The Annual Native Youth Summit was a one-day powerful experience hosted by Circles of Care (COC) in collaboration with the Churchill Community Coalition (CCC), held on Friday, June 18, 2021 at the Community Learning Center.

GONA is a culture-based planning process where community members gather to address community-identified issues.

GONA programs focused on four themes: Belonging, ensuring that everyone feels welcome in an inclusive, open, safe, and trusting environment. Mastery, allowing participants to take stock of how historical trauma impacts their communities and what fosters their resilience and holds them together. Interdependence, which initiates the planning process to access resources and relationships. Generosity, which involves the GONA exercise of creating gifts to share with other participants. This symbolizes each participant’s larger gift to their families and communities in helping to address and prevent mental and substance abuse disorders, prevent suicide, and promote positive mental health.

The summit kicked-off with a breakfast yogurt bar to enhance the idea of community and sharing among peoples. They customized their very own parfait by adding fruit, cheese, berries, and granola toppings. Afterwards, a series of workshops began with each student participating in a group tie-dye activity.

Avory Wyatt, youth advocate, spoke on interdependence with the youth and did a fun, hands-on activity as the kids made paper airplanes. Kadie Zeller, (Churchill County Coalition), did a workshop on mindfulness and guided meditation.

Hannah Arthur, (COC Community Coordinator) had the attendees break for lunch as they built their own grilled cheese sandwiches with many variations of bread, cheese, meats, veggies, spreads, and seasonings as staff grilled it for them.

Loretta Burden, (Tribal Elder), working to keep alive the craft of basket weaving, led a basket weaving workshop as she taught our young people how to weave their own baskets as they had just enough time to complete and take home.

continued next page
Everette George, (Co-Founder of a Theater Company), *Rough Talk Sweethearts*-wrote a script called “First Crime” and had three staff members, including Zoogie Austin (Actor) and two volunteers Amillya and Joey perform the script. Then he had the kids volunteer read another script that he wrote when he was their age.

Melissa Melero-Moose, FPST Tribal Member Artist, helped kids paint four large canvas paintings that embodied the whole event. As the kids finished their paintings, they ate a delicious indigenous cuisine of three sister soup, fry bread and wojapi (berry sauce). Hannah Arthur has a vision of displaying the artwork locally where Native American art serves as a path forward to a brighter future.

A special thank you to all the attendees and their participation. A thank you to Katherine Wright and her ability to translate vision into reality. A shout out to Council Member Tamika Fasthorse and Council Member Philip Johnson for attending & investing in our youth.

Tribal Elder Loretta Burden keeping the art of basket weaving alive

Council Member Philip Johnson & CLC Specialist Cathi Tuni participate in team building activities
**What is Vocational Rehabilitation?**

Vocational Rehabilitation (VR) is a federally funded employment program for eligible Native Americans with a diagnosed disability.

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**Eligibility Requirements**

**YOU MUST:**
- Have a physical or mental disability that makes it hard for you to receive or keep employment.
- Be an enrolled member of a Federally Recognized Tribe.
- Reside on the boundaries of the following areas:
  - Churchill County or the Fallon Reservation/Colony
  - Nye County or the Yomba Reservation
  - Pershing County or the Lovelock Colony

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**Working with FPST VR is a:**
- Commitment
- Partnership
- Process

Our purpose is to help eligible individuals with disabilities get or keep a job.

If you are eligible, your VR counselor will help you identify a suitable job goal, determine the services needed to become ready for the job, and assist you with the employment search.

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**Office Hours:** Monday-Friday 8:00am-5:00pm
1007 Rio Vista Drive
Fallon, Nevada 89406-5463
Telephone: (775) 428-2250
Fax: (775) 423-8960

Please call the FPST Vocational Rehabilitation Program at (775) 428-2250 to get started on your journey to becoming successfully employed!
Gov. Steve Sisolak announced on Thursday a new state-run incentive program that will award some $5 million in prizes — including a $1 million grand prize — to Nevada residents who get the COVID-19 vaccine.

The announcement of the program, called “Vax Nevada Days,” comes as the state lags behind President Joe Biden’s goal of having 70 percent of adults at least partially vaccinated by July 4 — as of June 16, the state has at least partially vaccinated 59.4 percent of the adult population, a mark that ranks 33rd among the 50 states.

“We want to avoid ever going through what we went through COVID last year,” Sisolak said. “That’s why today I want to provide Nevadans with an exciting update on one more way we’re planning to encourage all Nevadans to get their vaccine, in addition to thanking those who’ve already gotten their shots.”

Sisolak unveiled the program at a kickoff press conference at Allegiant Stadium, where a vaccine clinic and stadium tours were simultaneously being held. Though winners will be announced each Thursday from July 8-Aug. 26, those who have already been vaccinated will be automatically entered in the drawings once their vaccinator has submitted that information to the state.

Every Nevadan who is at least 12 years old and receives at least a first dose will be automatically entered to win one of nearly 2,000 prizes.

Other incentives up for grabs for people 18 and older include 149 cash prizes ranging from $1,000 to $250,000 each. Specifically, 100 people will win $1,000 each, 32 will win $25,000, 11 will win $50,000, two will win $100,000, three will win $250,000 and one person will win the $1 million grand prize. Teens between the ages of 12 and 17 are eligible for 135 different college savings plan awards valued from $5,000 to $50,000.

People of all ages are eligible to win one of 500 Nevada state park annual passes or one of 1,250 state fishing licenses.

All $5 million worth of prizes will come from federal COVID-19 relief funds, and they will be distributed through Immunize Nevada. Sisolak said he expects winners to first be called as prizes are drawn, though the administration of the program will be fully carried out by Immunize Nevada.

Sisolak was also joined at the event by Scott Gunn, a senior vice president at the gaming company IGT Global Solutions Corporation. Gunn explained that other states are able to administer COVID-19 incentives through their state lotteries. Because Nevada does not have a state lottery, IGT will be helping pick winners through a certified random number generator, which is the process used by lotteries in other states. Gunn also noted that IGT will not have access to anyone’s personally identifiable information throughout the process.

“We got an opinion from my counsel, from the attorney general’s counsel, from the Gaming Control Board's counsel that this is something that we're allowed to do,” he said.

Over the past few weeks, a variety of other states have announced incentives meant to boost vaccination rates, after the number of doses being administered daily across the country significantly declined in late April and May. Some states have announced cash prizes, such as Ohio, which started the “Vax-a-Million” campaign to boost vaccination numbers by giving out five $1 million prizes to vaccinated adults.
• All Nevadans 12+ who receive at least one vaccine dose are automatically entered – including those vaccinated before promotion.

• $5 million in cash, college savings plans, and prizes will be given away over 8 weeks, starting July 8.

• The sooner you get a vaccine, the more chances you could have to win.

• $1 million grand prize will be awarded August 26.

Vax Nevada Days is designed to encourage Nevadans who haven’t yet been vaccinated to protect themselves with a COVID-19 vaccine. Do something good for yourself, your family and your community, and you could win big.

Vaccinated? You’re already entered!
Need a vaccine? Find a location.
VaxNevadaDays.org
Break the Silence.

SUPPORT!

DOMESTIC VIOLENCE Awareness

ENDING DOMESTIC VIOLENCE BEGINS WITH SPEAKING OUT!
If you or someone you love is being abused,
Break the silence!
GET HELP!
Call the FPST Victim Services Hotline
All calls are confidential

Fallon Paiute Shoshone Tribe Victim Services Program
565 Río Vista Dr.
Fallon, NV 89406
(775) 423-6075

FPST Victim Services 24 Hour Hotline Number
775-427-0985
In an Emergency call 911
WASHINGTON — President Biden signed legislation on Thursday to make Juneteenth a federal holiday, enshrining June 19 as the national day to commemorate the end of slavery in the United States.

“All Americans can feel the power of this day, and learn from our history,” Mr. Biden said at a ceremony at the White House, noting that it was the first national holiday established since Martin Luther King’s Birthday in 1983.

He said signing the law was one of the greatest honors he will have as president. The law went into effect immediately, making Friday the first federal Juneteenth holiday. Public schools were closed on a moment’s notice. The federal Office of Personnel Management announced that most federal employees would observe the holiday on Friday, since June 19 falls on a Saturday this year.

At the White House, officials canceled the daily press briefing and pulled down normal meetings for Friday.

The Nasdaq Stock Market said U.S. markets, however, were expected to remain open on Friday.

The Senate rushed the measure through with no debate this week after clearing away a longstanding Republican objection, and the House approved it on Wednesday by a vote of 415 to 14, with all of the opposition coming from the G.O.P.

“Throughout history, Juneteenth has been known by many names: Jubilee Day. Freedom Day. Liberation Day. Emancipation Day. And today, a national holiday,” Vice President Kamala Harris said, introducing Mr. Biden. She also signed the legislation in her capacity as the president of the Senate.

Juneteenth commemorates the end of slavery in the United States. Its name stems from June 19, 1865, when Maj. Gen. Gordon Granger in Galveston, Texas, issued General Order No. 3, which announced that in accordance with the Emancipation Proclamation, “all slaves are free.” Months later, the 13th Amendment was ratified, abolishing slavery in the final four border states that had not been subjected to President Abraham Lincoln’s order.

Momentum to establish Juneteenth as a federal holiday picked up steam last year during a summer defined by racial unrest and Black Lives Matter protests in response to the murder of George Floyd by the police. In a bid to woo Black voters during the final months of the 2020 campaign, President Donald J. Trump promised to support legislation to establish the new federal holiday if he was re-elected. Still, some right-wing activists criticized Republicans who supported the measure.

He reminisced about meeting her last year while campaigning in Nevada. “She told me she loved me, and I believed it,” he joked. Mr. Biden also framed the holiday as part of his administration’s efforts to address racial equity throughout the federal government.

“The promise of equality is not going to be fulfilled until we become real, it becomes real in our schools and on our Main Streets and in our neighborhoods,” the president said. He pressed Americans to celebrate the new holiday as a day “of action on many fronts,” most important, vaccines.

“We have more to do to close the racial gap in vaccination rates,” Mr. Biden said.

At an enrollment ceremony at the Capitol on Thursday morning, during which Speaker Nancy Pelosi signed the bill, Representative G.K. Butterfield, Democrat of North Carolina, led lawmakers in singing “Lift Every Voice and Sing,” which is often referred to as the Black national anthem.

Representative James E. Clyburn of South Carolina, the No. 3 House Democrat, said he would push for the song to be designated America’s “national hymn.”
Play safe!
It’s ok to play on playgrounds

- Wash hands with soap and water before and after playing (or using the playground) or use hand sanitizer
- Don’t share toys or equipment with other kids outside your family
- Avoid crowded playgrounds and minimize physical contact between kids
- Adults should keep 2 metres apart

Playgrounds may not be cleaned or disinfected
Kids today average seven hours daily in front of electronics, such as television, phones, laptops and tablets. Swapping active, outdoor play for a sedentary lifestyle, causing severe consequences for their health and overall well-being.

The new playgrounds that were build transformed these identified areas into a place where our young people can have active play. One of the project goals was so that our youth can be outside exercising, fresh air, friends, fun and socializing.

Another key part of playground safety: Kids must know how to be safe and act responsibly at the playground.

**Kids should know to:**

- Never push or roughhouse while on jungle gyms, slides and other equipment.
- Use equipment properly — slide feet-first, don't climb outside guardrails, no standing on swings, etc.
- Always check to make sure no other kids are in the way if they're going to jump off equipment or slide, and land on both feet with their knees slightly bent.
- Leave bikes, backpacks, and bags away from the equipment and the play area so that no one trips over them.
- Always wear a helmet while bike riding, but take it off while on playground equipment.
- Never use playground equipment that's wet because moisture makes the surfaces slippery.
- Check playground equipment in the summertime. It can become uncomfortably or even dangerously hot, especially metal slides, handrails, and steps. So use good judgment — if the equipment feels hot to the touch, it's probably not safe or fun to play on. Contact burns can happen within seconds.
- Wear clothes without drawstrings or cords. Drawstrings, purses, and necklaces could get caught on equipment and accidentally strangle a child.
- Wear sunscreen when playing outside even on cloudy days to protect against sunburn.

A safe community requires the joint effort of all community members. The more observant and involved individuals are in their daily lives, the less likely crime will occur undetected. If we watch and report suspicious activity, we reduce the areas where criminals feel comfortable committing crimes, resulting in safer communities. If you see anyone committing vandalism, report it to the police or someone who can take action. Remember, vandalism is a crime.
Tribal Member Amber Gonzalez, is the 1st Licensed Native American Mining Inspector in the United States. Amber is the daughter of Jim Kelly & Angie Williams. Her grandparents are Lavara Christensen and grandfather Henry( Tex) Williams. Her sisters Savahanna Kelly and Chelsea Cheek and brothers Raymond and Nelson Williams.

Amber is married to Carlos Gonzalez from Elko Nevada and she has 3 beautiful children Kiley, Bronc and Cambrie. Amber grew up in both Lovelock and in Fallon on the reservation where she spent summers with her grandparents & riding horses with her cousins.

Gonzalez went to school in Pershing County and due to the cost of college, she decided to attend a trade school and took a course for heavy equipment operators in Sacramento. Upon completion she went into the mining industry and worked as a heavy equipment operator. After 10 years she wanted a change so she put in for a position to become a mine inspector and was successful and continues to fulfill her future goals to this day as she has been in her position for 6 year now.

A typical day for Gonzalez would begin at 3 a.m. as she drives to the job site. She then meets with management and explains her plans for the day as they take her wherever she needs to go to inspect, i.e. undergrounds, mills, surface operations and process areas where they make gold or silver. She conducts health samples and investigate accidents, fatalities, and hazard complaints.

Some satisfactions of her job is knowing that she has the ability so save the lives of miners as the number one goal is the miners are going home everyday. She also gets to see new mines which is very rewarding.

A dissatisfaction for her job is she is on the road everyday because she is needed across the United States from Alaska to West Virginia.

She stated, “My job is pretty much Federal Law Enforcement as I basically ensure that mines are following the laws 30CFR”

When asked what kind of problems she deals with Gonzalez stated, “One problem I have to deal with is that I am a woman and my age. Many inspectors are much older and more experienced then me, but in my line of work, management is sometimes not accepting of me and my position”.

Gonzalez encourages young people interested in this field to get out there and start with small mines and then move to bigger mines and to stick with it and don’t let anyone tell you that you cannot do it.

She wanted to thank her husband for his support and as she went to schooling and all her travels without complaint. She also wanted to thank her parents, her step mom Elizabeth Kelly(Wisnefski), and her brothers and sisters for their support.

Gonzalez eventually wants to settle down in Fallon and run her cattle.

We are very proud of Amber and all of her accomplishments.
11 July 1st    The Forever Purge
            Boss Baby: Family
            Business
            Summer Soul

July 9th    Black Widow

July 16th  Escape Room 2
            Die in a Gun Fight
            Space Jam: A New Legacy

July 23rd  Snake Eyes
            Old

July 30th The Green Knight
            Jungle Cruise
            Stillwater

Pick up your bag of popcorn at Fox Peak Station for only $5
All Pre-Covid releases still only $1

Adult evening shows: $10.00
Children (under 12) are $7.25
Seniors / Military: $8.25

Matinee (before 6pm): $7.25
Classic Shows: $1.00
Call for showtimes: 775-423-7099
GRIEF & LOSS GROUP

Help & encouragement after the death of a family member, friend, or co-worker in addition to other losses that one may experience in life. (COVID related or any other loss.)

Facilitator: Susan Stark, LCSW/Family Therapist
FTHC-BEHAVIORAL HEALTH
999 Rio Vista Drive-Circles of Care Building
July 2 & 16, 2021 5 pm to 7 pm
Mental Health Program
Assessments, Psychiatric & Therapy Services
Dr. Sonny Ruckstuhl, Clinical Psychologist, available Mondays & Tuesdays. Dr. Steven Rubin, Psychiatrist, available Wednesdays.

Ellen Johnson, MA, LMFT, LCADC is a licensed marriage and family therapist as well as a licensed clinical alcohol & drug counselor. Ellen is available for therapy services on Thursdays (all ages).

For an appointment with Dr. Ruckstuhl, Dr. Rubin, Dr. Adamson or Ellen Johnson, contact Medical at 423-3634.

Susan Stark, MSW, LCSW, is a full-time licensed clinical social worker. She provides individual, group and family therapy for youth ages 12-25. For an appointment contact Brenda at 423-3634, ext. 1040.

Substance Abuse Program (SAP)
Assessment & Outpatient Treatment
Ronnie Dixon, Substance Abuse Counselor as well as a Veteran, horseman and buckaroo. Ronnie (Temoak, Elko Band) is an LADC and has served tribal communities for 26+ years.

Cynthia Wachsmuth, Recovery Support Coach. She is also a part-time Certified Alcohol and Drug Counselor Intern.

Brenda Hooper, Behavioral Health Assistant. For an appointment contact her at 423-3634, ext. 1040.

A farewell and best wishes goes out to Debra Erickson who resigned from her position as Family Coordinator. She accepted a position at another agency. The position is currently vacant.

For questions regarding services or activities contact Leslie Steve, MA, LADC, Director of Behavioral Health at 423-3634 ext. 1032.

Tribal Opioid Response Project (TOR)
Kim Adamson, MD, provides Medication Assisted Treatment (MAT) for patients with Opioid Use Disorders and individuals receiving pain management. Dr. Adamson, a NV Licensed Physician is available for MAT and Pain Management services on Fridays.

The TOR offers Opioid Overdose Education to FPST staff and community members and provides Narcan kits to reverse potential opioid overdoses. Contact Leslie Steve about how to get a Narcan kit.

Circles of Care Project.
Kathryn Wright, Ph.D. Project Manager
Hannah Arthur, Community Coordinator
For more information see the website: https://circlesofcarefpst.org/, and on Facebook at: www.facebook.com/circlesofcarefallonlovelockyomba.

The Fallon, Lovelock & Yomba Wellness
Community (FLY Welcom) Circle (formerly known as the Tribal Advisory Committee or TAC)
The next meeting will meet on 7/15/21 from 12noon to 1:30 p.m. at the COC building or via Zoom & Facebook Live. Community members are welcome to attend, listen and have a voice in making improvements in mental health and substance abuse treatment. We need to hear from you. Contact Hannah Arthur at 423-3634 to receive the Zoom link to the meeting.
Even though Hilda James passed away in December, most people were unaware of this. We strongly believe her life needed to be acknowledged along with all of her contributions to our community.

**Messages and memories:**

Cynthia Wachsmouth: “Maybe you thought you were never really seen that if you left this world quietly that no one would notice. Maybe you thought you could just slip away; whatever the case my friend, mentor, and elder, you are missed. Your meek and mild manner, your words of wisdom, and your quiet laughter that reminded me of a hummingbird because your voice made a small buzz in our busy days. You Hilda, are missed. May your wisdom and spirit be carried with us as we remember you. “

Leslie Steve: “Hilda, may you know on the other side that you were loved by many and that it was an honor to know you. Whenever I ran into you, it always made my day to see your smile and hear your voice. Thank you for being my friend. I will miss you.”

Brenda Hooper: “As a young lady I do remember when you would come out to the Reese River Valley and shine your light... You called the people of the valley, Mountain People... and You would say this with a big smile... “

Hilda’s contributions to our tribal community and her caring and calm spirit will always be remembered and cherished.
Steps to Self-Care

Restoring balance in our life requires dedication and practice. Incorporating a dose of self-care into our daily habits can have a strong impact on our mental health. Everyday take a moment (or more) to take care of yourself.

- **Exercise**: Exercising 3 days a week decreases stress, increases energy levels and improves happiness.
- **Eat Healthy**: People who eat meals high in vegetables, fruits, whole grains, fish and nuts are 30% less likely to develop depression.
- **Sleep**: 40% of adults sleep less than the recommended 7 to 9 hours a night. Sleep plays a major role in our overall health – improving emotional regulation and management of anxiety.
- **Time Off**: 64% of people feel refreshed and excited to get back to work after a vacation.
- **Get Outside**: On average, Americans spend 93% of their time indoors – get outside – nature and sunlight improves our mood, restores the spirit, and improves focus and clarity.
- **Laugh**: Laughter increases the release of “feel-good” endorphins and can lower blood pressure.
- **Practice Mindfulness**: The practice of pausing, breathing, and just “being” is essential to our well-being and mental health, helping us reduce stress, worry less and enhance feelings of resiliency.
- **Talk with a Friend**: Close social relationships improve our self-confidence, and help us cope with ups and downs in life.

For mental health resources visit EachMindMatters.org

National Suicide Prevention Lifeline: 1.800.273.8255

Fallon Tribal Health Center/Behavioral Health Program
(775) 423-3634

Fund by counties through the Mental Health Services Act (Prop 63).
FIREWORKS are often used to mark special events and holidays. The only safe way to view fireworks is to attend a professional show. With many professional firework shows being canceled this year, it is important to know that fireworks are not safe in the hands of consumers. Fireworks cause thousands of injuries each year.

A few ideas to get into the patriotic spirit, without fireworks:
1. Use glow sticks, they glow in the dark and are a safe alternative to a sparkler. Fun for all ages.
2. Loud and proud. Noise makers are sure to make a statement. They can be found at local party supply stores or make your own.
3. Outdoor movie night. Set up a screen and projector. Don't forget the bug spray!
4. Red, white and blue silly string…fun for all ages.
5. Make a patriotic craft with the family.
6. Throw a birthday party for the USA, and don't forget the cake.

FACTS

- More than 19,500 reported fires are started by fireworks annually.
- Burns account for 44% of the 9,100 injuries treated in emergency rooms seen in the month around July 4.
- Half of the fireworks injuries seen at emergency rooms were extremities: hand, finger, or leg. One-third were to the eye or other parts of the head.
- Children ages 10–14 had the highest rate of fireworks injury, with more than one-third (36%) of the victims of fireworks injuries under age 15.
- Sparklers account for roughly one-quarter of emergency room fireworks injuries.

Fireworks Safety for pets

Keep your pets secured INSIDE your home. Even dogs in fenced yards find ways to escape the scary sounds.

Give them a safe place to hide. Set up a comfortable room or crate in your house just for them.

Use ambient noise to mask the noise. A radio or TV playing comforting music works well.

Update their IDs & microchips (just in case).

Skip the celebration and stay home with them. Sometimes your presence makes all the difference.

Keep them busy. Treat toys, like Kongs, can help distract them during the display.

thatpetplace.com
What’s The Best Way to Cook Corn on the Cob for a Crowd?

- Clean picnic cooler
- Cleaned and shucked corn on the cob
- 2 or 3 kettles of boiling water
- Margarine to taste
- Salt to taste

1. Wipe the inside of the cooler clean, then add the shucked ears
2. Carefully pour two or three kettles-full of boiling water over the corn and close the cooler lid
   (No Peeking)
3. In about 30 minutes, your corn will be perfectly cooked and will remain at the perfect level of doneness for a couple hours. It will stay warm in the cooler for up to 3 hours as long as you don’t open the lid.
4. Butter and salt your corn on the cob as you normally would
Carefully cut the watermelon in half

Place one of the halves flat-side down on the cutting board. Cut the half into slices about 1-inch thick.

Carefully, rotate the watermelon 90 degrees and, again, cut slices about 1-inch thick.

This will create a criss-cross pattern. Repeat this process with the other watermelon half.

Pull the pieces apart and you’ve got watermelon sticks! They’re great for a pretty fruit platter or to skewer for a fun, fruity snack.

ENJOY!!
July 2021

**July 15** - Open House @ the Library- Thursday– 6 p.m.—8:00 p.m.
Drop by to see what’s new and socialize with staff, board members, and friends. Refreshments will be served.

**Summer Reading Program** - Monday –Friday– 9 a.m.—6 p.m.
- Grab and Go Activities
- Self Directed Activities
- Reading Logs
- Books to Keep

**After Work Family Time** - Tuesdays 5:00-5:45 p.m.
Stop in for an activity to do with your children

**Story Time**—Every Wednesday and Thursday—11 a.m.

**Art Exhibit** - Churchill County Middle and High School Art Students

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**Editor's Note**

Due to the unpredictable nature of the COVID-19 pandemic, some of the activities listed in the newsletter may have capacity limits, mask requirements and/or other restrictions.

We recommend checking in with each location, agency and/or organization ahead of time.
Carrie Lynn Gonzales

For many students returning to school to receive their high-school diploma, it’s receiving a second chance in life. For students like Carrie Gonzales and Braden and Julio Castillo, their support systems gave them the incentive to persevere and earn another opportunity.

They, along with five other students, received their diplomas in-person Thursday at the Adult Education graduation ceremony at the Churchill County High School theater. A total of 17, however, completed their requirements. Gonzales said it took her several times to complete her graduation requirements, but her family continued to stand by her. “I really wanted to change my future and do something for my children,” said the mother of five. Although she encountered major setbacks, she said that part of her life is over. “Thank you for never giving up on me,” she said, holding back tears. Gonzales said her plans include taking a college class this summer, and eventually, she would like to become a drug abuse counselor to help others.
My name is Kathy Puceta and I have recently been hired as the Outreach and Enrollment Specialist for the Connecting Kids to Coverage grant for Fallon Tribal Health Center. The purpose of the program is to enroll eligible children and their parents in Medicaid and/or Nevada Check Up (Nevada’s version of CHIP) and to ensure prompt and accurate re-enrollment. This program includes providing services to the Lovelock and Yomba Tribes. Denise Harrison, Benefits Coordinator, is my guide and mentor.

A little about me: I have lived in Fallon for about 7 years and I have a small ranch (Mini Glaciers Ranch) with 10 miniature horses and 4 cats. Although I was born and raised on the east coast, I have lived in the west for more than half of my life. By training, I am a psychologist, and I specialized in working with children and families. Since moving to Fallon, I have considered myself “semi-retired,” while holding a variety of jobs including teaching at WNC, substitute teaching, contracting with the Duckwater Shoshone Tribe to provide a variety of services, counseling at NAS Fallon and now here at the Fallon Paiute Shoshone Tribe. I am excited about this new opportunity.

As your department plans upcoming events involving children and families, I’m available to assist with planning, coordinating, and participation in these activities. Hopefully, as your department travels to Lovelock and Yomba, you’ll allow me to travel with you as I get to know the health care providers in each of these areas.

I can be reached at the health clinic, (775)423-3634 or by email oespecialist@fpst.org.
First-ever Hantavirus case confirmed in Douglas County

A rare case of Hantavirus Pulmonary Syndrome was reported Tuesday in Douglas County.

Carson City Health and Human Services reported the case, the first of its kind in Douglas County and only the 14th case reported in Nevada outside of Clark County since 2005.

Hantavirus Pulmonary Syndrome is a severe and sometimes fatal respiratory disease in humans caused by an infection with hantaviruses.

Hantaviruses are spread by certain species of rats and mice that shed the virus in their urine, droppings and saliva.

Early symptoms of hantavirus infection include fatigue, fever and muscle aches. These symptoms may be accompanied by headaches, dizziness, chills, nausea, vomiting, diarrhea and abdominal pain. Later symptoms include coughing and shortness of breath.

The virus is not spread from person to person.

CCHHS reminds everyone to protect themselves from hantavirus exposure by taking the following safety precautions:

- Seal openings that may allow rats and mice to enter homes and workplaces.
- Remove brush, woodpiles, trash and other items that may attract rats and mice.
- Tightly close garbage cans, pet food containers and other food sources.
- Before cleaning up nests or droppings found inside, open windows and doors to ventilate the area for at least 30 minutes.
- If any dust will be stirred up, goggles and HEPA or N-95 masks are recommended.
- Wear protective gloves to handle dead mice and rats or clean up nesting areas, urine or droppings.
- Do not stir up dust by sweeping or vacuuming. Dampen areas before clean up with either a 1-10 bleach water mixture of another effective disinfectant, to eliminate dust and begin inactivating the virus. After 30 minutes, apply the viricide again and immediately begin the cleaning process.
- Use the same viricide and apply to dead rodents, nests, urine, and droppings before cleaning, with the same 30—minute interval.
Instead of telling you a ghost story around a summer campfire, we have an all-too-familiar tale to share: Myra’s grandson, Jon, is in Mexico for the summer. They video chat every week. One day, Myra gets a call from someone who says he’s Max, a friend of Jon’s: “He was arrested last night and needs $500 for bail.” Max says the police took Jon’s passport, so he’ll need another $700 to get it back. He says not to tell Jon’s parents or anyone else because Jon is embarrassed.

Myra is scared at first — but she’s heard a thing or two that makes her suspicious. So she thanks “Max” for his concern, hangs up, and calls Jon right away. Jon, it turns out, is on his way to class, not in jail. And “Max” is nothing but a scammer.

Family emergency scams like this try to scare people into sending money to help a loved one in trouble. The fraud can play out in many ways, but the hustle is the same: the caller lies, tries to scare you, and rushes you to pay so you don’t have time to think twice or check things out before you send money. And once you do that, you’ll never get it back.

To avoid family emergency scams:

- **Resist the urge to act immediately** — no matter how dramatic the story is.
- **Call or message your loved one** who (supposedly) contacted you. Even though the caller says not to. But use a number you know is right, not one the caller gives you.
- **Never send cash, gift cards, cryptocurrency, or money transfers.** Once the scammer gets the money, it’s gone!
Head Coach Anthony Berreman, a Fallon Paiute Shoshone Tribal member put together a team to attend the 2nd Annual Native American Jr. Nationals on June 25-27th, 2021. The Team name is Battle Born who came up short but made the final four. On behalf of Team Battle Born we would like to thank The Fallon Business Council for their sponsorship. The four tribal youth members of the Fallon Paiute Shoshone Tribe names are: Koa Nihoa, Andrew Shultz, Nolan Berreman, and Koda Bartlett. They represented our tribe and they look forward to going to next years tournament as well. Thanks again to everyone for their support.
JOIN Inc. is committed to helping you find a job and start your career. We are a community benefit organization that provides qualified Nevadans with access to free educational and occupational training programs that lead to a successful career, leaving you debt-free!

Here are some of the services we offer:

- **CAREER EXPLORATION**
  Determines career interests and aptitudes.

- **CAREER GUIDANCE**
  Individual training plans, unique to you.

- **TRAINING**
  Skill-specific training that results in licensure, certification or accreditation.

The list of possible career training courses is endless, ranging from accounting to welding and everything in between. JOIN Inc. focuses on "in-demand" occupations in northern Nevada in industries such as Construction, Healthcare, Manufacturing & Logistics, Information Technology, Tourism, and Entertainment.

Find an office close to you:

- RENO
- CARSON CITY
- ELKO
- ELY
- FERNLEY
- WINNEMUCCA
- FALLON

**WWW.JOIN.ORG**

For over 45 years, JOIN Inc. has provided quality results for workforce demand issues, demonstrating the ability to customize solutions to meet the unique needs of both career seekers and employers in urban and rural communities across Nevada.
JOIN Inc. can assist COVID-19 impacted career seekers and dislocated workers in obtaining skills necessary to find livable wage employment in the New Nevada.

Through JOIN Inc., career seekers can:

- engage in career exploration to discover a well-paid and well-suited career path
- receive tuition assistance for training programs
- get paid on-the-job training in an industry of their choice
- freshen up on digital and employability skills such as resume building, interview techniques and more!

Call JOIN Inc. at **775-575-1222**

to schedule your appointment today!

Visit [www.join.org](http://www.join.org) to learn more.
As the population in the Western United States continues to grow, 72 percent of these states are experiencing a considerably “severe” drought, including 26 percent experiencing exceptional drought, the worst drought in the region in 1,200 years.

As Changing America previously reported, the drought could affect about 2 million California residents, as well as those who depend on the Colorado River and Lake Mead, both of which serve Nevada and Arizona, specifically Las Vegas and Phoenix. Now Utah is also being considered a casualty of the drought, as Gov. Spencer Cox (R-Ut.) asked his constituents to pray for water during a wildfire on Bennion Creek. But rain does not appear to be in the forecast for some time this summer.

This year is set to be the worst drought in the West since 1977, Ernest Conant, director of the Mid-Pacific Region of the Bureau of Reclamation, told NBC News. Before that, the second driest year took place 1,200 years ago.

Las Vegas has already been preparing for a drought of this magnitude for the past 20 years, but the effort has not been good enough.

"It isn't sneaking up on us," John Entsminger, the general manager of the Southern Nevada Water Authority, said. "Since 2002, our population has increased close to 50 percent, about 750,000 people in the last 19 years or so, and over that same time our aggregated depletions from the Colorado River have gone down 23 percent."

In Entsminger’s assessment, “Is this a drought, or is it just the way the hydrology of the Colorado River is going to be?”

The question is coming up as some wonder if there is a livable future for those on the West Coast.

The Las Vegas metropolitan area is home to 2.2 million people, and more than 4 inches of rain is required to be a good year, NBC News reported.

Lake Mead is sources about 90 percent source of Las Vegas’s water from the reservoir on the Colorado River.

The heat wave also presents a challenge for people dependent on the electrical grid, as some utilities are expected to blackout this summer. It also could have an effect on food — fewer crops means less produce like vegetables and meat.
Churchill County Aquatic Center
Session & Program Schedule

**Summer 2021**
Check out our Water Workouts this Season!
Beginning June 7th, 2021

<table>
<thead>
<tr>
<th>Monday</th>
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<th>Wednesday</th>
<th>Thursday</th>
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<td>Active Wave</td>
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<td>Level 3, 4, 5</td>
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We are closed on Sundays (Pool Rentals are available during closed hours)

**Daily Admission**
Youth <5: $2.00  Youth/Senior/Disabled: $3.00  Adults: $4.00  Family: $12.00

**Punch Passes for 20 Swims**
Adult: $65.00  Youth/Senior/Disabled: $45.00

**Aquasize**
Wave Classes: $5 Drop-In, $35 (8 classes), $50 (12 classes) / Take Away the Aches: $3 Drop-In, $22 (8 classes)

**Swim Lessons**
Monday & Tuesday, 6 Week Sessions, 30 minute classes, $30 per session

For additional information please call (775) 423 - 7091
333 Sheckler Road, Fallon, Nevada 89406

Churchill County is an equal opportunity employer & provider
There are three positions open with Inter-Tribal Council of Nevada, Fallon/Stillwater Head Start for the 2021-22 school year.

For interested, applicants please contact ITCN 775-355-0600 as soon as possible.

Mail your application to:
   ITCN Personnel
   PO Box 7440
   Reno, NV  89510
With required attachments.

LEAD TEACHER
Full-Time
$12.40 – 17.44 DOE

JOB SUMMARY:
Responsible for overall classroom and center operations. Including planning and record keeping, carrying out activities, engaging families, maintaining the classroom facilities, supervising children, parent/teacher conferences, classroom volunteers as well as mentoring other staff at site.

TEACHER ASSISTANT
Full-Time
$9.31 – 13.75 DOE

JOB SUMMARY:
Responsible for overall classroom and center operations. Including planning and record keeping, carrying out activities, engaging families, maintaining the classroom facilities, supervising children, parent/teacher conferences, classroom volunteers as well as mentoring other staff at site.

FAMILY SERVICE PARTER
Part-Time (4 hours)
$9.25 – 13.75 DOE

JOB SUMMARY:
Responsible for providing Family Support Services, including implementing, coordinating, and engaging families in the process; providing direct case service management services to families enrolled in the ITCN program in accordance with Head Start Performance Standards. This position is under the supervision and evaluated by the Head Start Lead Teacher, in collaboration with the Family Service Manager.
SOCIAL DISTANCING – TRIBAL POINTS-OF-CONTACT

We are encouraging our tribal members and residents to stay at home as much as possible with the coronavirus situation in the country. We know that you have tribal business that needs to be done but a lot of these items can be done either by phone or by email. So before you come in please try to phone or email the points-of-contact below to see if we can get your issue addressed without coming into a building. Your phone call or email will be answered by the individual or referred to the appropriate person and they will get back in touch with you as soon as possible. Thank you.

<table>
<thead>
<tr>
<th>Program Area</th>
<th>Point-of-Contact</th>
<th>Email</th>
<th>Phone Numbers</th>
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<tr>
<td>ADMINISTRATION</td>
<td></td>
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</tr>
<tr>
<td>Primary Contact</td>
<td>Chairman Moyle</td>
<td><a href="mailto:chairman@fpst.org">chairman@fpst.org</a></td>
<td>775-423-6075</td>
</tr>
<tr>
<td>Primary Contact</td>
<td>Secretary Dyer</td>
<td><a href="mailto:secretary@fpst.org">secretary@fpst.org</a></td>
<td>775-426-8635</td>
</tr>
<tr>
<td>Primary Contact</td>
<td>Treasurer Allen</td>
<td><a href="mailto:fbctreasurer@fpst.org">fbctreasurer@fpst.org</a></td>
<td>775-423-6075</td>
</tr>
<tr>
<td>Primary Contact</td>
<td>Sandra Hicks</td>
<td><a href="mailto:grantsofficer@fpst.org">grantsofficer@fpst.org</a></td>
<td>775-423-6075 ext.1021</td>
</tr>
<tr>
<td>Primary Contact</td>
<td>Vacant</td>
<td></td>
<td>775-423-6075 ext. 1011</td>
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<tr>
<td>COMMUNICATIONS</td>
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<tr>
<td>Primary Contact</td>
<td>Jill Wright</td>
<td><a href="mailto:tribalnews@fpst.org">tribalnews@fpst.org</a></td>
<td>775-423-6075</td>
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<tr>
<td>VICTIM SERVICES</td>
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<tr>
<td>Primary Contact</td>
<td>Michelle Bowers</td>
<td><a href="mailto:victimservices@fpst.org">victimservices@fpst.org</a></td>
<td>775-427-0985</td>
</tr>
<tr>
<td>HOUSING AUTHORITY</td>
<td></td>
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<tr>
<td>Primary Contact</td>
<td>Jennifer John</td>
<td><a href="mailto:housingdirector@fpst.org">housingdirector@fpst.org</a></td>
<td>775-426-8229</td>
</tr>
<tr>
<td>SENIOR CENTER</td>
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<tr>
<td>Primary Contact</td>
<td>Jenevie Lucero</td>
<td><a href="mailto:Elder1@fpst.org">Elder1@fpst.org</a></td>
<td>775-423-7569</td>
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<tr>
<td>TRIBAL RESOURCES</td>
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<tr>
<td>Primary Contact</td>
<td>Leanna Hale</td>
<td><a href="mailto:landwaterdir@fpst.org">landwaterdir@fpst.org</a></td>
<td>775-423-3725</td>
</tr>
<tr>
<td>COMMUNITY LEARNING CENTER</td>
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<tr>
<td>Primary Contact</td>
<td>Rochanne Downs</td>
<td><a href="mailto:clcdirector@fpst.org">clcdirector@fpst.org</a></td>
<td>775-427-0991</td>
</tr>
<tr>
<td>HEALTH CENTER</td>
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<tr>
<td>Health Administration</td>
<td>Jon Pishion</td>
<td><a href="mailto:fthcdirector@fpst.org">fthcdirector@fpst.org</a></td>
<td>775-423-3634, ext. 1029</td>
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<td>775-217-9078</td>
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<tr>
<td>Medical &amp; Laboratory</td>
<td>Gracie Booth</td>
<td><a href="mailto:medical8@fpst.org">medical8@fpst.org</a></td>
<td>775-423-3634, ext. 1050</td>
</tr>
<tr>
<td>Dental Services</td>
<td></td>
<td><a href="mailto:dentalreceptionist@fpst.org">dentalreceptionist@fpst.org</a></td>
<td>775-423-3634, ext. 1016</td>
</tr>
<tr>
<td>Optical Services</td>
<td>Leneva George</td>
<td><a href="mailto:opto1@fpst.org">opto1@fpst.org</a></td>
<td>775-423-3634, ext. 1017</td>
</tr>
<tr>
<td>Pharmacy</td>
<td>Tim Brown</td>
<td><a href="mailto:chiefpharmacist@fpst.org">chiefpharmacist@fpst.org</a></td>
<td>775-423-3634, ext. 1872</td>
</tr>
<tr>
<td>Wellness Center</td>
<td>Christina Baldwin</td>
<td><a href="mailto:diabetescoord@fpst.org">diabetescoord@fpst.org</a></td>
<td>775-423-2220</td>
</tr>
<tr>
<td>Benefits Office</td>
<td>Denise Harrison</td>
<td><a href="mailto:benefits2@fpst.org">benefits2@fpst.org</a></td>
<td>775-423-3634, ext. 1026</td>
</tr>
<tr>
<td>Patient Registration</td>
<td>Tamika Fasthorse</td>
<td><a href="mailto:patreg2@fpst.org">patreg2@fpst.org</a></td>
<td>775-423-3634, ext. 1025</td>
</tr>
<tr>
<td>CHR Program</td>
<td>Linda Noneo</td>
<td><a href="mailto:chrsup@fpst.org">chrsup@fpst.org</a></td>
<td>775-423-3634, ext. 1039</td>
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<td>775-427-0977</td>
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<tr>
<td>Medical Records</td>
<td>Lani Miguel</td>
<td><a href="mailto:medrecsup@fpst.org">medrecsup@fpst.org</a></td>
<td>775-423-3634, ext. 1024</td>
</tr>
<tr>
<td>PRC Office (referrals)</td>
<td>Juanita George</td>
<td><a href="mailto:chs@fpst.org">chs@fpst.org</a></td>
<td>775-423-3634, ext. 1030</td>
</tr>
<tr>
<td>Behavioral Health</td>
<td>Brenda Hooper</td>
<td><a href="mailto:bhaassistant@fpst.org">bhaassistant@fpst.org</a></td>
<td>775-423-3634, ext. 1032</td>
</tr>
<tr>
<td></td>
<td>Leslie Steve</td>
<td><a href="mailto:mhsadirector@fpst.org">mhsadirector@fpst.org</a></td>
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<tr>
<td>PUBLIC SAFETY</td>
<td>Emergency Management</td>
<td><a href="mailto:emd@fpst.org">emd@fpst.org</a></td>
<td>775-423- 8848</td>
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<tr>
<td>Tribal Police</td>
<td></td>
<td><a href="mailto:chiefofpolice@fpst.org">chiefofpolice@fpst.org</a></td>
<td>775-423-8848</td>
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<td>PUBLIC WORKS</td>
<td>Water/Sanitation</td>
<td><a href="mailto:publicworks@fpst.org">publicworks@fpst.org</a></td>
<td>775-427-9954</td>
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<tr>
<td>Environmental</td>
<td>Richard Black</td>
<td><a href="mailto:richenviro@fpst.org">richenviro@fpst.org</a></td>
<td>775-423-0590</td>
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<td>Judicial Services</td>
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<td>775-423-8833</td>
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<td>YOUTH &amp; FAMILY SERVICES</td>
<td>Social Services</td>
<td><a href="mailto:ssdirector@fpst.org">ssdirector@fpst.org</a></td>
<td>775-423-1215</td>
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<td>Vocational Rehab.</td>
<td><a href="mailto:vrm@fpst.org">vrm@fpst.org</a></td>
<td>775-428-2250</td>
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Toi-Ticutta

Wellness Center

Hours of Operation Changes

Starting Friday June 18, 2021

The Wellness Center will now be open from 5:00a.m.-5:00p.m. on Fridays only.

Monday-Thursday will remain 5:00a.m.-8:00p.m.

The Wellness Center will be open on weekends starting June 19, 2021

Saturdays from 8:00a.m.-4:00p.m.
Sundays rom 8:00a.m.-12:00p.m.

Come on in and meet our new weekend trainer
Monika New Moon.