



NUMA NEWS

New Food Pantry Opens It's Doors

By Jill Wright tribalnews@fpst.org

The Fallon Tribe opened it's new food pantry on January 16 at 8942 Mission Road, the east end of the Emergency Management building.

In response to the Covid-19 pandemic, the tribe began implementing strategies and adjusting operations for the long-term impact of the pandemic on the community we serve is a top priority. The Food Bank is committed to serving those in need and this new food pantry is a testament to that vision.

There was a lot of planning and care in setting up that went into the Food Pantry in hopes to meet the needs of the community.

We encourage all our neighbors regardless of housing status, income or ability to come get groceries. Each household can visit the food bank once every week by appointment with 15 minute slots.

Partnerships with Northern Nevada Food Bank, Catholic Community Charities and First Nations Development Institute enables the Food Pantry to reach those in need which will have an immediate and long term positive impact within the Fallon Tribal Community.

"The vision is to reduce food insecurity and create pathway to a brighter, more sustainable future. We want to make sure that when people come here, they feel comfortable and welcome. Food distribution at the food pantry is not seen as a handout, but as a resource for our community," said Cathrn Foote, Food Pantry/Community Garden Coordinator.



L-R; Sharon Williams & Cathrn Foote FP/CG Coordinator at opening of food pantry

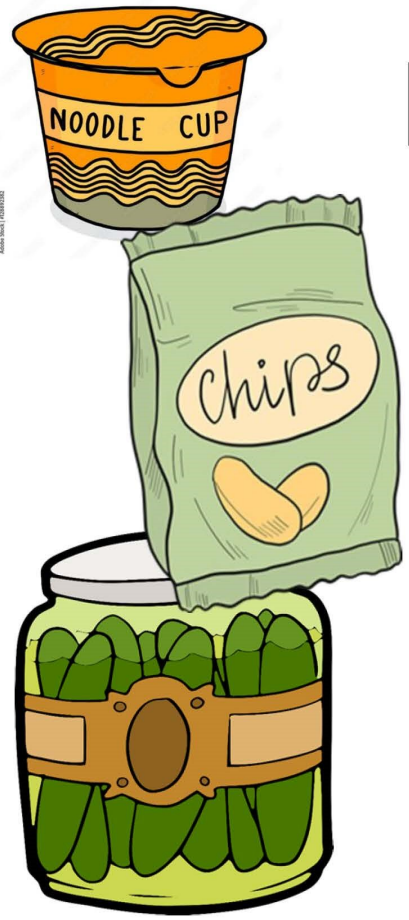


Community members visiting food pantry

In addition to the new Food Bank, Cathrn will be focusing on the community tribal gardens and has plans to engage the community and reach out to those who might be interested to help manage as they will partake of the crops they help cultivate. These public spaces also serve as a gathering point for the community, bringing together the neighborhood with the common goal of growing plants, and often they provide a fresh food source for the community. Finally, community gardens can teach youth about horticulture and where their food comes from. This program is actively involved in building a stronger community food system and supporting food producers in our tribal community.

Reach out to volunteer or if you have any questions call Cathrn at 775.867.8703.

FALLON PAIUTE SHOSHONE TRIBE



FOOD PANTRY OPENING DAY JANUARY 16, 2024

Everyone is welcome!

We encourage all our neighbors, regardless of housing status, income or ability to come and get groceries.

EACH HOUSEHOLD can visit the food bank once every week.

By Appointment Only

Please Call Cathrn Foote

Cell: 775-867-8703

Location: 8942 Mission Rd.

(Emergency Management Building)



February & March FOOD DISTRIBUTION SCHEDULE



The following is a schedule for the February 2024 & March 2024 food distribution supplemental resources for the Fallon Tribal Community. This schedule includes the monthly USDA Yerington Commodity food distribution and the Northern Nevada Food Bank Mobile Harvest.

USDA Yerington Commodity Food Distribution (CLC Parking Lot)

Participants must meet USDA guidelines. Contact YPT for additional eligibility requirements. You can visit their Facebook page for the Yerington Commodity Food Program or by phone at (775) 783-0260.

Tuesday, February 6 & March 5 — 8 a.m. to 11:45 a.m.

Northern NV Food Bank Mobile Harvest (CLC Parking Lot)

Drive-thru style distribution of fresh fruit, dairy and vegetables. Mobile harvest is the **2nd Tuesday of every month**. Participation is open to all Churchill County residents of all income levels. First time participants are required to complete an initial intake form on-site.

Tuesday, February 13 & March 12 — 12:30 p.m. to 1:30 p.m.



**FALLON PAIUTE-SHOSHONE TRIBE
FOOD PANTRY/COMMUNITY GARDEN**

8942 MISSION ROAD
FALLON, NV 89406
(775) 867-8703

FPST BEHAVIORAL HEALTH PROGRAM FOR MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES - FEBRUARY 2024

Mental Health Program Assessments, Psychiatric & Therapy Services

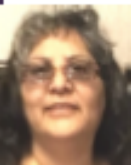
Dr. Sonny Ruckstuhl, Clinical Psychologist, available on Tuesdays.

Dr. Steven Rubin, Psychiatrist, available Wednesdays.

Susan Stark, MA, LCSW, is a licensed clinical social worker. She is available for therapy services up to 2 days a week in-office or virtually.



Substance Abuse Program (SAP) - Assessment & Outpatient Treatment Services



Cynthia Wachsmuth, CADC Intern, a full-time Substance Abuse Counselor. She is available for screenings, evaluations and substance abuse treatment and referral services.



Sunny Cox, CADC Intern, Substance Abuse Counselor. Sunny is now a full-time substance abuse counselor intern and can provide screenings, assessments, treatment and referral services.



Brenda Hooper, Recovery Support Coach & Coordinator. She provides recovery support to individuals in early recovery from substance abuse and mental health issues. Her roles is to help people stay on their wellness path.



Shelby Harrison, Behavioral Health Assistant. Call Shelby to make an appointment with any of the BH providers, (775) 423-9076.

Talking Circle Tuesdays – 5:30 to 7:30 p.m.
999 Rio Vista Dr. Contact Cynthia Wachsmuth for more information at (775) 423-9076, x1041.



For questions regarding services or activities contact Leslie Steve, MA, LADC, Director of Behavioral Health at 423-9076, ext. 1032.

PRACTICE MINDFULNESS.....Breathe.
"Yesterday is gone, tomorrow hasn't happened; what we have is right here, right now. Promote peace and be kind."



Cancer Prevention Measures include:

1. Be more active; at least 30 minutes of physical activity a day. Walking is good.
2. Avoid red meat, processed meats and fried foods (use an air fryer if you have one).
3. Eat more fruits and vegetables
4. Avoid alcohol and tobacco/nicotine products.
5. Stay on top of cancer screenings. Make and keep your appointments.

Bureau of Justice Assistance Connect & Protect Project—A 3-year project in which the goal is effective collaboration between FPST Law Enforcement officers and Mental Health providers regarding crisis interventions within the FPST community.

VACANT— Position is open for the Behavioral Health Liaison for this grant.

HRSA Rural Communities Opioid Response Program—A Treatment program specific to Opiate Use Disorders and other substance use disorders, also provides recovery support services & overdose education and the distribution of Naloxone to reverse an overdose.

SAMHSA Native Connections Project: a 5-year grant that focuses on suicide prevention for individuals of all ages. Positions to fill include a Project Director and a Prevention Specialist.

The Fallon, Lovelock & Yomba Wellness Community (WELCOM) Circle

We will host the next meeting at the COC building on 2/22/24 from 12noon to 1:30 p.m. Everyone is welcome to attend. For more information call (775) 423-9076.

YOU CAN PREVENT AN OPIOID OVERDOSE DEATH WITH NALOXONE (NARCAN)

-a prescription opioid antagonist that can temporarily reverse the effects of an opioid overdose and prevent death (More than one dose may be necessary to maintain opioid reversal.

- “Knocks” the opioid off the opiate receptor in the brain
- No opioids = no effect
- Not harmful if no opioids in bloodstream
- Effective usually in 1 to 3 minutes
- Effects last between 30 to 90 minutes



NARCAN (NALOXONE) NASAL SPRAY

- ◆ Remove naloxone from the box
- ◆ Peel back the tab with the circle at the top right corner to open
- ◆ Hold the naloxone with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle
- ◆ Tilt the person’s head back and provide support under the neck with your hand
- ◆ Gently insert the top of the nozzle into one nostril, until your fingers on either side of the nozzle are against the bottom of the person’s nose.
- ◆ Press the plunger firmly to give the dose of the naloxone
- ◆ A dose can be given every 2 to 3 minutes until independent breathing begins
- ◆ Repeat naloxone administration in the opposite nostril if necessary
- ◆ If no response, continue to repeat naloxone administration if available until an ambulance has arrived

NALOXONE SIDE EFFECTS

Includes agitation, nausea, excessive sweating, running/bloody nose, fast heartbeat & high blood pressure

ENSURING HIGHER LEVEL OF CARE

After naloxone administration, the patient should continue to be observed until an ambulance arrives or transport to a medical facility occurs.

For more information and/or a FREE Naloxone kit, contact the FTCH Behavioral Health Program at (775) 423-9076.



FentAlert: Empowering Youth for Safer Choices – SAMHSA Fentanyl Awareness Youth Challenge

Department of Health and Human Services - Substance Abuse and Mental Health Services Admin...

Elevating youth voices to increase awareness about the risks of fentanyl

<https://www.challenge.gov/?challenge=fentalert-empowering-youth-for-safer-choices---samhsa-fentanyl-awareness-youth-challenge>

Open until 02/26/24 03:00 PM PST

The top 6 ideas will be awarded a \$5,000 prize each,
and up to 25 youth will receive a \$2,000 honorable mention prize.

SAVE THE DATE!!

Fallon Paiute-Shoshone Tribe 25th Annual Earth Day Celebration



Saturday, April 20, 2024

Volunteers * Educators * Arts/Crafts * Food * Vendors

You are invited to join us for a wonderful day of fun, learning, and sharing at our Annual Earth Day Celebration. This community event is scheduled for 10 am - 2 pm at Oats Park in Fallon, NV on Saturday, April 20, 2024. A detailed official poster will be posted once the full events schedule and venue have been finalized.



Hosted By the Fallon Paiute-Shoshone Tribe
Environmental Protection Department
To volunteer, set up a booth, or for more information call
(775)423-0590 or email ileanaenviro@fpst.org



www.facebook.com/FPSTEPD

Fallon Paiute-Shoshone Tribe

25th Annual Earth Day

Poster Contest



We are accepting artwork that reflects the theme of this year's Earth Day Event for our annual Poster Contest, "Planet vs. Plastics." We only have this one Mother Earth, and this life is our chance to make a difference.

1st place winners of the poster contest will have their artwork displayed on t-shirts and other promotional material for the Earth Day events. Prizes will be awarded for 1st and 2nd place in each age category! Age categories are 5-10, 11-16, and 17+. The 1st place prize is \$50, and 2nd place prize is \$25.

All posters must be submitted to the Environmental Office at 1011 Rio Vista Drive by March 22, 2024 by 4 p.m. to be eligible for the contest.



Hosted by the Fallon Paiute-Shoshone Tribe Environmental Protection Department

If you have any questions or would like to volunteer for any of this year's Earth Week activities give us a call at (775) 423-0590 or email ileanaenviro@fpst.org.

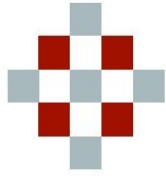
Poster Contest Rules & Submission Form

Artwork may be from 8.5x11 inches to 11x17 inches in size and may be drawn or painted with marker, paint, or pastel. Artwork must be able to lie flat. Lines in the artwork must be thick enough to be detected on a scanner.

Please include the following information with the artwork: artist name, age, contact phone number, and t-shirt size. Posters submitted without adequate artist information will not be considered for the contest. Please do not put information on the artwork itself.

All posters must be submitted to the Environmental Office at 1011 Rio Vista Drive by 4 p.m. on March 22, 2024 to be eligible for the contest.

Artist Name:	
Artist Age:	
Parent Name if Artist is under 18:	
Contact Phone Number (this is how we contact contest winners):	
Artist T-shirt Size:	
Describe artwork (optional):	



FALLON TRIBAL HEALTH CENTER COMMUNITY HEALTH *Outreach Initiative*



UPCOMING

ACTIVITIES

As part of our Community Health Outreach, we will be coming out to offer the services listed below. This initiative is part of a multi-year approach to improving the health of our tribal communities and to bring health care outside of the traditional clinic setting. **If you would like more information or to schedule a healthcare appointment, please call us at 775-423-3610.**

Q1

2024

UPCOMING DATES, TIMES, & LOCATIONS

JANUARY

- JANUARY 3, 2024, 10 AM - 12 PM (Weds.)**
 - Stillwater Tribal Senior Center, Fallon, NV
- JANUARY 4, 2024, 4 PM - 6 PM (Thurs.)**
 - Fallon Tribal Health Center, Fallon, NV
- JANUARY 11, 2024, 10 AM - 2 PM (Thurs.)**
 - Lovelock Tribal Gym, Lovelock, NV*
- JANUARY 18, 2024, 10 AM - 1 PM (Thurs.)**
 - Yomba Tribal Community Center, NV*

FEBRUARY

- FEBRUARY 7, 2024, 10 AM - 12 PM (Weds.)**
 - Stillwater Tribal Senior Center, Fallon, NV
- FEBRUARY 8, 2024, 4 PM - 6 PM (Thurs.)**
 - Fallon Tribal Health Center, Fallon, NV
- FEBRUARY 15, 2024, 10 AM - 2 PM (Thurs.)**
 - Lovelock Tribal Gym, Lovelock, NV*
- FEBRUARY 22, 2024, 10 AM - 1 PM (Thurs.)**
 - Yomba Tribal Community Center, NV*

MARCH

- MARCH 6, 2024, 10 AM - 12 PM (Weds.)**
 - Stillwater Tribal Senior Center, Fallon, NV
- MARCH 7, 2024, 4 PM - 6 PM (Thurs.)**
 - Fallon Tribal Health Center, Fallon, NV
- MARCH 14, 2024, 10 AM - 2 PM (Thurs.)**
 - Lovelock Tribal Gym, Lovelock, NV*
- MARCH 21, 2024, 10 AM - 1 PM (Thurs.)**
 - Yomba Tribal Community Center, NV*



SERVICES AVAILABLE

- COVID-19 Testing, Boosters, and Vaccinations
- Flu shots and other Immunizations (as applicable)
- Well-Child Visits & Limited Medical Provider Appointments* (limited locations)

All events are subject to change or cancellation depending on staffing, weather conditions, etc.

WINTER HEALTH AND SAFETY TIPS

- ✓ Wear a hat, hood, or scarf. Don't forget to wear layers, too!
- ✓ Check on friends, relatives, and neighbors who may need assistance during periods of extreme cold. Avoid in-person visits to protect your health and the health of others.
- ✓ Practice safe home heating. Never use an oven or stove to heat your home.
- ✓ Pets feel the cold, too. Keep them warm and indoors.



Sponsored by the Fallon Tribal Health Center, a department of the Fallon Paiute-Shoshone Tribe, in conjunction with U.S. Indian Health Service and with funding from the Emergency Rural Healthcare Grant, U.S. Department of Agriculture, Rural Development.



Health & Wellness

For those resolving to prioritize their health in the upcoming year, government benefits offer a wide range of programs to support these goals. Individuals aged 65 and older and those with limited financial resources can benefit from programs like [Medicare](#) and [Medicaid](#). These programs support resolutions that involve better management of a variety of medical conditions and improving overall health. Nutrition assistance programs like the [Supplemental Nutrition Assistance Program \(SNAP\)](#) and the [Special Supplemental Nutrition Program for Women, Infants, and Children \(WIC\)](#) provide financial support for buying nutritious food. By participating in these programs, individuals can find resources that help with resolutions like maintaining a balanced diet and getting in shape.

Tips to Make Your New Year's Resolutions Stick

As the new year approaches, many people are considering resolutions to improve their lives. Whether it's getting in shape, pursuing an education, or saving more money, one often overlooked avenue for support is government benefits. Understanding and finding available government assistance programs can help you achieve your goals. In this bulletin, we'll explore how government benefits can align with common New Year's resolutions and provide a roadmap for successful resolution planning.

Phone: FTHC 775-423-3634 Ext 1030 (Jenevie or Yvonne)

Apply Over the phone for Medicaid: (775) 800-992-0900 or (702) 486-1646

Web: www.accessnevada.dwss.nv.gov

or

www.nevadahealthlink.com



InsureKidsNow.gov

**Connecting Kids to Coverage
National Campaign**



~TAX DEPARTMENT NEWS~

by Melanie McFalls, Tax & TERO Administrator

- **Update on the Tribes Volunteer Income Tax Assistance (VITA) program and statistics for tax year 2022.**

195 Tax Returns were prepared during 2023, The VITA program prepared Tax Returns for years 2022, 2021, 2020. The VITA program also assisted with tax notices for clients, assisted with printing tax forms, answering tax questions over the phone and in person and assisted with filing extensions.

- Tax Year 2022 Federal Refunds totaled: \$238,140.00
- Total EITC claimed: \$52,999.00
- Total Child Tax Credit Claimed: \$64,668.00
- Members of Federally Recognized Tribes Served: 133
- FPST Tribal Members served: 83

The Tax Department is looking forward to providing this service for the 2023 tax year.

- **Tax Revenue**

The Tribe has so far collected: (Not all November/December payments are reflected)

\$1,903,270.26 Sales Tax Revenue

Sales Tax Revenue is derived from sales of taxable items, collected from all businesses.

\$26,712.30 Use Tax Revenue

Use Tax Revenue is derived from materials used on projects on the reservation and from taxable purchases of items for use in a business. The Use Tax Revenue is an increase of about \$20,000.00.

- **Business Licenses**

All business licenses expire on December 31st. Please call 775-423-6075 or email taxdirector@fpst.org or taxassistant@fpst.org to get an application, payments can be made online at www.fpst.org.

FY 2023 – 152 Business Licenses were issued

FY 2024 – 84 Business Licenses have been issued.

Issuance of license are continual throughout the year, so 2024 will increase.

AFTER SCHOOL PROGRAM HAS BEGUN

ASP runs from 4PM to 5:30PM Every Monday-Thursday, with open gym afterwards!

Snacks/Tutoring/Socializing/Physical Activity are provided. Transport is provided to students home if on the reservation/colony and to Fox Peak for intown kids. Please call 775-423-8065 for information and applications! All K-12 students are invited.

Fallon Paiute Shoshone Tribe,
BGCA Newsletter, January 2024

What to look out for in February!

- **NEW HONOR ROOM** Coming in February (entertainment lounge)
- **Painting with Adrian is back!!! @ Senior Center every Thursday from 1-3PM**
- **T-Shirt Making Class Feb 15th from 6-8PM W/ Adrian**
- **Girls Glam Night with Tish Ages 7-18 Feb 22nd 6-8PM**
- **Game Night with Mr. Austin Feb 29th 6-8PM**

Shout out to our older boys who volunteered to help erase and paint over graffiti found on one of the subdivision signs. Learning Specialist Adrian Tom used the opportunity to teach some of our ASP kids the importance of respecting what is ours, and how to cover up destructive marking for the betterment of the the tribe. Big shout out to our boys for doing such a good job!

For more details or questions please contact 775-423-8065
Location: 8955 Mission Road CLC Building.



Fallon Tribe helps with School Bus Route Blackouts in Churchill County

By Jill Wright trbalnews@fpst.org

The CCSD is no longer meeting all transportation needs due to a bus driver shortage. The district began implementing rolling transportation blackouts beginning in January.

The driver shortage is being felt nationwide. The school district is looking at hiring incentives and other recruitment efforts in hopes of seeing a rise in bus driver applicants.

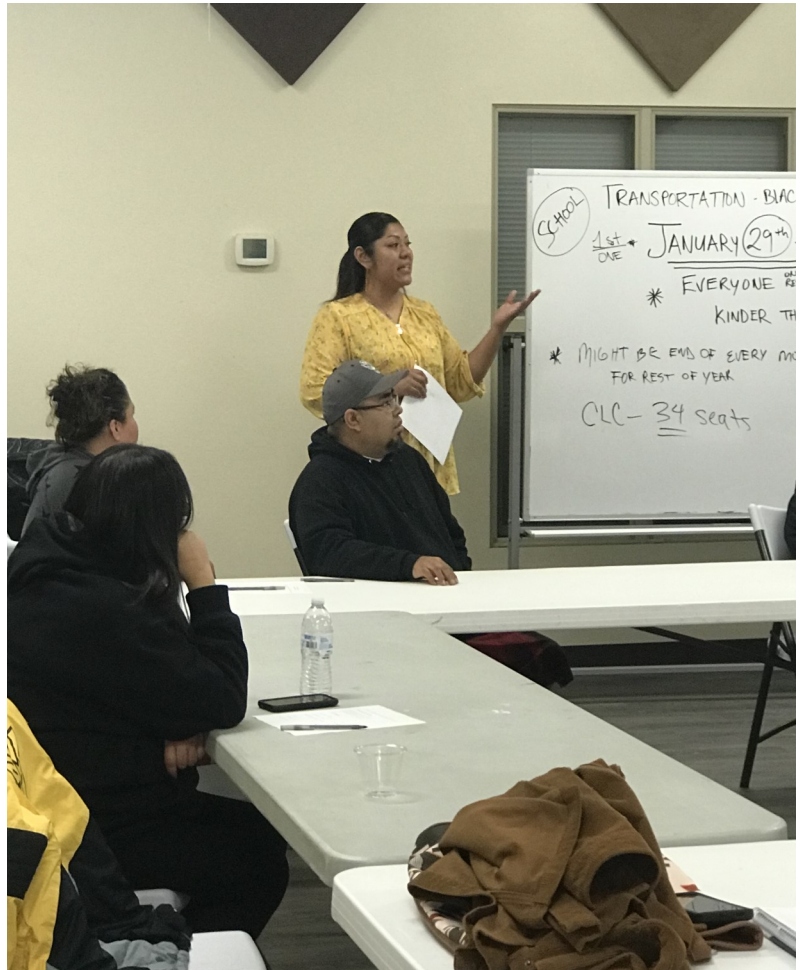
The Tribe's Community Learning Center Director, Lisa Bedoy was contacted by CCSD about the bus driver shortage. They met several times partnering with CCSD, Churchill County Transportation, Fallon Tribal Transit, FPST Communications and Title 6 to begin exploring options to accommodate the lack of drivers. They created a blackout bus list which is a list of students who need transportation, who are both members of the Boys and Girls Club and/or community members.

CLC staff held a Transportation Blackout Community Meeting where approximately 25 parents, representatives of CCSD, CCTD and the FPST Chairwoman Williams-Tuni had discussions about the transportation blackout. Ideas, questions, adjusting some schedules, reducing some services and consolidating some stops and car pools were topics of the meeting. During the blackout week, CLC provided 3 vans that picked-up and dropped off students from school.

CLC Director Lisa Bedoy would like to give a shout out to CLC staff Austin Little, Adrian Tom and Leticia Yellowhawk for playing a crucial role in their commitment to our youth and the daily operations to help out during the blackout period. She would like to also like to thank the FPST Transit Department for being on stand by if needed at a moments notice.

Lastly, all the parents and students who had to make accommodations to their schedules.

Below is a Bus Route schedule. If you have any questions please feel free to contact Lisa Bedoy, CLC Director at 775.423.8065.



Shannon Hooper, Title 6 Liaison gave a professional self-introduction at the meeting, answering questions for parents and other attendees.

YELLOW ZONE BUS ROUTES Bus #41 Bus #1 Bus #16 Bus #24	BLACKOUT DATES January 8-13 February 5-9
RED ZONE BUS ROUTES Bus #8 Bus #36 Bus #38	BLACKOUT DATES January 15-19 February 12-16
BLUE ZONE BUS ROUTES Bus #10 Bus #25 Bus #37 Bus #60	BLACKOUT DATES January 22-26 February 19-23
GREEN ZONE BUS ROUTES Bus #33 Bus #47 Bus #48	BLACKOUT DATES January 29-February 2 February 26-March 1



American Heart Association.



Menopause and Heart Health

Heart disease risk rises for everyone as they age, but for women, the years leading up to and after menopause are a critical time to care for their health.

Menopause is a natural phase of life for most women in their 40s or 50s. It's often just called menopause, but **menopause actually has three stages:**

- 1 PERIMENOPAUSE**
 - Includes the most symptomatic years
 - **Key time for a woman to reduce CVD risk factors and care for her heart health**
- 2 MENOPAUSE**
 - When a woman's period stops permanently
 - 12 months in a row without menstruation
- 3 POSTMENOPAUSE**
 - Many women will spend up to 40% of their lives postmenopausal or "after menopause"



Cardiovascular Risk Factors

Menopause does not cause cardiovascular disease; however, during the menopausal transition, women experience many changes in their bodies, including some that can impact their cardiovascular health:



- Decline in estrogen levels
- Hot flashes and night sweats
- Depression
- Sleep problems
- Increased body fat around the organs
- Increased cholesterol levels
- Stiffening or weakening of the blood vessels
- Increased risk of metabolic syndrome – 3 or more of:
 - High blood glucose (sugar)
 - Low levels of HDL ("good") cholesterol in the blood
 - High levels of triglycerides in the blood
 - Large waist circumference
 - High blood pressure

The early natural menopause (prior to 45 years of age) and the surgical removal of the ovaries can also increase a woman's risk for cardiovascular disease.

Take Menopause to Heart

Women are at a greater risk for heart disease and stroke after menopause, making it even more important to focus on your health before menopause, and throughout the menopausal transition.



Get plenty of exercise/physical activity



Quit smoking



Know your numbers



Eat healthy



Manage your stress

- Blood pressure
- Body Mass Index (BMI)
- Cholesterol
- Blood glucose (blood sugar)

Talk to your health care team about your risk factors and how to prevent cardiovascular disease during middle age.

To learn more, visit [goredforwomen.org/menopause](https://www.goredforwomen.org/menopause)

How to Recycle Paint



Consumer paint comes in several forms: latex (or water-based), acrylic (water- and chemical-based), and alkyd (or oil-based). It's important to know which type you have because the disposal options are different for each.

The easiest way to avoid contributing to paint waste and pollution is to plan your project and purchase only what you'll need. If you want to keep some touch-up paint for later, seal unused paint carefully and store it in cool, dry location to avoid having rust form on and inside the lid. PaintCare.org offers a video series about how to store paint properly, if you need tips.

Paint Recycling Preparation

1. The first step toward successful paint recycling is proper storage. If you have an open can of paint, make sure to keep it covered so the paint doesn't dry up. You can also wrap the lid in plastic to provide an additional seal. Store it in a cool, dry place between uses.
2. If you have no more use for half-empty paint cans, see if you can donate them first. For example, many school drama clubs, community theaters, and housing nonprofits will accept used paint.

If your paint came in an aerosol can (regardless of type), visit our aerosol cans recycling guide for disposal tips.

1. If reuse is not an option, then it's time to find a recycler or to dispose of it responsibly. Here's where the story differs based on the type of paint you have:
2. Oil-based paint is not easily recycled and will typically be accepted by a household hazardous waste (HHW) program or any Paint care-affiliated retailer. If your community doesn't offer HHW collection, you'll want to dry out the paint using kitty litter and/or newspaper and throw it in the trash.
 - Acrylic paints, which are fast-drying and generally safe, do not need to be sent to an HHW location. If you do not have local recycling options, dry the paint, adding kitty litter or another absorbent, before taking the landfill.
 - For water-based paint, recycling may be an option where you live by taking it to a transfer station. In many cities, latex paint is excluded from HHW collection and special collection events or programs are available. If you must send used latex paint to the dump, dry it first by mixing kitty litter into the paint and allowing it to stand for several days.

Why Recycle Paint

- Water-based paint is the most commonly accepted product at household hazardous waste events nationwide, even though the EPA doesn't consider it to be hazardous waste. Most hazardous waste is incinerated instead of recycled.
- New water-based paint can be made from recycled paint, or mixed together to create new colors used for projects like graffiti removal.

Using 1 gallon of recycled paint instead of new paint saves 100 kilowatt-hours of energy and keeps 115 pounds of carbon dioxide out of the air.

To the Dixons, Rodartes, Snooks, Lopez,
Davis, Bartlett, Mauwee and Decker



Melissa Miles

14 FEBRUARY
Happy Valentine's Day

Love Austin Little



MARGOT

HAPPY

VALENTINE'S DAY

LOVE SHALONE & GRANDBABIES



To Cody, Ezekiel,
Katie and Marcus

Happy
Valentine's
Day

Love Ma Ma

To my 3 boys & 3 granddaughters
Love you to the moon and back!!!



HAPPY
Valentine's
Day

Love Vanessa

To my Beautiful Lancaster/Hicks

Family

Happy

VALENTINE'S DAY

Love, Jonell



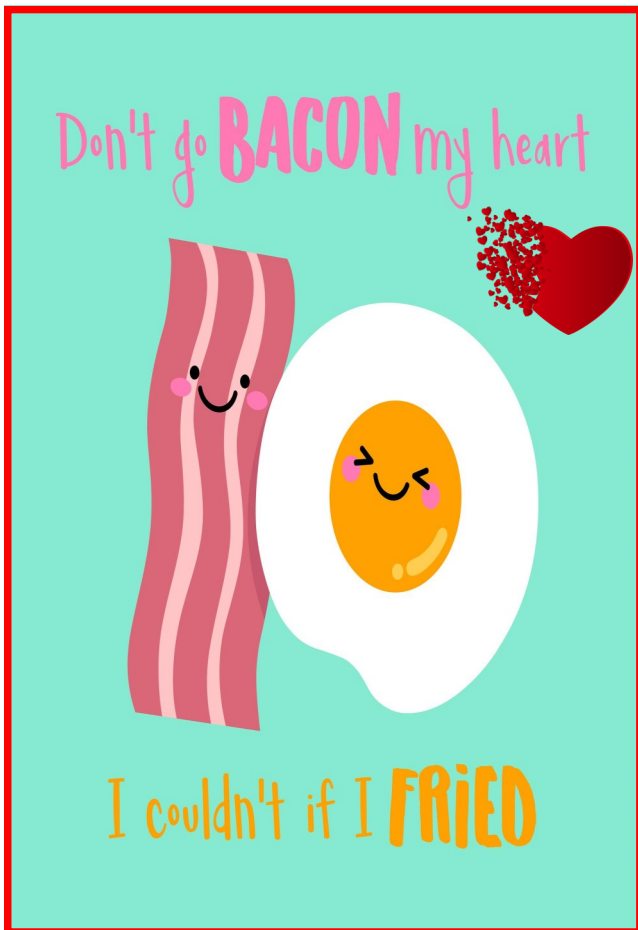
TO ALL OUR TRIBAL ELDERS
~ WE LOVE YOU



To My Amazing Wife
Rochanne

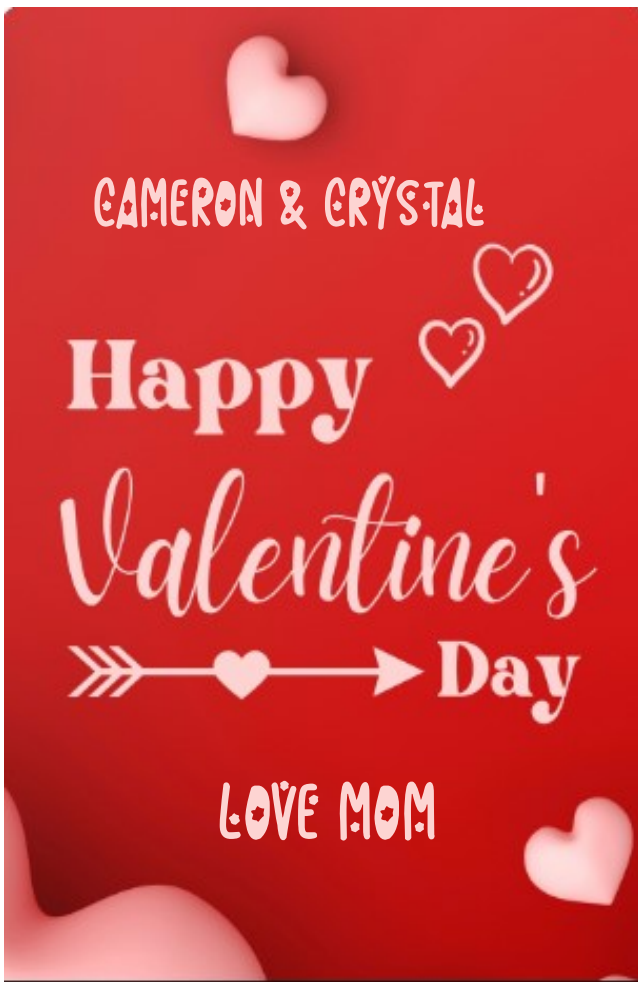
Happy Valentine's Day

All my Love, Scott



Don't go **BACON** my heart

I couldn't if I **FRIED**



CAMERON & CRYSTAL

Happy
Valentine's
Day

LOVE MOM

HOW TO:

REPORT A NOISE COMPLAINT



NAS FALLON NOISE COMPLAINT HOTLINE
(775)-426-2419

PLEASE PROVIDE AS MANY DETAILS AS POSSIBLE:
SUCH AS DATE, TIME, LOCATION, AND TYPE OF AIRCRAFT
PHOTOS AND VIDEOS CAN ALSO BE SUBMITTED



NAVAL AIR STATION FALLON
4755 PASTURE RD
FALLON, NV 89496

"TRAIN THE WAY YOU FIGHT; FIGHT THE WAY YOU TRAIN."





FALLON PAIUTE-SHOSHONE TRIBE
VOCATIONAL REHABILITATION PROGRAM

Published: Jan. 31, 2024

Eligibility Requirements

YOU MUST:

- 1.) Be an enrolled member of a Federally Recognized Tribe
- 2.) Reside on the boundaries of the following areas:
 - Churchill County or the Fallon Reservation/Colony
 - Nye County or the Yomba Reservation
 - Pershing County or the Lovelock Colony
- 3.) Individuals **MUST** have a physical or mental disability that results in a substantial impediment to them receiving or keeping employment.

Does The Following Statement Apply To You?

"I am ready, willing, and able to become successfully employed with the help of VR to find and/or maintain a job that matches my interests, experience, strengths, and abilities and capabilities."

If the above statement applies to you, call the FPST Vocational Rehabilitation Program at (775) 428-2250 to get started on your journey to becoming successfully employed.



Look forward to cultural tradition upcoming events held by voc rehab!

*Office Hours: Monday-Friday 8:00am-5:00pm. Open to Appointments Only.
 1007 Rio Vista Drive Fallon, NV 89406-5463 Telephone: (775) 428-2250
 Please call the office for more information or to apply. Thank you.*

Purpose of VR

Our purpose is to help eligible individuals with disabilities get or keep a job. If you are eligible, our vocational rehabilitation counselor will help you identify a suitable job goal, determine the services needed to become ready for the job, and assist with the employment search. It is important to remember that any services provided must be in support of your job goal.

Together, you and your VR counselor will:

1. Assess your strengths, resources, priorities, abilities, capabilities, interests, and rehabilitation needs
2. Explore, clarify, and determine your employment and career choices
3. Address your disability-related barriers to employment
4. Develop and carry out a plan for employment (IPE) that will result in suitable employment
5. Maintain contact for at least three months after successful employment

Interested in applying?

Please call, email or stop by
 1007 Rio Vista Drive Fallon NV
 89406

Phone: 775-428-2250

Email: vrmanager@fpst.org
vrtech@fpst.org

Vanessa Charley, VR Counselor

Teona Nevers, Technical Asst.

Recruiting New Members for the Fallon Paiute-Shoshone Tribe (FPST) Volunteer Wildland Fire Department

**Join us for more information on
Wednesday, February 21, 2024
6 p.m.**

**CLC Multi-Purpose Room
8955 Mission Rd.**

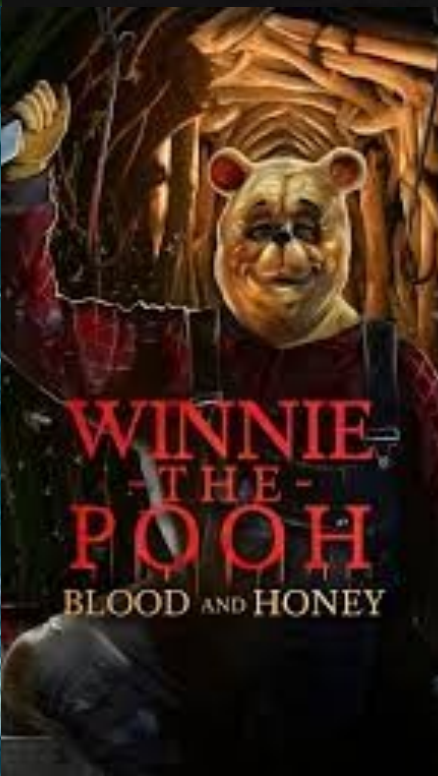
Requirements:

- 1. Must be 18 years of age or older**
- 2. Must possess a current valid driver's license**
- 3. Be physically and mentally fit to perform the duties of the position**
- 4. Agree to abide by the policies and procedures of this department**

Please contact Jackie Conway at (775) 867-8706 or emd@fpst.org for more information.



FEATURING THE VOICE OF JOHN LITHGOW



- Feb 2nd Argylle
Jungle Bunch
The Chosen
- Feb 8th Race for Glory:
Audi vs Lancia
- Feb 9th Turning Red
Lisa Frankenstein
It Ends With Us
- Feb 14th Madame Web
Winnie The Pooh:
Blood and Honey 2
Bob Marley:
One Love
- Feb 16th Land of Bad
- Feb 23rd Drive Away Dolls
Ordinary Angels

Pick up your bag of popcorn at Fox Peak Station for only \$5



Adult evening shows: \$10.00
 Children (under 12) are \$7.25
 Seniors / Military: \$8.25
 Matinee (before 6pm): \$7.25
 Classic Shows: \$1.00
 Call for showtimes: 775-423-7099



NAS FALLON

EMPLOYMENT OPPORTUNITIES

Visit any of these websites
to learn about openings at NAS Fallon

USAJOBS

usajobs.gov



NAVY LIFE SW

NAS Fallon

navylifesw.com



Navy Life NAS Fallon

facebook.com/NavyLifeNASF/

amentum

amentumcareers.com



synectics

synectics.net

LinkedIn

linkedin.com

indeed

indeed.com



chugachgov.com



NAS FALLON



APPLY TODAY

For questions:
Toni Burton
NAS Fallon Tribal Relations
(775) 686-8283
toni.a.burton.civ@us.navy.mil



WE'RE HIRING

MUNITIONS HANDLERS

Multiple openings available!

HAWTHORNE ARMY DEPOT

APPLY NOW

- No previous experience required
- Starting pay \$21.87/hr
- Great benefits
- Union position



Scan to learn more or reach out to
Krystal.Guijada@acuityinternational.com

➤ acuityinternational.com

HIRING EVENT

Saturday, February 10th 10:00 am - 4:00 pm

Pioneer Crossing Casino

Branding Iron Private Dining Room

11 N Main St. - Yerington, NV 894476



Fallon Paiute Shoshone Tribe Current Job Openings

FPST Application Required: <https://www.fpst.org/employment/>

Clinical Psychiatrist GS/41 Pay DOE

Dementia Care Specialist GS/14 \$21.81-\$26.04

Dental Assistant II GS/11 \$18.26-\$21.81

Dental Hygienist GS/23 Pay DOE

**Environmental Services Manager GS/18
\$27.63-\$32.99**

**Environmental Services Tech I/II GS/6 \$13.59-\$18.26
GS/12 \$19.38-\$23.14**

**Fallon Business Council Secretary Assistant GS/10
\$17.22-\$20.56**

**Tribal Historic Preservation Coordinator GS/15 \$23.14
-\$27.63**

**Vocational Rehabilitation Manager GS/17 \$26.04-
\$31.09**

Youth Care Worker GS/7 \$14.42-\$17.22

Natural Resources Director GS/21 \$32.99-39.39

Senior Center Manager GS/17 \$26.04-31.09

Project Manager GS/17 \$26.04-\$31.09

Tribal Administrator GS/25 \$41.79-\$49.90

Senior Center Assistant Cook GS/5 \$13.59-20.56

Human Resources Manager GS/17 \$26.04-\$31.09

Human Resources Director GS/21 \$32.99-\$39.39

Police Officer GS/16 \$24.55-\$29.31

Police Officer Trainee GS/16 \$24.55-\$29.31

CLC Specialist II GS/10 \$15.32-\$23.18

Prevention Specialist GS/12 \$19.38-\$23.14

**Native Connections Project Director GS/18/ \$27.63-
\$41.79**

Child Care Coordinator GS/6 \$13.59-\$16.23

Medical Assistant GS/9 \$16.23-\$19.38

Optometrist GS/31 Pay DOE

Nurse Practitioner/Physician Assistant GS/29 Pay DOE

Administration Receptionist GS/3 11/38-\$13.59

Program Development Manager GS/17 \$26.04-\$31.09

Patient Registration Clerk GS/6 \$13.59-\$16.23

Employee Benefits: Employer Paid Health Insurance. Full-Time employees are provided medical, dental, vision, and disability insurance at no-cost (family, child, spouse coverage is extra)

Paid Leave. Employees accrue 80 hours of Annual Leave a year and 120 hours of Personal Time Off (PTO) Leave per year. Proportional for part-time employees.

Employee Retirement Plan. Full-Time Employees are eligible to enroll in a 457-retirement plan with matching contributions up to \$2,002/yearly (eligible after 1 year).

Paid Holidays. The Fallon Paiute-Shoshone Tribe recognizes most Federal/State Holidays, as well as Tribal Holidays.

FEBRUARY GYM SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Basketball	2 Basketball	3 Volleyball	4 Volleyball	5 Open Gym	6
7	8 Basketball	9 Basketball	10 Volleyball	11 Volleyball	12 Open Gym	13
14	15 Basketball	16 Basketball	17 Volleyball	18 Volleyball	19 Open Gym	20
21	22 Basketball	23 Basketball	24 Volleyball	25 Volleyball	26 Open Gym	27
28	29 Basketball	30 Basketball	31 Volleyball			



**IN THE FALLON TRIBAL COURT
IN AND FOR THE FALLON PAIUTE-SHOSHONE TRIBE
FALLON, NEVADA**

IN THE MATTER OF:
THE ESTATE OF HERMAN G.
DIXON,
Decedent

Case No.: CVFT2023-0035

NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN that the undersigned has been duly appointed and qualified by the above-entitled Court as Executor of the Estate of Herman G. Dixon, deceased.

All creditors having claims against said estate must file a claim, with the proper vouchers attached, with the:

FPST Tribal Court Clerk
87 Rio Vista Drive
Fallon, NV 89406

within ninety (90) days after mailing or after the first publication of this notice (whichever occurs first). Only those claims so presented may be accepted.

Dated: December 27, 2023.
/s/ Jeffrey Cox, Executor
2320 Enterprise Road
Reno, NV 89521

By: Norman Allen, Esq.
Attorney for the Executor

Happy Birthday Nolan



May all your Hopes and Dreams
come True. Love Your Mom and
Brothers

TRIBAL FARMLAND LEASE OPPORTUNITY

Fallon Paiute-Shoshone Tribal farmlands are available to lease for two years, eligible for a one-time only request for a six year extension. FPST will be accepting closed bids beginning Monday January 29, 2024 at 8:00 a.m. and will close on Tuesday, February 13, 2024 at 3:00 p.m. Bid packets will be available at the FPST Natural Resources Department located at 8820 Mission Road. The individual submitting a bid(s) must be a FPST Tribal member in good standing with the Fallon Paiute-Shoshone Tribe and shall not have any outstanding debts.*

For more information, contact Lynn Castro Tribal Administrator, at 775-423-6075

FBC Approved

**Six year extension available upon mutual agreement.*



CHURCHILL COUNTY SCHOOL DISTRICT

NEW RATES Substitute Teacher



THE FOLLOWING REFLECTS THE
UPDATES TO LICENSED SUBSTITUTE
PAY RATES EFFECTIVE 2/1/2024

EMERGENCY AND LICENSED SUBSTITUTE TEACHER

NEW RATE: \$130/day

Pay Rate Details:

- Bonus rate = \$10 per day for substitute teachers who work 60% to 75% of school days each semester.
- Bonus rate = \$20 per day for substitute teachers who work more than 75% of school days each semester.

Long-term substitute teachers are not eligible for the bonus rate.

LONG-TERM LICENSED SUBSTITUTE TEACHER

NEW RATE: \$180/day

Pay Rate Details:

- \$180 per day for assignments that are 20+ days in length.
- The rate begins on the first day of the assignment.

LONG-TERM LICENSED SUBSTITUTE TEACHER (IN OPEN POSITION)

NEW RATE: \$200/day

In addition to employer-paid health insurance and PERS Retirement.

HALF-DAY ASSIGNMENTS ARE PAID AT HALF THE DAILY RATE

NONPROFIT ORG.
U.S. POSTAGE PAID
MAILED
ZIP CODE 89406
PERMIT NO 18



Fallon Paiute-Shoshone Tribe
565 Rio Vista Drive
Fallon, NV 89406
Tel (775) 423-6075
www.fpst.org

ADDRESS/RETURN SERVICE REQUESTED