



NUMA NEWS



Planet vs Plastic FPST Earth Day 2024

By Jill Wright tribalnews@fpst.org

On a beautiful spring day the Fallon Tribal Environmental Department celebrated Earth Day with nearly 30 vendors and musical accompaniment from two bands; River Rogue and Doc 6.

The 2024 theme, 'Planet vs Plastics', emphasizes the critical nature of protecting our environment and conserving natural resources, while also spotlighting the importance of shifting towards sustainable and renewable energy sources, moving away from fossil fuel dependency.

With all attention on Centennial Stage, a warm welcoming and opening remarks were given by Chairwoman Williams-Tuni as she vowed continued efforts of the tribe to prioritize environmental stewardship through various initiatives and protection over our culture and connection to the lands. She also spotlighted student Velma Ramos Allen, as the valedictorian with the academic title for the highest performing student of graduating class of 2024 at Pyramid Lake High School. Margot Dyer came up and presented Velma a beautiful hand made ribbon skirt that she made. Mrs. Dyer stated, "I am very proud of her academic achievements and as elders, this is what we do in honoring our youth."

The event featured exhibitors and vendors with a shared mission to protect and preserve our land. Brochures on recycling, local artists, voting information, health clinic, emergency management and law enforcement provided literature and reading information, environmental



L-R; Sonia Corleto, Richard Black, Caleb Kondor and Ileana Henry at 2024 Earth Day Event at Oats Park-Fallon

awareness and education material, activities for children, Indian taco stand, free snow cones, face painting and a free raffle.

Jolly Juggler, Caleb Kondor, had everyone on the edge of their seats with his juggling acts and his interactive nature. He performed a variety of juggling routines, humor, and audience participation. The children and adults alike were captivated by the items juggled which included knives and fire. He is a very talented performer.

As Young Chief Drum Group took to the stage with traditional singing, the Pyramid Lake High School Pudu Nagudu performed traditional dance. At the end of their performance they invited everyone to join hands in a round dance, celebrating earth and friendship.

During the event there was a free raffle as they gave out many fabulous prizes which included my favorite, trees. The trees were donated by the

Fallon Housing Department along with 16 tomato plants. As we all know, trees are remarkable. They clean our air, prevent soil erosion and give us shelter and shade. They can be the first line of defense in extreme weather. And of course, they capture carbon, helping to mitigate the climate crisis. By planting more trees in places where they make the fastest impact, we can safeguard our planet for generations to come. Great job environmental department!!

The FPST Environmental Department works to raise awareness of all aspects of the environment. This includes solid waste issues, pollution prevention, water and air quality, conservation measures, household hazardous waste disposal and many other areas. They just Members provide community outreach and education efforts such as community clean-up days. *(Photos on page 18-19*

"The earth is what we all have in common." - Wendell Berry

IMPORTANT TRIBAL DROP OFF & PICK UP NOTICE DMV TAX EXEMPTION

This Governmental Services Tax Exempt Privilege/Eligibility has been in effect since 2012. The current Tribal Chairwoman is only enforcing the DMV Vehicle Privilege for the benefit of federally recognized Nevada Native Americans residing permanently within the boundaries of the Fallon Paiute-Shoshone Reservation & Colony.

PLEASE:

- When you arrive at the Administration Building, 565 Rio Vista requesting a DMV Exemption, the Front Desk Staff will ONLY take a copy of your Valid Tribal ID, Drivers License & DMV Registration and/or Vehicle Title which will be picked up and processed by the Chairwoman's Office. Please leave a current phone number so the Chairwoman's Assistant can call you when your application is ready for pickup.

NOTE: ALL documents must match the same address located on FPST lands in order to validate the applicant & vehicle. If any of the documents do not match, it is the responsibility of the applicant to make necessary changes are done before receiving the exemption.

**THERE IS A ONE DAY TURN AROUND FROM THE TIME YOU
SUBMIT YOUR APPLICATION, SO PLEASE LOOK AT YOUR DMV
EXPIRATION DATES CLOSELY & PLAN ACCORDINGLY.**

**Nevada Urban
Indians, Inc.**



YOUTH BACKCOUNTRY CAMPS

July 16-19

Join the Tahoe Rim Trail Association for a 4 day, 3 night backcountry adventure!

Parent Information Night
May 22nd 5:30-6:30 pm

@
9480 Gateway Drive
Reno, NV

-Ages 12-17
-Free!

-Gear provided
-No experience necessary

For questions or to register, contact
Steve Hedrick @ Shedrick@nvui.org



Tribal Volunteer Fire Department

The Tribal Volunteer Fire Department (VFD) received a 2023 Ford F-550 4x4 Skeeter Brush Truck from Siddons Martin Emergency Group, LLC. The FPST Environmental Protection Department received grant funding from the VW Environmental Mitigation Program to be able to purchase the needed vehicle to replace the older 1993 International Navistar Brush Truck. The funding purpose is to remove older diesel engines and replace with newer diesel engines which have cleaner emissions.



The tribal VFD also held a recruitment event and has new volunteers which includes Bryson Abe, Michael Abe, Cody Downs, Laura Ijames and Tommy Kee. Please give the tribal VFD time to properly train and equip the new volunteers with proper Personal Protective Equipment (PPE) which consists of turnouts, boots, helmet, goggles and face shield.

As a reminder as you prepare on burning ditches or any other large area to contact the Churchill County Sheriff's Office at (775) 423-3116 prior to burning to notify of • Location • Date of Controlled Burn • Start and end time of controlled burn • Contact Information.

Please be responsible for your burning. • Do not burn on windy days • Do not leave the controlled burn unattended • Have a water source readily available to extinguish as necessary • Clear any debris/weeds at least 10 feet around burn barrels.

If you have any questions, please contact the Emergency Management Department at (775) 867-8706.

Community Emergency Preparedness & Spaghetti Cook-Off Event

The FPST Emergency Management (EM) Department hosted a Community Emergency Preparedness & a Departmental Spaghetti Cook-Off event on Wednesday, April 17, 2024 that was held at the Tribal Gym. This event was held in conjunction with the FPST 24th Annual Earth Day Celebration.

The Chairwoman Catherine Williams-Tuni provided a welcoming address to the attending community followed by presentations from the Red Cross on basic disaster preparedness, the Tribal Police Department Officer Shasta Juarez provided information on Safety and the Tribal Volunteer Fire Department introduced their new members and provided information on controlled burning.

After the presentations the community was provided spaghetti from five FPST Departments competing in the Spaghetti Cook-Off event which were all assigned a letter such as A, B, C, D & E for blind voting. The attending community then voted on their favorite and the winners were announced as 1st Place – Senior Center – LaCarrie McCloud & Chelsea Tuni, both received \$50 gift cards to Fox Peak; 2nd Place – Community Learning Center – Austin Little, received a \$40 gift card to Fox Peak; 3rd Place – Volunteer Fire Department – Edwin Conway, received a \$30 gift card to Fox Peak and Honorable Mentions Chairman’s Office – Juliana Dixon and Grants Office – Linda Loeb. The voting was very close as all the spaghetti was delicious and very much appreciated.

Raffle tickets winners were announced which concluded the event. Donations for the raffle received included: Fallon Tribal Development Corporation (FTDC) donated two 4-packs of Fox Peak Cinema movie tickets; Vanessa Charley, Voc Rehab donated a dash camera and a toaster; Emergency Management donated an all-weather radio and gift cards to Fox Peak which consisted of \$25, \$30 and \$40; and the grand prize was donated by Adrian Tom, CLC which was a handmade drum painted with the FPST Logo.

This event could not have happened without the many volunteers, the Tribal Departments who entered in and shared their spaghetti with the community, the Presenters and the programs who donated items. Volunteers included: Randall Allen; Briana Chee (Housing); Lynette Fisherman (FBC Secretary); Cathrn Foote (Food Pantry/Greenhouse); Laura Ijames (VFD); Shasta Juarez (Tribal Police); Teresa McDonald (Tribal Police); Kae Ward (Judicial Services); Jill Wright (Communications/VFD); CLC and Facilities & Maintenance.



FPST Social Services collaborates with Fox Peak Station to Raise Awareness

By Jill Wright tribalnews@fpst.org

During April, The FPST Social Services and Fallon Fox Peak Station joined together to raise awareness and take a stand against child abuse. A beautiful array of spinning blue and silver pinwheels were planted in the front east corner of the store in solidarity in the shape of a medicine wheel and a heart that were created by YFS Administrative Assistant Michelle Grace & YFS Director Christine Castro-Blandon.

As passerby's went past Fallon Fox Peak store, pinwheels were spinning to help remind that everyone has a role in children's lives. Children who are raised in safe, stable, and nurturing environments are more likely to be successful academically and financially, and grow up to be productive members of their communities.

Next Year, we invite you to use the pinwheel to show your support for children and families in our community and plant your own pinwheel garden. Big thanks to Fallon Tribal Development Corporation and Fallon Tribal Social Services Department.



An Earth Day Thank You!

The Environmental Protection Department would like to extend our deepest gratitude to community, the volunteers, departments partners, and donors who joined us to make our Earth Day week such a great success.

Congratulations and a big thank you to Mia Koda Hicks for winning this year's Earth Day art contest and having her artwork displayed on our Earth Day tee shirts this year. Thank you to all of the artists who submitted their great artwork for the Earth Day Poster Contest. Congratulations to the contest winners: 17+ Age Category: 1st Place Winner, Nateya Wiggins, 2nd Place Winner, Amy Kennison; 11-16 Age Category: 1st Place Winner, Jayci Downs; 5-10 Age Category: 1st Place Winner, Mia Koda Hicks, 2nd Place, Nina Henry, 3rd Place, Autum Kiltz.

Thank you to all of the community members and department volunteers that came out to participate in this year's Community Clean-up Day on Tuesday, April 16th.

A special thank you to the Housing, Public Works and Land & Water Departments for providing the dumpsters, hauling trash for the elders and keeping the dumpsters compacted for transportation, during Dumpster Days week.

Thank you Housing Department for sharing your shop area to host our Household Hazardous Com-

munity Collection Day on Wednesday, April 17th. We had over 30 vehicles dropping off their household hazardous waste for disposal this year. Thanks to Emergency Management for hosting their Community Emergency Preparedness and Spaghetti Cook-Off event later that evening at the CLC.

Thank you to Fox Peak Cinema for providing a theater for our Earth Day movie night on Thursday, April 18th.

Thank you to the community, departments, organizations, agencies, non-profits and vendors who came out to support our annual Earth Day Celebration in Oats Park on Saturday, April 20th.

A sincere thank you to Millie Brigham for the Earth Day opening prayer and thank you to Chairman Cathi Tuni for the opening welcome to our annual Earth Day Celebration.

A huge thank you to the Pyramid Lake High School Pudu Nagudu Dancers, Young Chief Drum group, Happy Juggler aka Caleb Kondor and to the River Rogue Band and the Dock Six Band for providing the great entertainment throughout the day.

Thank you volunteers Edwin Conway for the face painting, Cody Downs for keeping everyone cool with the snow cones and to Jessica Dixon and Tyler Conway for helping us out in our booth and mak-

ing sure everyone had raffle tickets.

A special thank you to those who contributed generous donations to make this annual Earth Day a success, including the Housing Department for the plants and trees and Tribal Health Clinic for the tee shirts. A huge thank you to A & K Earthmovers, Depot Diner, Don Julio's, Fallon Theatre, Fitness for \$10, Fox Peak, Ioneer, Jeff's Digitex Printing, La Fiesta, Safeway, Shannon Hooper, Tedford Tires & Auto Service and Walker Lake Disposal.

Thank you to Housing and Facilities and Maintenance Departments for helping with the tables and chairs set up, before and after the event.

A very special thank you to Sonia, Ileana, Safia, Robert and Ezekiel of the Environmental Protection Department for all the hard work they did to make our Earth Day activity week such a success.

We thank everyone for coming out and supporting our annual Earth Day events and hope to see you all again next year.





BOYS & GIRLS CLUBS

FALLON PAIUTE SHOSHONE TRIBE BGCA APRIL/MAY NEWSLETTER

Spring has been in full swing at the CLC! Including our Spring Break Camp that was hosted in April! We've had a ton of fun and were hoping to share it with you here, but also make sure to look out for what's coming next!!!



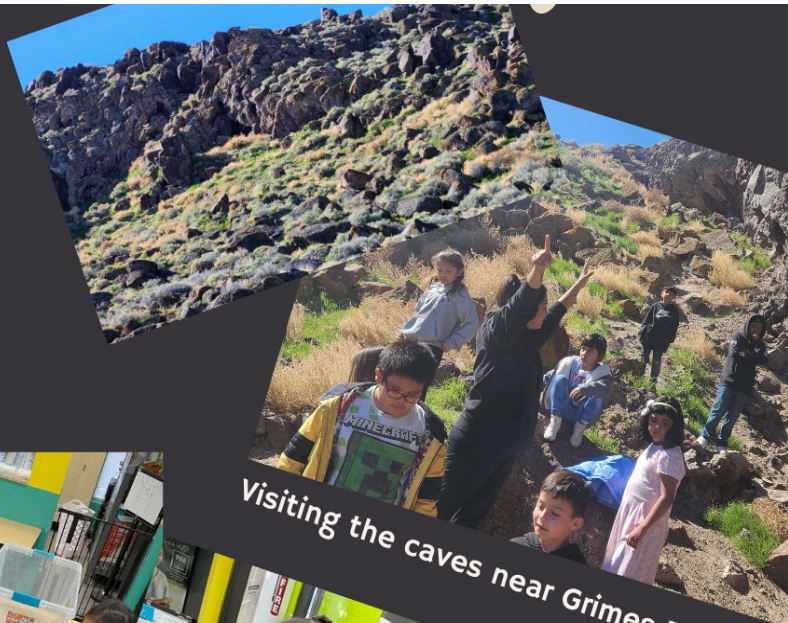
DATES TO LOOK OUT FOR

- 1) CLC Graduation Ceremony: May 16th, 6PM @ CLC Gym
- 2) Summer Rec. Program: Starts June 10th, Applications Available, first come first serve
- 3) Beading Grad Cap Class with Tish: May 2nd/9th 6PM @ CLC Class Room





Learning about positive interactions between people, with the help of Victim Services and ITCN!



Visiting the caves near Grimes Point!

WHAT WE'VE BEEN UP TO IN SPRING



Making Hand Drums!



Painting with our elders! And our seal!





Earthquake and Fire Drill training!

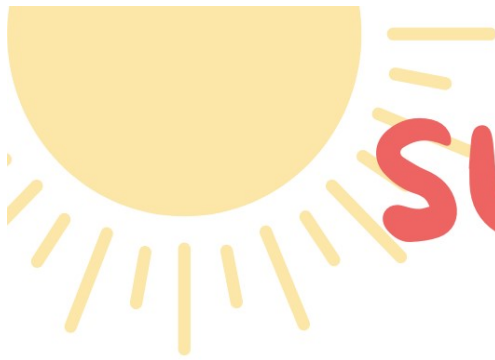


College Level Tutoring and preparing for Graduation!



More Learning Opportunities with Tribal Programs





SUMMER REC



REC BEGINS:
JUNE 10,
2024

MON-THURS
9AM-3PM

APPLICATIONS NOW
AVAILABLE AT THE
COMMUNITY LEARNING
CENTER

REC ENDS:
AUGUST 1,
2024

8955 MISSION RD.

AND ONLINE AT FPST.ORG



FOR MORE INFORMATION PLEASE CALL STAFF
@ 775-423-8065

JOIN US FOR A

GRADUATION

CELEBRATION
IN HONOR OF OUR
2024 GRADUATES!



WHEN: THURSDAY, MAY 16, 2024

TIME: 6:00 PM

WHERE: COMMUNITY LEARNING CENTER
8955 MISSION RD
FALLON, NV 89406

REFRESHMENTS WILL BE
SUPPLIED

FOR MORE INFORMATION PLEASE CALL

775-423-8065

Vocational Rehabilitation Program

WHAT IS VR?

Vocational Rehabilitation (VR) is a federally funded program designed to help eligible individuals with a diagnosed disability find or keep a job.

WHAT TO EXPECT

VR is a commitment, partnership, and a process. Your rehabilitation process can take several months from application to successful employment. VR will work with you to identify any disability-related barriers you may have that are interfering with your ability to obtain or sustain employment and to develop solutions to address and overcome those barriers.

VR PROCESS

- Step 1. Applying for Services
- Step 2. Determining Eligibility
- Step 3. Career Exploration & Developing a Plan
- Step 4. Following Your Individual Plan of Employment
- Step 5. Finding a Job
- Step 6. Successfully Employed after 90 days

ELIGIBILITY REQUIREMENTS

YOU MUST:

- 1.) Be an enrolled member of a Federally Recognized Tribe
- 2.) Reside in the boundaries of the following areas:
 - Churchill County or the Fallon Reservation/ Colony
 - Nye County or the Yomba Reservation
 - Pershing County or the Lovelock Colony
- 3.) Have a physical or mental disability that makes it hard for you to receive or keep employment



Types of Services Provided

Vocational counseling and guidance to assist you in selecting a job goal.

Training or education to help you find employment.

Occupational license, tools, equipment or technology which may aid in helping you hold a job.

Evaluations to determine your job skills and interests.

Job search assistance, job interview skills, follow-up and follow-along services.

Transition services for students with disabilities.

To apply, you come to the Voc Rehab program and pickup an application, or call or visit the VR office on Mondays through Fridays from 8:00am–5:00pm.



Fallon Paiute-Shoshone Tribe

Proposed BIA ARPA Projects

Fund Code 195

BIA ARPA

Out of the \$1.9 Trillion in ARPA funding, \$900 million was funneled through the BIA and the Fallon Paiute Shoshone Tribe's allocation was \$1,195,993. With these funds the Tribe has funded a water treatment plant upgrade. \$400,000 was allocated to Public Works to upgrade water pumps equipment, other hardware and software. A modest \$15,125 was utilized as the Tribes 5% match for the lagoon project recently completed.



The Fallon Paiute-Shoshone Tribe established in 1887, comprises 5,540 acres (22.4 km²). In 2005, 1,692 people lived on the reservation. In 2017, 1,499 people were enrolled in the tribe.

ARPA Continued...

The American Rescue Plan Act was the U.S. response to the COVID-19 Pandemic. The funding has been allocated throughout the country through many sources - cities, counties, states, and through various government departments like the BIA, and Treasury Department. This includes FPST as a Federally Recognized Tribe.

Now that the Pandemic has ended, FPST is planning to utilize the funding for a variety of projects with a focus on improving infrastructure and growing our key departments to provide overall better services.

What do you see as priority for the Tribe?

The Fallon Paiute-Shoshone Tribe has been fortunate to receive ARPA funding from many sources. There are projects in process of being completed with available funding at this time. Here is a short list of funding and projects.

Upcoming Housing Projects/Funding Sources

HIP ARPA: \$98,400 Fund Code 115, Habitability improvement to existing homes. Must meet HIP qualifications.

HUD ARPA: \$975,152.00: Fund Code 600R, Appliance project

HUD CARES: \$396,700: Fund Code 600V, habitability improvements

Projects in Progress:

Sagebrush LIHTC I Project: 22-Unit Housing Complex. Expected completion date January 1, 2027

Childcare Center building Project: Expected completion is the end of 2026.

Please contact Russell Dyer-Redner ARPA Manager FPST with any questions or comments.

Office 775-423-6075 ext. 1013 Email: arpamanager@fpst.org



Fallon Paiute-Shoshone Tribe

Proposed BIA ARPA Projects

Fund Code 195

Project Name	Disclaimer: The budget is insufficient to complete all of the proposed projects at this time. This is a notice to the community of what is being proposed. Public comment is very important as the beneficiary of the project is the Tribal Community. Final decisions rest with the Fallon Business Council. All projects must be related to the recovery from COVID-19 Pandemic, this includes infrastructure improvements.	Budget Estimate	Time Frame
ADA Building Update Project	A multi-phase project designed to identify ADA deficiencies and repair/remodel to make walk ways, restrooms, and common areas that are accessible to the public.	\$150,000	6 months
Tribal Judicial Improvement Project	The installation of a paved/asphalt parking lot (shade if budget allows), handicap ramp improvement and doorway/window replacement.	\$225,000	3 months
Natural Resources: Metal Building Completion	A 3-part project to complete the building. Structural (Driveway/Landing and Safety Wall), Water (No Freeze Faucet) and Electrical.	\$25,000	2 months
Surveillance System	Tribal Administration surveillance system for all the primary buildings i.e. Admin, CLC, Natural Resources, Housing etc. The primary benefit is to create a safer more productive work environment. The primary benefit is to create a safer more productive work environment while discouraging theft/crime and allowing Law Enforcement to operate more efficiently.	\$156,000	1 year plus
Tiny Home Project	Alternative solution to provide additional housing needed for various demographics. This includes building the infrastructure, delivery and installation. 3 to 6 homes will be provided, specific demographic TBD.	\$375,000	8 months
RV Park	Alternative housing option: Will ensure tribal members living in RVs will have basic utilities provided. Targeted 10 Lot RV Park offering electric, water, sewer, and WIFI to individuals and Tribal members. Potential economic development opportunity.	\$150,000	1 year plus
Street and Housing Address Signage Replacement	Repairing/replacing street signs, visual addresses on houses and online mapping updated. Emergency Management has reported several incidences where EMS has not been able to find addresses in emergencies. In addition, online mapping and GPS is inaccurate in certain areas of the reservation.	\$30,000	3 months
Grants Management Project	A 2-part project that will assist the Tribe in grants management, increasing productivity/knowledge of employees, and provide targeted funding opportunities. The funds will be used to pay for the initial start-up costs for grants management software and contract with a grant-consulting firm. The remaining annual cost will be budgeted with in the administrative costs.	\$100,000	2 months
Cemetery Expansion	The Tribe has already taken an adjacent Farmland out of production to provide 240 additional burial plots. Due to the effect of COVID-19 the number of fatalities have risen significantly.	\$400,000	1 year plus
Farming Equipment	To assist Tribal member farmers the Tribe will purchase a New equipment to older and aging equipment.	\$443,000	3 months
Total to fund all Projects:	NOTE: These projects have not yet been approved by FBC. Your feedback is requested as our project are for the benefit of the FPST community.	\$2,054,000	

Please contact Russell Dyer-Redner ARPA Manager FPST with any questions or comments.
Office 775-423-6075 ext. 1013 Email: arpamanager@fpst.org

Earn
Income



Gain
Work
Experience

FALLON PAIUTE-SHOSHONE TRIBE

SUMMER YOUTH EMPLOYMENT PROGRAM

The Fallon Paiute-Shoshone Tribe will be posting the TERO Summer Youth Employment Job Announcement beginning May 6th, and will close on June 3rd, 2024.

Due to funding, the program is limited to how many we can hire.

\$11.25/hour-30 hours a week.

You can apply at the Fallon Paiute Shoshone Tribe beginning May 6th, 2024.

Please call Tiffany Welch at (775)423-6075 Ext. 1028 for more information and TERO Eligibility requirements.

Tribal Preference in hiring shall apply under the Tribal Employment Rights Ordinance (TERO)

DEPARTMENT OF MOTOR VEHICLE TAX EXEMPTION

This Governmental Services Tax Exempt Privilege/Eligibility has been in effect since 2012. The current Tribal Chairwoman is only enforcing the DMV Vehicle Privilege for the benefit of all eligible Tribal Members.

It is the responsibility of the Chairman/Vice Chairman of the Fallon-Paiute Shoshone Tribe to verify that the following vehicle tax exempt application through the State of Nevada is in accordance with NRS Nevada state requirements. The statement above the required signature of the Tribal Chairwoman states "I declare under penalty of perjury that the foregoing is true and correct and that the applicant meets the eligibility requirements listed above." This statement puts a great deal of responsibility on the Chairwoman & Vice Chairman under penalty of perjury to ensure the documents presented for exemption are true and correct. Likewise, the tribal member seeking the tax exempt also has an obligation by the statement above their signature, "I declare under penalty of perjury that the foregoing is true and correct." meaning the applicant attests all information is correct and has met the eligibility criteria when requesting the vehicle privileged exemption.

This privilege was created for the beneficial use & opportunity for federally recognized Tribal Members LIVING ON THE FALLON PAIUTE-SHOSHONE RESERVATION OR COLONY ONLY

INSTRUCTIONS & ELIGIBILITY:

- ◆ The exemption must be applied for annually with a separate exemption application required for each vehicle being registered.
- ◆ Bring your Tribal ID, Drivers License & DMV Registration and/or Title to the Chairwoman's Office for processing. ALL documents must match the same address to validate the applicant & vehicle. If any of the documents do not match, it is the responsibility of the applicant to make necessary changes.
- ◆ Once the proper documents are turned in, please give the Chairwoman's Office at least 24 hours time for processing.

WHO IS NOT ELIGIBLE:

- ◆ Fallon Paiute-Shoshone Tribal Members or other Nevada Tribal Members who **DO NOT** permanently reside within the boundaries of the Fallon Paiute-Shoshone Reservation or Colony are **NOT ELIGIBLE** for receiving the Governmental Services Tax Exempt from the Fallon-Paiute Shoshone Tribe.



Earth Day 2024





Memorial Day Service

MONDAY, MAY 27, 2024

8329 RESERVATION ROAD
FALLON, NEVADA



Memorial Day is commemorated in memory of the men and women who died while serving in the United States of America.



MEMORIAL DAY

REMEMBER & HONOR

The Tribal Cemetery Community Clean -up will begin on 5/20-5/24. We encourage everyone to come out and bring your gloves, gardening tools, sunscreen, and snacks.



NEVADA
WILDFIRE
AWARENESS
MONTH



Nevada Wildfire Awareness Month 2024

EVENTS

May 9: *Fire Weather* Webinar

Join us on Thursday, May 9th at 12:00pm via Zoom for our online webinar. This session will delve into what fire weather is and what its factors are. Guest speaker Edan Lindaman, senior meteorologist and fire weather program leader for the National Weather Service in Reno, Nevada, will be sharing fire predictions for this upcoming summer. Learn about fire weather and how it relates to you!



May 16: *Firewise*® 101 in Nevada Webinar

Join us on Thursday, May 16 at 11:30am to learn about Firewise®, why it's important, and how to join! Fire Adapted Nevada coordinator from the Nevada Division of Forestry, Nikhil Narkhede and Firewise USA® program manager, Megan Fitzgerald-McGowan will discuss Firewise® basics and will be available for questions and answers about the program.



May 20–24: *Declutter Your Gutter* Challenge

We challenge you to "Declutter Your Gutter" and receive a free YETI tumbler*! Take a "before" and "after" picture and email them to LWF@unr.edu or post them to social media using #NWAM2024 to receive your tumbler. (*while supplies last)



Funding provided by BLM-Nevada. An EEO/AA Institution. If you require a reasonable accommodation in order to participate in these events, please contact Paul Lessick, civil rights & compliance coordinator, at least 14 days prior to the scheduled event at PLessick@unr.edu.

FPST BEHAVIORAL HEALTH PROGRAM FOR MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES - MAY 2024

Mental Health Program-Assessments, Psychiatric & Therapy Services

Dr. Sonny Ruckstuhl, Clinical Psychologist, available on Tuesdays.

Susan Stark, MA, LCSW, is a licensed clinical social worker. She is available for therapy services on Thursdays and Fridays.



Valerie Bill is the new Prevention Specialist under the SAMHSA Native Connections grant. Valerie will be conducting suicide and substance abuse prevention activities for youth and young adults. She is a member of FPST and has served tribal communities in Northern Nevada for the majority of her work life. We welcome her to our team. Yea Valerie!



Substance Abuse Program (SAP) - Assessment & Outpatient Treatment Services



Cynthia Wachsmuth, CADC Intern, a full-time Substance Abuse Counselor. She is available for screenings, evaluations and substance abuse treatment and referral services.



Sunny Cox, CADC Intern, Substance Abuse Counselor. Sunny is now a full-time substance abuse counselor intern and can provide screenings, assessments, treatment and referral services.



Brenda Hooper, Recovery Support Coach & Coordinator. She provides recovery support to individuals in early recovery from substance abuse and mental health issues. Her roles is to help people stay on their wellness path.



Shelby Harrison, Behavioral Health Assistant. Call Shelby to make an appointment with any of the BH providers, (775) 423-9076.

May is Mental Health Awareness Month.



If you are in crisis, call the **988** Suicide & Crisis Lifeline at 988 or chat at 988lifeline.org, or text the Crisis Text Line (text HELLO to 741741).

If you need to talk with someone for support and encouragement, contact the **The Nevada Warmline** at 775-241-4212, 24 hours a day, 7 days a week, 365 days per year. It is a stigma-free, non-crisis peer support phone

Bureau of Justice Assistance Connect & Protect Project

—A 3-year project in which the goal is effective collaboration between FPST Law Enforcement officers and Mental Health providers regarding crisis interventions within the FPST community. The Behavioral Health Liaison position has been Re-advertised. We are still looking....

HRSA Rural Communities Opioid Response Program

—A Treatment program specific to Opiate Use Disorders and other substance use disorders, also provides recovery support services & overdose education and the distribution of Naloxone to reverse an overdose.

SAMHSA Native Connections Project:

a 5-year grant that focuses on suicide prevention and mental health awareness for youth and young adults. The position of Project Director is still vacant.

Talking Circle Tuesdays

5:30 to 7:30 p.m.

999 Rio Vista Dr.

Contact Cynthia Wachsmuth for more information at (775) 423-9076, x1042.



For questions regarding services or activities contact Leslie Steve, MA, LADC, Director of Behavioral Health at 423-9076, ext. 1032.

*PRACTICE MINDFULNESS.....Breathe.
"Yesterday is gone, tomorrow hasn't happened; what we have is right here, right now. Promote peace and be kind."*



The Fallon, Lovelock & Yomba Wellness Community (WELCOM) Circle

We will host the next meeting at the COC building on 5/23/24 from 12noon to 1:30 p.m. Everyone is welcome to attend. For more information call (775) 423-9076.

YOU CAN PREVENT AN OPIOID OVERDOSE DEATH WITH NALOXONE (NARCAN)

-a prescription opioid antagonist that can temporarily reverse the effects of an opioid overdose and prevent death (More than one dose may be necessary to maintain opioid reversal.

- “Knocks” the opioid off the opiate receptor in the brain
- No opioids = no effect
- Not harmful if no opioids in bloodstream
- Effective usually in 1 to 3 minutes
- Effects last between 30 to 90 minutes



NARCAN (NALOXONE) NASAL SPRAY

- ◆ Remove naloxone from the box
- ◆ Peel back the tab with the circle at the top right corner to open
- ◆ Hold the naloxone with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle
- ◆ Tilt the person’s head back and provide support under the neck with your hand
- ◆ Gently insert the top of the nozzle into one nostril, until your fingers on either side of the nozzle are against the bottom of the person’s nose.
- ◆ Press the plunger firmly to give the dose of the naloxone
- ◆ A dose can be given every 2 to 3 minutes until independent breathing begins
- ◆ Repeat naloxone administration in the opposite nostril if necessary
- ◆ If no response, continue to repeat naloxone administration if available until an ambulance has arrived

NALOXONE SIDE EFFECTS

Includes agitation, nausea, excessive sweating, running/bloody nose, fast heartbeat & high blood pressure

ENSURING HIGHER LEVEL OF CARE

After naloxone administration, the patient should continue to be observed until an ambulance arrives or transport to a medical facility occurs.

For more information and/or a FREE Naloxone kit, contact the FTCH Behavioral Health Program at (775) 423-9076.

OPIOID OVERDOSE EDUCATION

An opioid overdose can happen for a variety of reasons, including if you

- Take an opioid to get high
- Having a low tolerance level after leaving the hospital, detox program or after getting released from jail/prison.
- Take an extra dose of a prescription opioid or take it too often (either accidentally or on purpose)
- Mix an opioid with other medicines, illegal drugs, or alcohol. An overdose can be fatal when mixing an opioid and certain anxiety treatment medicines, such as Xanax or Valium
- Take an opioid medicine that was prescribed for someone else.
- If you are getting medication-assisted treatment (MAT). MAT is a treatment for opioid abuse and addiction. Many of the medicines used for MAT are controlled substances that can be misused
- Using drugs of unknown quality
- Using drugs despite existing health prob-

WHAT DOES AN OPIOID OVERDOSE LOOK LIKE?

SIGNS OF AN OVERDOSE:

- Face is more pale than usual and/or clammy to the touch
- Cannot be woken up
- Body is limp
- Shallow or slow breathing, snoring or gurgling
- Slowed or stopped heartbeat
- Fingernails or lips look blue/purple



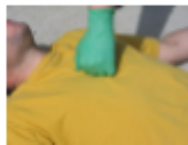
- Blue lips, pale and clammy skin

IF YOU SUSPECT AN OVERDOSE—Make Noise, yell at the person, shout “WAKE UP!”



Sternum Rub

Rub on the person’s chest bone near their heart to cause discomfort. If this wakes them up, they are not overdosing. Put them in a recovery position and stay with them.



Recovery Position:

1. Roll the body onto the side.
2. Bend the knee to keep the body from rolling over
3. Hand supports the head



IF THEY DO NOT WAKE UP TO NOISE OR PAIN:

Call 9-1-1– right away!

Share your location.

Say that the person is not breathing or responding.

Remember: GOOD SAMARITAN LAWS protect you from arrest when call to help someone who may be overdosing.

JOIN THE U.S. CENSUS BUREAU

Become a Field
Representative in
your community!

United States
Census
Bureau

Now Hiring - Part-Time Field Representatives in Nevada - \$16.95 - \$22.49 per hour plus, 0.67 mileage reimbursement

Census Bureau Field Representatives collect data for ongoing our surveys.

The scale of recruits is not like the 2020 Census, but these surveys are ongoing and critical to the Census Bureau's overall mission – *To serve as the nation's leading provider of quality data about its people and economy.*

Field Representative (AK/CA/HI/ID/NV/OR/WA)

Field Representative Bilingual

If you speak another Language, you must apply to both Job Announcements

BASIC REQUIREMENTS

Must be U.S. Citizen | Must be 18yrs. of age or older | Meet conditions of employment as outlined in:

USAJOBS Announcement No. [FLDLA-2023-FR-01-DE](#)

USAJOBS Bilingual Job Announcement No. [FLD-2023-FR-BILINGUAL-DE](#)



<https://www.census.gov/about/regions/los-angeles/jobs/nevada.html>

Questions? 1-800-992-3529

The U.S. Census Bureau is an Equal Employment Opportunity Employer

Janice Lee (Johnson) Turner

March 26, 1947– April 19, 2024



Janice Turner, 77, passed away April 19, 2024.
She was a member of the FPST. She will be missed by all.

CPR / AED Awareness Week

On December 13, 2007, Congress unanimously passed a resolution to set aside June 1-7 each year as National CPR and AED Awareness Week to spotlight how lives can be saved if more Americans know CPR and how to use an AED. CPR or Cardiopulmonary Resuscitation is an emergency lifesaving procedure performed when the heart stops beating. An AED or automated external defibrillator is a portable device designed to restart a person's heart during sudden cardiac arrest.

Each year, more than 350,000 cardiac arrests occur out-of-hospital in the United States. Currently 90% of people who suffer out-of-hospital cardiac arrests die, in part because they do not receive CPR more than half of the time. About 70% of cardiac arrests out-of-hospital occur in homes. If you are called on to give CPR, you will most likely be trying to save the life of someone you love.



Your chance of survival while waiting for emergency medical services during a cardiac emergency decrease by **10% every minute** without CPR.



Of the people with cardiac arrest who receive a shock from an AED in the first minute, **9 out of 10 live**.



Bystanders administer CPR about **40% of the time** and AEDs even less so.

When a person has a cardiac arrest, survival depends on immediately receiving CPR from someone nearby. CPR, especially if performed immediately, can double or triple a cardiac arrest victim's chance of survival.

What can you do? First learn hand-only CPR today. Push hard and fast in the chest to the beat of a family song that has 100 to 200 beats per minute. Examples include "Staying Alive" by the Bee Gees, "Crazy in Love" by Beyoncé featuring Jay-Z and "Respect" by Aretha Franklin. Take 90 seconds to learn how to save a life now and watch our hands-only demonstration videos at www.heart.org/HandsOnlyCPR.

Hands-Only CPR has been shown to be as effective in the first few minutes as conventional CPR for cardiac arrest at home, at work or in public.

Hands-Only CPR has just two easy steps, performed in this order:



1 Call 911 if you see a teen or adult suddenly collapse.



2 Push hard and fast in the center of the chest to the beat of a familiar song that has 100 to 120 beats per minute.



Next, register for CPR and AED training course today. Heartsaver® courses offer blended learning and instructor-led classroom options. To find a CPR training center near you call 1-877-242-4277 or visit [Atlas - AHA \(heart.org\)](http://Atlas-AHA(heart.org))

The American Heart Association has set a goal of doubling the survival of cardiac arrest by 2030. The knowledge of how to properly perform CPR has encouraged more people to act when faced with a cardiac emergency. Join the American Heart Association's Nation of Lifesavers by learning CPR to transition from bystander to lifesaver.



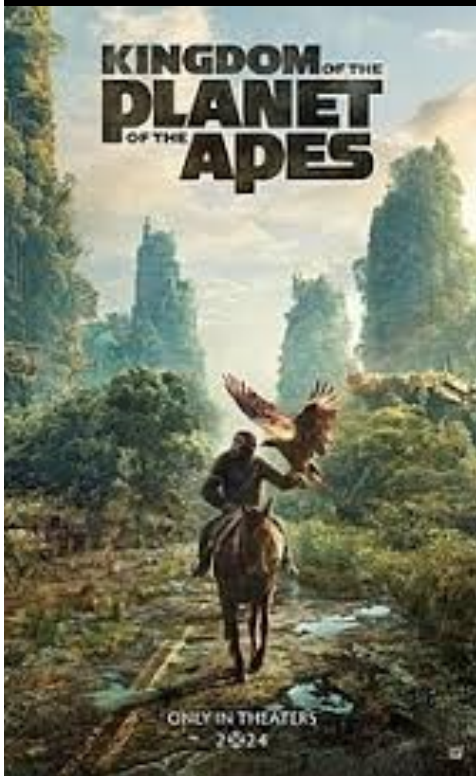
May 3rd - I Saw The TV Glow
- The Fall Guy

May 10th - Kingdom of the Planet of the Apes
- Tarot

May 17th - The Strangers: Chapter 1
- IF
- Back To Black

May 24th - Furiosa
- The Garfield Movie
- Sight

May 31st - Robot Dreams



**Pick up your bag of popcorn at
Fox Peak Station for only
\$5**

Adult evening shows: \$10.00
Children (under 12) are \$7.25
Seniors / Military: \$8.25

Matinee (before 6pm): \$7.25
Classic Shows: \$1.00
Call for showtimes: 775-423-7099

May & June FOOD DISTRIBUTION SCHEDULE



The following is a schedule for the May 2024 & June 2024 food distribution supplemental resources for the Fallon Tribal Community. This schedule includes the monthly USDA Yerington Commodity food distribution and the Northern Nevada Food Bank Mobile Harvest.

USDA Yerington Commodity Food Distribution (CLC Parking Lot)

Participants must meet USDA guidelines. Contact YPT for additional eligibility requirements. You can visit their Facebook page for the Yerington Commodity Food Program or by phone at (775) 783-0260.

Tuesday, May 7th & June 4th— 8 a.m. to 11:45 a.m.

Northern NV Food Bank Mobile Harvest (CLC Parking Lot)

Drive-thru style distribution of fresh fruit, dairy and vegetables. Mobile harvest is the **2nd Tuesday of every month**. Participation is open to all Churchill County residents of all income levels. First time participants are required to complete an initial intake form on-site.

Tuesday, May 14th & June 11th— 12:30 p.m. to 1:30 p.m.



**FALLON PAIUTE-SHOSHONE TRIBE
FOOD PANTRY/COMMUNITY GARDEN**

8942 MISSION ROAD
FALLON, NV 89406
(775) 867-8703

Public Notice

NO Swimming in Ditches/Canals

As summer approaches, it may be tempting to swim in the waterways, however it is dangerous. The current is fast and there is debris in the water that is unsafe. It is your responsibility to keep yourself and your children out of the waterways.

If you see anyone swimming in the ditch or canal, please notify Law Enforcement at 775-423-8848.

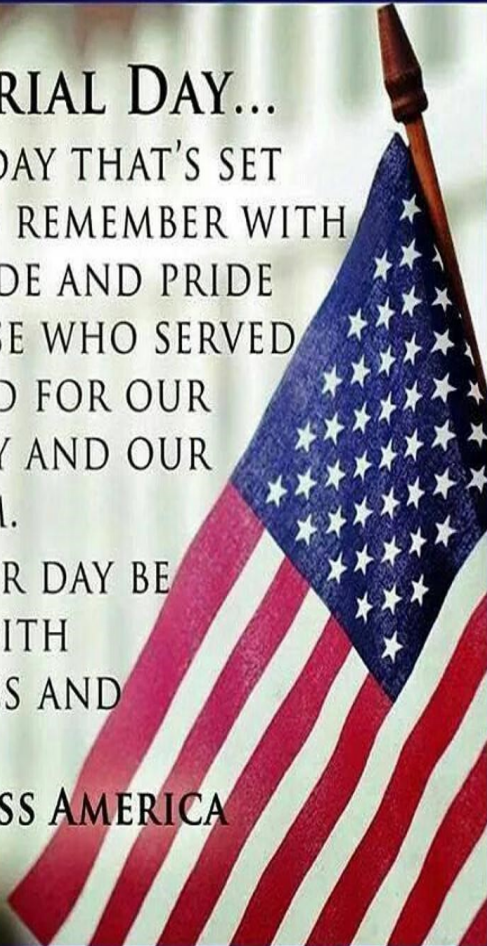
Let's all have a safe and fun summer!

MEMORIAL DAY...

...IS THE DAY THAT'S SET ASIDE TO REMEMBER WITH GRATITUDE AND PRIDE ALL THOSE WHO SERVED AND DIED FOR OUR COUNTRY AND OUR FREEDOM.

MAY YOUR DAY BE FILLED WITH MEMORIES AND PEACE.

GOD BLESS AMERICA



Tohannie Photography
Graduation Photo sessions

For Pricing and scheduling
Contact Colton Tohannie
Email ctphoto775@gmail.com
Text (775)294-7728



PUBLIC NOTICE

ALL IRRIGATION & CONTROLLED BURNING

As you prepare for the upcoming irrigation season and plan on burning ditches or any other large area, you are advised to contact the Churchill County Sheriff's Office at 423-3116 **prior** to burning to notify of the following:

1. Location
2. Date of controlled burn
3. Start and end time of controlled burn
4. Contact information

Please be responsible when planning for your burning.

1. Do not burn on windy days
2. Do not leave the controlled burn unattended
3. Have a water source readily available to extinguish as necessary

If you have any questions, please contact the Emergency Management Department at (775) 867-8706 or the Natural Resources Department at (775) 423-3725.



Moving Forward Together **SOCIAL** **POW WOV**

FREE & OPEN TO ALL | FALLONPOWWOW.COM

May 31st : Cultural Night
June 1-2 : Social Powwow

RAFTER 3C ARENA
227 SHECKLER RD.
FALLON, NV 89406

Emcee
Tyson Shay

HEAD STAFF

Arena Director
Hank Johnson

Color Guard
Pyramid Lake Veterans & Warriors

Host Drum
Ozuye

Head Man & Woman
Picked Daily!

GUESTS, SPECIALS & EXHIBITIONS

Dougie Hall NDN Cowboy | Crossheart Big Wind Singers | Eagle Wings
Iron Woman - Fancy Shawl 18+ | Blanket Dance for Cossette Family | Traditional Switch
Dance Potato Dance | Rabbit Dance | Sweetheart Dance | Clown Switch Dance

GAMES & CONTESTS

Stick Horse Relay | NDN Car Pile-In | Best Rez Car | Musical Chairs
Scavenger Hunt | Open Mic | 50/50 Raffle | More!

FRIDAY, CULTURAL NIGHT

2:00 PM Doors Open | Cultural Displays | Nevada Resources | Workshops | Indigenous
Arts Market | Family & Youth Activities | Food Trucks NDN Tacos | **6:00 PM** Indigenous
Speakers & Native Initiatives | **7:00 PM** "You're Favorite Indian" Cowboy Dougie Hall!

SATURDAY & SUNDAY, POWWOW

(Sat & Sun) 10:00 AM Doors Open | Cultural Displays | Nevada Resources | Indigenous
Arts Market | Talking Circles | Food Trucks | NDN Tacos | **(Sat & Sun) 12:00 PM** Grand
Entry **(Sat) 5:00 PM** Traditional Feed | **(Sat) 7:00 PM** Grand Entry



FALLON PAIUTE-SHOSHONE TRIBE FALLON TRIBAL HEALTH CENTER

Updated:
04/29/2024

WE ARE HIRING!!!

Be a part of something bigger than yourself - join our team!

- ✓ **Behavioral Health Liaison**
Starting \$29.31 - \$35.00/hour, exempt, full-time
- ✓ **CHR Supervisor**
Starting \$19.38 - \$23.14/hour, non-exempt, full-time
- ✓ **CHR Transporter**
Starting \$13.59 - \$16.23/hour, non-exempt, full-time
- ✓ **Dental Assistant I or II**
Asst. I: \$17.22 - \$20.56/hour, non-exempt, full-time
Asst. II (certified): \$18.26 - \$21.81/hour, non-exempt, full-time
- ✓ **Diabetes Prevention Coordinator**
Starting \$23.14 - \$27.63/hour, exempt, full-time
- ✓ **Environmental Services Technician I or II**
Tech. I (housekeeping): \$13.59 - \$16.23/hr., non-exempt, full-time
Tech. II (maintenance): \$18.26 - \$21.81/hr., non-exempt, full-time
- ✓ **Native Connections Project Director**
Starting \$27.63 - \$32.99/hour, exempt, full-time

HEALTHCARE PROVIDERS:*

- ✓ **Dental Hygienist**
Rate of Pay depends on Experience, exempt, full-time
- ✓ **Dentist (2 days/week)**
Rate of Pay depends on Experience, non-exempt, part-time
- ✓ **Optometrist (3-4 days/week)**
Rate of Pay depends on Experience, non-exempt, part-time

* Healthcare Provider positions may be eligible for HRSA loan forgiveness programs and Tribal sign-on/retention bonuses and relocation assistance.

EMPLOYEE BENEFITS

- ✓ **Employer-Paid Health Insurance.** Full-Time employees are provided medical, dental, vision, and disability insurance
- ✓ **Paid Leave.** Employees accrue 80 hours of Annual Leave and 120 hours of Personal Time Off per year (part-time proportional)
- ✓ **Retirement Plan.** Full-Time Employees can enroll in our retirement plan with matching contributions (after 1st year) up to a set maximum amount.
- ✓ **Paid Holidays.** We recognize most federal, tribal, and state holidays (currently 14 recognized & paid holidays)

HOW TO APPLY!

 Call Human Resources
775-423-6075

 Email us at:
jobs@fpst.org

 Visit us online at:
www.fpst.org

SCAN HERE! 





Fallon Paiute Shoshone Tribe Current Job Openings

FPST Application Required: <https://www.fpst.org/employment/>

Dental Assistant II GS/11 \$18.26-\$21.81	Seasonal Ag Laborer GS/5 \$12.81-\$15.30
Dental Hygienist GS/23 Pay DOE	Diabetes Prevention Coordinator GS/15 \$23.14-\$27.63
Fallon Business Council Secretary Assistant GS/10 \$17.22-\$20.56	Dental Assistant GS10/\$17.22-\$20.56
Vocational Rehabilitation Manager GS/17 \$26.04-\$31.09	CHR Supervisor GS/12 \$19.38-\$23.14
Optometrist GS/31 Pay DOE	Behavioral Health Liaison GS/19 \$29.31-\$35.00
Police Officer GS/16 \$24.55-\$29.31	Deputy Administrator GS/21 \$32.99-\$39.39
Police Officer Trainee GS/16 \$24.55-\$29.31	Youth Care Worker GS/7 \$14.42-\$17.22
Native Connections Project Director GS18/\$27.63-\$32.99	Environmental Specialist GS/11 \$18.26-\$21.81
Environmental Services Technician I GS6/\$13.59-\$16.23	CHR Transporter GS/6 \$13.59-\$16.23
Housing Director GS/22 \$35.00-\$41.79	Cook/Housekeeper GS/5 \$12.81-\$15.30
	Dentist P/T GS/39 Pay DOE

Employee Benefits: Employer Paid Health Insurance. Full-Time employees are provided medical, dental, vision, and disability insurance at no-cost (family, child, spouse coverage is extra)

Paid Leave. Employees accrue 80 hours of Annual Leave a year and 120 hours of Personal Time Off (PTO) Leave per year. Proportional for part-time employees.

Employee Retirement Plan. Full-Time Employees are eligible to enroll in a 457-retirement plan with matching contributions up to \$2,002/yearly (eligible after 1 year).

Paid Holidays. The Fallon Paiute-Shoshone Tribe recognizes most Federal/State Holidays, as well as Tribal Holidays.

Happy Birthday Sister, We love you!!!!!!!



Love Cody, Ezekiel, Ma Ma, Granny and the entire family

**Happy Sweet 16
Diddy**



We Love very much. Love Always



Love you, Vanessa, Harry, Norman & Boys

**HAPPY BIRTHDAY
ANTHONY JR.**

**SWEET 16
MAY 3RD**

LOVE YOUR FAMILY



HAPPY
Mother's Day

Does your child have NV Medicaid or NV Check-Up

Their health matters!
Help them stay covered and healthy

InsureKidsNow.gov
Connecting Kids to Coverage National Campaign

We are here to help:
Fallon Tribal Health Center
775) 423-3634
Syenna Welch EXT 1015 (Adults)
Yvonne Thomas EXT 1030 (Parents and Children)
Stephanie Riggs
NV State Representative Available
Thursday and Friday 8-5

IT'S TIME TO REGISTER FOR KINDERGARTEN!

NOW REGISTERING FOR 2024-2025!

Important notes for families:
Per AB 65, your child must be 5 on or before 08/01/2024.
Children enrolled in Northside Early Learning Center's Pre-K program until the end of the year will automatically be enrolled in Kindergarten at Churchill County School District.

Our registration process is fully online!

- Visit churchillcsd.com
- Click on the "Register for Kindergarten" icon on the homepage OR go to the Families & Students tab under General Information and click on "Kindergarten Registration for 24-25 School Year"
- Select "24-25" for Registration Year on the initial information Infinite Campus page.

Items you will need for registration:

- State-Issued Birth Certificate
- Child's Immunization Records
- A copy of a valid ID of parent/guardian enrolling the student
- Proof of Address

Questions? Contact: 775-423-5184 or registration@churchillcsd.com

ready.set.KINDERGARTEN!

REGISTRATION TOUR AND INFORMATIONAL NIGHT
MAY 8TH FROM 5:30-7:00 PM
LAHONTAN ELEMENTARY SCHOOL
ONCE REGISTRATION IS COMPLETE
YOU AND YOUR CHILD CAN TAKE A TOUR OF THE SCHOOL AND MEET THE STAFF!
THERE WILL BE TWO INFORMATIONAL SESSIONS
5:30PM AND 6:15PM
ENJOY A MEAL PROVIDED BY CHARTWELLS
IN THE CAFETERIA FROM 5:45-6:45PM



ready, set, KINDERGARTEN!

**Registration, Tour, and
Informational Night!**



**WEDNESDAY, MAY 8TH
5:30-7:00 PM
LAHONTAN ELEMENTARY SCHOOL**

DINNER WILL BE SERVED FROM 5:45-6:45



IT'S TIME TO REGISTER FOR KINDERGARTEN!

IMPORTANT REGISTRATION INFORMATION:REGISTRATION INFORMATION:

Your child must be five on or before 08/01/2024.

Please bring: your child's state-issued birth certificate, proof of address, a valid ID for parent/guardian, AND your child's current immunization record.

NO NEED TO REGISTER IF your child is already registered OR your child attends Northside Early Learning Center until the end of this school year as your child will **AUTOMATICALLY** roll up.

Once registration is complete: you and your child can take a tour of the school and meet the staff!

- There will be **TWO INFORMATIONAL SESSIONS:**
5:30pm and 6:15pm.
- Enjoy a meal in the cafeteria provided by Chartwells.
Food will be served between 5:45-6:45pm.





REGENERATIVE RANCHING & Riparian Health on Arid Lands



MAY 15 - 16
Owyhee, NV

REGISTRATION:

bit.ly/DuckValleyFldDay



EXTENSION
College of Agriculture,
Biotechnology & Natural Resources

2024 NEVADA TRIBAL FOOD & AG SUMMIT

3C Event Complex, 277 Sheckler Rd, Fallon, NV 89406



SAVE THE DATE

★ ★ **WED - FRI** ★ ★
MAY 29-31

Nicole Bitsilly
TA Specialist | Pacific Region - NV
(208) 590-1743
nbitsilly@indianag.org

indianag.org

Staci Emm
Professor and Extension Educator
(775) 475-4227
emms@unr.edu

extension.unr.edu

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Tel (775) 423-6075
www.fpst.org
ADDRESS/RETURN SERVICE REQUESTED