



NUMA NEWS

Fallon Tribe Appoints New Leadership



L-R: Council Member Edwin Conway, Vice Chairman Andy Hicks, Chairwoman Williams-Tuni, Secretary Lynette Fisherman, Treasurer Vickie Moyle and Council Member Philip Johnson

By Jill Wright tribalnews@fpst.org

The Fallon Paiute Shoshone Tribe appointed a new Tribal Secretary, Lynette Fisherman on September 15 to serve on the Fallon Paiute Shoshone Tribal Council.

Secretary Fisherman has been a long-tenured employee for the Tribe in various capacities for more than 30 years, 19 of which have been helping to lead and develop the tribes Child Care Program by supporting & investing in our children and families.

Along with serving our community, it's boards and committees, she takes pride in her work and aims to actively serve the community and provide good communication and support to tribes employees and members. She is actively involved in the tribal community and knows the Fallon Tribe's future rests with its youth as she is a strong

advocate for them. She encourages our youth to get involved, have a voice and become leaders.

Fisherman stated, "I am excited for the opportunity to work for the people in a leadership role. I know it's going to be a lot of work but I'm willing to do what it takes to do a good job for the people."

She had great role models. "They instilled my value system and have shown me great examples of work ethic," said Fisherman. "My children are my biggest support system for me and have allowed me to achieve many goals."

Her mission is to work hard and be dedication to the tribe - its sovereignty, culture, health and well-being for future generations.

Secretary Fisherman has lived in the tribal community all her life. She has

been in direct service and planning roles for the tribe, overseeing projects, plans and growth for the tribe. In addition, she has volunteered for over 20 years at our tribal events.

She looks forward to serving the Fallon Tribal people and the community for many years to come.



Chairwoman Williams-Tuni swears in Secretary Fisherman



The Fallon Paiute-Shoshone Tribe

And

The Fallon Tribal Development Corporation

Invites you

Trunk or Treat

Halloween Bash

At

Fox Peak Cinema Parking Lot

Wednesday, October 25, 2023

6-8 pm

**FREE HOT
DOGS, DRINKS
& CHIPS**

Costume Contest

Prizes for 1st/2nd/3rd

Cutest, Scariest, Most Creative, Family/Group

MUSIC

GAMES

PRIZES

CANDY

Please call
Jill Wright at
775-867-8304 if you
have any questions.

Remembering the 9/11 Attacks 22 Years Later

By Jill Wright tribalnews@fpst.org

Solemn ceremonies were held across the country on September 11 to remember and honor those who died in the attacks on September 11, 2001.

The City of Fallon held a remembrance 9/11 ceremony at 10am at City Hall Courtyard. Mayor Kenny Tedford, Captain Shane Tanner, Chairwoman Williams-Tuni and other leaders honored and remembered our heroes and recognized the thousands of lives that were lost.

Originally dedicated in 2002, City of Fallon's 9/11 Memorial features a fragment of a steel beam from The World Trade Center. City of Fallon's Annual 9/11 Remembrance brings the community together with performances from the local choir and bagpiper groups, participation in a national moment of silence, and a ceremonial placing of roses on the monument.

September 11th is a tragic and sad day in our history. It is important that each year we pause, reflect and remember all those we lost and all those who gave their lives in the ultimate sacrifice to others.

Americans looked back on 9/11 with moments of silence, tearful words and appeals to teach younger generations about the terror attacks 22 years ago.



Chairwoman Williams-Tuni & Captain Shane Tanner, Commanding Officer NAS Fallon

49ers vs. Tampa Bay

AMERICAN INDIAN HERITAGE DAY

Sunday, Nov. 19 | 1pm | Levi's Stadium
Pre-Game American Indian Dance Exhibition

INDIAN HEALTH CENTER
OF SANTA CLARA VALLEY

FALLON TRIBAL HEALTH CENTER

TOI TICUTTA HEALTH FAIR

HIGHWAY TO

HEALTH



HEALTH SCREENINGS

- BMI
- Blood Pressure
- Ask a Doctor
- **Tour our new Mobile Clinic**



TESTING & VACCINES

- Flu Shots
- Immunizations
- COVID-19 tests & booster shots



COMMUNITY RESOURCES

- WIC, Churchill Coalition
- Silver State Health Exchange
- Tribal Programs & Departments



FOOD & RECREATION

- Free Lunch
- Live Bands
- Bounce House
- Native Arts & Crafts

OTHER EVENTS

- 7 a.m. Community Breakfast**
(sponsored by Senior Center; gift bags to first 50 elders)
- 8 a.m. Ninja Warrior Relay**
(registration at 7:30 a.m. at Toi Ticutta Wellness Center)
- 9 a.m. 5K Walk/Run**
(registration at 8 a.m. at Toi Ticutta Wellness Center)

Friday, October 13th
10 a.m. - 1 p.m.
FPST Tribal Gym

8955 Mission Road, Fallon, Nevada



To request a table/booth for the Toi Ticutta Health Fair please contact us by Friday, September 21, 2023 by email. For information on the Health Fair or to request a copy of our *Event Schedule & Information Sheet* which has detailed information on the Health Fair events, or booth space, please email us at healthfair@fpst.org

FALLON TRIBAL HEALTH CENTER

TOI TICUTTA HEALTH FAIR

FRIDAY, OCTOBER 13, 2023



EVENT SCHEDULE & INFORMATION



COMMUNITY BREAKFAST

The Stillwater Tribal Senior Center will be hosting a community breakfast to get everyone ready for all of the day's events and activities. We will have pancakes and sausage, as well as healthy options.

The first 50 elders to the Community Breakfast will get a gift bag!!!



NINJA WARRIOR RELAY

Pre-Registration with Joey Fanjul or Avery Ijames at 775-423-2220 or by emailing us at healthfair@fpst.org with names/age of team members. Same-Day Registration at 7:30 am at the Wellness Center.

This is an obstacle Relay with teams of 3-4 people (teams can be comprised of all ages).

Prizes: 1st Place - \$100/person; 2nd Place - \$50/person, 3rd Place - One Fox Peak Cinema pass per person



5K RUN/WALK

Pre-Registration with Joey Fanjul or Avery Ijames at 775-423-2220 or by emailing us at healthfair@fpst.org. Same-Day Registration between 7:30 and 8:30 am at the Wellness Center.

There are four race groups for prizes: Ages 2-17; Ages 18-44; Ages 45-64; and Ages 65 and older

Prizes: 1st Place Winners in each Group - \$50/person; "Completion of Run/Walk" Raffle in each group - \$50/person



HEALTH FAIR

Doors Open - 9:45 am; Event Start - 10 am; Event Close - 1 pm

This is a community event for individuals. We will have having health screenings, testing and vaccinations, community resources, and food and entertainment. For a table/booth contact us by September 21, 2023 by emailing us at healthfair@fpst.org



Flu Season Begins October



True or False: If you received the COVID-19 vaccines (s), you don't need a flu shot.

The answer is at the end of this article.

The flu can leave most people sick for a few days, but it can be a much more serious ordeal if you have heart disease or have had a stroke.

Pneumonia is a lung infection that prevents your lungs from getting enough oxygen into the blood, creating a strain on the heart. It can also increase risks for stroke patients.

Flu season begins in October and typically runs until early to mid-spring. The flu can strike suddenly and can cause fever, chills, cough, sore throat, a runny or stuffy nose, muscle or body aches, headaches and fatigue. Vomiting and diarrhea associated with the flu is more common in children.

A yearly flu shot can help guard against the contagious illness caused by influenza viruses. Flu vaccines are created to combat the strains of flu expected to be circulating in a given year.

A scientific advisory by the American Heart Association and the American College of Cardiology has recommended an annual flu vaccine in injection form for cardiovascular disease patients "with coronary and other atherosclerotic vascular disease".

People develop some immunity to the flu a week after getting vaccinated, though two weeks is when immunity is most likely to kick in for the majority of people, and at four weeks the response to the vaccine generally peaks. You can get the flu vaccine in September before flu season hits and even months into the season.

Basic Preventative Steps

If you haven't been vaccinated, stay out of crowds, particularly if the flu is spreading through your community. Washing hands frequently is also a good practice, along with keeping your hands away from your face. Vaccination remains the best prevention, but prevention remains the best bet.

Answer to our question: False

Unfortunately, the COVID-19 vaccine won't prevent the flu since they are caused by two different viruses. The good news is that you can get a COVID-19 vaccine and other vaccines, including a flu vaccine, at the same visit.



For more Flu Myths visit [Flu Myths Busted](#) | American Heart Association



First declared in 1989, October is a time to acknowledge domestic violence, start the conversation about this important issue, and let those impacted by domestic violence know that they are not alone.

October 19, 2023 is National Wear Purple Day

#EveryIKnowsSome1 #youarenotalone #domesticviolenceawareness #survivor #healing

Based on FPST and UNR needs assessment 2015:

53% of our tribal members have experienced put downs, threats, isolation, and being called names by family or partners. (Compared to 50% nationally)

39% of our tribal members have been threatened to be hurt physically by a romantic partner. (Compared to 50% nationally)

27% of our tribal members have been forced by their spouse or romantic partner to engage in sexual acts they didn't want to. (Compared to 9% nationally)

If you or someone you know is being abused, help is available. You are not alone and you deserve to live in peace and feel safe.

Fallon Paiute Shoshone Tribe Victim Services Department 24-hour crisis line:

(775) 427-0985

**MEDICAID & THE CHILDREN'S HEALTH INSURANCE PROGRAM
WORKING TOGETHER FOR OUR CHILDREN
FOR OUR FUTURE.**

Recent surveys show that 1 in 5 American Indian and Alaska children remain uninsured. Nevada Medicaid & Nevada Check-Up (CHIP) are working together with our tribal communities to provide new health insurance opportunities for our children and families.

Nevada Medicaid and Nevada Check-Up (CHIP) coverage includes:

Doctors' visits	Pregnancy	Transportation	Vision
Hospitalizations	Pregnancy Care	Behavioral Health	Prescriptions
Specialty Care	Screening	Dental	Hearing Emergency Care
Vaccinations			

THERE HAS NEVER BEEN A BETTER TIME TO APPLY

- Higher income levels for eligibility
- Less paperwork
- Application assistance

SPECIAL CHANGES FOR TRIBES INCLUDE:

- Tribal enrollment card for proof of citizenship
- No copayments, deductibles, or premiums

Why should I sign up my kids for health insurance when my family already gets health care at our local health center?

Nevada Medicaid and Nevada Check-Up (CHIP) Programs:

- Cover the cost of health services your health center may not currently provide
- Allow your family more options-you can still go to your local health center and also to other clinics, hospitals and physician offices that accept Medicaid and CHIP
- Stretch tribal health care dollars so our communities can provide more services in the future

Even if you've been turned down in the past, you may now qualify.

Now is the time for us to work together to make sure our children get the best health care available.

“HEALTHY CHILDREN MEANS STRONG FAMILIES AND COMMUNITIES.”

FPST Employees and community members say a fond farewell

By Jill Wright tribalnews@fpst.org

On September 27, the Fallon Tribal Health Center hosted a Retirement Party and farewell to honor Linda Noneo and Scott Downs at the Stillwater Tribal Senior Center.

Linda Noneo has retired with over 27 years of services as a CHR to the Fallon Paiute Shoshone Tribe. Her career has been marked by courteous and safe service to our community.

Scott who worked as EVS Manager for more than a decade, has made significant impacts to our Tribal Health Clinic with his commitment to safety. His focus has always been on the safety and healthful working conditions of both em-



L-R; Susan Bracamontes Associate Clinic Director, Secretary Fisherman, Scott Downs EVS Manager, Jon Pishion Health Director, Linda Noneo CHR and Trisha Hutchcraft Associate Director.

ployees and Fallon community members as well as neighboring areas.

As frontline healthcare workers, a monumental task, both Linda and Scott with the Tribal Health Clinic Staff has brought us through the pandemic.

We are excited for Linda to join in the ranks of retirement; we would like to thank her for all her dedication and hard work. We wish you good health and happiness in your retirement.

“I have worked with Scott at the Fallon Tribal Health Center for the past 5 years, and he is one of the most knowledgeable and dedicated safety professionals I have had the honor to work with,” stated a co-worker.

Your contribution to our tribe is something that won't go unnoticed

~A truly great mentor is hard to find, difficult to part with & impossible to forget~



Linda Noneo with her sweet great niece at her retirement party



FALLON PAIUTE-SHOSHONE TRIBAL LATCF TREASURY ONE-TIME HEATING ASSISTANCE PROGRAM

October 1, 2023 through February 1, 2024

Application must be received by OCTOBER 26, 2023.

WAYS TO RECEIVE AN APPLICATION

- ✓ Download from the FPST Official website
- ✓ Applications available at Tribal Administration Office
- ✓ Call the Chairwoman's Assistant and an application will be mailed to you

ELIGIBILITY REQUIREMENTS

- Must attach a copy of FPST membership card/document with application.
- One application per household address.
- FPST member must be residing in the home.
- Must be a Nevada resident.

HEATING SOURCE AVAILABILITY:

- ❖ **WOOD PELLETS** – FPST will purchase & deliver locally. Outside Churchill will arrange to pick up.
- ❖ **FIRE WOOD** – *The Tribe will not purchase wood.* Applicant will purchase & bring receipt for refund up to a maximum \$400.00. If a member cannot afford to purchase wood upfront, they may bring in invoice from vendor.
- ❖ **PROPANE** – Limit of 100 gallons
- ❖ **OIL** – Limit of 100 gallons
- ❖ **ELECTRIC HEAT SOURCE** – Limit to \$400.00

SEE APPLICATION FOR MORE DETAILS

WAYS TO TURN IN YOUR APPLICATION

Email: chairmanassist@fpst.org OR

Mail to: 565 Rio Vista Drive, Fallon, NV. 89406 OR

Hand carry to FPST Administration – ATTN: Chairwoman's Office

Fallon Tribe Employee Appreciation Party

By Jill Wright tribalnews@fpst.org

As a way to show their appreciation for the hard work and dedication of FPST employees, there was a luncheon planned filled with delicious food, talent show, recognition awards, door prizes and opportunities to connect and unwind. It was a chance to honor those who contribute to the success of our tribe.

Chairwoman Williams-Tuni did a warm welcoming and her Assistant Juliana Dixon did a prayer to bless the food and everyone in attendance. On the menu was Suzie's BBQ delicious Tri-Tip, BBQ chicken and pulled pork, with amazing side dishes and deserts.

Employees got talent!!!! As employees finished eating, they had an opportunity to cheer on the brave contestants. When the judges votes were counted, Tax/Tero Assistant Tiffany Welch vocal performance earned first place honors. IT Specialist Steve Naylor took home 2nd place with his vocal performance and Substance Abuse Counselor Cynthia Wachsmuth spoke/sang and won 3rd place.

There were lots of laughs, a time to relax, have fun, and celebrate the incredible achievements of our tribe.

Chairwoman Williams-Tuni wanted all employees to have an afternoon of appreciation and camaraderie!

Thank you to all FPST Employees and all your hard work!!



L-R; Cynthia Wachsmuth 3rd place winner, Tiffany Welch 1st-place winner and Steve Naylor 2nd-place winner





FALLON PAIUTE-SHOSHONE TRIBE VOCATIONAL REHABILITATION PROGRAM



WHAT IS VR?

Vocational Rehabilitation (VR) is a federally funded program designed to help eligible individuals with a diagnosed disability find or keep a job.

WHAT TO EXPECT

VR is a commitment, partnership, and a process. Your rehabilitation process can take several months from application to successful employment. VR will work with you to identify any disability-related barriers you may have that are interfering with your ability to obtain or sustain employment and to develop solutions to address and overcome those barriers.

VR PROCESS

- Step 1. Applying for Services
- Step 2. Determining Eligibility
- Step 3. Career Exploration & Developing a Plan
- Step 4. Following Your Plan
- Step 5. Finding a Job
- Step 6. Successfully Employed

ELIGIBILITY REQUIREMENTS YOU MUST:

- 1.) Have a physical or mental disability that makes it hard for you to receive or keep employment
- 2.) Be an enrolled member of a Federally Recognized Tribe
- 3.) Reside on the boundaries of the following areas:
 - Churchill County or the Fallon Reservation/Colony
 - Nye County or the Yomba Reservation
 - Pershing County or the Lovelock Colony

ELIGIBILITY STAGE

During the eligibility stage, the VR Program will have 60 days once your application is submitted to determine eligibility for you. During those 60 days, VR will require proof of disability, proof of residency, proof of tribal affiliation, and any other needed medical reports/documentation.

TYPES OF VR SERVICES

Some VR services include:

- Training or education to help you find employment.
- Occupational license, tools, equipment or technology which may aid in helping you hold a job.
- Vocational counseling and guidance to assist you in selecting a job goal.
- Evaluations to determine your job skills and interests.
- On-the-job training, job search assistance, job interview skills, follow-up and follow-along services.
- Transition services for students with disabilities.
- Traditional healing services.

HOW TO GET STARTED

To apply for the VR program, you may call or visit the VR office on Mondays through Fridays from 8:00am – 5:00pm.

Please see the FPST Vocational Rehabilitation Program contact information below.

Get Your Home Ready For Winter

Some seasonal chores are over-rated – you don't really need to rake leaves off your lawn and put the garden to bed in the autumn. But “winterizing” – preparing your house for winter weather – can make your home more comfortable, save you money, and shrink your carbon footprint. If you haven't winterized yet, take this as your fall checklist.

Energy Efficiency

Start by cutting carbon from your home heating. If you haven't done it already, installing a smart thermostat can heat your home more efficiently without further effort on your part. But your thermostat won't take care of manual tasks that can slash your heating bill. If you're due for it, schedule a furnace tune-up and have your ducts cleaned. Set a calendar reminder to check and clean your furnace filters monthly through the winter. Blocked filters make the furnace run harder. Closed vents also impact furnace efficiency. Make sure all of your vents are open and rearrange the furniture so that it doesn't block vents or radiators.

If you have a wood stove or fireplace, learn how to make the most of it. Stock up and stack your wood now if you haven't already. Choose wood with a good heat value and learn how to store it properly to keep it dry and avoid bringing pests into the home. Have your chimney swept and inspected. Learn how to build an efficient fire and safe wood-burning practices before you light the first fire of the season. Consider making the change to a more efficient stove or cleaner fuel in the future.

Bundle Up

Bundling up in extra layers works for both houses and people. You might not want to take on a major insulation project right now. But you can cut your winter energy bills and warm up by adding layers where your home loses heat. Use breeze blockers (or “draft dodgers”) around doors and hang insulating curtains at the same time you install storm windows. Especially if you're renting, plastic



film and weather stripping may be a lower cost option. While you're sealing up air leaks, check for water leaks to prevent mold growth that could not only damage insulation and drywall but reduce indoor air quality as forced air furnaces spread the spores throughout the house.

Learn from the Japanese approach of warming yourself before warming your space. If you're feeling chilly, put on socks or slippers and a sweater before turning up the thermostat. Similarly, add extra blankets to your bed and keep throw-blankets on the couch to stay cozy without burning extra fuel. Choose ecofriendly bedding and fabrics whenever possible. If you have wood or tile floors, put down area rugs in winter, both to warm your feet and avoid heat loss through your floors.

Prepare the Yard for Storms

Before your first frost date, use season extenders or upcycle old sheets to protect your more tender plants that are vulnerable to freezing. Tender potted plants should be brought indoors. Buy an ecofriendly de-icer for your sidewalks. Clean your gutters. If you do it yourself you can add the debris to your winter compost pile. If you live somewhere that gets very cold, install snow guards to prevent ice dams. Pro-

tect your pipes with pipe wrap and insulation fittings and turn off sprinkler systems. Bring outdoor furniture, grills, and any other garden items that could rust in the rain, become a winter home for critters, or be blown around in a windstorm indoors. This is also a good time to do any maintenance on your garden tools or take advantage of end-of-season sales to replace gas-powered mowers and other equipment with cleaner electric models for use next year.

Take care of any needed roofing repairs. Leaks and loose tiles make roofs vulnerable to extreme weather that can result in much more expensive repairs next spring. Winter storms can cause power outages and block roads. Be prepared for winter storm emergencies by stocking up with at least three days' worth of food and potable water; make sure you have flashlights and charged batteries ready. Learn about the dangers of carbon monoxide poisoning and make a safe plan to stay warm when the power is out.

When you've done all this, think about ways you can welcome winter wildlife into your garden or relax in your warm, cozy winterized home with a good winter-themed book while the storms rage outside.

GREETINGS FROM THE HOUSING DEPARTMENT!



*Fall is upon us and
Old Man Winter
Will be here soon!*

ELDERS & NEAR ELDER WINTER HEATING PROGRAM:

This program is for heating assistant to elder Tribal members, 55 years and older. You must live on the Fallon Reservation or Colony to be eligible. Also, you must submit all required verification documents (income, Tribal ID, home deed/Title, proof of age/ID) with your application and there is an income eligibility requirement. If not a homeowner, you must be current on your rent payments. Applications are available at the Housing Department.

COVID-19 HOMEOWNER ASSISTANCE FUND (HAF):

The U.S. Treasury, pursuant to Section 3206 of the American Rescue Plan Act of 2021 (P.L. No. 11702, March 11, 2021) funded the FPST Housing Department \$1,150,079.00. It was declared that the COVID-19 pandemic posed an immediate and imminent threat to the health, safety, and well-being of Indian Tribes. To participate in the HAF Program, a Homeowner must first submit a complete written application to the FPSHD. The application must include all information required to be eligible for qualified financial expenses. Should eligible Tribal members who own their homes "Eligible Homeowner" need assistance with the application process, please make an appointment with the Housing Department 775 423-3321. Under the HAF Program, the total maximum assistance available to eligible applicants is \$20,000.00. This is the maximum assistance available to each eligible homeowner to use for homeowner mortgage delinquencies/defaults/foreclosures, loss of utilities or energy services, and displacement of a homeowner, or rehab to the home.

On September 11, 2023 the Housing Department held a public meeting to address Tribal community questions regarding the on-going special projects that are available to the Tribal members and community. It was a great success with sixty-two participants from the community present.

There was a spaghetti feed and many raffle winners:

- Laurie Williams won a grey blanket
- Betty Williams won a space heater
- Philip Johnson won a grey blanket
- Glynis Pacheco won a wind curve fan
- Joey Williams won a blue blanket
- Russell Williams won a wind curve fan
- Marti Donahue won a space heater
- Maureen Pete won a heated throw blanket
- Mindy Darcy won a wind curve fan
- Linda Jackson won a heated blanket
- Barbara Culbertson won a heated blanket

There were a lot of good questions and comments from the community.

MEETING:

Tuesday, October 17, 2023, Next Housing Committee Meeting (Open to the Public)

HOUSING DEPARTMENT CLOSED:

October 2023:

Friday, October 27, 2023 – Nevada Day

November 2023:

Friday, November 10, 2023 – Veterans Day

Thursday, November 23, 2023 – Thanksgiving Day

Friday, November 24, 2023 – Family Day



FPST HOUSING COMMUNITY SURVEY

The FPST Housing Department, along with the help and support of the FBC Tribal Council, is in the process of building a new 22-Unit Rental Housing community located at the Colony. The new project will also house a small Tribal Community Center. We would like to hear your ideas for the name of the new Housing Development. List your suggestions below.

List your suggestions for the name of the new Colony Housing Development:

1. _____
2. _____

Design for the Mural for the Community Center

We would like to include a wall mural in the Community Center. The image should represent Fallon and/or the FPST. Below are examples of different subjects we thought would be nice. These are **NOT** the final choices, just ideas to spark your imagination. What are your thoughts? Select as many as you like from the list below or add your own suggestions.

Fallon Sunset <input type="checkbox"/> 	Sand Mountain <input type="checkbox"/> 	Rustic Fallon Landscape <input type="checkbox"/> 	Rattlesnake Hill <input type="checkbox"/> 
Fallon Sunset <input type="checkbox"/> 	Stillwater Wetlands <input type="checkbox"/> 	Colony & Fallon Cityscape <input type="checkbox"/> 	Fallon Farmland <input type="checkbox"/> 
Rattlesnake Hill <input type="checkbox"/> 	Clouds <input type="checkbox"/> 	Other ideas? List them here: 	

Your Name: _____

PLEASE RETURN YOUR COMPLETED SURVEY TO THE HOUSING DEPARTMENT
 via the FPST Admin Office at 565 Rio Vista Drive or directly to the Housing Office at 2055 Agency Road

THANK YOU TO ALL THAT HAVE ALREADY DROPPED OFF THEIR IDEAS!

FPST BOYS & GIRLS CLUB NEWSLETTER SEPT-OCT



SEPTEMBER, THE MONTH OF TRAINING

During the third week of September the team was able to attend a mandatory BGCA training in Las Vegas, NV. A new initiative by the Boys and Girls club was voted in and begins in 2024. This training means the team has gotten their first tickets punched as new operational procedures and guidelines are implemented in the coming year. We were accompanied by members of every Club in the PAC-West Region. We trained together and began new networks of communication and collaboration.



BRINGING THE NATIVE CLUB BACK!

Through collaboration with both of the Title VI liaisons, Carlenne and Catherine, the education specialists have been able to get into the local middle school and continue the work we started at the tail end of last year. An active push is being continued to bring our efforts to the other schools. Planning for the month of November and Native Heritage has begun. Shoutout to Kathryn Bervin-Mueller as well, as she has been instrumental in getting us access and permissions to continue our efforts.

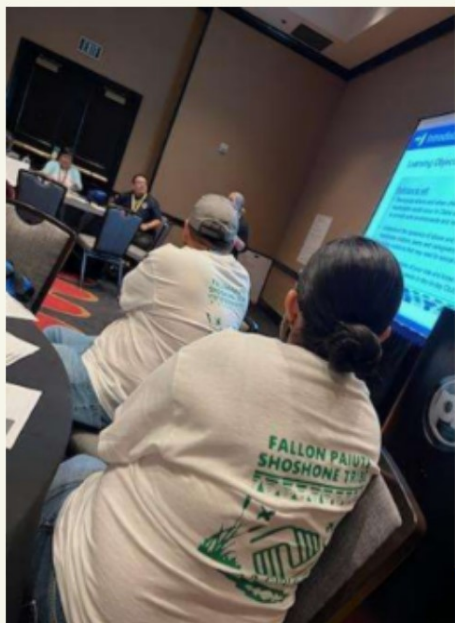


HONOR AND RESPECT

Congratulations and thanks are due to Keona Mineard as she was selected to preform the opening song for the BGCA Native Services meeting. The theme was honoring fallen heroes and so she chose to preform the flag song.

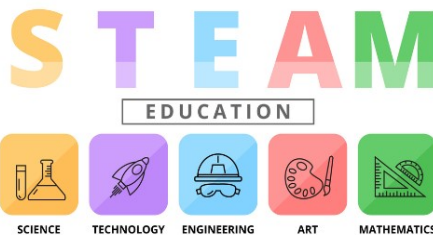


A SNAP SHOT OF SEPTEMBER AND WHAT'S COMING NEXT IN OCTOBER



WHAT TO LOOK FOR IN OCTOBER!

- **Thursday, Oct 5th 6PM-8PM:** Johnson O'Malley Refresh Meeting. Come learn how JOM can help your children. Refreshments provided.
- **Thursday, Oct 19th 5PM-8PM:** Family STEAM Night. Kids, Family, and Community all welcome. Come and participate in STEAM activities for all ages, including the UNR mobile planetarium dome experience.
- **Thursday, Oct 25th @FoxPeakTheater:** Tribal Halloween Party!!! Come visit the CLC crew, and see what the other departments have put together for the Halloween Party!



PLANETARIUM DOME COMING!



FAMILY **STEAM** NIGHT



Please come join us for a family night of fun and
S.T.E.A.M. activities!

S - Science
T- Technology
E- Engineering
A - Art
M - Mathematics



THURSDAY, OCTOBER 19TH

5 PM - 8 PM

CLC Gymnasium
8955 Mission Rd
Fallon, NV 89406

For questions and more information please
contact the Community Learning Center @
775-423-8065



Save *the* Date Upcoming Events

Health Fair

Friday, October 13, 2023

Community Family STEM Night

Thursday, October 19, 2023

Tribal Halloween Party

Wednesday, October 25, 2023

Veterans Day Observance

Thursday, November 9, 2023

Tribal Thanksgiving Dinner

Saturday, November 18, 2023

Tribal Christmas Dinner

Saturday, December 16, 2023

2023

October Gym Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Volleyball	3 Basketball	4 Volleyball	5 Johnson O Maley Meeting	6	7
8	9 Volleyball	10 Basketball	11 Gym Closed	12 Gym Closed	13 Tribal Health Fair	14
15	16 Volleyball	17 Basketball	18 Volleyball	19 STEM NIGHT 5-8PM	20	21
22	23 Volleyball	24 Basketball	25 Gym Closed	26 Gym Closed	27	28
29	30 Volleyball	31 Basketball				



THE FALLON PAIUTE SHOSHONE TRIBE
— presents —

A SALUTE TO OUR VETERANS

A special Veterans Day Observance program to honor those of us who have served and continue to serve.

PLEASE JOIN US IN HONORING OUR VETERANS



with a keynote address by
President Brenda Henry
Pyramid Lake Veterans & Warriors Organization



**FPST TRIBAL GYMNASIUM
WEDNESDAY, NOVEMBER 9
STARTS AT 10:30AM**

If you have any questions, please contact
Jill Wright at 775.867.8304

Families are like branches on a tree, we grow in different directions yet our roots remain as one. The Hicks-Graham-Williams family reunion team would like to thank all our relatives who came far and near to attend the 2023 Family Reunion. A good time was had by all with excellent food, entertainment, a lot of laughter and stories.

Special Thanks to:

Jennifer Dendaas
Shayne Del Cohen
LeAnn Stands
Brenda Hicks
Max Martens
Gary Sommers
Tiffany Rosse
Loretta Byrd

Janice Turner
Ray Stands
Tracy Williams
Bobbie Nordwall
Sandra Hicks-Martens
Jennifer John
Della John

Darrell Garity
Derrick Onion Chiefchild
Brenda Faye Hicks
Louinda Garity
Jonell Strawbuck
Teola Brady
Karen Shaw



And all the relatives who donated raffle items, food and drinks.

Memories will be forever etched into our hearts as one family, to carry on the great deeds, and accomplishments of those before us. See you at the next reunion.

Pumpkin over 1,000 Pounds and Still Growing

Jay Richard entered 2023 with one goal: grow a 2,000-pound pumpkin by the end of September. Within days of an important deadline, the Worland grower doesn't think he'll get there. But he's close.

This is the Worland man's first year growing pumpkins in his new greenhouse custom-built for what he calls Project P2K. Under carefully controlled conditions, he anticipates a big future growing in a rainforest rather than a high desert.

In late July, Richard's largest pumpkin, "Marion," weighed 770 pounds. On Sept. 17, it weighed more than 1,750 pounds and still growing. While it may miss the 2,000-pound mark, Richard isn't upset in the slightest. This has been the most successful season he's ever had. Joanie, the second pumpkin growing in the greenhouse, weighed more than 1,500 pounds. Then there's Old Leather, a third pumpkin growing outside the greenhouse in his traditional pumpkin patch. Even that pumpkin without the benefit of a greenhouse is growing extraordinarily well, weighing almost 1,250 pounds.

Richards will be hauling Marion to weigh-ins like the Center Street Giant Pumpkin Festival in Logan, Utah. While a 2,000-pound pumpkin wasn't grown in Wor-

land this year, Richard has learned "tons" about what he'll need to get a 1-ton pumpkin. He has every confidence that he'll get there in his new greenhouse.

The real celebration of this year's pumpkins will be the annual Wyoming State Pumpkin Championship Weigh-Off in Worland. That includes the Pumpkin Drop, when one of Richard's massive gourds will be dropped from a 200-foot crane.

Richard wants Old Leather to make the ascent this year. Still gaining up to 17 pounds a day, it could be the largest pumpkin ever dropped in Worland.



3RD ANNUAL HALLOWEEN BRECKENRIDGE DRIVE



BLACKLIGHT UV3D YARD DISPLAY



Oct. 27th – 31st
Dusk to 11pm

HALLOWEEN NIGHT SPECIAL

••• October 31st ONLY •••

FREE! Goody Bags for the kids!

FREE! Hot Chocolate for everyone!



•• **FREE!**
UV3D
glasses,
all 5
nights
•• Keep
them for
next year!

1066 Breckenridge Drive, Fallon, NV.

HALLOWEEN SAFETY

Spooky Statistics



Children are

4x

more likely to be involved in a fatal pedestrian accident on Halloween, than any other night.



Only

18%

of parents use reflective tape on their children's Halloween costumes.



12%

of children ages 5 and younger are permitted to trick-or-treat alone.

1:4

have met a new neighbor for the first time on Halloween.



Trick-or-Treat Safety Tips

Beware

the overshare.

Refrain from sharing Halloween plans on social media. Social Media savvy burglars have been known to take advantage of homes when people are away.

Only approach houses with porch lights on.

NEVER go inside a strangers home!

Always walk with a parent or approved adult.

No child under 12 years of age should trick-or-treat without an adult.



Stay on sidewalks.

Refrain from cutting across yards or alleys.

Cross the street in groups.

Always cross at designated crosswalks.



Toss away any unwrapped candy

unless approved by a parent.



Wear BRIGHT, reflective costumes

and no low hanging fabric that children can trip on.

Make sure someone in the group has a cell phone

in the event of an emergency.



TOT SQUAD
BABY GEAR SERVICES

IMPORTANT

TRIBAL DMV VEHICLE TAX EXEMPTION REMINDER

- The application for exemption must be submitted for each registration period.
- Separate applications are required for each vehicle and must be presented to the DMV at the time of registration or renewal.
- The registered owner of the vehicle and the vehicle shall reside permanently within the boundaries of the Fallon Paiute Shoshone Reservation & Colony.
- Tribal members living off the reservation/colony are not eligible for the DMV Vehicle Exemption.

**Please plan ahead by allowing the
Chairwoman's Office at least 1-2 days for
processing applications.**

Thank you!

ANNULAR SOLAR ECLIPSE OVER NEVADA ON SATURDAY, OCTOBER 14, 2023



dem.nv.gov



WHAT IS A SOLAR ECLIPSE?

Annular eclipses happen when one object in space passes through the shadow of another object in space. During a solar eclipse, the Moon passes between the Sun and Earth, blocking all or part of the Sun for the viewer. If you are inside the path of annular solar eclipse, you will see the dramatic sight of the Sun as a thin ring, almost but not completely eclipsed by the Moon. This is an otherworldly sight often called a "ring of fire". Daylight will be dimmed considerably, but not dark like a total solar eclipse. This eerie sight can be enjoyed with eclipse glasses and other safe viewing methods.

WHEN: The annular solar eclipse begins in Nevada at 9:18 am PDT with the speed of the Moon's shadow being 5399 mph. The annular solar eclipse leaves Nevada at 9:28 am PDT and the Moon's shadow diminishes to 3201 mph.

HOW LONG WILL IT LAST: The length of the eclipse will depend on your viewing location. The partial phases will last 1 to 2 hours both before and after annularity. For most locations, annularity will last between 2 and 5 minutes, but it will be longer or shorter in some places. The maximum duration of annularity in Nevada is 4 minutes and 37 seconds.

POPULAR NEVADA LOCATIONS:

Interstate 80 provides excellent mobility to eclipse chasers, especially from Winnemucca to Elko. Within this span from Humboldt River Rand to Well, spectators can quickly relocate from the side of the path of annular eclipse to the other if inclement weather threatens your preferred location.

Great Basin National Park is notable for Lehman Caves, Wheeler Peak, ancient bristlecone pines, and very dark night skies. Inside the park is the Great Basin Observatory, a research grade telescope is open for public viewing events.

Other attractions in this part of Nevada inside the path of annularity include Kyle Hot Springs near Winnemucca, Lamoille Canyon in the Ruby Mountains near Elko, Sheldon National Antelope Refuge, Thunder Mountain Monument, and Black Rock Desert.

To find out what's happening in your area, go to: <https://solarsystem.nasa.gov/eclipses/home/>

HOW TO WATCH: The Sun is never completely blocked by the Moon during an annular solar eclipse. Therefore, during an annular eclipse, it is never safe to look directly at the Sun without specialized eye protection designed for solar viewing. You can see the Sun and an eclipse with special eclipse or solar viewing glasses. Except during the total phase of a total solar eclipse, do not look at the Sun without special eye protection.

BEFORE EACH USE: Check the front and back of each lens for damage such as scratches, pinholes, or separation from the frame. **DO NOT USE IF DAMAGED!** Cut glasses into small pieces and discard. **DO NOT** attempt to clean or disinfect eclipse glasses except with a soft, dry, nonabrasive tissue or cloth. **NEVER** look directly at the uneclipsed or partially eclipsed Sun without appropriate eye wear. Sunglasses are not safe to view an eclipse. For more information, visit: <https://solarsystem.nasa.gov/eclipses/safety/>

SKIN SAFETY: Even during an annular eclipse, or during the partial phases before and after annularity, the Sun will be very bright. If you are watching an entire eclipse, you may be in direct sunlight for hours. Remember to wear sunscreen, a hat, and protective clothing to prevent skin damage.

For more information go to www.greatamericaneclipse.com/nevada-2023-eclipse



A woman looks at the Sun through binoculars that have been fitted with solar filters. Binoculars and telescopes can only be used to look at the Sun when used with solar filters specially designed for that purpose. Credits: NASA/Ryan Milligan



The circular holes of a colander project crescent shapes onto the ground during the partial phases of a solar eclipse. Credits: Joy Ng

ALWAYS & FOREVER OUR FAMILY ROCK &

ROLE MODEL

HAPPY
Birthday
MOM



HAPPY 86TH MOTHER/ BETTY ANN

LOVE YOU DEARLY- CATHI & JULIE

Happy Birthday Gram Betty!

We are very grateful to have you as a precious grandmother to share your continued knowledge & wisdom with us! We love you very much!

You are our world!

Chelsee, Rusty, Trent & Wyatt

Chipper, Chelsey & Erin

Annie, Pete, Bella, Gizz, Dash,
Melo, Eagle, Tasha & Oreo



THE SURPRISING HISTORY OF PUMPKIN SPICE

The ubiquitous spice blend is more than 223 years old

When we talk about pumpkin spice, it's important to distinguish between two eras: before the PSL and after the PSL. PSL, of course, stands for Pumpkin Spice Latte, the seasonal, cream-topped Starbucks beverage that returned to the company's cafes on August 24th {of 2021}—the earliest rollout of the drink since its original launch in 2003.

Before the PSL, pumpkin spice referred to a blend of spices that was used to flavor pumpkin pie, often containing cinnamon, nutmeg, ginger, allspice, and cloves. The spice blend has long been a part of the American baking tradition. In fact, there are two recipes for spice-filled “pumpkin” pie in Amelia Simmons' 1798 reprint of her cookbook *American Cookery*: one made with nutmeg and ginger, the other with allspice and ginger.

Centuries later, in the late 1930s, spice manufacturing companies like Thompson & Taylor Spice Co and McCormick & Company came out with a revolutionary product: Pumpkin Pie Spice, a pre-blended mix that meant bakers could buy one spice instead of several. Thompson & Taylor's version, released in 1933, included nine spices.

Today, McCormick's blend, which was originally launched in 1934, includes four spices: cinnamon, ginger, nutmeg, and allspice, plus sulfiting agents. Uses for the spice blend didn't stop at pie, though.

While it's unclear who the first person was to add pumpkin spice into a latte (the idea to combine the two likely wasn't a Starbucks invention) the Starbucks employee credited with bringing the idea to the company is Peter Dukes, then the director of espresso, whose team created other seasonal drinks like the egg-nog latte and peppermint mocha. (Fun fact: In the course of

developing the PSL, the Starbucks research and development team poured espresso shots on top of pumpkin pies, tasting different combinations to determine the best ratio of cinnamon and nutmeg to coffee and steamed milk. But it wasn't until 2015 that Starbucks started including real pumpkin in the drink.)

Although the PSL debuted in only 100 Starbucks stores in Vancouver, BC, and Washington, DC, it's now available as a seasonal menu item around the world, and has become Starbucks' most popular seasonal beverage of all time. Since

2003, Starbucks has sold more than 424 million PSLs in the U.S. alone.

Pumpkin spice has become a cultural icon, a representation of autumn as emblematic as changing leaves. The drink's unforeseen popularity gave rise to an entire market of pumpkin spice products, leading up to the point we're at today, with pumpkin spice-ified versions of everything from hummus to hard seltzer, marshmallows to mac and cheese.

While Starbucks can be credited with jumpstarting the global obsession, it's a good thing they decided against calling the PSL “Fall Harvest Latte,” one of the original name contenders, because FHL just doesn't have the same ring. And fall harvest SPAM? We'd take the pumpkin spice version any day. ***

Starting Thursday, August 24, the Starbucks fall menu returned, and customers can celebrate the 20th anniversary with their first sip of PSL. The fall menu also features two new seasonal beverages, Iced Apple Crisp Oatmilk Shaken Espresso and Iced Pumpkin Cream Chai Tea Latte, as well as the new Baked Apple Croissant. Returning customer favorites include Pumpkin Cream Cold Brew, Apple Crisp Oatmilk Macchiato, Pumpkin Cream Cheese Muffin, and Owl Cake Pop.



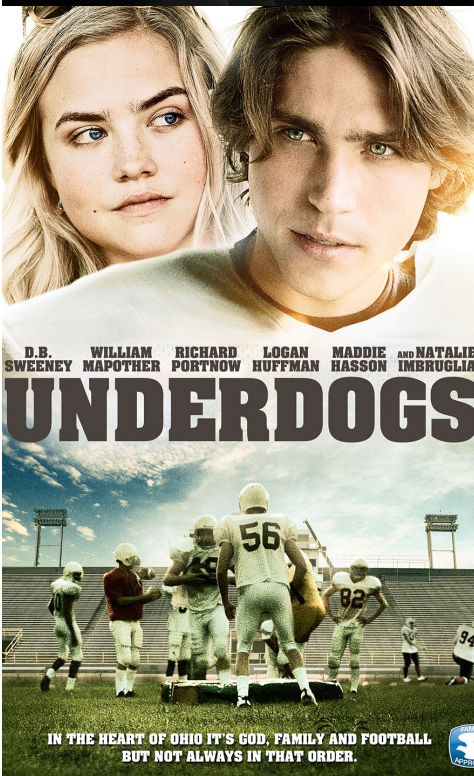


Oct 6th Kraven The Hunter

Oct 13th Exorcist: Believer
Ordinary Angels

Oct 20th Killers of the Flower Moon
The Underdogs

Oct 27th Five Nights at Freddy's
Sight



Pick up your bag of popcorn at Fox Peak Station for only \$5

All Pre-Covid releases still only \$1



Adult evening shows: \$10.00
Children (under 12) are \$7.25
Seniors / Military: \$8.25

Matinee (before 6pm): \$7.25
Classic Shows: \$1.00
Call for showtimes: 775-423-7099



WE ARE HIRING

JOIN OUR AMAZING TEAM

FALLON PAIUTE SHOSHONE TRIBE

Housing Director
Phlebotomist
Voc. Rehab Program Manager
Family Therapist
Behavioral Health Liason
Child Care Program Coordinator
Substance Abuse Counselor
Cleaning Technician
Journeyman Heavy Equipment Operator
Deputy Administrator/Project Manager
Environmental Services (EVS) Manager
Community Health Representative
(CHR) Supervisor

Nurse Practitioner/Physician Assistant
Food Pantry/Community Garden
Coordinator
Clinical Psychiatrist
Police Officer
Optometrist
Program Development Manager
Youth Care Worker
Dental Assistant II (Certified)
Land & Water Resources Director
Family & Social Services Coordinator

**For more information about a job or to complete an application,
go to fpst.org/employment/to_apply**

HOUSING COMMUNITY MEETING



The Fallon Tribal Housing Department hosted a Community Meeting in the tribal gymnasium on September 11. They actively were seeking for broad community input. The community had lots of good questions and it was informative.



Cindy
Happy birthday
my wonderful
sister
I LOVE YOU
JILL

Cowboy
Bronk Gonzalez is
only 5 years old and
rodeos and has done
very well all summer

CONGRATULATIONS

KEY MOTIVE LLC
Cyrus Bearcloud
AUTO LOCKSMITH
775.217.1626
AVAILABE 24 HOURS

OCTOBER & NOVEMBER FOOD DISTRIBUTION SCHEDULE



The following is a schedule for the October & November 2023 food distribution supplemental resources for the Fallon Tribal Community. This schedule includes the monthly USDA Yerington Commodity food distribution and the Northern Nevada Food Bank Mobile Harvest.

USDA Yerington Commodity Food Distribution (CLC Parking Lot)

Participants must meet USDA guidelines. Contact YPT for additional eligibility requirements. You can visit their Facebook page for the Yerington Commodity Food Program or by phone at (775) 783-0260.

Tuesday, October 3 & Wednesday, November 1 — 8 a.m. to 11:45 a.m.

Northern NV Food Bank Mobile Harvest (CLC Parking Lot)

Drive-thru style distribution of fresh fruit, dairy and vegetables. Mobile harvest is the **2nd Tuesday of every month**. Participation is open to all Churchill County residents of all income levels. First time participants are required to complete an initial intake form on-site.

Tuesday, October 10 & November 14 — 12:30 p.m. to 1:30 p.m.



**FALLON PAIUTE-SHOSHONE TRIBE
EMERGENCY MANAGEMENT DEPART.**

8942 MISSION ROAD
FALLON, NV 89406
(775) 867-8706

ATTENTION

FPST Tribal Members

Please ensure that a current/correct mailing addresses for each Member is on file with the Enrollment Department

No later than Friday, November 21, 2023

to ensure timely delivery of the 2023 Per Capita Distribution

ALL ADDRESS CHANGES MUST BE REQUESTED IN WRITING

Contact Tribal Enrollment at 775.423.6075 with any questions or concerns.

FALLON PAIUTE-SHOSHONE RESERVATION

CATTLE OPERATORS

2023-2024 WINTER PASTURE RENTAL

BID ROUND #2

SEALED BIDS ACCEPTED October 11th-October 24th, 2023

All bids must be no less than \$12 per acre

(Resident Tribal Members Only)

Submit to the Fallon Paiute-Shoshone Tribe Finance Department

565 Rio Vista Drive, Fallon, NV 89406

For more information and a list of tribal lands available contact:

Tribal Land and Water Resources Office

8820 Mission Road

Fallon, NV 89406

775-423-3725

HELP WANTED

Volunteer Opportunities

We have upcoming events, Veterans
Observance, Thanksgiving &
Christmas Dinner.

If you are interested, please contact
Jill Wright at 775.867.8304 or at
tribalnews@fpst.org

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www.fpst.org

ADDRESS/RETURN SERVICE REQUESTED