



Numa News

Senator Jacky Rosen Visits Fallon Tribe for Roundtable Discussions



L-R; Council Member Edwin Conway, Chairwoman Williams-Tuni, Treasurer Vickie Moyle and Senator Jacky Rosen

By Jill Wright tribalnews@fpst.org

On Thursday, July 6th, United States Senator Jacky Rosen visited the Fallon Tribe with several members of the Tribal Council and other Tribal Officials. Her team members Emily Lande-Rose, Joseph Bush, Rob Waisanen and Alex Goff listened and were taking notes as they heard the hopes and challenges of the Tribe.

Chairwoman Williams-Tuni welcomed everyone and thanked Senator Rosen for taking the time to meet with the Tribe and she opened up discussions of

various upcoming projects.

Senator Jacky Rosen stated, “It is important that everyone has a seat at the table, to share your feelings and engage and to be heard no matter what the issue.”

During the roundtable, there were discussions on Health Care, Education, Public Works, Tribal Cemetery, Vocational Rehabilitation, Land & Water, NAGPRA and Housing.

Senator Rosen shared with the group various resources available that can help alleviate some of the problems.

She also stated that she has a slew of bills that her team is working on for Nevada to help get passed to help everyone.

She added that Nevada is what is most important to her, and she will continue to work hard for our state, and we want to see success, something that benefits everyone.

In closing, Chairwoman Williams Tuni stated, “This was a very good meeting and it’s important that we can work together on these issues and have a good relationship with the Senator”.



IN REPLY REFER TO:

United States Department of the Interior

BUREAU OF RECLAMATION
Lahontan Basin Area Office
705 North Plaza Street, Room 320
Carson City, NV 89701-4015



Jun 28, 2023

LO-100
2.2.4.22

VIA ELECTRONIC MAIL

Interested Parties (See Attached List)

Subject: Resuming Flood Operations of Lahontan Reservoir for 2023

Ladies and Gentlemen:

The current forecasts have increased the projections on the amount of runoff to be expected during the April through July timeframe into Lahontan Reservoir to approximately 659,000 acre-feet (af). Releases from Lahontan Reservoir are expected to cause Carson River flows at the U.S. Geological Survey gage at Tarzyn Road to exceed 500 cubic feet per second and the Bureau of Reclamation has determined that there is a threat to public safety, so the conditions within the 1997 Court Approved Criteria and Precautionary Drawdown and Spills (enclosed) indicate item 1.b. Flood Operations are applicable.

The Truckee-Carson Irrigation District will be implementing Flood Operations on June 28, 2023, with releases from Lahontan Reservoir up to 3,500 cfs. The Carson River experienced some silting from last year and is expected to carry up to 800 cfs of those releases without some flooding impacts. Reclamation estimates approximately 10,898 af of available space in Lahontan Reservoir.

If you have any questions or wish to discuss this matter further, please contact me at jworsley@usbr.gov, (775) 315-0526, or TTY Federal Relay System (800) 877-8339.

Sincerely,

ROGER WORSLEY Digitally signed by ROGER WORSLEY
Date: 2023.06.28 07:58:37 -0700

Jack Worsley
Area Manager

Enclosure

INTERIOR REGION 10 • CALIFORNIA-GREAT BASIN

CALIFORNIA*, NEVADA*, OREGON*

* PARTIAL

Lahontan Lake Levels

Photos of Lahontan Reservoir –taken on Wednesday June 28, 2023



Back side of Lahontan Dam-water to top of flashboards coming down spillway



Lake levels high reaching tables and BBQ grills



Lake levels high– reaching top of flashboards lapping over top

FLOOD PREPAREDNESS PLAN AND SAFETY AWARENESS



Additional resources:
www.usgs.gov
www.noaa.gov

Truckee-Carson Irrigation District (TCID)
www.tcid.org
www.churchillcountynv.gov/719/Web-Maps

Fallon, NV – Churchill County Commissioners approved a precautionary emergency declaration on March 2nd, 2023 to establish the Emergency Operations Center (EOC) in preparation for flood mitigation efforts due to elevated snowpack from this winter’s snowfall upstream on the Carson River.

Fallon Paiute-Shoshone Tribe’s EOC is working on clearing ditches, canals, etc. and mapping alternate routes to spread the water. Additionally, working on sandbagging. It is your responsibility to keep yourselves and children out of the waterways and **NO** swimming in Irrigation Ditches.




FPST Emergency shelters on the reservation & Colony:

- 1) Senior Center
- 2) Community Learning Center
- 3) FPST Admin Building
- 4) FPST Health Clinic

Watch for power lines




FPST Police Department will be policing the Reservation and colony to ensure public safety. The community’s cooperation is appreciated.

What should I do to Prepare?



Be prepared to evacuate at a moment’s notice & pack an emergency grab bag: 3 days of food & water, First aid kit, flashlight, map of the area, etc.

Stay away from flood waters. If you come upon a flowing stream where water is above your ankles, stop, turn around and go another way. Swiftly moving water can sweep you off of your feet.

If the road is flooded, turn around and go another way. If you are caught on a flooded road and waters are rising rapidly around you, get out of the car quickly and move to higher ground. Most cars can be swept away by less than two feet of moving water.

FLOOD PREPAREDNESS SURVEY

In an event of an emergency
would your household have
transportation to evacuate or
would need assistance?

Please contact

Emergency Manager
Coordinator

Jackie Conway at
775-867-8706

Or

emd@fpst.org

For Your Children's and Your Own Safety

NO SWIMMING in Ditches and Canals. The water is high, currents are fast, and debris can inflict drowning.



Please Stay Out Of the Ditches and Canals

The Fallon Paiute-Shoshone Tribe declared a state of emergency April 7, 2023 in order to protect and prepare the community for the potential flooding event this spring.

The State of NV has declared a Flood Emergency May 29, 2023 to protect, save lives, and assist effected areas.

FPST will be monitoring activity during this declared emergency.

The Supreme Court Just Handed Native Families a Huge Victory

“Our Constitution...promises [tribes] sovereignty for as long as they wish to keep it.”

The Supreme Court on Thursday upheld the Indian Child Welfare Act, the landmark 1978 legislation aimed at preventing Native foster children and adoptees from being separated from their families and tribes. The ruling in *Haaland v. Brackeen* represents a victory for Native tribes, who argued that the case threatened the basic tenets of Native sovereignty, and a blow to the plaintiffs—the state of Texas and three non-Native couples who wanted to adopt Native children—who argued to overturn the law based on racial discrimination and an overly intrusive federal government.

“This case is about children who are among the most vulnerable: those in the child welfare system,” wrote Justice Amy Coney Barrett in the majority opinion. “The bottom line is that we reject all of petitioners’ challenges to the statute, some on the merits and others for lack of standing.” Justices Clarence Thomas and Samuel Alito dissented.

The Indian Child Welfare Act (ICWA) requires states to make proactive efforts to place Native children with family members, members of the same tribe, or other Native families. In addition, the law allows tribes to intervene in foster placement and adoption decisions.

“Often, Native American Tribes have come to this Court seeking justice only to leave with bowed heads and empty hands,” wrote Justice Neil Gorsuch in his opinion. “But that is not because this Court has no justice to offer them. Our Constitution reserves for the Tribes a place—an enduring place—in the structure of American life. It promises them sovereignty for as long as they wish to keep it.”



ICWA emerged in response to a long history of Native family separation. By the time ICWA passed, in 1978, between 25 and 35 percent of all Native children had been taken from their families and put in foster homes, adoptive homes, or institutions, according to surveys by the Association on American Indian Affairs.

The plaintiffs in the Supreme Court case included the state of Texas as well as three sets of parents (including Chad and Jennifer Brackeen) who wanted to adopt Native children. Two of the three couples were ultimately successful in doing so, but all say they encountered unconstitutional barriers because of ICWA. The plaintiffs found support from a network of conservative groups, including the Cato Institute, the Goldwater Institute, and the Bradley Foundation. Gibson Dunn, the law firm representing the Brackeens pro bono, has represented several plaintiffs taking issue with laws specific to Native communities, including the corporation behind the Dakota Access pipeline.

“ICWA deprives Indian children of an individualized assessment of their best interests based on their blood,” wrote the Brackeens’ lawyer, Matthew McGill, in an email last year. “Our position is that, no

less than non-Indian children, Indian children are entitled to a placement based on their best interests, rather than on stereotypes about what is good for Indian children as a category.”

ICWA supporters—including 497 tribes, 23 states, and 87 members of Congress—countered that the law’s focus on placing kids with their kin is the gold standard for child welfare policy reform. “All children would benefit from such a commitment,” read an amicus brief in support of the defendants, filed by dozens of child welfare and adoption organizations. Many legal experts argue that the law, like much of Native sovereignty, is based not on race, but rather on tribes’ unique political status. Some worried that a ruling against ICWA could mean “the unraveling of the legal structure that defends the rights of Indigenous nations in this country,” *This Land* podcast host Rebecca Nagle told me last year.

“We are overcome with joy that the Supreme Court has upheld the Indian Child Welfare Act,” wrote the National Indian Child Welfare Association in a recent statement. “The positive impact of today’s decision will be felt across generations.”

FPST Mosquito Abatement Program Update

Due to the abundance of water caused by snow melt this year, the mosquito season is expected to be more intense. The increase of water being delivered to low valley areas for irrigation creates ideal breeding grounds for mosquitos. These areas can breed thousands of mosquitos with each water delivery. Each mosquito can lay a raft of a hundred eggs. Thankfully, the Bureau of Indian Affairs has provided emergency flood funds to supplement tribal mosquito abatement expenses. With this funding the Tribe was able to purchase two additional backpack larvicide blowers and a Buffalo Turbine air blast sprayer for liquid or granule larvicide applications. The emergency flood funds also includes the hiring of two temporary TERO workers to assist with larviciding to target mosquitos before they ‘hatch off.’



The Tribal Mosquito Abatement Program provides these tips to help you avoid the bites and reduce the threat of the West Nile Virus.

- Drain: Empty out water containers at least once per week and use pool covers.
- Dress: Wear long sleeves, long pants, and light colored, loose-fitting clothing.
- Defend: Properly apply an EPA-registered repellent such as DEET, picaridin, or try a natural repellent like coconut oil.

To report high mosquito activity in your area please call or text our field cell number at **775-493-1700**. If you know of any areas where mosquitos may be breeding, we would like your input. Your message is important, so please leave your name, address, phone number and your concerns. You may also request to be put on the no-spray list and the department will try to honor those requests when possible.

Please remember that mosquito fogging is dependent on temperature and wind speed and there may be times when we will be unable fog.

The Environmental Protection Department is presently seeking applicants for a seasonal Environmental Specialist to implement the Tribal Mosquito Abatement Program. If you are interested in a seasonal position protecting public health, please contact the Human Resource Director for more information at 775-423-6075.

Mormon Crickets Everywhere

By Jill Wright tribalnews@fpst.org

Millions of crickets are invading parts of Nevada, and have even been spotted in the foothills of the Stillwater Mountains.

Although they are known as crickets, the insects are actually a type of katydid, not true crickets. They don't fly but can hop and crawl up to a mile a day, eating everything in their path.

The crickets are known as Mormon crickets because they were first seen by Mormon settlers in the 1800's. The very name of these insects originated in the 19th century, when voracious crickets ravaged Mormon settlers in Utah. The U.S. Department of Agriculture spends huge sums each year to control the pests.

They are covering the ground, roads and highways, crawling up walls, porches, buildings and they are also a traffic hazard. The Nevada Department of Transportation is clearing and sanding roads because the smashed bugs are making the roads slick.

As Fallon residents Tim and Sandra Plants traveled through Battle Mountain they stated, "The Mormon crickets blanketed the highway and it was like driving on water.



Mormon Crickets climbing walls and porches



As we pulled into a gas station, our grill and tires were covered in crickets and there was a flock of birds pecking the insects right off of vehicles at the gas station, it was like something out of a movie".

So if your traveling the roads in Northern Nevada, be careful they can be very slick.



Free Nutrition Education Classes

University of Nevada Reno, Extension is excited to offer free nutrition education courses to Nevada residents that will teach families with young children how to shop on a budget. This course has eight 60-minute lessons offered online twice a week for four weeks.

Nevada's Supplemental Nutrition Assistance (SNAP) emergency allotments ended in April 2023. To help stretch your food dollars, this course will provide information on:

- Planning budget friendly meals
- Saving money while grocery shopping
- Increasing fruits and vegetables
- Cooking easy healthy meals

After completing six of the eight lessons, you will receive free kitchen supplies, such as cutting boards, measuring spoons, cookbooks and more!



Classes start Summer 2023!

Classes will be available

- Morning
- Afternoon
- Evening
- Weekends

Interested?

Sign up for classes here:

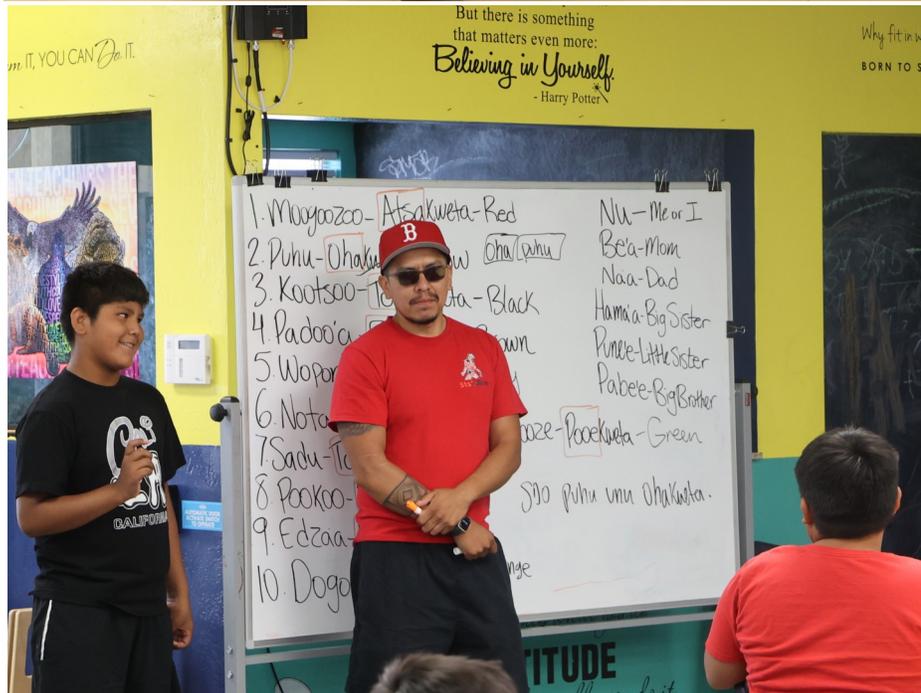


Or email us: EFNEP@unr.edu

An EF0/AA Institution: Extension is a unit of the University of Nevada, Reno's College of Agriculture, Biotechnology & Natural Resources engaged in Nevada communities, presenting research-based knowledge to address critical community needs. It is a county-state-federal partnership providing practical education to people, businesses and communities.

This work is supported by the USDA National Institute of Food and Agriculture. The USDA is an equal opportunity provider.

BOYS AND GIRLS CLUB OF AMERICAN-FALLON PAIUTE SHOSHONE TRIBE



Esha Hoferer, WRPT Paiute Language Teacher teaching kids words at the Boys and Girls Club of America FPST Summer Program

Dinahee, Orian and Kas at Summer Recreation

Staying Safe During Extreme Heat

Exposure to extreme heat can have many direct effects on human health (heat stroke, reduced labor productivity), as well as indirect effects (promoting air pollution and increasing asthma attacks, overloading power grids requiring rolling blackouts). Negative health outcomes occur if an individual is exposed to the hazard and has not sufficiently adapted to reduce sensitivity.

What are the signs of heat related illness?

Heat Exhaustion	Heat Stroke
ACT FAST <ul style="list-style-type: none"> • Move to a cooler area • Loosen clothing • Sip cool water • Seek medical help if symptoms don't improve 	ACT FAST CALL 911 <ul style="list-style-type: none"> • Move person to a cooler area • Loosen clothing and remove extra layers • Cool with water or ice
Dizziness Thirst Heavy Sweating Nausea Weakness	Confusion Dizziness Becomes Unconscious
	
<p><i>Heat exhaustion can lead to heat stroke.</i></p> <p><i>Heat stroke can cause death or permanent disability if emergency treatment is not given.</i></p>	
 <p>Stay Cool, Stay Hydrated, Stay Informed!</p>	

Heat-related illnesses happen when the body is not able to properly cool itself. While the body normally cools itself by sweating, during extreme heat, this might not be enough. In these cases, a person's body temperature rises faster than it can cool itself down. This can cause damage to the brain and other vital organs. Types of heat related illnesses include:

- **Heat Cramps** - Muscular pains and spasms due to heavy exertion. Although heat cramps are the least severe, they are often the first signal that the body is having trouble with the heat.
- **What to look for:** heavy sweating, muscle pains or spasms
- Actions to take: stop physical activity and move to a cooler place, drink water or a sports drink. Seek medical attention if cramps last longer than one hour,
- **Heat Exhaustion** - Typically occurs when people exercise heavily or work in a hot, humid place where body fluids are lost through heavy sweating. Blood flow to the skin increases, causing blood flow to decrease to the vital organs. This results in a form of mild shock. If not treated, the victim's condition will worsen. Body temperature will keep rising and the victim may suffer heat stroke.
- **Heat Stroke - A life-threatening condition.** The victim's temperature control system, which produces sweating to cool the body, stops working. The body temperature can rise so high that brain damage and death may result if the body is not cooled quickly. A person who is experiencing heat stroke needs medical attention.

To learn more about who is more at risk of heat related illnesses, visit the "[at risk populations](#)" page of the NIHHS website.

Supreme Court rules against Navajo Nation in Colorado River water rights case

ASSOCIATED PRESS WASHINGTON (AP) The Supreme Court ruled against the Navajo Nation on Thursday in a dispute involving water from the drought-stricken Colorado River.

States that draw water from the river — Arizona, Nevada and Colorado — and water districts in California that are also involved in the case had urged the court to decide for them, which the justices did in a 5-4 ruling. Colorado had argued that siding with the Navajo Nation would undermine existing agreements and disrupt the management of the river.

The Biden administration had said that if the court were to come down in favor of the Navajo Nation, the federal government could face lawsuits from many other tribes.

Lawyers for the Navajo Nation had characterized the tribe's request as modest, saying they simply were seeking an assessment of the tribe's water needs and a plan to meet them.

The facts of the case go back to treaties that the tribe and the federal government signed in 1849 and 1868. The second treaty established the reservation as the tribe's "permanent home" — a promise the Navajo Nation says includes a sufficient supply of water. In 2003 the tribe sued the federal government, arguing it had failed to consider or protect the Navajo Nation's water rights to the lower portion of the Colorado River.

Writing for a majority made up of conservative justices, Justice Brett Kavanaugh explained that "the Navajos contend that the treaty requires the United States to take affirmative steps to secure water for the Navajos — for example, by assessing the Tribe's water needs, developing a plan to secure the needed water, and potentially

building pipelines, pumps, wells, or other water infrastructure."

But, Kavanaugh said, "In light of the treaty's text and history, we conclude that the treaty does not require the United States to take those affirmative steps." Kavanaugh acknowledged that water issues are difficult ones.

"Allocating water in the arid regions of the American West is often a zero-sum situation," he wrote. It is important, he said, for courts to leave "to Congress and the President the responsibility to enact appropriations laws and to otherwise update federal law as they see fit in light of the competing contemporary needs for water."

A federal trial court initially dismissed the lawsuit, but an appeals court allowed it to go forward. The Supreme Court's decision reverses that ruling from the appeals court.

In a dissent, Justice Neil Gorsuch wrote that he would have allowed the case to go forward and he characterized the Navajo's position as a "simple ask."

"Where do the Navajo go from here?" he wrote. "To date, their efforts to find out what water rights the United States holds for them have produced an experience familiar to any American who has spent time at the Department of Motor Vehicles. The Navajo have waited patiently for someone, anyone, to help them, only to be told (repeatedly) that they have been standing in the wrong line and must try another."

Gorsuch said one "silver lining" of the case may be that his colleagues in the majority recognized that the tribe may still be able to "assert the interests they claim in water rights litigation, including by seeking to intervene in cases that affect their claimed inter-



ests." Gorsuch, a conservative, was joined by the court's three liberals: Justices Sonia Sotomayor, Elena Kagan and Ketanji Brown Jackson. During arguments in the case in March, Justice Samuel Alito pointed out that the Navajo Nation's original reservation was hundreds of miles away from the section of the Colorado River it now seeks water from.

Today, the Colorado River flows along what is now the northwestern border of the tribe's reservation, which extends into New Mexico, Utah and Arizona. Two of the river's tributaries, the San Juan River and the Little Colorado River, also pass alongside and through the reservation. Still, one-third of the some 175,000 people who live on the reservation, the largest in the country, do not have running water in their homes.

The government argued that it has helped the tribe secure water from the Colorado River's tributaries and provided money for infrastructure, including pipelines, pumping plants and water treatment facilities. But it said no law or treaty required the government to assess and address the tribe's general water needs. The states involved in the case argued that the Navajo Nation was attempting to make an end run around a Supreme Court decree that divided up water in the Colorado River's Lower Basin.

CHILDREN & TEENS HEALTH DAY



THURSDAY, JULY 20, 2023

Fallon Tribal Health Center • 1001 Rio Vista • Fallon, Nevada

School/Sports Physicals

School Immunizations

Vaccines (including COVID)

Dental & Vision Checks

Behavioral Health

**COME ON OUT
AND SEE US!!!**

**Sno Cones available
after your appointment!**



Bounce House for



To schedule an appointment for our Children & Teens Health Day, please call us at 775-423-3610 (limited slots available for physicals and exams). There will no Walk-In's on this day.

A parents or legal guardians must schedule an appointment and **MUST** be present with their children/teen for the entire appointment and monitor them if in the bounce house.

FALLON TRIBAL HEALTH CENTER

1001 RIO VISTA DRIVE • FALLON, NEVADA 89406 • TEL (775) 423-3634 • FAX (775) 423-2287

BGCA Newsletter

Some photos from our adventures!

Made it to the top of Sand Mountain!



Churchill County Museum



Fallon Naval Air Base



Planetarium



BGCA Newsletter

Summer Rec in June

We sure have been busy bees! This month at Summer Rec we have explored the Fallon Naval Air Base, Churchill County Museum, Sand Mountain, the Planetarium and have had Paiute Language Classes twice a week!

We have been participating in weekly STEM activities to keep our minds flowing with inspiration and creativity.

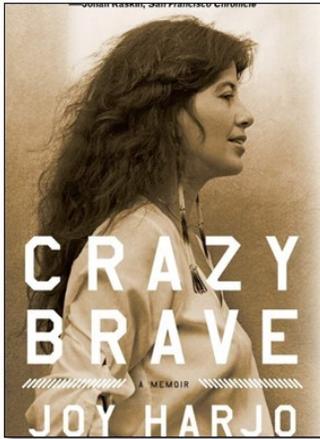


Tule Hut and Tule boat at the Churchill County Museum



Paiute Language Class





FEATURED BOOK & AUTHOR:

FEATURE AUTHOR:

JOY HARJO

In this transcendent memoir, grounded in tribal myth and ancestry, music and poetry, Joy Harjo details her journey to becoming a poet. Born in Oklahoma, the end place of the Trail of Tears, Harjo grew up learning to dodge an abusive stepfather by finding shelter in her imagination, a deep spiritual life, and connection with the natural world. Narrating the complexities of betrayal and love, *Crazy Brave* is a haunting, visionary memoir about family and the breaking apart necessary in finding a voice.

JULY MEALS CALENDAR

(activities are subject to change or cancellation — please call to confirm)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
<i>Senior Center closed, homebound will receive meals for days closed .</i>	<i>Senior Center closed, homebound will receive meals for days closed .</i>	Enchiladas, side of Mexican Coleslaw, Chips, Dessert	Indian Taco's & Dessert	Orange Chicken with side of Coconut Rice, Steamed Broccoli, Side of Fruit
10	11	12	13	14
<i>Meat and Potato Foil Packs, Baked Veggies, Dessert</i>	Beef Broccoli, Jasmine Rice, Spring Rolls with Sweet and Sour Sauce and side of Fruit	Breaded Chicken Sandwich, Baked Beans, Side Salad, Dessert	Turkey Taco Lettuce Wrap, Avocados and Limes, Spanish Rice, Side of Fruit	Fish & Chips, Coleslaw, Dessert
17	18	19	20	21
Meatball Sub Sandwiches, Side of Veggies, Dessert	Ham and Beans, Corn Bread, Side Salad, Fruit	Philly Cheese Sandwich, Pepperoncini, Chips, Dessert	Cabbage Rolls, Steamed Rice, Side of Fruit	<i>Buffalo Chicken Tender Wraps, with a Holiday Salad/ Broccoli/Fruit and Cranberry's</i>
24	25	26	27	28
Pork Chops, Steamed Veggies, Side of Cranberry's and applesauce, Dessert	Cold Cuts on a Hogi Bun, Chips, Cut Melon	Stuffed Fry Bread, Shredded Lettuce & Cut Tomatoes on Side, Cookies	Chef Salad, with a side of Fruit	Spaghetti with Meat Sauce, green Beans garlic Bread, Dessert
31				
Chicken Katsu, Mac Salad, Jasmine Rice, Dessert				

FTHC-BEHAVIORAL HEALTH MENTAL HEALTH RESOURCES FOR YOU AND YOUR LOVED ONES.

988 SUICIDE & CRISIS LIFELINE



At other times we need to heard, feel emotionally supported, encouraged and just have someone to talk to.



If you are in need of emotional support, call NAMI Western Nevada Warmline (775) 241-4212 24 hours a day, 7 days a week, 365 days per year. This is a stigma-free, non-crisis peer support phone service. You will speak one-on-one with a Peer Wellness Operator. The Warmline is confidential and staffed by trained peers in recovery who provide support to individuals impacted by mental illness or life stressors.

NAMI also has the **Nevada Teen Peer Support Text Line, (775) 296-8336**. This Teen Peer Support Text Line is a stigma-free, non-crisis peer support text service for adolescents and young adults aged 14 to 24 years old.



The FTHC Behavioral Health Program now has its own direct phone line. For more information contact (775) 423-9076 for more information or to schedule an appointment with a Mental Health or Substance Abuse treatment provider.

WELCOME TO BEHAVIORAL HEALTH PROGRAM FOR MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES – JULY 2023

We now have a new direct phone line, (775) 423-9076.

July Is known As BIPOC Mental Health Month

BIPOC stands for Black, Indigenous and People of Color. BIPOC populations are faced with disproportionate amounts of historical trauma and displacement that can make it a challenge to thrive. However, culture, community, and connection are pillars that support and uplift BIPOC individuals in the face of oppression and systemic racism.

The cultures of BIPOC communities are born from the richness of ancestral wisdom, survival practices, and support systems that have not only sustained life but allowed it to thrive and bloom in even the most hostile of environments. BIPOC communities look out for one another and ensure survival, and in cultural hubs, BIPOC communities remind their loved ones of cultural practices that may have otherwise been forgotten.

When we reach out for help, we not only begin to heal ourselves, but we heal our communities. If trauma and displacement have been illnesses, then connection is our medicine. Connection allows us to be known and to know others. We can lean on one another. We can support each other and get support in return. We challenge each other to be better. We challenge each other to keep going.

Retrieved from Mental Health America at <https://mhanational.org/bipoc/mental-health-month>



Talking Circle Tuesdays

5:30 to 7:30 p.m. every Tuesday evening

Where: 999 Rio Vista Dr.

Contact Cynthia Wachsmuth for more information at (775) 423-9076, x1041.

Bureau of Justice Assistance Connect & Protect Project—A 3-year project involving Law Enforcement & Behavioral Health. Goal: to work together regarding crisis interventions within the FPST community. We are in Year 1.

Anissa Sabori, BA, LSW, Behavioral Health Liaison for the BJA Connect and Protect grant. Year 1 tasks include development of policies and procedures, crisis intervention training and getting ready for year 2 which is the implementation phase.



For questions regarding services or activities contact Leslie Steve, MA, LADC, Director of Behavioral Health at 423-9076, ext. 1032.

PRACTICE MINDFULNESS.....Breathe.
"Yesterday is gone, tomorrow hasn't happened; what we have is right here, right now. Promote peace."



Mental Health Program Assessments, Psychiatric & Therapy Services

Dr. Sonny Ruckstuhl, Clinical Psychologist, available on Tuesdays.

Dr. Steven Rubin, Psychiatrist, available Wednesdays.

Ellen Johnson, MA, LMFT, LCADC is a licensed marriage and family therapist as well as a licensed clinical alcohol & drug counselor. Ellen is available for therapy services on Thursdays (all ages).



Family Therapist, Vacant We are currently seeking a qualified candidate to fill this position.

Substance Abuse Program (SAP) Assessment & Outpatient Treatment

Cynthia Wachsmuth, Substance Abuse Counselor. She is available for screenings, evaluations and substance abuse treatment and referral services.



Sunny Cox, Family Support Coordinator & Substance Abuse Counselor Intern. Sunny will assist the Family Therapist and provide case management services. She is also a part-time substance abuse counselor intern and can provide screenings, assessments, treatment and referral services.



Brenda Hooper, Recovery Support Coach & Coordinator. She provides recovery support to individuals in early recovery from substance abuse and mental health issues. Her roles is to help people stay on their wellness path.



Shelby Harrison, Behavioral Health Assistant. For an appointment any of the BH providers, contact her at our new direct line (775) 423-9076.



The Fallon, Lovelock & Yomba Wellness Community (WELCOM) Circle

We will host the next meeting at the COC building on 7/20/23 from 12noon to 1:30 p.m. Everyone is welcome to attend. For more information call (775) 423-9076.

**Grandpas, Grandmas,
Uncles, Aunties, Cousins,
In-Laws and "Outlaws"
All FAMILY Invited**

Date:

September 16, 2023

Time: 10:00 AM to Closing

POTLUCK LIST—

Bring enough to serve

15—20 relatives

If your last name begins with:

A-E—Casserole

F-J—Salads

K-O—Desserts

P-T—Beans

U-Z—Stews

Every Family is asked to bring one
12 pack of Soda or a case of Water

Meat will be donated.

**To: All Descendants
of
Pat & Annie Butler
Hicks
and
Alice Hicks-Graham &
Fred & Lilian Williams**

A Family Reunion

LOCATION

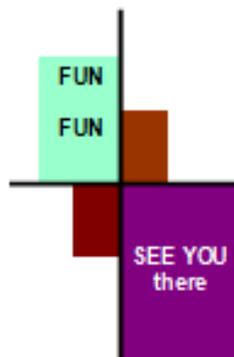
FALLON PAIUTE SHOSHONE TRIBE

GYMNASIUM

8955 Mission Road, Fallon NV

Contact persons:

Rulan Stands 775-426-9380



GAMES

**FAMILY TREE, SLIDE
SHOWS, RAFFLES,
ENTERTAINMENT
TALENT CONTEST &
FIVE HANDMADE
GENERATIONAL
QUILTS GIVE AWAY**

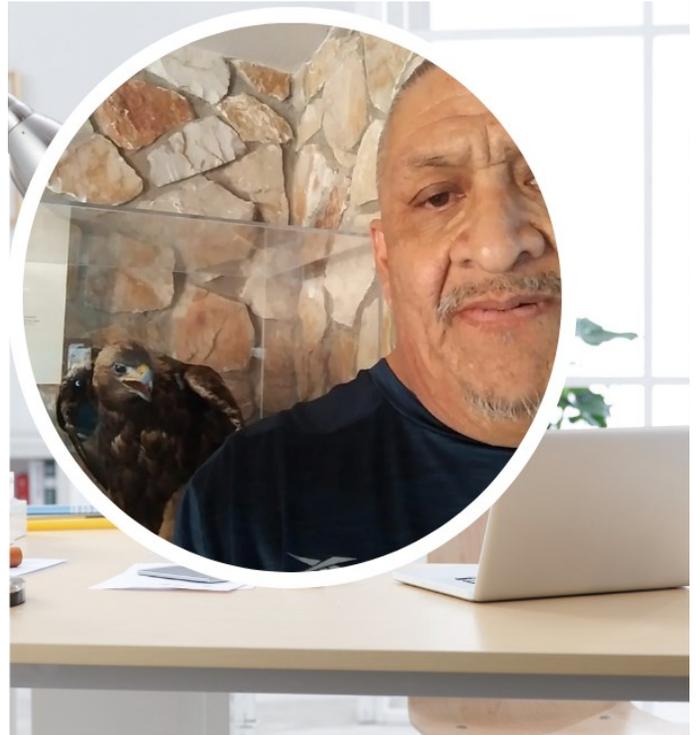
Ray Allen's Journey

"If somebody out there has to go through this, don't get down, reach out to family, friends and to your community, there is help."

Ha'uu my community. I decided to share my story. This all started June 1, 2022 when I started to experience paralysis. I expected that something was wrong, I just wasn't aware how bad. Indeed, up taking two ambulance rides one from my house in Stillwater and another to Renown in Reno, both times ending up in the ER. in Fallon. Banner found a fracture in my back, then once in Renown ER, the doctor told me that usually when something like this happens, there is normally a tumor involved somewhere. So after all kinds of test's they located the tumor, it was just below my fracture.

That was the good news, the bad was it was cancer. I spent most the last year in and out of Renown having a back surgery, a tumor removal, an ostomy surgery and an ostomy reversal. So things haven't been the best but though it all I have been keeping my head up and having a positive attitude.

For me it's been sharing my experience that has helped me. I have found that it is different for everyone with cancer and is hard to deal with. Accepting the fact that I have cancer and there is only one option to treat it is not an easy decision. Chemo and sometimes radiation is a very hard thing to do. I can sympathized with anyone having to deal with this and you are not alone although it may feel like it is.



So right now I'm in Vegas at the Sara Cannon Institute getting a bone marrow transplant keeping a positive attitude looking forward to better days. If somebody out there has to go through this don't get down, reach out to family, friends and to your community, there is help. If by sharing my story helps someone, thank Creator for that. I love and care for all of you, so may The Great Spirit watch over everyone.

Sincerely, Raymond Lawrence Allen



Fallon Paiute Shoshone Tribe Victim Services Department is in the planning stage for National Night Out 2023 which will take place on Tuesday, August 8, 2023. The mission of Fallon Paiute-Shoshone Tribal Victim Services Program is to provide direct services and referrals to address violence prevention and victimization. The program provides services through a responsive and comprehensive approach to assist victims in regaining self-sufficiency and quality of life. We recognize this requires collaboration and partnerships with law enforcement and all first-responders.

National Night Out is a national campaign that works to promote police-community partnerships. Our rural community has unique jurisdictions that span city and county lines, an active duty military installation, and both an Indian colony and reservation. Fallon Paiute Shoshone Tribe Victim Services Department recognized this as an opportunity to promote and create community partnerships with all first responders in our distinctive jurisdiction.

Fallon Paiute Shoshone Tribe hosted the first annual National Night Out last August at Fox Peak Cinema. We enjoyed participation from FPST Law Enforcement, Lovelock Paiute Tribe Law Enforcement, Churchill County Sheriff Department, Nevada Highway Patrol, NAS Fallon Security, NAS Fallon Fed Fire, and Banner Churchill Ambulance.



49th Annual Yosemite Big Time Gathering

August 12th & 13th, 2023

Dance Groups contact:

Thomas Stone

760-937-2904



This Is An
Alcohol
&
Drug
Free Gathering

Traditional Craft Vendors

Contact:

Genevieve Lemaster

559-676-6225



Bring
Chairs

Food & Drink

Donations Accepted

9035 Village Dr, Yosemite Valley, CA 95389



LUNCH AND LEARN



JULY 19, 2023

TOI-TICUTTA WELLNESS CENTER

8929 MISSION ROAD

FALLON, NV 89406 775-423-2220

11:00-12:00

PRESENTED BY: LAURIE BISSETT RD
SHERRY TAYLOR RN, BSN COMMUNITY
HEALTH NURSE

LEARN
TO
AIRFRY



- July 7th Joy Ride
- Insidious
- July 14th Mission Impossible
- Theater Camp
- July 21st Barbie
- Oppenheimer
- July 28th Haunted Mansion

Pick up your bag of popcorn at Fox Peak Station for only \$5

All Pre-Covid releases still only \$1



Adult evening shows: \$10.00
 Children (under 12) are \$7.25
 Seniors / Military: \$8.25
 Matinee (before 6pm): \$7.25
 Classic Shows: \$1.00
 Call for showtimes: 775-423-7099



Vice Chairman Andy Hicks swears in Cody Downs as FTDC President



Vice Chairman Andy Hicks swears in Tanzi Kancler as a FTDC Board Member



Kids Can Fish for **FREE** in 2023!

We want to make it as easy as possible for kids to enjoy Nevada's fishing opportunities! Thanks to generous donations made by our conservation partners and members of the public to the Nevada Youth License Fund, we are able to offer youth combination(fishing/hunting) licenses to anyone 12-17 years old at no cost to them, **while supplies last!** Anyone younger than 12 years old can fish legally without a license.

Get a license today at ndowlicensing.com! Interested in supporting the Nevada Youth License Fund? Mail a check to:

Attn: Nevada Youth License Fund
NDOW Headquarters
6980 Sierra Center Parkway, #120
Reno, NV 89521

We have staff available at (855) 542-6369 if you have any questions.

FALLON PAIUTE SHOSHONE TRIBE

· Case Manager/Patient Advocate
 · Chief Medical Officer
 · Phlebotomist
 · Grants Administrator
 · Tax & TERO Assistant
 · Medical Assistant
 · Housing Receptionist
 · Dental Aide
 · Environmental Specialist I
 · Nurse Practitioner/Physician Assistant
 · Food Pantry/Community Garden Coordinator
 · Patient Registration Supervisor
 · Medical Laboratory Technician
 · Clinical Psychiatrist
 · Tribal Administrator
 · Police Officer
 · Optometrist
 · Program Development Manager
 · Youth Care Worker
 · Dental Assistant II (Certified)
 · Dental Assistant
 · Optometrist



**For more information about a job or to complete an application,
 go to fpst.org/employment/to apply**

The Pyramid Lake Paiute Tribe Proudly Invites You to the

**“Te Nanumu Magodyuku”
“Bringing the People Home”**



12th Annual
**SACRED
Pow-Wow
VISIONS**

July 7-9, 2023

Big Bend Ranch, Wadsworth, NV

Host Drum
SAGE POINT SINGERS, Fort Hall, ID

Master of Ceremonies
JAMES PHOENIX, Pyramid Lake

Arena Director
MARTY MONTGOMERY, Washoe Tribe

**GRAND ENTRY: Friday 7 PM
Saturday—12 PM & 7PM
Sunday—12 pm**

SPECIAL EVENTS—SATURDAY

- ♦ Traditional Paiute Buckskin Contest
- ♦ Fun Run—8 AM
- ♦ Parade—10 AM
- ♦ Other activities—TBA

Native Arts
& Crafts

PUBLIC WELCOME

FREE Admission | FREE Camping

**Sponsored by the Pyramid Lake
Paiute Tribe, Pyramid Lake
Veterans & Warriors
Organization, Pyramid Lake
Tribal Health Clinic, and
Volunteers**

Powwow Committee:
PO Box 897,
Wadsworth, NV 89442

Point of Contact:
Joyce McCauley (775) 815-7588
Anita Dunn (775) 771-2683

Vendors:
Angey Dunn (775) 412-8624
or angeyfaye@yahoo.com

• DRUG FREE EVENT | The Sacred Visions Powwow Committee and Sponsors are not responsible for short funded travelers, thefts, damages, or injuries. | NO Weapons, firearms, or fireworks permitted.

PitchHit&Run  **2023**

**Hosted By
Fallon Elks #2239**



In Association With:

**City of Fallon, Parks and Recreation
Churchill County Parks and Recreation
Churchill County Chamber of Commerce**

When: July 22, 2023

**Where: Regional Baseball Fields
Churchill County Fairgrounds**

Who: Kids ages 7-14

Sign up by clicking below:

<https://pitchhitrun2023.leagueapps.com/events/3954452-elks-lodge-2239>

For More information: rickmccusker@ccomm.net (916)201-9543



JULY & AUGUST FOOD DISTRIBUTION SCHEDULE



The following is a schedule for the July & August 2023 food distribution supplemental resources for the Fallon Tribal Community. This schedule includes the monthly USDA Yerington Commodity food distribution and the Northern Nevada Food Bank Mobile Harvest.

USDA Yerington Commodity Food Distribution (CLC Parking Lot)

Participants must meet USDA guidelines. Contact YPT for additional eligibility requirements. You can visit their Facebook page for the Yerington Commodity Food Program or by phone at (775) 783-0260.

Monday, July 3 & Tuesday, August 1— 8 a.m. to 11:45 a.m.

Northern NV Food Bank Mobile Harvest (CLC Parking Lot)

Drive-thru style distribution of fresh fruit, dairy and vegetables. Mobile harvest is the **2nd Tuesday of every month**. Participation is open to all Churchill County residents of all income levels. First time participants are required to complete an initial intake form on-site.

Tuesday, July 11 & August 8 — 12:30 p.m. to 1:30 p.m.



**FALLON PAIUTE-SHOSHONE TRIBE
EMERGENCY MANAGEMENT DEPART.**

8942 MISSION ROAD
FALLON, NV 89406
(775) 867-8706

TRIBAL DMV TAX EXEMPTION REMINDER

INSTRUCTIONS:

- The application for exemption must be submitted for each registration period.
- Separate applications are required for each vehicle and must be presented to the DMV at the time of registration or renewal.



ELIGIBILITY:

- The registered owner of the vehicle must be a FPST Tribal member who resides permanently within the boundaries of the Fallon Paiute Shoshone Tribe. His/her name must appear on the DMV registration documents.
- Only after proper validation will the Tribal Chairwoman/Vice Chairman process the DMV exemption. Officials of the FPST **cannot** sign on behalf of another Tribal Chairman within the state of Nevada, therefore members of other Nevada tribes must get their exemption from the Tribe in which they are enrolled.
- Documents verifying tribal identification and vehicle registration **MUST** match to a permanent and current address within the boundaries of the Fallon Paiute Shoshone Reservation/Colony.

Please plan ahead by allowing Administration a 1-2 day turn around time for verification and processing.

As a reminder, this tribal DMV Tax Exemption

is a privilege!

**Please do not abuse the
DMV exemption opportunity!**



FLOOD/HIGH WATER POINTS-OF-CONTACT

Program Area	Point-of-Contact	Email	Phone Numbers
ADMINISTRATION			
Primary Contact	Chairwoman Tuni	chairman@fpst.org	775-423-6075
Primary Contact	Vacant	secretary@fpst.org	775-426-8635
Primary Contact	Treasurer Moyle	fbctreasurer@fpst.org	775-423-6075
HEALTH CENTER			
Health Administration	Jon Pishion	fthcdirector@fpst.org	775-423-3634, ext. 1029 775-217-9078
Medical & Laboratory	Christina Baldwin	labsupervisor@fpst.org	775-423-3634
Scheduling	Jolene Thomas Stormy Finke	medscreen1@fpst.org scheduling1@fpst.org	775-423-3610
Optical Services	Leneva George	opto1@fpst.org	775-423-3634, ext. 1017
Pharmacy	Tim Brown	chief_pharmacist@fpst.org	775-423-3634, ext. 1872
Community Health	Sherry Taylor	regnurse1@fpst.org	775-423-2220
Benefits Office	Jenevie Lucero	benefits2@fpst.org	775-423-3634, ext. 1026
Patient Registration	Vacant	patregsup@fpst.org	775-423-3634, ext. 1025
CHR Program	Linda Noneo	chrsup@fpst.org	775-423-3634, ext. 1039 775-427-0977
Medical Records	Crystal Hall	medrecords@fpst.org	775-423-3634, ext. 1024
PCR Office (referrals)	Lorna Mauwee	prc1@fpst.org	775-423-3634, ext. 1030
Behavioral Health	Leslie Steve	mhsadirector@fpst.org	775-423-3634, ext. 1032
COMMUNITY LEARNING CENTER			
Primary Contact	Lisa Bedoy	clcdirector@fpst.org	775-423-8065
HOUSING AUTHORITY			
Primary Contact	Sharon Pacheco	adminassistant@fpst.org	775-423-3321
SENIOR CENTER			
Primary Contact	Vickie Mendoza	regnurse1@fpst.org	775-423-7569
TRIBAL RESOURCES			
Primary Contact	Leanna Hale	landwaterdir@fpst.org	775-423-3725
VICTIM SERVICES			
Primary Contact	Michelle Bowers	victimservices@fpst.org	775-427-9961
PUBLIC SAFETY			
Emergency Management	Jackie Conway	emd@fpst.org	775-867-8706 775-427-0996
Tribal Police	David Blackeye	chiefofpolice@fpst.org	775-423-8848
PUBLIC WORKS			
Water/Sanitation	John Schaffer	publicworks@fpst.org	775-427-9954
Environmental	Richard Black	richenviro@fpst.org	775-423-0509
TRIBAL COURT			
Judicial Services	Kae Ward	courtclerk@fpst.org	775-423-8883
YOUTH & FAMILY SERVICES			
Social Services	Michelle Grace	yfsadmin@fpst.org	775-423-1215
Vocational Rehab.	Taleah Hinkey	yrm@fpst.org	775-428-2250

FLOOD EMERGENCY CONTACT LIST

ALL EMERGENCIES 911

**HIGH WATER CALL CENTER.....(775) 867-5923 or e-mail
highwater23@churchillcountynv.gov**

Truckee-Carson Irrigation District (TCID).....(775) 423-2141

TCID Maintenance Emergency...(775) 427-0964

FPST Land & Water Resources..... (775) 423-3725

Road Closures.....511 or nvroads.com

KEY MOTIVE LLC
Cyrus Bearcloud
AUTO LOCKSMITH
775.217.1626
AVAILABLE 24 HOURS

NONPROFIT ORG.
U.S. POSTAGE PAID
MAILED
ZIP CODE 89406
PERMIT NO 18

THE FALLON PAIUTE-SHOSHONE TRIBE
FALLON, NV

Fallon Paiute-Shoshone Tribe
565 Rio Vista Drive
Fallon, NV 89406
Tel (775) 423-6075
www.fpst.org
ADDRESS/RETURN SERVICE REQUESTED