The Stillwater Reservation will be flown by Churchill County in 2021 which will assist housing and other Tribal programs for land use planning purposes.

Judicial
• During this challenging year, the court was able to stay current with the demands of normal court duties. The court, while on limited hours and staff, met the basic court needs of the community.
• Zoom was used for court hearings whenever possible and the court continues limit access to individual hearings in order protect community and staff members

Law Enforcement
• Law Enforcement has been active with maintaining a good partnership between Churchill County Sheriffs Department and the City of Fallon. The past Chief of Police and Sargent have assumed the rolls of the Liaison Officer of the EOC. We are lucky to have a cohesive unit protecting our community during Covid-19 and providing law enforcement back up between departments.
• Thank you officers for all of your dedication and though we have been short staffed the officers have maintained 24 hour coverage for our community.

Project Management
• John Schafer has worked to oversee several projects in addition to his Public Works duties.
• He has worked with directors and staff to complete projects which include but not limited to, ADA compliant doors at Senior Center, public safety measures due to Covid-19, flooring replacement and carpet removal, purchase of refrigeration truck, Emergency Management Storage building, Emergency Generator project for Law Enforcement, Senior Center, and Emergency Management building, and Security Camera system at the water treatment plant.
Public Works

- During this challenging year, the Public Works crew has continued to provide clean and safe drinking water to all water consumers on FPST water system with minimal disruptions in service.
- Maintained FPST wastewater system functionality while working on getting the whole system overhauled.
- Acquired a new office building, installed a new surveillance system at the Treatment Plant, a new storage conex box, replaced strainer in treatment plant, replaced broken/obsolete fire hydrants, installed new meter pits and meters on both reservation and off reservation customers.
- Crew regularly assisted with food distributions which included pick-up and community distributions.

Stepping Stones

- With BIA and Bed Night funding Stepping Stones received a complete renovation to prepare for clients. This includes replacement of old carpet and linoleum.
- Replaced the front receptionist desk and upgraded LED lighting throughout the facility.
- The failing septic will be replaced in 2021 and the center will be reopened once Covid-19 pandemic policies make it allowable for the safety of clients and EYS staff.

Land & Water Building

Land and Water will be getting a new facility in 2021. This decision was made due the expense of replacing the carpet and HVAC for ventilation purposes as part of the Covid-19 response. This was not a CARES project but instead a Tribal Capital improvement project.

FPST Lagoon Expansion

- The US Department of Agriculture has agreed to award the Tribe $2 million dollars for construction of the lagoon expansion.
- $1.5 million dollars will be awarded for the construction of the lagoon and one half million dollars will be awarded to the Tribe through the Nevada State Revolving Fund for design of the lagoon by the Indian Health Service.
- In May 2020 the Council approved the Tribal Sewer Ordinance which was a requirement of USDA for funding.
- In June 2020 the Tribe submitted a Utility Right-of-Way application to the Bureau of Indian Affairs to cross parts of Allotments F-228 and F-317. These rights-of-ways are needed to pump affluent from the old sewer pond into the new sewer pond.
- The BIA has up to February 3, 2020, to grant right-of-way approval. Once the BIA rights-of-ways are granted, USDA will release the funds and allow for the design and construction of the lagoon expansion.
- We are hoping the expansion project will be completed by late 2021.

NAS Fallon Expansion Opposed

On October 22, 2020, I was sworn into office. That being said I immediately began a study of the numerous issues that were confronting our Tribe. Although I had heard about the proposal of the Navy, wanting to expand their Training area, I did not know what our Council had done regarding the development of our opposition to the proposal and it appears that some of our Tribal members were not updated on the subject issue. In that regard, let me begin with this; I believe that many of you who will read this report believe in the preservation of that history that our ancestors left for us. As most of you know, our ancestors were the stewards of these lands which has been identified as the Great Basin. Our people inhabited all of the these lands that the Navy wants to bomb and damage further. Although it is important that the military needs training, it is our job to protect our lands that were and are sacred to our people.

Since 2016, the Fallon Paiute Shoshone Tribe has been advocating the protection of our lands. The tribe has long opposed the NAS Fallon Base Expansion. It is an uphill battle when your talking with a people that do not respect another culture.
The Tribe throughout the year has actively participated throughout this process with legal counsel. This included several in person meetings in Washington DC prior to Covid-19 and continued via conference calls throughout the pandemic. Meetings with tribal delegates included:

- NCAI and ITCN Resolutions where all Nevada and NCAI Tribes Opposed the NAS Fallon Expansion.
- Nevada Delegation – Cortez-Masto, Rosen, Amodei, Horsford, Titus, and Lee
- Armed Services Committee Representatives - Senate and House
- Natural Resources Committee Representatives – Senate and House
- Pentagon Officials
  - Congressional Staffers - including but not limited to - Armed Services Committees, Natural Resources Committees, Indian Affairs.
- Environmental partnerships – Nature Conservancy, Veterans for Peace, Friends of Nevada Wilderness, Sierra Club, etc.
- Stakeholder Partnerships – Churchill County, Nye County, Esmeralda County, Rural Farmers, Miners, Hunters, State of Nevada Division of Wildlife etc.

The National Defense Authorization Act (NDAA) was passed by both the House and Senate Armed Services Committee. The NDAA passed both the full House and Senate but the legislation was Vetoed by President Trump and still awaiting a Congressional override. Congress is set to override the veto any day.

- NAS Fallon renewal was approved for existing base (235,000 acres) with NO EXPANSION.
- NAS may try to reinitiate the expansion in some manner in 2021 however there are many variables:
  - New Administration Priorities
  - Funding Shortfalls
  - Political agendas.
  - The Fallon Paiute Shoshone Tribe Opposition

The Tribe will remain active in the process and determine the best route for the Tribe to insure tribal interests are at the forefront. This includes but not limited to: protection of cultural resources, protection of burials, maintaining access, environmental protection/clean up of contaminated lands due to NAS activities and develop legal agreements prior to proceeding with any land withdrawal.

On behalf of the Fallon Business Council I want to thank all of our Tribal programs. I did not highlight all of your accomplishments that have been endured during this pandemic and if I didn't mention you by program it is not that we do not appreciate or recognize your contributions.

We hope for a better 2021 and that our Tribal Membership and Community continue to stay safe throughout this pandemic, follow CDC guidelines, practice social distancing, and wear a mask. May the Creator Bless each and everyone of you not only today but everyday.

Thank You.
Last week, the Bureau of Land Management (BLM) gathered about 195 wild horses from the Fish Creek Herd Management Area (HMA) near Eureka, Nevada. The round-up was conducted to keep the 250,000-acre HMA within an Appropriate Management Level (AML) of 107 to 180 wild horse. The last helicopter survey in December 2019 tallied roughly 240 horses or “approximately 140% of the high end of the established AML,” according to the Pahrump Valley Times.

“Gathers like this are only part of the actions we take to meet our obligations to ensure the health of rangelands within the HMA, to maintain a thriving ecological balance across public lands and to promote the well-being of wild horse populations,” said Doug Furtado, Battle Mountain district manager. “As always, we are committed to conducting safe and humane gather operations as we work to protect animal health and maintain a thriving natural ecological balance while protecting it from the deterioration associated with overuse.”

Wild horses were gathered using helicopter methods. Out of the 195 collected, BLM plans on relocating 135 of them to the BLM off-range corrals in Bruneau, Idaho and treating about 30 mares with PZP-22, which is a “population suppression fertility control vaccine.” Treated mares will be released along with 30 studs, resulting in approximately 105 wild horses once the round-up is complete, the Pahrump Valley Times reports.
Updated Program Guidelines and Services during COVID-19

~ In response to limiting the spread of COVID-19, the VR office will be open to appointment only Monday–Thursday from 9:00am–3:00pm.

~ Temporarily during this time, the VR staff will be alternating work hours throughout the week to limit the exposure of COVID-19.

~ Face masks and temperature checks are required prior to entering the Youth and Family Services Building.

~ To ensure the safety and well-being of our tribal community members, the FPST Vocational Rehabilitation Program will work to provide services via telephone, e-mail, and mail.

~ A red locked drop-box has been installed outside of the Youth and Family Services Building next to the front door. Consumers may use this drop-box to deposit their completed forms or any other necessary documents to the VR office.

Eligibility Requirements
YOU MUST:
1.) Be an enrolled member of a Federally Recognized Tribe
2.) Reside on the boundaries of the following areas:
   - Churchill County or the Fallon Reservation/Colony
   - Nye County or the Yomba Reservation
   - Pershing County or the Lovelock Colony
3.) Have a physical or mental disability that makes it hard for you to receive or keep employment

FOR FORMS OR MORE INFORMATION PLEASE CALL THE OFFICE AT 775-428-2250
NOTICE TO ALL FPST RESIDENTS OF THE COLONY & RESERVATION

The Fallon Business Council has been notified that there are some community members who do not want to receive informational flyers that are being distributed. With reference to the threat of the COVID-19 spread which appears to be on the increase and, in due respect to our community members who would prefer to be informed, we will continue to distribute the flyers, praying that our residents will remain safe and in good heath.

For those who do not want to be informed, please contact Jill Wright our Public Communications office at: 775-423-6075 ext. 1012 to halt the distribution at your present address.

We would like to thank everyone for their continued support, and we look forward to keeping you informed. We Pray that you and your families continue to remain safe and healthy.

-THE FALLON BUSINESS COUNCIL
ECHOES OF THE PAST
1918 influenza pandemic by the numbers

- 50 million deaths worldwide
- 675,000 deaths in the U.S.
- 4,000 confirmed cases in Nevada
- 34 days: longest stay-at-home order in Reno:
  - 43 deaths in Reno (population at the time: 12,000)
  - 40 deaths in Las Vegas (population: 2,000)
20 States will see a pay raise on New Year’s Day

Workers in 20 states will get a pay hike on January 1 when the minimum wage increases, thanks to cost-of-living adjustments and other scheduled increases. Later in the year, another four states and Washington, D.C. will raise their baseline pay, which means that low-wage workers in almost half the nation could see higher pay next year.

The pay hikes come as the federal minimum wage, which hasn't seen an increase for more than 11 years, remains mired at $7.25 an hour — the longest span the baseline wage has gone without an increase since it began in 1938. At the same time, workers across the nation are struggling amid an economic recession caused by the coronavirus pandemic, which continues to spread unabated.

A higher minimum wage could help those workers regain their financial footing, especially so-called essential workers such as grocery clerks and home health aides, whose jobs have helped keep the economy humming during the crisis yet whose earnings are among the lowest. Critics claim higher minimum wages can hurt the labor market by depressing job creation — yet recent economic research hasn't found support for that claim. Instead, advocates say a higher minimum wage helps the economy by putting more money in the pockets of workers who tend to spend it on local businesses and services.

**Raising the floor**

Nearly half of U.S. states are set to increase their minimum wage in 2021.
AIR PURIFIERS AVAILABLE TO ELDERS 55+

The Emergency Management Department has air purifiers available for Fallon Tribal Elders 55+ or those with respiratory conditions made available by the Emergency Operations Center (EOC).

- One per Tribal household
- Household member must sign for the air purifier

Why Air Purifiers?
According to the EPA, when used properly, air cleaners and HVAC filters can help reduce airborne contaminants including viruses in a building or small space. By itself, air cleaning or filtration is not enough to protect people from exposure to the virus that causes COVID-19. When used along with other best practices recommended by CDC and others, filtration can be part of a plan to protect people indoors.


If you have any questions please call (775) 423-8848 or e-mail emd@fpst.org.
Thank You for all your help

Santa would like to thank his helpers Rochanne Downs, Cathi Tuni, Leona Minard & Vanessa Charley for your help in distributing gifts. Thank you for bringing joy to children this holiday season.

We would like to thank all families that participated for using “BEST PRACTICES” when you arrived at the drive-thru gift distribution.

Stimulus Check

Millions of Americans are eagerly awaiting their second stimulus checks of $600 for each eligible adult and child. The IRS on Tuesday said it had started to distribute the checks via direct deposit that evening, a process that will extend into next week.

The tax agency added that it is mailing paper checks on December 30 to people who don't have their bank account info on file with the IRS. But even so, the timeline leaves many people wondering when exactly the check will land in their accounts — especially as the IRS' website for checking one's payment status is unavailable.

The second stimulus check follows a rocky rollout this spring for more than 160 million stimulus payments directed by the Coronavirus Aid, Relief, and Economic Security (CARES) Act. That relief effort, which directed $1,200 for each eligible adult and $500 for each eligible child, encountered a number of problems, such as a delay in payment to people who didn't have their bank account information on file with the IRS, as was the case for some Social Security recipients.

You can find out more about phaseouts and eligibility here. Additional information is also available on the Internal Revenue Service (IRS) website at IRS.gov/EIP.

What If Congress Approves Bigger Stimulus Checks?

As for those ongoing discussions to boost the check totals to $2,000 per person? If additional legislation is passed, EIPs that have been issued will be topped up as quickly as possible.
Getting Vaccinated for Covid-19 - Questions & Answers

Christopher Chai, MD, MPH, FTHC

How many shots of COVID-19 vaccine will be needed?

All but one of the COVID-19 vaccines currently in Phase 3 clinical trials in the United States need two shots to be effective. The other COVID-19 vaccine uses one shot. [The FTHC will be receiving the Pfizer/Moderna vaccines which both required two shots]

Do I need to wear a mask when I receive a COVID-19 vaccine?

Yes. CDC recommends that during the pandemic people wear a mask that covers their nose and mouth when in contact with others outside your household, when in healthcare facilities, and when receiving any vaccine, including a COVID-19 vaccine. Anyone who has trouble breathing or is unable to remove a mask without assistance should not wear a mask. For more information, visit considerations for wearing masks.

Are there special considerations on who should get the COVID-19 vaccine first?

At first, there will be a limited supply of COVID-19 vaccine. Operation Warp Speed is working to get those first vaccine doses out once a vaccine is authorized or approved and recommended, rather than waiting until there is enough vaccine for everyone. However, it is important that the initial supplies of vaccine are given to people in a fair, ethical, and transparent way. Learn how CDC is making COVID-19 vaccine recommendations, including recommendations if there is a limited supply, based on input from the Advisory Committee on Immunization Practices.

If I have already had COVID-19 and recovered, do I still need to get vaccinated with COVID-19 vaccine?

There is not enough information currently available to say if or for how long after infection someone is protected from getting COVID-19 again; this is called natural immunity. Early evidence suggests natural immunity from COVID-19 may not last very long, but more studies are needed to better understand this. Until we have a vaccine available and the Advisory Committee on Immunization Practices makes recommendations to CDC on how to best use COVID-19 vaccines, CDC cannot comment on whether people who had COVID-19 should get a COVID-19 vaccine.

Why would a vaccine be needed if we can do other things, like social distancing and wearing masks, to prevent Covid-19 from spreading?

Stopping a pandemic requires using all the tools available. Vaccines work with your immune system so your body will be ready to fight the virus if you are exposed. Other steps, like covering your mouth and nose with a mask and staying at least 6 feet away from others, help reduce your chance of being exposed to the virus or spreading it to others. Together, COVID-19 vaccination and following CDC’s recommendations to protect yourself and others will offer the best protection from COVID-19.

Do I need to wear a mask and avoid close contact with others if I have received 2 doses of the vaccine?

Yes. While experts learn more about the protection that COVID-19 vaccines provide under real-life conditions, it will be important for everyone to continue using all the tools available to us to help stop this pandemic, like covering your mouth and nose with a mask, washing hands often, and staying at least 6 feet away from others. Together, COVID-19 vaccination and following CDC’s recommendations for how to protect yourself and others will offer the best protection from getting and spreading COVID-19. Experts need to understand more about the protection that COVID-19 vaccines provide before deciding to change recommendations on steps everyone should take to slow the spread of the virus that causes COVID-19. Other factors, including how many people get vaccinated and how the virus is spreading in communities, will also

(Continued on page 2)
Getting the Covid-19 Vaccine - Questions & Answers

(Continued from page 1)

affect this decision.

When can I stop wearing a mask and avoiding close contact with others after I have been vaccinated?

There is not enough information currently available to say if or when CDC will stop recommending that people wear masks and avoid close contact with others to help prevent the spread of the virus that causes COVID-19. Experts need to understand more about the protection that COVID-19 vaccines provide before making that decision. Other factors, including how many people get vaccinated and how the virus is spreading in communities, will also affect this decision.

Are there other vaccines that can prevent me from getting COVID-19?

A flu vaccine will not protect you from getting COVID-19, but it can prevent you from getting influenza (flu) at the same time as COVID-19. This can keep you from having a more severe illness. CDC believes it's likely that flu viruses and the virus that causes COVID-19 will both be spreading during that time. That means that getting a flu vaccine is more important than ever.

Does immunity after getting COVID-19 last longer than protection from COVID-19 vaccines?

The protection someone gains from having an infection (called natural immunity) varies depending on the disease, and it varies from person to person. Since this virus is new, we don't know how long natural immunity might last. Some early evidence—based on some people—seems to suggest that natural immunity may not last very long. Regarding vaccination, we don't know how long immunity lasts until we have a vaccine and more data on how well it works. Both natural immunity and vaccine-induced immunity are important aspects of COVID-19 that experts are trying to learn more about, and CDC will keep the public informed as new evidence becomes available.


FTHC COVID-19 TESTING ADJUSTMENT

Due to an increase in individuals wanting Covid-19 testing our the FTHC plan for the Covid-19 vaccinations, we have modifying our testing program as follows:

- Only patients or their household members who have Covid-19 symptoms will receive a Covid-19 test in the FTHC facility and after evaluation by our medical providers.

- For patients or household members who are non-symptomatic, there will be weekly rapid testing at the Toi Ticutta Wellness Center on Mondays from 4 pm to 6 pm starting December 14, 2020 (subject to weather).

- Monthly Rapid Community Testing’s in Lovelock and Yomba will be continuing as well (subject to weather).

COVID-19 Prevention Tips

- WASH: Wash your hands frequently – for at least 20 seconds
- COVER: Use tissues when you cough or sneeze and dispose of them immediately, use your elbow if a tissue not available
- AVOID: Do not touch surfaces and then your mouth, eyes or nose
- DISTANCE: Practice social distancing by not shaking hands, hugging, etc.
- ISOLATE: Stay home if you become ill and prevent the spread of the illness
Will the COVID-19 Vaccine Have Side Effects?  
Here’s What Doctors Know so Far

The first doses of the coronavirus vaccine could be distributed to healthcare workers in just 2 weeks


Once a distant dream, the coronavirus vaccine is now a soon-to-be reality. In fact, the first doses could be distributed within two weeks, the nation’s governors were told during a conference call with the White House Coronavirus Task Force on Nov. 30.

Pharmaceutical giants Pfizer and Moderna have both submitted applications for an Emergency Use Authorization (EUA) with the Food and Drug Administration (FDA) for their respective vaccine candidates, both of which are reported to be more than 90% effective at preventing COVID-19 in participants in stage three clinical trials. Pfizer has included 43,538 people in its study, while Moderna has reported more than 30,000 participants.

The Centers for Disease Control and Prevention’s (CDC) Advisory Committee on Immunization Practices also held an emergency meeting on Dec. 1, and officially confirmed that healthcare workers and elderly residents of long-term care facilities will be the first to receive the vaccine once one is authorized.

While things are moving quickly, experts predict that most people won’t have access to the vaccine, both of which will require two doses, until the late spring. Still, it’s only natural to have questions about how the vaccine works, what kind of potential side effects it could cause, and why it’s so important to get one. Here’s everything we know so far.

What’s in the COVID-19 vaccine, and how does it work?

Pending EUAs from the FDA, there will hopefully be two different vaccines available for COVID-19 by the end of the year. They both contain similar ingredients, just packaged differently, says infectious disease expert Amesh A. Adalja, M.D., senior scholar at the Johns Hopkins Center for Health Security.

Both vaccines use messenger RNA (mRNA), a new type of vaccine that encodes a part of the spike protein gene in SARS-CoV-2, a.k.a. novel coronavirus. This is the part of the virus responsible for its unique crown-like structure. The vaccine does not inject inactive virus into your body, but rather uses pieces of genetic material from SARS-CoV-2.

Here’s how it works: mRNA gives your cells instructions to develop a protein that is similar to the novel coronavirus’ spike protein, according to the CDC. When your immune system recognizes that new protein as a foreign invader, it mounts an immune response to fight off what it interprets as an infection, and you develop antibodies specific to SARS-CoV-2. Your body eliminates the protein and the mRNA, but those antibodies stick around to help protect you from future COVID-19 infection. (It’s important to note that mRNA does not alter your DNA, per the CDC.)

The two vaccines developed are the first of their kind. “There have never been mRNA vaccines before,” Dr. Adalja says.

Of course, there are other components as well. “A vaccine has got to have materials in it to make sure that it is stable and can really function,” says William Schaffner, M.D., an infectious disease specialist and professor at the Vanderbilt University School of Medicine. “No vaccine is just purely the antigen.” (An antigen is any substance that causes your immune system to produce antibodies to it.)

The actual ingredients in both vaccines haven’t been released yet, but likely will be once they are approved, Dr. Adalja says. However, many vaccines contain ingredients like preservatives (to prevent contamination), adjuvants like aluminum salts (to help boost the body’s response to the vaccine), and stabilizers like sugar or gelatin (to keep the vaccine effective after it’s manufactured), per the CDC.

(Continued on page 4)
COVID-19 vaccines may cause mild side effects, experts say – stressing need for education, not alarm (continued)

(Continued from page 3)

How does the COVID-19 vaccine differ from the flu shot?

The COVID-19 vaccine works completely differently than the early flu vaccine. “The flu shot gives you an inactivated virus,” Dr. Adalja explains. From there, the vaccine causes antibodies to develop in your body about two weeks after you get the shot, per the CDC. Those antibodies then help protect you against infection with the strains of the flu that are used to make the vaccine for that season.

The coronavirus vaccine, on the other hand, “gives you a snippet of a gene,” not an inactive virus, Dr. Adalja says.

You also need to get two shots of the current coronavirus vaccines—typically three to four weeks apart—while the flu vaccine is just one shot a year, Dr. Schaffner says. It’s unclear at this point if people will need the COVID-19 vaccine each year, he says. There are single-dose vaccines in the works as well, including one from Johnson & Johnson, which recently reached phase 3 of its clinical trial.

What are the potential side effects of the COVID-19 vaccine?

Details on the vaccines and their safety data haven’t been presented to the general public yet, but they will be once they receive EUAs from the FDA—and before you would be given your first dose, Dr. Schaffner says. Since healthcare workers will be offered the vaccine first, your primary care physician can offer information to you based on personal experience, as well as data.

“So far, what we’ve seen in the animal data and data from phases 1, 2, and 3 [human] trials shows a favorable safety profile,” Dr. Adalja says. Each vaccine is slightly different but, in general, experts say you may experience the following side effects with either COVID-19 vaccine:

- Sore arm at the injection site
- Fever
- Fatigue
- Headache
- Joint pain
- Muscle aches

“This is similar to what you’d expect with the flu vaccine,” says Thomas Russo, M.D., professor and chief of infectious disease at the University at Buffalo in New York. “[The side effects] usually only last a day or so. They’re not serious or concerning.” For example, the flu shot can also cause arm soreness, swelling at the injection site, a low-grade fever, and other side effects as the body starts to mount an immune response.

However, because the COVID-19 vaccines are so new, long-term side effects are not yet fully understood. Dr. Russo notes that vaccine makers, as well as the FDA, will continue to gather detailed data after a vaccine is released to the general public.

How common are the potential side effects from the COVID-19 vaccine?

Moderna shared in mid-November that the following side effects were the most common among patients in its trial:

- Fatigue (9.7%)
- Muscle aches (8.9%)
- Joint pain (5.2%)
- Headache (4.5%)
- Pain (4.1%)
- Injection site pain (2.7%)
- Redness at the injection site (2%)

Pfizer shared that the following side effects happened in some patients:

- Fatigue (3.8%)

- Headache (2%)

Just like the flu shot can’t give you the flu, the COVID-19 vaccine will not give you COVID-19. These side effects “basically show that the immune system is being primed,” says Richard Watkins, M.D., an infectious disease and professor of internal medicine at the Northeast Ohio Medical University. Remember, your body is learning to mount a response to SARs-CoV-2, which can lead to symptoms like a fever.

It’s also important to note that the second shot may cause more side effects than the first shot. “We want to let everyone know that so they’re not disappointed or worried that they have COVID-19,” Dr. Schaffner says.

Why is it so important to get the COVID-19 vaccine?

Getting the vaccine has several benefits, Dr. Adalja says. The big one? We can safely establish herd immunity, so the population at large can be protected from the virus if a threshold of vaccination is reached. It’s a tall order, as experts estimate that roughly 70% of people in the U.S. (200 million) need to be vaccinated to reach this level of protection for COVID-19 specifically. This is especially important for vulnerable, high-risk groups, like the elderly & immunocompromised.

Experts also say getting vaccinated will help protect you personally from contracting COVID-19 or from having severe complications of the virus if you do happen to contract it.

When the vaccine is available to you, it’s crucial that you get it. “At this point, one in 200 people who get COVID die,” Dr. Watkins says. “The benefit greatly outweighs the risks.”
Covid-19 Treatments and Vaccines
• Christopher Chai, MD, MPH, FTHC

So what should you do if you are found to be positive for COVID-19 or suspect you do have COVID-19 but don’t get tested? If you have no symptoms or mild symptoms, stay home in quarantine preferably in an area of your home that can be set apart from all other people with whom you live. Clean your hands and wear a mask before leaving that area of the home to go to other areas to decrease spreading the virus to them. Quarantine boxes may be available who need them from the EOC, and contain items to assist in the quarantine process. If you are unable to quarantine away from others in your home, I then suggest the vulnerable people in your home to temporarily stay in other homes until your condition resolves.

Additionally, once you are confirmed to be positive at our clinic or at our community testing, you will be contacted by one of the primary care providers or medical staff. At that time, we will go over any questions and concerns you may have, as well as our recommendations including possible medications that may help control symptoms. We will then go over contact tracing, which is to help find out to whom you may have spread COVID-19 so that we can help all those affected and reduce the spread. Afterwards, we will continue to contact you to follow-up on how you are doing.

Are there specific treatments for COVID-19? The short answer is no. The milder symptoms can be treated with medications for other respiratory infections. The milder symptoms will also resolve on their own given enough time. Also, while there were initial reports and studies that purported to show benefits to hydroxychloroquine or Azithromycin, subsequent studies that are larger and more well-designed do not find benefit for use of these medications for outpatient management of COVID-19.

Thereafter, should you be admitted to a hospital, the inpatient team will have protocols, equipment, and medications to help manage your symptoms up to and including intensive care unit management.

Vaccines continue to be in development worldwide and their science does not depend on which political party is in power. In fact, because these companies are publicly traded entities, it is in their best interest to develop vaccines that work well and with low risk of side effects. Also, these companies can and would be held liable for intentionally causing harm. For the USA, we are considering three companies’ vaccine developments: Pfizer, Johnson & Johnson, and Moderna. Our government has made deals with these companies that—should they develop successful vaccines—the companies will receive financial compensation (between $1-2 billion) in exchange for roughly 100-150million vaccines per company.

I do believe vaccines will be our best bet to contain the COVID-19 pandemic. Other countries’ strategies have taught us that relaxed standards for the basics will likely not achieve sufficient herd immunity and will more likely lead to subsequent waves of infection (Sweden), and have also taught us that doing the basics really well could control the spread of infection so long as the basics are done very well by everyone AND contact tracing and quarantines are strictly enforced (Taiwan, South Korea). Therefore, I will continue to monitor and review the science, and make recommendations when the time comes. Another thing to consider with vaccines is that IHS has had higher priority for resources and thus it is likely what we will continue to have higher priority for any vaccines that will be released.

![COVID-19 Incubation Timeline](image-url)
COVID-19 VACCINATION REGISTRATION NOW AVAILABLE
(for Priority Phase Groups 1b and 1c)

The Fallon Tribal Health Center is now pre-registering qualified FTHC patients and members of their household for the Covid-19 vaccine. Qualified individuals must meet one of the following groups established by the U.S. CDC:

- **Phase 1b:** Essential Workers (examples include education, food & agriculture, utilities, police, firefighters, corrections, transportation) - Must submit a letter from your employer (tribal/non-tribal) designating you as an essential worker
- **Phase 1c:** Adults 65 years and older; Adults with high-risk medical conditions (must submit a letter from your medical provider if the FTHC is not your primary provider)

For questions about the Covid-19 vaccine please email them to covid@fpst.org and we will get back to you as soon as possible. Also detailed information about the vaccine was provided by the FTHC’s Physician, Christopher Chai, MD, in the Health Center’s latest newsletter, Health Matters, which was mailed to all active FTHC patient households. If you would like a copy of this newsletter please call the Health Center at (775) 423-3634. Additional information is also available from the CDC at www.cdc.gov/vaccines/covid-19/index.html

To pre-register for the Covid-19 vaccination please call Tamika FastHorse, Patient Registration Supervisor, at (775) 420-2546.

Appointments will primarily be based on date/time registered and if individuals meet the qualification requirements.

We will be setting up the appointment dates and times in the near future primarily at the Health Center but depending on registration levels the FTHC may conduct vaccination clinics also in the three tribal communities.

If you currently Covid-19 positive or showing any illness or symptoms you will need to wait for these conditions to clear up before you receive the vaccine. You also cannot have had the flu shot within 14 days of the vaccination.

Please be aware that we have limited supplies of the vaccine so pre-registration for the priority group is required. Please also be committed to showing up when you are notified as the vaccines must be utilized within a short-time frame once we start. Also the vaccine is done in two shots which are spaced at about 3-4 weeks apart. We will notify you of the follow-up time for your second shot by phone or letter. The second dose is needed to ensure that the vaccine reaches is maximum effectiveness.

FALLON TRIBAL HEALTH CENTER
FALLON PAIUTE-SHOSHONE TRIBE

1001 Rio Vista Drive
Fallon, NV 89406
Tel (775) 423-3634
customerservice@fpst.org
NEWS OF THE WORLD (PG-13)
Run Time: 1 hr. 58 min.
1/2: 12:30, 4:30, 8:30
 VIEW TRAILER

PROMISING YOUNG WOMAN (R)
Run Time: 1 hr. 48 min.
1/2: 1:00, 5:00, 8:45
 VIEW TRAILER

FATALE (R)
Run Time: 1 hr. 42 min.
1/2: 3:30, 7:30, 9:45
 VIEW TRAILER

THE CROODS: A NEW AGE (PG)
Run Time: 1 hr. 35 min.
1/2: 2:30, 6:30, 8:00
 VIEW TRAILER

PINOCCHIO (PG-13)
Run Time: 2 hr. 5 min.
1/2: 3:00, 7:00, 8:15
 VIEW TRAILER

WONDER WOMAN 1984 (PG-13)
Run Time: 2 hr. 31 min.
1/2: 12:00, 2:00, 4:00, 6:00, 8:00
 VIEW TRAILER

MONSTER HUNTER (PG-13)
Run Time: 1 hr. 45 min.
1/2: 1:30, 5:30, 9:30
 VIEW TRAILER

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<tbody>
<tr>
<td>8/1 The Devil's Light</td>
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<tr>
<td>1/15 Mortal Kombat</td>
</tr>
<tr>
<td>1/2 The Marksman</td>
</tr>
<tr>
<td>1/22 The Little Things</td>
</tr>
<tr>
<td>Breaking News</td>
</tr>
</tbody>
</table>

Adult evening shows: $10.00
Seniors/Military: $8.25
Matinee (before 6pm) $7.25
Children (under 12) $7.25
Newly built playgrounds located in subdivisions are now open

Kids can now use the newly constructed playgrounds located on the Colony, Doi-Dicuta and Ellison. The Fallon Tribe will follow the guidance on reopening playgrounds. Here are a few recommended rules for the playgrounds.

- Everyone two and up must wear a face mask
- Different households should keep 6 feet apart, and families should come back later if a playground is too crowded to make this social distancing possible.
- If possible, bring your supplies to wipe a few things down first
- Wash hands before and after

Our playgrounds offer a multitude of benefits. They are the heart of a community. These are our playgrounds, let’s take care of them and be proud of them. Take a stand. If you see anyone committing vandalism, report it to the police, your parents/adult or someone who can take action.

TRIBAL CATTLE OPERATORS

2021 Applications for Wetlands Summer Grazing are due January 15th
Submit completed application to the Tribal Land & Water Resources Office

Fallon Paiute-Shoshone Tribe Land & Water Resources Office
8820 Mission Road
FALLON, NV 89406
775-423-3725
Evelyn Grace Works
February 13, 1922 - December 11, 2020

Evelyn Grace Works, beloved mother, grandmother, great-grandmother, and great-great grandmother died at her home on the Fallon Paiute-Shoshone Indian Reservation Friday, December 11. She was 98 years old. Her family was at her bedside.

At the time of her death, she was the Fallon Paiute-Shoshone Tribe's oldest living member. The tribe's newsletter, Numa News, honored Evelyn for this milestone in her life by profiling her in a cover story published in February.

She was born Evelyn Grace Dixon at Stillwater, Nevada on February 13, 1922, to Harold Dixon and Hattie Pete. Little more than two years later, Congress passed the Indian Citizenship Act in 1924, making all Indians citizens. But that didn't automatically give Indians the right to vote in many states. That wouldn't happen until decades later.

Evelyn spent her formative, hardscrabble years on the Fallon reservation. This, at a time when Indians endured overt and systemic racism.

For example, Indians were not allowed to eat in Fallon restaurants. This greatly angered Evelyn's mother, Hattie Pete.

"Indians had to eat in the alley," the Numa News reported in its feature story on Evelyn.

"Worse yet, Indians couldn't be in town after dark," the Numa News said. Such places in Nevada and elsewhere were called "sundown towns." In this country, this practice dates back to at least the 1700s.

As a young girl, Evelyn attended government boarding schools, Stewart Indian School, formerly called the Carson Indian School, near Carson City, and the Sherman Institute in Riverside, California.

When she was 17, tragedy struck when her mother, Hattie Pete, was attacked and killed on August 1, 1939 and died in Fernley. Her assailant was never found.

Attacks like this gave rise decades later to the Missing and Murdered Indigenous Women's movement.
Evelyn served in the Women's Army Corps during World War II. She was one of about 150,000 women who volunteered for the WAC, bucking public opinion and conservative U.S. Army leadership that opposed women being in uniform.

In the end, the WAC persevered and proved their mettle. They were awarded the Women’s Army Corps Service Medal. Evelyn’s three brothers were also veterans. Her oldest brother, Lester Dixon, was a U.S. Marine who fought on Iwo Jima during that war’s Pacific campaign.

Evelyn was 23 years old when she was honorably discharged from the Women’s Army Corp in February 1945. Later, while raising a family, she returned to college to become a Licensed Vocational Nurse. She worked as a nurse for several years. She also worked at the Fallon Paiute-Shoshone Tribe’s health clinic and its senior center.

Evelyn was an avid reader and enjoyed fiction and books on U.S. history, the American West, and other subjects. She also enjoyed her photo albums and taking her Native baskets to schools to give cultural presentations.

Evelyn is preceded in death by her grandparents, Little Pete and Lucy Pete; parents Harold Dixon and Hattie Pete; husbands Frank Lewis, Fermin Medellin, and David Works; brothers Lester Dixon, Harold Oudie Dixon, and Francis Allen; and two sons, Conrad Lewis and Raul Lewis.

She is survived by sons R. Heredia of Fresno, California; Gerard Works of Fallon; and Adrian Works of Lemoore, California; daughters Corrine Lewis of Fallon; Sherry Lewis of Fresno, California; Teresa Montgomery of Fallon; and Carmela Rodriguez of Sun Valley, Nevada.

Several nieces, nephews, grandchildren, great-grandchildren, and great-great grandchildren also survive her.

Viewing will be Thursday, December 17 at 6 p.m., followed by the praying of the Rosary at 7 p.m. at the Gardens Funeral Home Cemetery Crematory, 2949 Austin Highway in Fallon.

Funeral services will be held at 12 p.m. noon, Friday, December 18, at the Gardens Funeral Home. Evangelist Corrine Lewis will officiate. A color guard will render military honors and play “Taps.”

Burial will be at the Fallon Paiute-Shoshone Indian Cemetery.

Wearing masks and social distancing for the viewing, the Rosary, the funeral and the burial are strongly encouraged. These measures are to protect against COVID-19. The funeral will be videotaped for those unable to attend.
IMPORTANT INFORMATION ABOUT YOUR DRINKING WATER

Monitoring Requirements Not Met for Fallon Paiute-Shoshone Tribe Water System #03200166

Our water system recently violated a drinking water requirement. Although this incident was not an emergency, as our customers, you have a right to know what happened and what we did (are doing) to correct this situation.

*We are required to monitor your drinking water for specific contaminants on a regular basis. Results of regular monitoring are an indicator of whether or not our drinking water meets health standards. During 9/1/2020–9/30/2020 we did not complete all monitoring or testing for Revised Total Coliform Rule and, therefore, cannot be sure of the quality of your drinking water during that time.*

What should I do?

**There is nothing you need to do at this time.**

The table below lists the contaminant(s) we did not properly test for, how often we are supposed to sample for Revised Total Coliform Rule and how many samples we are supposed to take, how many samples we took, when samples should have been taken, and the date on which follow-up samples were (or will be) taken.

<table>
<thead>
<tr>
<th>Contaminant</th>
<th>Required sampling frequency</th>
<th>Number of samples taken</th>
<th>When samples should have been taken</th>
<th>When samples were taken</th>
</tr>
</thead>
<tbody>
<tr>
<td>Revised Total Coliform Rule</td>
<td>Two samples monthly</td>
<td>1</td>
<td>9/1/2020 - 9/30/2020</td>
<td>10/5/2020</td>
</tr>
</tbody>
</table>

What is being done?

We are currently back in compliance. Immediately after speaking with Karl Banks from EPA region 9 we resolved the problem. Due to a clerical issue with one of our monthly samples, we received a “failure to conduct routine monitoring” violation. Although two (2) samples were taken at the proper time and the results were valid and showed no Total Coliform, there was an error by the Nevada State Lab, and a “For compliance” sample was reported as a “Not for compliance” sample, making it invalid by the EPA. So again this was just a reporting violation, there was never an issue with the water, or even the samples themselves. But we are required to notify every one of this violation.

For more information, please contact Cody Downs at (775)427-9957 or 565 Rio Vista Drive, Fallon NV, 89406.

*Please share this information with all the other people who drink this water, especially those who may not have received this notice directly (for example, people in apartments, nursing homes, schools, and businesses). You can do this by posting this notice in a public place or distributing copies by hand or mail.*

This notice is being sent to you by Fallon Paiute-Shoshone Tribe Community system. State Water System ID#: 03200166. Date distributed: January 6, 2021.
FALLON PAIUTE-SHOSHONE TRIBE ALERTS

Sign up to receive emergency alerts and severe weather warnings that could directly impact you and your family.

The Fallon Paiute-Shoshone Tribe is able to send you emergency alerts via text message, email, or voice mail (in extreme cases).

The system is intended to be used for emergency alerts, as well as non-emergency incidents that may have significant impacts to residents. Emergency Alerts could be related to specific hazards that require some kind of action be taken such as evacuation, shelter in place, boil water orders, etc. Non-emergency alerts could include significant transportation problems with prolonged impacts or significant ongoing police or fire activity. This list is not meant to be all inclusive, and demonstrates that this system will not be used for routine information. In addition to receiving information on your wireless device, you may also receive notification on your land telephone line (if you have one) depending on the type of incident or event.

Please provide your cell number, home number and/or e-mail address to Jackie Conway, Emergency Management Coordinator at (775) 423-8848 ext. 202 or emd@fpst.org. Thank you.
### January Menu

#### Sun  Mon  Tue  Wed  Thu  Fri  Sat

<table>
<thead>
<tr>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
</tr>
</thead>
</table>
| Hot Dogs  
Potato Salad  
Cookie | Happy New Year 2021  
Wishing everyone good health in the new year | Chicken Breast  
Potatoes Wedges  
Broccoli  
Yogurt | **Meatloaf**  
**Salad**  
**Orange Slices** | Pork Loin  
Rice Pilaf  
Green Salad  
Applesauce | **CLOSED** | **1**  
**2** |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Salisbury Steak  
Noodles  
Broccoli  
Applesauce | Goulash  
Garlic Bread  
Veggies  
Fruit Medley | Senior Birthday  
French Dip  
Chips  
Apple Pie | Sweet N Sour Chicken  
Steamed Rice  
Jell-O | **Early Bird Breakfast**  
8:30 am-9:30 a.m. | **16** |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Martin Luther King, Jr. Sr. Center Closed | **50’s Hamburgers**  
**French Fries w/trimmings**  
**Ice cream** | Country Style Ribs  
Potato Salad  
Fruit Cobbler | Lasagna  
Garlic Bread  
Green Salad  
Grapes | **Tuna Salad**  
**Tomato Soup**  
**Cherry Pie w/ice cream** | **22** | **23** |
| 24/31 | 25 | 26 | 27 | 28 | 29 | 30 |
| Hot Turkey  
Sandwich  
Veggies  
Apple | Beef n Noodles  
Spinach Salad  
Cookies | **Beans**  
**Oven Bread**  
**Yogurt** | Spaghetti  
Garlic Bread  
Green Salad  
Fruit Medley | **Early Bird Breakfast**  
8:30 am-9:30 am | **29** | **30** |

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*Please remember to drink plenty of water*

*Happy New Year 2021*  
*Wishing everyone good health in the new year*
**SOCIAL DISTANCING – TRIBAL POINTS-OF-CONTACT**

We are encouraging our tribal members and residents to stay at home as much as possible with the coronavirus situation in the country. We know that you have tribal business that needs to be done but a lot of these items can be done either by phone or by email. So before you come in please try to phone or email the points-of-contact below to see if we can get your issue addressed without coming into a building. Your phone call or email will be answered by the individual or referred to the appropriate person and they will get back in touch with you as soon as possible. Thank you.

<table>
<thead>
<tr>
<th>Program Area</th>
<th>Point-of-Contact</th>
<th>Email</th>
<th>Phone Numbers</th>
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</thead>
<tbody>
<tr>
<td><strong>ADMINISTRATION</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Primary Contact</td>
<td>Chairman Moyle</td>
<td><a href="mailto:chairman@fpst.org">chairman@fpst.org</a></td>
<td>775-423-6075</td>
</tr>
<tr>
<td></td>
<td>Secretary Dyer</td>
<td><a href="mailto:secretary@fpst.org">secretary@fpst.org</a></td>
<td>775-426-8635</td>
</tr>
<tr>
<td></td>
<td>Treasurer Allen</td>
<td><a href="mailto:fbctreasurer@fpst.org">fbctreasurer@fpst.org</a></td>
<td>775-423-6075</td>
</tr>
<tr>
<td><strong>COMMUNICATIONS</strong></td>
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</tr>
<tr>
<td>Primary Contact</td>
<td>Jill Wright</td>
<td><a href="mailto:communications@fpst.org">communications@fpst.org</a></td>
<td>775-423-6075</td>
</tr>
<tr>
<td><strong>VICTIM SERVICES</strong></td>
<td></td>
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</tr>
<tr>
<td>Primary Contact</td>
<td>Michelle Bowers</td>
<td><a href="mailto:victimservices@fpst.org">victimservices@fpst.org</a></td>
<td>775-427-0985</td>
</tr>
<tr>
<td><strong>HOUSING AUTHORITY</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Primary Contact</td>
<td>Lisa Valdes</td>
<td><a href="mailto:housingdirector@fpst.org">housingdirector@fpst.org</a></td>
<td>775-426-8229</td>
</tr>
<tr>
<td><strong>SENIOR CENTER</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Primary Contact</td>
<td>Jenevie Lucero</td>
<td><a href="mailto:Elder1@fpst.org">Elder1@fpst.org</a></td>
<td>775-423-7569</td>
</tr>
<tr>
<td><strong>TRIBAL RESOURCES</strong></td>
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</tr>
<tr>
<td>Primary Contact</td>
<td>Leanna Hale</td>
<td><a href="mailto:landwaterdir@fpst.org">landwaterdir@fpst.org</a></td>
<td>775-423-3725</td>
</tr>
<tr>
<td><strong>COMMUNITY LEARNING CENTER</strong></td>
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<tr>
<td>Primary Contact</td>
<td>Rochanne Downs</td>
<td><a href="mailto:clcdirector@fpst.org">clcdirector@fpst.org</a></td>
<td>775-427-0991</td>
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<tr>
<td><strong>HEALTH CENTER</strong></td>
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<tr>
<td>Health Administration</td>
<td>Jon Pishion</td>
<td><a href="mailto:fthcdirector@fpst.org">fthcdirector@fpst.org</a></td>
<td>775-423-3634, ext. 1029, 775-217-9078</td>
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<tr>
<td>Medical &amp; Laboratory</td>
<td>Gracie Booth</td>
<td><a href="mailto:medical8@fpst.org">medical8@fpst.org</a></td>
<td>775-423-3634, ext. 1050</td>
</tr>
<tr>
<td>Dental Services</td>
<td>Martee Donahue</td>
<td><a href="mailto:dentalreceptionist@fpst.org">dentalreceptionist@fpst.org</a></td>
<td>775-423-3634, ext. 1016</td>
</tr>
<tr>
<td>Optical Services</td>
<td>Leneva George</td>
<td><a href="mailto:opto1@fpst.org">opto1@fpst.org</a></td>
<td>775-423-3634, ext. 1017</td>
</tr>
<tr>
<td>Pharmacy</td>
<td>Tim Brown</td>
<td><a href="mailto:chiefpharmacist@fpst.org">chiefpharmacist@fpst.org</a></td>
<td>775-423-3634, ext. 1872</td>
</tr>
<tr>
<td>Wellness Center</td>
<td>Christina Baldwin</td>
<td><a href="mailto:diabetescord@fpst.org">diabetescord@fpst.org</a></td>
<td>775-423-2220</td>
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<td>Benefits Office</td>
<td>Denise Harrison</td>
<td><a href="mailto:benefits2@fpst.org">benefits2@fpst.org</a></td>
<td>775-423-3634, ext. 1026</td>
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<tr>
<td>Patient Registration</td>
<td>Tamika FastHorse</td>
<td><a href="mailto:patreg2@fpst.org">patreg2@fpst.org</a></td>
<td>775-423-3634, ext. 1025</td>
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<tr>
<td>CHR Program</td>
<td>Linda Noneo</td>
<td><a href="mailto:chrsup@fpst.org">chrsup@fpst.org</a></td>
<td>775-423-3634, ext. 1039, 775-427-0977</td>
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<td>Medical Records</td>
<td>Lani Miguel</td>
<td><a href="mailto:medrecsup@fpst.org">medrecsup@fpst.org</a></td>
<td>775-423-3634, ext. 1024</td>
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<tr>
<td>PRC Office (referrals)</td>
<td>Juanita George</td>
<td><a href="mailto:chs@fpst.org">chs@fpst.org</a></td>
<td>775-423-3634, ext. 1030</td>
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<td>Behavioral Health</td>
<td>Brenda Hooper</td>
<td><a href="mailto:bhsassistant@fpst.org">bhsassistant@fpst.org</a></td>
<td>775-423-3634, ext. 1040</td>
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<td></td>
<td>Leslie Steve</td>
<td><a href="mailto:mhsadirector@fpst.org">mhsadirector@fpst.org</a></td>
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<td><strong>PUBLIC SAFETY</strong></td>
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<td>Emergency Management</td>
<td>Jackie Conway</td>
<td><a href="mailto:emd@fpst.org">emd@fpst.org</a></td>
<td>775-423-8848</td>
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<td>Tribal Police</td>
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<td><a href="mailto:chiefofpolice@fpst.org">chiefofpolice@fpst.org</a></td>
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<td><strong>PUBLIC WORKS</strong></td>
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<td>Water/Sanitation</td>
<td>John Schafer</td>
<td><a href="mailto:publicworks@fpst.org">publicworks@fpst.org</a></td>
<td>775-427-9954</td>
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<td>Environmental</td>
<td>Richard Black</td>
<td><a href="mailto:richeviro@fpst.org">richeviro@fpst.org</a></td>
<td>775-423-0509</td>
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<td>Public Works On-Call #</td>
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<td><strong>TRIBAL COURT</strong></td>
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<td>Judicial Services</td>
<td>Kae Ward</td>
<td><a href="mailto:courtclerk@fpst.org">courtclerk@fpst.org</a></td>
<td>775-423-8883</td>
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<td><strong>YOUTH &amp; FAMILY SERVICES</strong></td>
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<td>Social Services</td>
<td>Jennifer Pishion</td>
<td><a href="mailto:ssdirector@fpst.org">ssdirector@fpst.org</a></td>
<td>775-423-1215</td>
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<tr>
<td>Vocational Rehab.</td>
<td>Elaine Bender</td>
<td><a href="mailto:vrm@fpst.org">vrm@fpst.org</a></td>
<td>775-428-2250</td>
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