



# NUMA NEWS

Spreading Love and Cheer



*L-R; Sherry Taylor, RN, BSN, LaCarrie McCloud, Senior Center Head Cook and Vickie Mendoza, Senior Center Activities Facilitator*

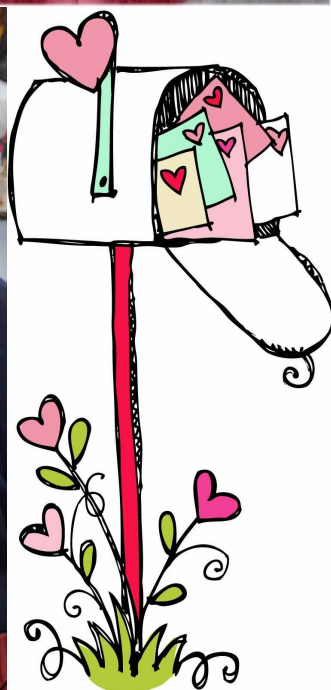
*By Jill Wright [tribalnews@fpst.org](mailto:tribalnews@fpst.org)*

In celebration of Valentine's Day, the Stillwater Senior Center hosted a Valentine's Day Party which was held on Tuesday, February 14. Many dressed in their favorite red & pink sweater, dress or hat. The party included a spaghetti luncheon, a wide selection of raffle prizes, desserts and plenty of music. Talented musician Kevin Brady performed and played a cathartic mix of songs from a few classic love songs to upbeat pop tunes.

Staff members Sherry Taylor, Vickie Mendoza and LaCarrie McCloud flashed heart shaped hand gestures as they honored and served everyone who attended the event. To know and to love people and to remember the legacy and the impact we're going to leave in people's lives shows in everything the staff does. They did a great job.

The benefits of coming to the center are numerous, but they start with community. It is a place that give purpose, connection and love. Thank you Stillwater Senior Center Staff for thinking of us this Valentines Day.

# Happy Valentines Day





# TRIBAL FARMLAND LEASE OPPORTUNITY

*Fallon Paiute-Shoshone Tribal farmlands are available to lease for six year agricultural purposes FPST will be accepting closed bids beginning Wednesday, March 1, 2023 at 8:00 a.m. and will close on Tuesday, March 14, 2023 at 3:00 p.m. Bid packets will be available at the FPST Land & Water Resources Department located at 8820 Mission Road. The individual submitting a bid(s) must be a FPST Tribal member in good standing with the Fallon Paiute-Shoshone Tribe and shall not have any outstanding debts.*

*For more information, contact Leanna Hale, Land & Water Resources Director, at 775-423-3725*

*2/28/23*

# SAVE THE DATE!!

## 23rd Annual Earth Day Celebration

“One Earth, One Chance”



## Saturday, April 22, 2023

Volunteers \* Educators \* Arts/Crafts \* Food \* Vendors

You are invited to join us for a wonderful day of fun, learning, and sharing at our Annual Earth Day Celebration. This community event is scheduled for 10 am - 2 pm at Oats Park in Fallon, NV on Saturday, April 22, 2023. A detailed official poster will be posted once the full events schedule and venue have been finalized.



Hosted By the Fallon Paiute-Shoshone Tribe  
Environmental Protection Department  
To volunteer, set up a booth, or for more information call  
(775)423-0590 or email [ileana@enviro@fpst.org](mailto:ileana@enviro@fpst.org)



[www.facebook.com/FPSTEPD](https://www.facebook.com/FPSTEPD)

# 23rd Annual Earth Day

## Poster Contest

### “One Earth, One Chance”

DEAD-  
LINE  
MARCH  
22nd!



We are accepting artwork that reflects the theme of this year’s Earth Day Event for our annual Poster Contest, "One Earth, One Chance." We only have this one Mother Earth, and this life is our chance to make a difference.

1st place winners of the poster contest will have their artwork displayed on t-shirts and other promotional material for the Earth Day events. Prizes will be awarded for 1st and 2nd place in each age category! Age categories are 5-10, 11-16, and 17+. The 1st place prize is \$50, and 2nd place prize is \$25.

All posters must be submitted to Ileana Valenzuela at the Community Learning Center at 1011 Rio Vista Drive by March 22, 2023 by 4 p.m. to be eligible for the



Hosted by the Fallon Paiute-Shoshone Tribe Environmental Protection Department

If you have any questions or would like to volunteer for any of this year’s Earth Week activities give us a call at (775) 423-0590 or email [ileanaenviro@fpst.org](mailto:ileanaenviro@fpst.org).

*Congratulations Aristotellis*



Aristotellis Karibinis is one of our successful young tribal members residing in Las Vegas. He just joined the Marines and will be graduating boot camp on April 14. I was fortunate enough to meet him while I was traveling to Phoenix. He wanted to meet his Tribal Chairman, so we arranged to meet in Vegas for a while. I was impressed with his education and his desire to pursue a career in the military. He is the son of Regina Lewis & Sam Karabinis, great grandson of the late Evelyn Works. Since I've been here, while doing checks, I always loved this name and wished to ever meet this person, and I did! Now I can say his name correctly.

Wishing you happiness today, tomorrow, and always!



# STOP THE SPREAD

Take everyday preventive actions to help stop the spread of flu viruses!

#FIGHT FLU



# **Public Meeting**

**Thursday, March 23, 2023**

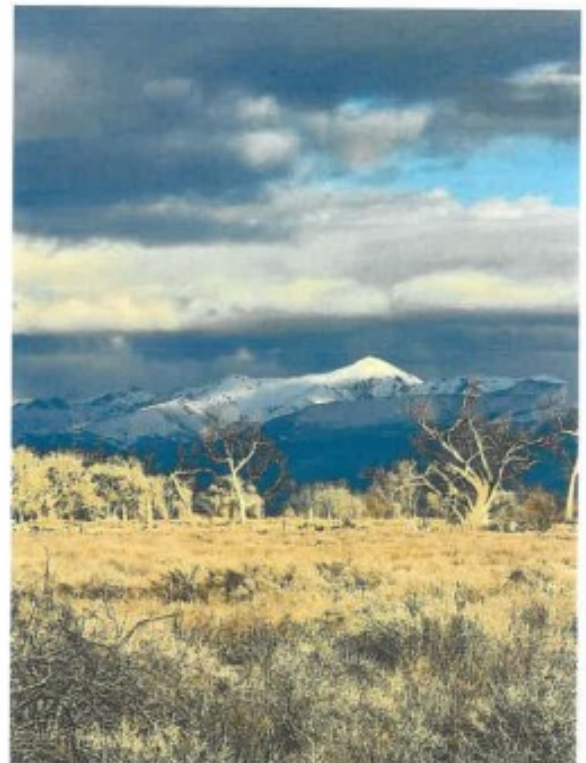
**6:00 p.m.**

## **Tribal Administration Chambers**

This is a great opportunity for our Tribal Members & the community to come together with our Ziontz Chestnut Tribal Attorneys & staff who will summarize the components of the recently passed National Defense Authorization Act (NDAA) as it relates to the Fallon Paiute Shoshone Tribe.

There are copies of sections of the NDAA at the front counter at the Administration Building for your review.

**Refreshments to be served!**





**FALLON PAIUTE  
SHOSHONE TRIBE**



*2023 Easter Egg Hunt*

**APRIL 9TH**

**8955 MISSION ROAD**

*Community Breakfast*  
Stillwater Senior Center  
1885 Agency Road  
7:30-8:30 AM

*Family 5K Fun Run*  
Wellness Center  
Registration 8:30 AM  
Starts at 9:00 AM

*Easter Egg Hunt*  
Special Events  
Field behind Wellness Center  
Start Time: 10 AM Sharp

*Bring your entire family and have an egg-citing time*



*1st, 2nd & 3rd Prizes for each category*

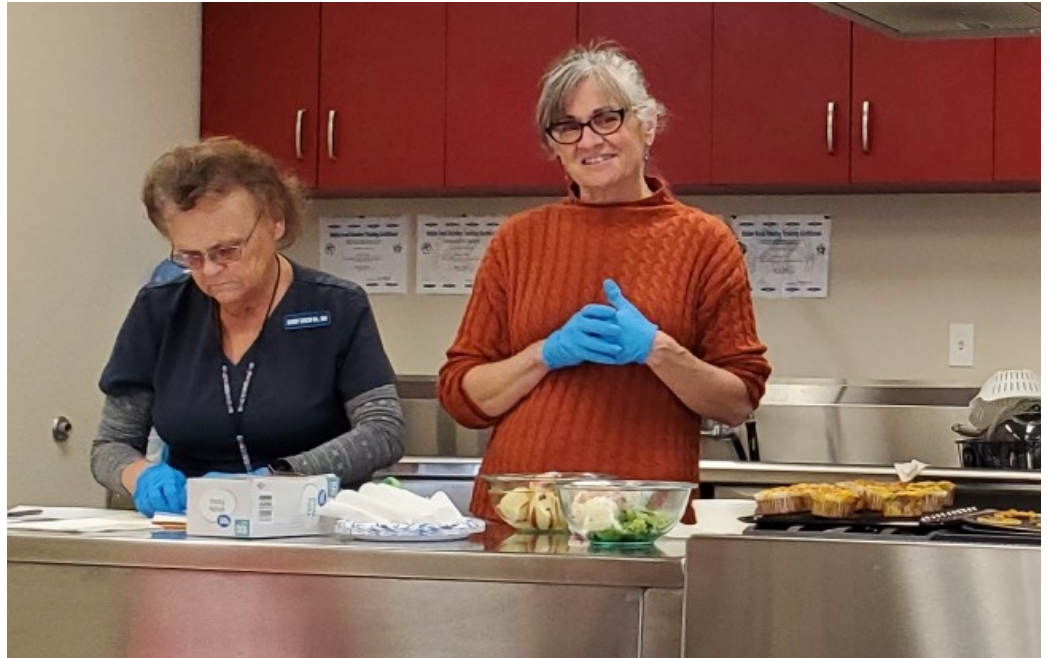


# Healthy Bites with Sherry & Laurie

By Jill Wright [tribalnews@fpst.org](mailto:tribalnews@fpst.org)

The FPST Wellness Center promotes health through incorporating healthy meals to help our tribal community make healthy decisions.

On Wednesday, February 15, Sherry Taylor and Laurie Bissett held a Healthy Bites Class and prepared healthy snacks as their focus is encouraging people to make small changes in their lives which lead to big results. They shared with the class some of their favorite tips of eating wisely which helps prevent chronic diseases like obesity, heart disease, high blood pressure, and Type 2 diabetes. It is one of the most powerful tools we have to reduce the onset of disease. They taught how to plan for meals ahead of time, how to select healthy recipes and preparing meals healthfully.



*L-Sherry Taylor, RN/BSN & Laurie Bissett RD, prepare breakfast bites for attendees*

March is an exciting time for our dietitians because its National Nutrition Month which was created 50 years ago. Everyone is invited to learn about making informed food choices and developing healthful eating habits. Watch for details as they plan to have a dietician present an informative program for you on March 22, 2023.

Diabetes Cooking Demonstration  
Monthly Lunch and Learn

MARCH 22, 2023  
11 a.m.-12:00 p.m.  
8929 Mission Road

**Spring**

"HAVE YOUR CAKE  
AND EAT IT TOO"  
Adventures in Food

Laurie Bissett RD  
Sherry Taylor RN, BSN



*Healthy Bites Class at Wellness Center*



# WESTERN SHOSHONE EDUCATION TRUST FUND



## SCHOLARSHIPS

### APPLICANT REQUIREMENTS:

- Must be a Western Shoshone member (means an individual who appears on the judgment roll of the Western Shoshone Claims Distribution Act; **OR** a lineal descendant of an individual appearing on that roll).
- Must be accepted and attending as a full-time student.
- Must be attending an accredited institution for a Associate or Bachelors degree OR attending a Certified Vocational/Technical training institution (we only fund an initial degree/certificate and we do not fund graduate degrees)
- Must maintain a term GPA of 2.0 to be eligible for continued funding

**ANNUAL  
DEADLINES:**

**January 15th - SPRING  
June 15th - FALL**

For more information and forms please go to:  
**[westernshoshoneeducationtrustfund.com](http://westernshoshoneeducationtrustfund.com)**

## IAC Pacific Technical Assistance Specialist meets with Fallon Tribe

By Jill Wright [tribalnews@fpst.org](mailto:tribalnews@fpst.org)

The Intertribal Agriculture Council (IAC) was founded in 1987 to pursue and promote the conservation, development and use of our agricultural resources for the betterment of our people. Land-based agricultural resources are vital to the economic and social welfare of many Native American and Alaskan Tribes. The IAC has over the last decade become recognized as the most respected voice in Indian Country and government circles on agricultural policies and programs in Indian country.

On February 8, Ginny M. Hatch, IGC Pacific Technical Assistance Specialist-Nevada met with Chairman Williams Tuni, Tribal Secretary Margot Dyer and Council Member Philip Johnson in the Council Chambers from 10 am to 3pm, as she shared information about Intertribal Agriculture Council, Indigenous food sovereignty and community lead projects.

She also met with tribal employees and interested tribal members and answered questions about available assistance. She looks forward to supporting and providing technical support to tribal governments, farmers, ranchers, and youth in the Pacific Region.



L-R; FPST Secretary Assistant Rosalinda Berreman, FPST Tribal Secretary Margot Dyer, IAC Technical Assistance Specialist & Tribal Member & Caretaker of the Land Aaron Brady

# 2nd Annual MMIW Awareness Conference

**May 4th, 5th, & 6th, 2023**

**Elko Convention Center**

**700 Moren Way, Elko, NV 89801**

# Neve Waipai pian

## Presentations

- Domestic Violence
- Sex Trafficking    Self-Defense
- Search & Rescue    Talking Circle



MUST PRE-REGISTER

|   |   |   |   |   |   |
|---|---|---|---|---|---|
| <p style="font-weight: bold; margin: 0;">Keynote Speaker<br/><b>Kelly Jackson</b></p> <p style="margin: 0;">Award Winning Native American<br/>Vocalist, Philanthropist &amp; Tribal Advocate</p>                  | <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <p style="font-weight: bold; margin: 0;">Registration Forms</p> <p style="margin: 0;">Antonia (775) 389-7903</p> <p style="margin: 0;"><a href="mailto:Antoniaroman89@yahoo.com">Antoniaroman89@yahoo.com</a></p> </td> <td style="width: 50%; vertical-align: top;"> <p style="font-weight: bold; margin: 0;">For More Info</p> <p style="margin: 0;">Thalia (775) 401 - 4472</p> <p style="margin: 0;"><a href="mailto:newewaipai pian@gmail.com">newewaipai pian@gmail.com</a></p> </td> </tr> <tr> <td style="width: 50%; vertical-align: top;"> <p style="font-weight: bold; margin: 0;">Vendors Info</p> <p style="margin: 0;">Stephanie (775) 397-3910</p> <p style="margin: 0;"><a href="mailto:paiutee22@yahoo.com">paiutee22@yahoo.com</a></p> </td> <td style="width: 50%; vertical-align: top;"> <p style="font-weight: bold; margin: 0;">Stormy (775) 299-9063</p> <p style="margin: 0;"><a href="mailto:bahdonzia12@gmail.com">bahdonzia12@gmail.com</a></p> </td> </tr> </table> | <p style="font-weight: bold; margin: 0;">Registration Forms</p> <p style="margin: 0;">Antonia (775) 389-7903</p> <p style="margin: 0;"><a href="mailto:Antoniaroman89@yahoo.com">Antoniaroman89@yahoo.com</a></p> | <p style="font-weight: bold; margin: 0;">For More Info</p> <p style="margin: 0;">Thalia (775) 401 - 4472</p> <p style="margin: 0;"><a href="mailto:newewaipai pian@gmail.com">newewaipai pian@gmail.com</a></p> | <p style="font-weight: bold; margin: 0;">Vendors Info</p> <p style="margin: 0;">Stephanie (775) 397-3910</p> <p style="margin: 0;"><a href="mailto:paiutee22@yahoo.com">paiutee22@yahoo.com</a></p> | <p style="font-weight: bold; margin: 0;">Stormy (775) 299-9063</p> <p style="margin: 0;"><a href="mailto:bahdonzia12@gmail.com">bahdonzia12@gmail.com</a></p> |
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2023



# NATIONAL NATIVE AMERICAN ENVIRONMENTAL AWARENESS SUMMER YOUTH PRACTICUM

*Accepting Applications*

## What?

Opportunity to learn more about interdisciplinary components of Tribal natural resource management thru hands-on & in-lecture settings

## Who?

10th - 12th grade (by Fall 2022) Native Youth

## When?

Saturday July 15 - Saturday, July 22, 2023

## Cost?

Free! We pay for your travel, food and lodging!

## Where?

Colorado State University  
Mountain Campus, Colorado

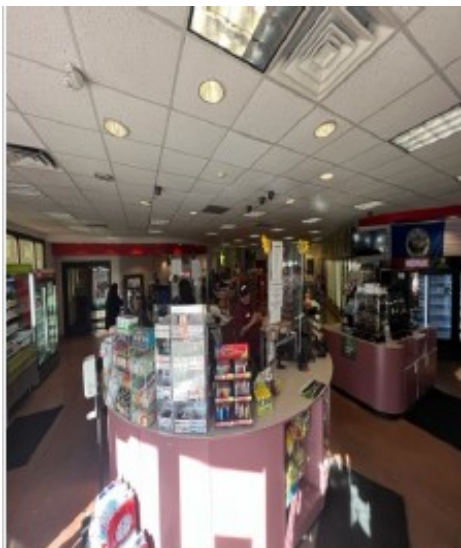
## Application Due Date:

Friday, May 5, 2023 at 10 pm  
Mountain Time

**TO DOWNLOAD APPLICATION/TO APPLY GO TO:**  
[HTTPS://WWW.NAFWS.ORG/YOUTH-PRE-PROFESSIONAL/SUMMER-YOUTH-PRACTICUM/](https://www.nafws.org/youth-pre-professional/summer-youth-practicum/)

**QUESTIONS & INFO CONTACT:**  
ASHLEY MUELLER, EDUCATION COORDINATOR  
EMAIL: [AMUELLER@NAFWS.ORG](mailto:AMUELLER@NAFWS.ORG)  
PHONE: 303-466-1725, EXT. 4



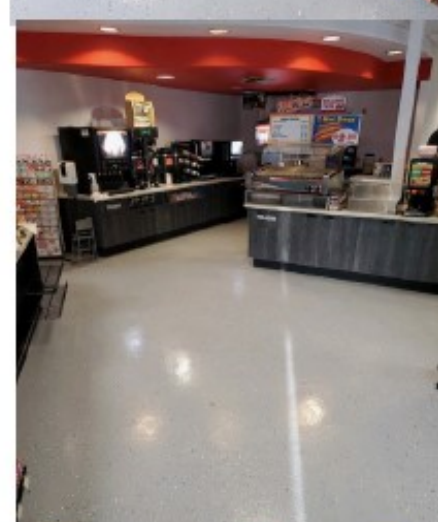
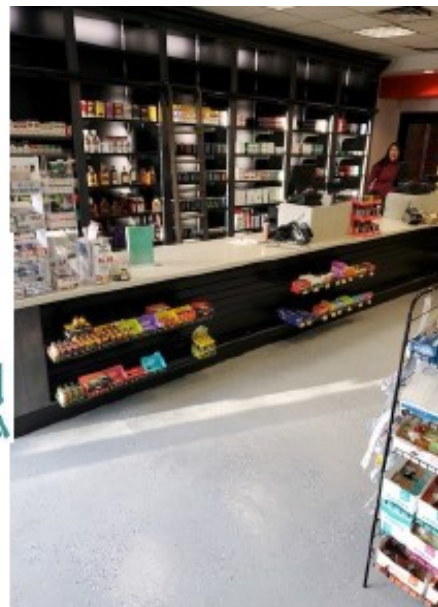


**EXCITING NEWS**

**FALLON TRIBAL DEVELOPMENT CORPORATION**

**Fox Peak Fallon was built in 2000, because of the design of the building and outdated structures FTDC wanted to bring some life back to Fallon Fox Peak. The Board of Directors approved to create more space within the store. The store received a beautiful epoxy floor coating, new sales countertops and cabinets, the cabinets allow our valued customers to view all the products we have to offer. The new open floor plan allows us to bring in more new and exciting products. FTDC Board of Directors would like to thank our staff and loyal customers during the construction.**

**FTDC wishes to invite you to experience our newly renovated C-Store. We welcome you and your families to our Grand Re-Opening March 4th from 10am -2pm. Come and indulge with FREE hotdogs, drinks and some pretty amazing raffle prizes.**





January 27, 2023

## On EITC Awareness Day, IRS and partners promote major tax benefit to millions of low- and moderate-income workers

WASHINGTON – The Internal Revenue Service and partners nationwide today kicked off their Earned Income Tax Credit Awareness Day outreach campaign to help millions of Americans who earned \$59,187 or less last year take advantage of the Earned Income Tax Credit (EITC).

“This is an extremely important tax credit that helps millions of hard-working people every year,” said IRS Acting Commissioner Doug O’Donnell. “But each year, many people miss out on the credit because they don’t know about it or don’t realize they’re eligible. In particular, people who have experienced a major life change in the past year – in their job, marital status, a new child or other factors – may qualify for the first time. The IRS urges people to carefully review this important credit; we don’t want people to miss out.”

In 2022, 31 million eligible workers and families across the country received about \$64 billion in Earned Income Tax Credits, with an average amount of more than \$2,000. The IRS administers the EITC, which Congress originally approved in 1975. It was developed in part to offset the burden of Social Security taxes and provide an incentive to work. The IRS and partners urge people to check to see if they qualify for this important credit. They also encourage people who don’t normally file a tax return to review whether they qualify for EITC and other valuable credits. The EITC is a tax credit for certain people who work and have low to moderate income. A tax credit usually reduces tax owed and may also result in a refund. Even though millions of people get the EITC, the IRS estimates that about 20% of EITC eligible taxpayers do not claim it. Workers at risk for overlooking the EITC include those:

- Living in non-traditional homes, such as a grandparent raising a grandchild
  - Whose earnings declined or whose marital or parental status changed
  - Without children
  - With limited English skills
  - Who are veterans
  - Living in rural areas
  - Who are Native Americans
  - With earnings below the filing requirement
- The IRS also reminds taxpayers that the quick-

est way to get a tax refund is by filing an accurate tax return electronically and choosing direct deposit for their refund. Tax software, tax professionals and other free options can help people see if they qualify for the EITC.

### Who can get the EITC?

To qualify, taxpayers must meet certain requirements and file a tax return, even if they did not earn enough money to be obligated to file a tax return. There’s no need to guess about EITC eligibility; find out with the EITC Assistant, only at IRS.gov.

Workers with qualifying children may be eligible for EITC if their adjusted gross income (AGI) was less than \$53,057 in 2022 (\$59,187 for married filing jointly). These individuals can receive a maximum of \$6,935 in EITC, up from \$6,728 in 2021.

The maximum EITC for taxpayers with no dependents is \$560, available to filers with an AGI below \$16,480 in 2022 (\$22,610 for married filing jointly), and it can be claimed by eligible workers between the ages of 25 and 64. Married but separated spouses who do not file a joint return may qualify to claim EITC if they meet certain requirements.

EITC is for workers whose income does not exceed the following limits in 2022:

- \$53,057 (\$59,187 married filing jointly) with three or more qualifying children who have valid Social Security numbers (SSNs).
- \$49,399 (\$55,529 married filing jointly) with two qualifying children who have valid SSNs.
- \$43,492 (\$49,622 married filing jointly) with one qualifying child who have valid SSNs.
- \$16,480 (\$22,610 married filing jointly) with no qualifying children who have valid SSNs.
- Investment income must be \$10,300 or less.

### How to claim the EITC

To get the EITC, workers must file a tax return and claim the credit. Eligible taxpayers should claim the credit even if their earnings were below the income requirement to file a tax return. Free tax preparation help is available online and through volunteer organizations. Those eligible for the EITC have these options: **Free File on IRS.gov.** Free brand-name tax software is available that leads taxpayers through a question-and-answer format to help prepare the tax return and claim credits and deductions if they’re eligible. Free File also provides online versions of IRS paper forms, an option called Free File Fillable Forms, best suited for taxpayers comfortable preparing their own returns.

**Free tax preparation sites.** EITC-eligible workers can seek free tax preparation at thou-

sands of Volunteer Income Tax Assistance (VITA) and Tax Counseling for the Elderly (TCE) sites. To locate the nearest site, use the search tool on IRS.gov, the IRS2go smartphone application, or call toll-free 800-906-9887. Taxpayers should bring all required documents and information.

**Find a trusted tax professional.** The IRS reminds taxpayers that a trusted tax professional can prepare their tax return and provide helpful information and advice. Tips for choosing a return preparer, including certified public accountants, enrolled agents, attorneys and many others who don’t have a professional credential, and details about national tax professional groups are available on IRS.gov. EITC recipients should watch out for unscrupulous return preparers.

The IRS reminds taxpayers to be sure they have valid Social Security numbers for themselves, their spouse if filing a joint return and for each qualifying child claimed for the EITC. The SSNs must be issued before the April due date of the return. There are special rules for those in the military or those out of the country.

### Most EITC refunds deposited by late February

While the IRS began accepting 2022 returns on Jan. 23, 2023, the IRS cannot issue a refund that includes the Earned Income Tax Credit or Additional Child Tax Credit (ACTC) before mid-February. This is due to the 2015 PATH Act law passed by Congress, which provides this additional time to help the IRS stop fraudulent refunds from being issued.

Where’s My Refund? should show an updated status by Feb. 18 for most early EITC/ACTC filers. The IRS expects most EITC/ACTC related refunds to be available in taxpayer bank accounts or on debit cards by Feb. 28 if taxpayers chose direct deposit and there are no other issues with their tax return.

### Get it right

Taxpayers are responsible for the accuracy of their tax return even if someone else prepares it for them. Since the rules for claiming the EITC can be complex, the IRS urges taxpayers to understand all of them.

### Look out for scams

Be sure to choose a tax preparer wisely. Beware of scams that claim to increase the EITC refund. Scams that create fictitious qualifying children or inflate income levels to get the maximum EITC could leave taxpayers with a penalty.

### Visit IRS online to learn about other tax credits

IRS.gov is a valuable first stop to help taxpayers get it right this filing season. They can check to see if they also qualify for the Child Tax Credit, Additional Child Tax Credit or Credit for Other Dependents.

## Emotionally Healthy Families Do These 12 Things On A Regular Basis.

By Sarah Conway, *In Building Emotional Intelligence*  
Posted May 10, 2020

1. Eat at least 1 meal together per day
2. Have predictable routines and rhythms
3. Talk about feelings
4. Celebrate individual achievements
5. Have family traditions
6. Set boundaries
7. Say, "I'm sorry"
8. Value quality time
9. Communicate respectfully
10. Value learning
11. This is an important one: know each other's love language. Take the time to learn what makes family members feel loved, valued and appreciated.
12. Accept themselves (and others) exactly as they are



To read the full article go to: <https://www.mindfullittleminds.com/12-habits-of-emotionally-healthyfamilies/#:~:text=Emotionally%20healthy%20families%20understand%20the,boundaries%20with%20empathy%20and%20respect>

**This message is brought to you by the FTHC Behavioral Health Program.  
(775) 423-3634, ext. 1043.**

### Confronting Addiction: How Far Down Is Rock Bottom?



*Sherry Gaba, LCSW, is a Licensed Psychotherapist and Certified Transformational and Recovery Coach. She is the author of "The Law of the Sobriety: Attracting Positive Energy for a Powerful Recovery" and the creator of wake up recovery. She is the go to expert on VHI's Celebrity Rehab with Dr. Drew Pinsky and media expert on CNN, HLN, Showbiz Tonight, The Bio Channel, Inside Edition, and E!News.*

For most people with addictions denial is a part of their everyday life. They deny the addiction is an issue, they blame everything but the addiction for the disasters in their life, and they deny that they have a problem of any type. This denial has to end before there will be the opportunity to make changes that bring about a positive, healthy, and sober reality. Denial, or the refusal to honestly accept that an addiction is at the root of the problems, can result in the loss of literally everything in the addict's life. I have worked with many such individuals and I have provided their individual stories in *The Law of Sobriety* to highlight just how deep denial can run.

One of the most devastating scenarios of denial is found in Christi's story. She had a great life with beautiful kids, a loving husband, and a very comfortable lifestyle. In just two short years, her drug addiction and denial of the problem caused her husband and kids to leave. She lost her comfortable lifestyle, was homeless, and broke. To get her drugs she hooked up with a dealer and was involved in multiple thefts, embezzlement charges, and drug related arrests. Even going to jail wasn't her rock bottom; she simply returned to the lifestyle when she was released.

Christi, when she came to me, was in such deep denial she had no guilt or remorse over the choices she had made and the people she had hurt. She didn't care about jail or about the loss of her family. She was so deep in denial she could not recognize that she even had the potential to be a happy, authentic, and sober person. And, because she had not hit bottom and been forced to face her reality, she didn't want to change.

While Christi may not have been there yet, there are people I see on a daily basis that set goals, see themselves as authentic, sober people and live that reality day by day. This all starts with changing how you see yourself. Living authentically and not in denial but in honesty, positive and optimistic about your current and future reality. Sending out that positive message about your sobriety today and in the future sets your course for recovery and health without dwelling on the negatives of what you did and who you were in the past.

Retrieved from: <https://counselormagazine.com/en/confronting-addiction-how-far-down-is-rock-bottom/>  
Brought to you by the FTHC Behavioral Health Program, (775) 423-3634.

## WELCOME TO BEHAVIORAL HEALTH PROGRAM FOR MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES – MARCH 2023

### Mental Health Program Assessments, Psychiatric & Therapy Services

**Dr. Sonny Ruckstuhl**, Clinical Psychologist, available on Tuesdays.

**Dr. Steven Rubin**, Psychiatrist, available Wednesdays.



**Ellen Johnson**, MA, LMFT, LCADC is a licensed marriage and family therapist as well as a licensed clinical alcohol & drug counselor. Ellen is available for therapy services on Thursdays (all ages).

**Family Therapist, Vacant** We are currently seeking a qualified candidate to fill this position.



### Substance Abuse Program (SAP) Assessment & Outpatient Treatment



**Cynthia Wachsmuth**, Substance Abuse Counselor. She is available for screenings, evaluations and substance abuse treatment and referral services.



**Sunny Cox**, Family Support Coordinator & Substance Abuse Counselor Intern. Sunny will assist the Family Therapist and provide case management services. She is also a part-time substance abuse counselor intern and can provide screenings, assessments, treatment and referral services.



**Brenda Hooper**, Recovery Support Coach & Coordinator. She provides recovery support to individuals in early recovery from substance abuse and mental health issues. Her role is to help people stay on their wellness path.



**Shelby Harrison**, Behavioral Health Assistant. Welcome Shelby to our team. For an appointment any of the BH providers, contact her at 423-3634, ext. 1042.

For questions regarding services or activities contact Leslie Steve, MA, LADC, Director of Behavioral Health at 423-3634 ext. 1032.

*PRACTICE MINDFULNESS.....Breathe.  
"Yesterday is gone, tomorrow hasn't happened;  
what we have is right here, right now. Promote  
peace and be good to each other, so whatever you  
put out, will come right back to you.*



### Ceremonial or Pow-Wow Shawl Making Classes 2023

A shawl-making class will be hosted by the FPST Health Center and Behavioral Health Program. Come and learn how to make your own shawl.

**Dates:** April 6th & 13th (Thursdays)

**Time:** 6:00 p.m. to 8:00 p.m. Dinner will be served.

**Location:** CLC Community Room, 8955 Mission Road

**Teacher:** Asha Nordwall

Space is limited. Call Brenda Hooper at 423-3634, ext. 1002 to sign up. Deadline to sign up is March 31st. Preference will be given to those who were put on the waiting list last September.



**Talking  
Circle  
Tuesdays  
5:30-7:30**

**Where:** 999 Rio Vista

**Contact Cynthia Wachsmuth for more  
Information at (775) 423-3634, ext. 1041.**

### The Fallon, Lovelock & Yomba Wellness Community (WELCOM) Circle

The next meeting will meet on 3/16/23 from 12noon to 1:30 p.m. at the COC building. Community members are welcome to attend. For more information contact Sunny Cox at 423-3634.



## **ENROLLMENT OFFICE**

### **HOURS OF OPERATION**

**MONDAY-FRIDAY**

**8AM-5PM**

**PHONE-775.423.6075**

**EMAIL- MEMBERSHIP@FPST.ORG**

### **ENROLLMENT CARD INFORMATION**

**First Enrollment Card is FREE**

**0-17 Minors \$5.00**

**18-49 Adults \$10.00**

**50-Over Elders FREE**

**\$1.00 Discount if you bring your old card in**



## **Public Notice**

### **CONTROLLED BURN at the TRIBAL WETLANDS during the 2<sup>nd</sup> week of March 2023**

**To the residents of the Fallon Paiute-Shoshone Tribe Reservation and Colony:**

During the 2<sup>nd</sup> week of March 2023, when weather and wind conditions are suitable, the Fallon Paiute-Shoshone Tribe Volunteer Fire Department and Wetlands Program will conduct a Controlled Burn on approximately 100 acres of Tribal Wetlands within the North portion of the Reservation.

Occasionally, vegetation will accumulate in quantities and sufficient densities within the wetlands to limit the overall value of vegetation to wildlife and livestock. Typically, dense stands of foxtail, sedge, bulrush, and introduced grass species will make up the bulk of available forage in the wetlands. It is recommended that prescribed burns be used to remove vegetation to grow, and open up new habitat to wildlife and migratory birds. This is not an annual activity, prescribed burns should occur every 3 or 4 years to keep the buildup to a minimum. Fire stimulates growth of desirable wetland plants and reduces the spread of undesirable plant species and invasive weeds.

You may observe drifting smoke and visible flames on the Northern Wetlands area. Additionally, the FPST Environmental Protection Department will be monitoring the event.

If you have questions, please contact the Emergency Management Department at 423-8848, Environmental Department at 423-0590 or Tribal Police at 423-8848.

Thank You

**Willie Steve-Wetlands Manager (423-3725) or (427-0908)**



# BOYS & GIRLS CLUB NEWSLETTER

## AFTER SCHOOL PROGRAM

We continue to support our club members academics/social skills/physical physical health

**SIGN YOUR CHILD UP ANYTIME**



## BOYS AND GIRLS CLUB POTLUCK

On February 9th we hosted our Boys and Girls Club Potluck and Public Meeting. The community got to meet and be introduced to our tribes representative Warlance Foster. We gifted him a drum, and Keona Mineard blessed the meeting with a song.



**PLEASE LOOK OUT FOR EVENTS SUCH AS THIS IN THE FUTURE**



# MONTH OF MARCH OUTLOOK

- Adrian's Community Painting Class @ CLC 6-8 PM March 16th
- JOM Drum Class @ CLC 6-8 PM Every Tuesday
- Austin Nerd Night @ CLC 6-8 PM March 23rd

**TIMES AND DATES SUBJECT TO CHANGE**



# MARCH OUTLOOK CONTINUED

- Leona Beading Class @ CLC 6-8 March 9th and 23rd
- Tish Soap Making Class @ CLC 6-8 PM DATE TBD
- Tish Star Quilt Class @ CLC 6-8-3 PM March 29th and 30th

**CALL 775 423 8065 WITH ANY QUESTIONS**



# Request for Proposals Civil Engineering and Surveying

**Proposals Due:** MARCH 10, 2023

**Submit Proposals to:** Sharon Pacheco, Acting Housing Director  
Fallon Paiute Shoshone Tribal Housing Department  
2055 Agency Road  
Fallon, NV 89406

**Intent:** Fallon Paiute Shoshone Tribe (FPST) is requesting proposals from qualified individuals and firms for professional services for preliminary civil engineering and surveying services for future housing within the Fallon Paiute-Shoshone Colony located in Fallon, Nevada.

**Project Description:** FPST is planning for future residential development within the Fallon Paiute-Shoshone Colony. The goal is to accommodate up to approximately 25 additional residential units by providing a combination of single-family, triplex or fourplex units. The potential site consists of additional units along Paiute Drive and the expansion of Tule St south of Paiute Drive. FPST is seeking to develop the necessary infrastructure and site planning in order to commence with residential building construction by January 2024. To accomplish this, FPST will need to properly define the proposed areas prior to May 2023 in order to apply for funding for the residential construction. The service provider's experience and ability to meet the required schedules will be key in evaluating their proposal.

**Scope of Work:** The intent of the RFP is to have the firms under consideration specifically address the services required and provide a well-considered proposal for these services:

## Phase I

1. Development of a preliminary civil engineering concept site plan for the selected tract of land to define the overall concept for the site and prepare for the 2023 LIHTC application. Concept site plan to accommodate setbacks, site amenities, emergency vehicle accessibility, easements, utilities, pedestrian routing, stormwater considerations, and other applicable codes/ordinances.
2. Conduct a geotechnical investigation to prepare a report to determine site suitability for housing construction.
3. Develop a preliminary cost estimate for probable construction costs of the concept site plan.

## Phase II

4. Should the project receive adequate funding and approvals (est. May/June 2023) full civil engineering plans will be necessary (inclusive of utility, water and sewer site design) for the project along with surveying to create legal descriptions and an ALTA survey (and subsequent as-built ALTA upon construction completion).
5. The selected offeror will be expected to collaborate with Tribe's Housing Department, as well as other consultants to prepare and coordinate all site civil planning, including all tasks necessary to fully entitle the site for residential development. This may include supporting site plan and zoning applications, if necessary, infrastructure design, phasing plans, grading plans, utility designs, stormwater plan, drainage plan, roadway designs, etc.
6. Cost estimations and supporting bid packages for the project, including assisting in reviewing bids, providing engineers' opinion of costs, as well as providing drawings and responding to comments as part of the bid-package process along with the Tribe's selected general contractor.

**Submission Requirements:** The offeror must submit, at a minimum the following:

- A letter of transmittal signed by the person authorized to commit the offeror to perform the services in the proposal.
- Statement of Qualifications.
  - o This should include evidence of the firm's ability to accomplish the work within the time required.
  - o Describe your firm's size and structure.
  - o Experience in working with public entities/tribal governments.
  - o Professional Certifications/Licensing,
  - o Describe the team who will work on the project and their experience.
  - o Proposed Schedule

**Proposed Fee Structure:** Provide information on your fee structure. Please include a breakdown of fees for each phase of the scope of work and a schedule of hourly rates by employee classification, including terms and rates of overtime or additional work if requested.

**Written Inquiries:** All inquiries regarding this RFP shall be submitted via email to the Housing Director at 775-423-3321 on or before (7 days before RFP is due, ). A response from the Tribe shall be sent via email to all known offerors (or posted on a website if the tribe puts their RFP's on one.)

**Insurance Requirements:**

- Commercial General Liability
  - ◇ Minimum limits of \$1,000,000.00 for Each Occurrence, \$2,000,000.00 General Aggregate.
  - ◇ Must show FPST as additional insured.
- Automobile Liability
  - ◇ Minimum Limits are required to be \$1,000,000.00 for each accident.
  - ◇ All vehicles used in the contract be covered.
- Workers Compensation
  - ◇ Must be maintained with the Statutory limits
- Professional Liability Insurance
  - ◇ Minimum limits of \$ 1,000,000 per loss and \$2,000,000 aggregate.

**Site Visit:**

Interested firms can contact Sharon Pacheco, Acting Housing Director, Fallon Paiute Shoshone Tribal Housing Department at [adminassistant@fpst.org](mailto:adminassistant@fpst.org), to schedule a pre-proposal site visit. A pre-proposal site visit is urged but not required.

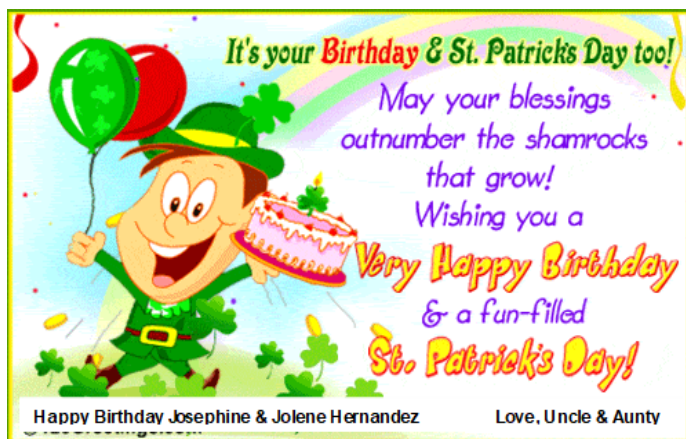
**Proposals:** FPST requires offerors to submit a sealed bid by mail. All proposals are to be received by FPST no later than March 10, 2023 at 3:00 pm at the following address: 2055 Agency Rd. Fallon, NV 89406.

Sharon Pacheco, Acting Housing Director  
Fallon Paiute Shoshone Tribal Housing Department  
2055 Agency Road  
Fallon, NV 89406  
775-423-3321



# THE REZ-ONATORS

L to R: Laura Nihoa, Judi Macias, Audrey Campbell. “People always ask us if we race and who is fastest. We don’t usually race, after all we are seniors, but this day after getting at least 10 people wanting to know who is fastest, we raced! The winner, by a wheel, was Judi on her big honkin’ blue rolling transporter!”



## CHURCHILL CHAMPION CELEBRATING SUCCESS

L-Trista Dorman & Carlene Pacheco

## CHURCHILL CHAMPION

Teachers from each department pick a student that does

**“Above and Beyond”.**

Carlene Pacheco chose

**Trista Dorman**

for helping with

Native American Heritage month and ancestor

illustrations & announcements/participating



## **Ceremonial or Pow-Wow Shawl Making Classes 2023**

A shawl-making class will be hosted by the FPST Health Center and Behavioral Health Program. Come and learn how to make your own shawl.

Dates: April 6th & 13th (Thursdays)

Time: 6:00 p.m. to 8:00 p.m. Dinner will be served.

Location: CLC Community Room, 8955 Mission Road

Teacher: Asha Nordwall

Space is limited. Call Brenda Hooper at 423-3634, ext. 1002 to sign up. Deadline to sign up is March 31st. Preference will be given to those who were put on the waiting list last September.



## LANEY LOU & THE BIRD DOGS

SATURDAY, MARCH 11, 7 PM

**L**aney Lou & the Bird Dogs are an energetic Americana band from Bozeman, Montana, that infuses four-part harmonies, engaging songwriting, and rock 'n' roll drive into a modern approach to traditional folk music. Coming from varied musical backgrounds, the five-person ensemble creates a sound unique to them, but one that finds common ground by adding the energy of Montana's big sky country into their music. The Bird Dogs weave stories through their songs that are reflective, joyous, longing,

or meant to share a journey with the listener. Through it all, the band is able to convey heartfelt honesty, getting the audience to immerse themselves in the moment by dancing, singing and laughing along.

The Bird Dogs have been taking their infectious sound on the road since 2013, supporting acts such as the Travelin' McCourys, the Steeldrivers, the Steep Canyon Rangers, Leftover Salmon, Town Mountain, and many more.

**Box Office, Art Bar & Galleries Open at 6 PM • Performance at 7 PM**

Members \$17 • Non-Members \$20 • Youth & Students \$10

Tickets available at Jeff's Digitex Printing, call CAC at 775-423-1440, or at the Box Office

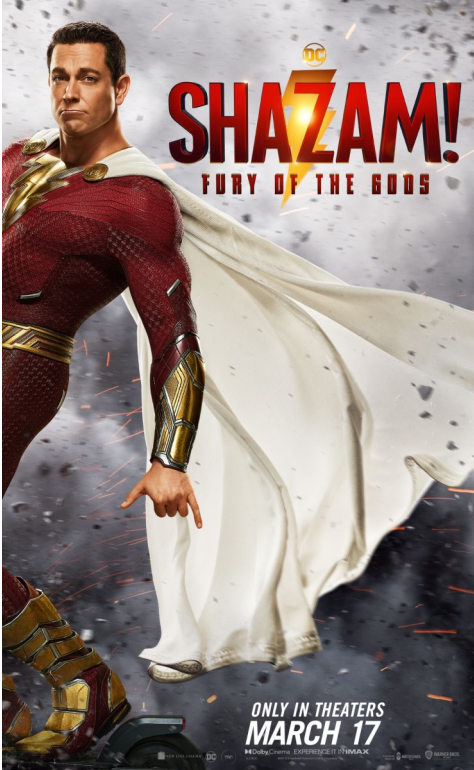
**Oats Park Art Center • 151 East Park Street, Fallon, Nev.**

For more information visit [churchillarts.org](http://churchillarts.org) or call 775-423-1440





Mar 3rd Creed 3  
 Mar 10th Scream VI  
 Inside  
 Mar 17th 65  
 Shazam! Fury of the Gods  
 A snowy Day in Oakland  
 Mar 24th John Wick: Chapter 4  
 Champions  
 Mar 31st Dungeons & Dragons  
 A Good Person



In Theatres March 17



**Pick up your bag of popcorn at Fox Peak Station for only**

**\$5**

**All Pre-Covid releases still only**

**\$1**



Adult evening shows: \$10.00  
 Children (under 12) are \$7.25  
 Seniors / Military: \$8.25  
 Matinee (before 6pm): \$7.25  
 Classic Shows: \$1.00  
 Call for showtimes: 775-423-7099

# BE PREPARED FOR A POWER OUTAGE

Extended power outages may impact the whole community and the economy.



**FEMA**

FEMA V-1008/May 2018

A power outage is when the electrical power goes out unexpectedly.



May disrupt communications, water, transportation



May close retail businesses, grocery stores, gas stations, ATMs, banks, and other services



Can cause food spoilage, water contamination



Can prevent use of medical devices

## PROTECT YOURSELF DURING A POWER OUTAGE

Keep freezers and refrigerators closed.



Disconnect appliances and electronics to avoid damage from electrical surges.

Only use generators outdoors and away from windows.



Use alternate plans for refrigerating medicines or power-dependent medical devices.

Do not use a gas stove to heat your home.



If safe, go to an alternate location for heat or cooling.



Check on neighbors.

# MARCH & APRIL FOOD DISTRIBUTION SCHEDULE



The following is a schedule for the March & April 2023 food distribution supplemental resources for the Fallon Tribal Community. This schedule includes the monthly USDA Yerington Commodity food distribution, and the Northern Nevada Food Bank Mobile Harvest.

## USDA Yerington Commodity Food Distribution (CLC Parking Lot)

Participants must meet USDA guidelines. Contact YPT for additional eligibility requirements. You can visit their Facebook page for the Yerington Commodity Food Program or by phone at (775) 783-0260.

**Wednesday, March 7 & April 4— 8 a.m. to 11:45 a.m.**

## Northern NV Food Bank Mobile Harvest (CLC Parking Lot)

Drive-thru style distribution of fresh fruit, dairy and vegetables. Mobile harvest is the **2nd Tuesday of every month**. Participation is open to all Churchill County residents of all income levels. First time participants are required to complete an initial intake form on-site.

**Tuesday, March 14 & April 11 — 12:30 p.m. to 1:30 p.m.**



**FALLON PAIUTE-SHOSHONE TRIBE  
EMERGENCY MANAGEMENT DEPART.**

8942 MISSION ROAD  
FALLON, NV 89406  
(775) 867-8706

# FPST ENVIRONMENTAL CURBSIDE RECYCLING PROGRAM

## RECYCLING: WHAT'S OK & WHAT'S NOT!

### YES! Recycle These Items!



#### PAPER

White business paper, phone books, books with binding, magazines, catalogs, and newspapers.



#### BOXES (Clean/Dry)

Corrugated cardboard means it has wavy lines if you look at the side of it.

Please break it down flat



#### BEVERAGE CONTAINERS

(Empty, Rinsed and Dry)

Clear bottles only

**PETE #1**

-located on the bottom of the container

⇒ Throw away all lids



#### PLASTIC JUGS

(Empty, Rinsed and Dry)



Detergent bottles, milk jugs, coffee containers

**HDPE #2** - located on the bottom of the container

⇒ Throw away all lids



#### ALUMINUM AND TIN

(Empty, Rinsed and Dry)

Beverage cans and food cans



### NO, Not These!



No waxed cardboard / cartons

No Box Board



No Plastic Bags—take them back to the store for a recycling bin



No Yogurt cups

No Pet food containers other than cans

**No, thanks!**



No Black Plastic

No Styrofoam

No napkins

No paper plates

No paper cups

**WHEN IN DOUBT, THROW IT OUT.**

FPST Environmental Protection  
Department 775-423-0590



Fallon Paiute-Shoshone Tribe  
Environmental Protection Department  
Curbside Recycling Services



Curbside recycling pickup days are on **Wednesdays after 8 AM.**

Paper: Separate newspaper, office paper, and magazines and bundle them so they will not blow away.

Place recyclable materials in provided recycling bin and put on your curbside for curbside pickup recycling day.

Due to liability issues, we can not enter your yard.

If the items don't fit in the recycling bin, please call our office at **423-0590** to schedule a pickup.



Curbside recycling services are only available to FPST community households and not the general public. Schedule is subject to change due to inclement weather, holidays, etc.

Questions or concerns, please call our office at (775) 423-0590

Thank You!

*See flip side of flyer for list of items we can and cannot recycle*



**HAVE A CHRONIC CONDITION?**

# FIGHT FLU



**DON'T LET IT STOP YOU.**

Flu can be dangerous for people living with some chronic diseases like asthma, heart disease, or diabetes. A flu shot is the best way to protect people with certain underlying conditions.

**TALK TO A DOCTOR OR PHARMACIST ABOUT GETTING A FLU SHOT.**

#FIGHT FLU



## Feeling sick?

Stop the spread of flu in the workplace.  
**Stay home when you are sick.**

Common Flu Signs & Symptoms Include:



**Fever\* or feeling feverish/chills**

\*It is important to note that not everyone with flu will have a fever.



**Sore throat**



**Runny or stuffy nose**



**Cough**



**Muscle or body aches**



**Headaches**



**Fatigue (tiredness)**

Flu is different from a common cold.  
Flu usually comes on suddenly, and in general symptoms are more intense compared to the common cold.

**If you think you may have flu tell your supervisor and stay home from work.**

All employees should stay home if they are sick. CDC recommends that you stay home for at least 24 hours after your fever (100 degrees Fahrenheit or 37.8 degrees Celsius) is gone. Your fever should be gone without the need to use a fever-reducing medicine. If you have flu without a fever, you should stay home at least 4-5 days after the start of your symptoms.

For more information visit [www.cdc.gov/flu](http://www.cdc.gov/flu)



# Prayer Horse Ride 2023

We continue to ride in the Vision of our Ancestors. We are coming together for each community for Healing, Strength, Awareness, Prayer, and Unity

- in honor and remembrance of Myron Dewey
- to bring awareness to protect Peehee Mu'huh
- to bring awareness about MMIW / P
- to bring awareness to protect sacred places
- to protect indigenous religious freedoms
- to bring awareness about the bombing range expansion, NRS Fallon




**Prayer Horse Ride from Schurz, Nevada to Peehee Mu'Huh Thacker Pass**

- gathering March 17th Schurz, Nevada
- special guest, morning prayer by Dan Davis, Walker River member and spiritual leader
- ride out morning of March 18th
- security provided by Harmony Keepers
- special thanks to Josh Dini, Walker River, AIMNN; Gary McKinney, Duck Valley, AIMNNV; Dallas Cummings, Oregon, AIMNNV; Bobby Leonard Mason, Dine / KenienkeHeka, Dine Nation; Charlene Dressler, Nevada; River Akemann, Minnesota; Robin Arevalo, Nevada, AIMNNV; Pyramid Lake Paiute Tribe; AIMNNV

communities to be visited:

|           |               |
|-----------|---------------|
| Schurz    | Nixon         |
| Yerington | Lovelock      |
| Fallon    | Orovada       |
| Wadsworth | Peehee Mu'Huh |

follow us on  
Instagram: @prayerhorseride2023  
Facebook: Prayer Horse Ride 2023

#prayerhorseride2023  
#thruindigenouseyes  
#prayerhealingprosperityunity

donate  
Paypat: @PrayerHorseRide2023@gmail.com  
CashApp: \$joshdini  
for in-kind donations: water, food, horse feed  
please contact Josh Dini 775.666.0621

calling all riders / supporters!  
to register, please contact Josh Dini at 775.666.0621  
please come self-sufficient for yourself and your horses for 8-12 days  
(water, food, fuel, horse feed, camping gear for winter / dry camping conditions)  
\*\*\*\*\*  
come in a good way to carry prayer  
absolutely NO drugs, alcohol, weapons, violent / disrespectful behaviors



## ATTENTION

FALLON PAIUTE SHOSHONE TRIBAL MEMEBERS



We are looking for tribal member  
**2023 GRADUATES**



Please contact Leona Mineard  
at [775-423-8065](tel:775-423-8065) or  
email: [clcspecialistlm@fpst.org](mailto:clcspecialistlm@fpst.org)



### 2023 IRRIGATION WATER SEASON

THE LAND & WATER RESOURCES DEPARTMENT WILL BE SENDING OUT THE 2023 IRRIGATION WATER ASSIGNMENT FORMS TO TRIBAL FARMERS. PLEASE REVIEW YOUR INDIVIDUAL IRRIGATION WATER ASSIGNMENT FORM, MAKE ANY CORRECTION AND RETURN THE FORM TO THE LAND & WATER RESOURCES DEPARTMENT LOCATED AT 8820 MISSION RD. OR TO THE TRIBAL ADMINISTRATION OFFICE AT 565 RIO VISTA DR. BY MARCH 17TH.

IF YOU HAVE ANY QUESTIONS OR WANT TO REVIEW THE BUREAU OF RECLAMATION GIS MAPPING CONTACT LEANNA HALE, LAND & WATER RESOURCES DIRECTOR AT 775.423.3725

# FALLON PAIUTE SHOSHONE HOUSING DEPARTMENT



The Fallon Paiute Shoshone Housing Department will be hosting a work shop for the  
**ALL Low Rental Tenants**

**Time & Date:** March 17, 2023 @ 6:00 pm

**Where:** Housing Department Conference Room  
2055 Agency Rd.  
Fallon, NV 89406

Resident Services will be going over the Low Rental Lease Agreement, along with going over policies.

Any questions call Savahanna Kelley, Resident Services Specialist @ 775-423-3321

Gerardo “Jerry” Cordova with USDA will be at:

**FPST Housing Department on March 20, 2023 @ 1:00 pm**

to go over applications process, or answer any questions that anyone has regarding all USDA can provide for our community.

Please call Housing for any questions 775-423-3321 or Gerardo to set a time with him on March 20, 2023 775-443-4757 or by email: [www.rd.usda.gov](http://www.rd.usda.gov)



# Apply now!

NATIVE YOUTH IN FOOD AND AGRICULTURE LEADERSHIP SUMMIT 2023

The Indigenous Food and Agriculture Initiative's Native Youth in Food and Agriculture Leadership Summit applications are available now!

Attend IFAI's Youth Summit, held at the University of Arkansas, to develop key skills and learn alongside experts! Some agriculture policy and production areas covered during Summit include: ag business and finance, land stewardship and conservation, ag law and policy, nutrition and health, and more.

All travel and lodging expenses covered for accepted applicants.

Applications due April 3, 2023!



[bit.ly/IFAIYOUTH](https://bit.ly/IFAIYOUTH)



## NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN that the undersigned has been appointed and qualified by the Fallon-Paiute Shoshone Tribal Court on August 2, 2022 as Administrator of the Estate of Susan Keller-Smith, Deceased. All creditors having claims against the estate are required to file the claims with the undersigned at the address given below within ninety (90) days after the first publication of this notice.

Dated this 21st day of February 2023.  
James Lynch, Administrator of the estate of Susan Keller-Smith  
1435 Pinenut St.  
Fallon, Nv 89406

# Stillwater Indian Church

SUNDAY SERVICES

APRIL 9 TH

11:00 A.M.

EVERYONE WELCOME

COLOSSIANS 1: 13-14

FOR HE HAS RESCUED US FROM THE DOMINION OF DARKNESS AND BROUGHT US INTO THE KINGDOM OF THE SON HE LOVES, IN WHOM WE HAVE REDEMPTION, THE FORGIVENESS OF SINS.

SAVE THE DATE

# The Multicultural Center

## UNIVERSITY POWWOW



APRIL 1, 2023

UNIVERSITY OF NEVADA, RENO



Fleet & Family Readiness (FFR)

# HIRING EVENT

**SATURDAY  
MARCH 11, 2023  
10 AM-2 PM**

Churchill County School District Office | 690 South Maine St.  
Fallon, NV 89496



11793 02/23 PG

**DONABE**

**HAPPY** —  
*Birthday*  
**—TO YOU—**

Happy Birthday my son,  
I pray you have a blessed day  
and all your wishes come true!

Love You, Dad & Mom

**DELLA**

Happy  
Birthday

May God Bless you  
on this birthday  
and with so many  
wonderful birthdays ahead.

**MAY YOUR EVERY  
WISH COME TRUE!**

**LOVE YOU,  
HARRY & VANESSA**

Happy Birthday  
**Scott & Jill**

*We love you  
Your entire family*

# FALLON PAIUTE SHOSHONE TRIBE

- Social Services Manager
- Police Officer
- Clinical Psychiatrist
- Victim Services Advocate
- Environmental Services (vs) Tech I/II
- Youth & Family Social Services Director
- Tribal Administrator
- Dental Assistant II (Certified)
- Optometrist
- Program Development Manager
- Youth Care Worker
- Dental Assistant
- Environmental Specialist 1
- Medical Assistant (MA)
- In-Home Health Aide
- Housing Director
- Seasonal Agriculture Laborer
- Patient Registration



For more information about a job or to complete an application, go to [fpst.org/employment/to\\_apply](http://fpst.org/employment/to_apply)

Wishing you a very happy birthday

Love, your family



Happy Birthday  
Robert

**CHANEY**

**DAKA**

**JAY**

**JANICE**

**LOVE YOU**

**ALL**

**P. (JEN)**



**March 2nd**

Happy  
Birthday  
Avery



WE LOVE YOU,  
YOUR FAMILY

Happy Birthday Brother



We love you

love Mom, Cody & Katie

# REMINDER

If you received a Jury Questionnaire from the Tribal Court, please complete and return it to the Court as soon as possible.

If you need a new form, please contact the court at (775) 423-8883.

## NO MORE EXCUSES

THERE ARE MANY PLACES TO GET YOUR FLU VACCINE.

Anyone can get the flu, and it can be serious. Every year, protect yourself and those around you by getting a flu vaccine.



For more information, visit <http://www.cdc.gov/flu>

FOR OFFICE USE

NONPROFIT ORG.  
U.S. POSTAGE PAID  
MAILED  
ZIP CODE 89406  
PERMIT NO 18



Fallon Paiute-Shoshone Tribe  
565 Rio Vista Drive  
Fallon, NV 89406  
Tel (775) 423-6075  
[www.fpst.org](http://www.fpst.org)  
ADDRESS/RETURN SERVICE REQUESTED