

Pause, Reflect and Honor

By Jill Wright tribalnews@fpst.org

At 1 p.m. visitors made their way to the middle of the tribal cemetery to pay their respects during a Memorial Day ceremony. As a tradition at our tribal cemetery, flags are placed at graves of veterans as a solemn reminder of the sacrifices made by our military service members. The flags flown at half-staff to honor those who died serving in the armed forces. At noon, the flags are raised to full-staff until sunset, symbolizing the nation's continued life and persistence.

One word stood out to me, valor. Memorial Day stands as a poignant reminder of the courage, valor, and **commitment** displayed by countless men and women who laid down their lives in service for our country. How important it is to take the time to reflect on the significance of this somber yet meaningful holiday. The origins of Memorial Day date back to the aftermath of the Civil War. This war claimed more lives than any other in American history. Memorial Day was first called Decoration Day. It was established as a time for the nation to decorate the graves of the fallen servicemen with flowers. It's significance has become broader since we have been involved in so many wars: World War l, World War II, the Korean War, the Vietnam War, and the wars in Iraq and Afghanistan. In 1971, Memorial Day was declared a national holiday by an act of Congress it's date was fixed as the last Monday in May.

The Fallon Paiute Shoshone Tribe Memorial Day Ceremony began with Chairwoman Williams Tuni focused on giving a solemn remembrance



Chairwoman Williams-Tuni speaking at the 2025 Memorial Day Ceremony

and stated, "Memorial Day is a day of remembrance, a day when we honor the memory of fallen heroes who made the ultimate sacrifice to safeguard our freedoms."

The service included speakers, Placing of Wreaths and a Rifle Salute. We would like to thank the members of the Fallon Veterans of Foreign Wars Post 1002 and it's Auxiliary, American Legion Post 16 and it's Auxiliary, Marine Corps League & Fleet Reserve Association 92 paid their respects as they came together to remember and acknowledge all those who have served, and those who did not make it home, for their commitment and faithfulness to all Veterans and to our tribe.

Everyday we enjoy living in the land of the free and the home of the brave, and we must continue to be reminded that there is no freedom without bravery. Each generation is fortunate enough to reap the benefits paid for by those who believe that freedom is worth fighting and those who have died with honor.

We would like to thank all those in attendance, the Fallon Tribal Senior Center for their beautiful wreaths they made and employees Rebecca Youngman & Rosalie Allen for helping paint the cemetery sign.

Although Memorial Day is in remembrance of our fallen, we also give a special thank you to all veterans for your service. We are so thankful you made it home, and you are all heroes. These heroes are what Memorial Day is really all about, lest we forget.

List of FPST Veterans on page 10



FPST MOSQUITO FOGGING NOTICE

May 30th, 2025

Mosquito control includes larviciding, which is the application of pesticides to kill mosquito larvae in aquatic habitats. Larviciding can help reduce the number of adult mosquitoes that bite, which can help protect against disease transmission. Weekly larvae monitoring and treatment is being conducted on the reservation during daylight hours.

Insecticide treatment for adult mosquitoes is also being implemented on all reservation subdivision streets and scattered home site areas. Mosquitos are generally fogged in the early morning or late evening hours, when temperature, wind speed and inversion are appropriate. This practice also reduces exposure to people and pollinating insects.

To keep the community informed, the Environmental Protection Department has developed a weekly fogging schedule for the mosquito season. Treatment times for a specific street or scattered home site are not possible. If the conditions are not ideal, the treatment will not be conducted and will be postponed to the next planned day. Fogging will also be conducted on weekends as needed.

WEEKLY MOSQUITO FOGGING SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
As needed	School Bus		School Bus		School Bus	As needed
for Dawn	Stops;		Stops; Senior		Stops;	for Dawn
and Dusk	Senior		Center		Senior	and Dusk
hours	Center		Dawn hours		Center	hours
	Dawn hours				Dawn hours	500 C
	Eagle's		Eagle's Nest;		Eagle's	
	Nest;	Scattered	Stillwater	Scattered	Nest;	
	Stillwater	Home Site	View; Spirit	Home Site	Stillwater	
	View; Spirit	Areas; CLC,	Winds	Areas; CLC,	View; Spirit	
	Winds	Housing,	Subdivisions	Housing,	Winds	
	Subdivisions	EM, Fitness	Dusk hours	EM, Fitness	Subdivisions	
	Dusk hours	Center Area	STANDARD CONTENTS OF STANDS	Center Area	Dusk hours	
		Dusk hours		Dusk hours	0.000	

Please let us know if you have mosquito complaints or if you would like to be put on the no fogging list. If you need more information, please contact the FPST Environmental Protection Department at 775-423-0590. The Mosquito Field Number is 775-493-1700.



□ GRADUATION □ GRADUATION





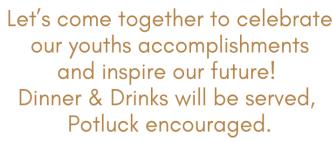
CAREER FAIR Celebration \$

COMMUNITY LEARNING CENTER GYM

JUNE 11, WEDNESDAY

FROM 5 PM - 8 PM







8955 Mission Road Fallon, NV













FPST 1st Annual Indoor Community Yard Sale



1ST Annual FPST Indoor Yard Sale with over 35 sellers

By Jill Wright tribalnews@fpst.org

The 1st Annual FPST Community Indoor Yard Sale was a huge success. We sold hundreds of items including antiques, arts and crafts, purses & bags, stuffed animals, collectibles, coins, furniture, dish wares, clothes, hats, Indian Tacos, electronics and so much more. One of the main reasons Chairwoman Williams-Tuni chose to have this event was to give families an opportunity to come together, connect with one another, and earn a bit of extra income. It's also a great opportunity to contribute to environmental sustainability and community

waste-reduction efforts

This informal event attracted visitors from the our own local community, Schurz, Pyramid Lake, Lovelock and Yomba. The event was held on Saturday, May 3, 2025 with 36 sellers who were able to participate for free and set up in the Tribal Gymnasium. The event started with a hot cop of coffee for the sellers at 7am. One by one sellers arrived to create a welcoming atmosphere as excited shoppers arrived at 9am., as they searched for treasurers. This was a great way for residents to clean support our event. out their homes and also find good deals. Many community members

came out just for the Indian Tacos... Overall it was a success and we hope to host another one at the end of summer.

We would like to thank the FBC for their support, Public Works department for providing a roll off for all the vendors after the event. A shout out to Melissa Miles for designing the yard sale backdrop décor for the event, Francine Tohannie and her team for the delicious Indian Tacos. A special thanks to all the sellers and buyers who came out to



FPST BEHAVIORAL HEALTH PROGRAM FOR MENTAL HEALTH & SUBSTANCE ABUSE SERVICES - JUNE 2025



Dr. Sonny Ruckstuhl, Clinical Psychologist, available on Mondays.



Marie Luback-Neves, Psychiatric Mental Health Nurse Practitioner. Marie provides psychiatric assessments and prescribes medications for mental health and substance use disorders Thursdays & Fridays.



Susan Stark, MA, LCSW, is a licensed clinical social worker. She is available for therapy services 2 days a week.

For an appointment with the Mental Health Providers call, (775) 423-3610.

Substance Abuse Program (SAP) Assessment & Outpatient Treatment Services



Cynthia Wachsmuth, CNADC full-time Substance Abuse Counselor who provides substance abuse screenings, assessments, outpatient treatment and referrals to other levels of care.



Sunny Cox, CADC Intern, full-time Substance Abuse Counselor, who also who provides substance abuse screenings, assessments, outpatient treatment and referrals to other levels of care.



Brenda Hooper, Recovery Support Coach & Coordinator. She provides peer support to individuals in early recovery from substance abuse and mental health issues.



Shelby Harrison, Behavioral Health Assistant. Call Shelby to make an appointment with Cynthia, Sunny or Brenda at (775) 423-9076.

For questions regarding services or activities contact Leslie Steve, MA, LADC, Director of Behavioral Health at 423-9076, ext. 1147.

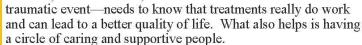
PRACTICE MINDFULNESS Take a deep breath. "Yesterday is gone, tomorrow hasn't happened; what we have is right here, right now.



June is PTSD Awareness Month

There are currently about 12 million people in the United States living with Post Traumatic Stress Disorder. Even though PTSD treatments are effective and accessible, most people don't get the help they need until they find themselves in a crisis.

Everyone with PTSD—whether they are a Veteran or civilian survivor of sexual assault, serious accident, natural disaster, or other



If you are in a crisis, call or text the 988 Suicide & Crisis Lifeline.

Bureau of Justice Assistance Connect & Protect Project:

A 3-year project for Law Enforcement officers and Mental Health providers regarding crisis interventions within the FPST community. **Paula Wright** serves the project as the Behavioral Health Liaison.



SAMHSA Native Connections Project:

The Project Director for this suicide prevention program position is vacant. This position is responsible for carryout the goals and objectives of this grant.

The Prevention Specialist position is vacant. This position is responsible for conducting prevention activities, events, and cultural arts & crafts at the FPST community and the CCSD Schools.

The Fallon, Lovelock & Yomba Wellness Community (WELCOM) Network—We will host the next meeting at 8955 Mission Road on 6/27/25 from 12noon to 1:30 p.m. to attend. Lunch is provided to participants at 11:30. We welcome people from the community. The June meeting will focus on a Strategic Action to prevent suicides and promote mental health.

TALKING CIRCLE TUESDAYS are held at 999 Rio Vista Drive from 5:30 to 7:30.



Something to Consider:

The Seven Sacred Teachings, also known as the Seven Grandfather Teachings, are a set of teachings that have been passed down from generation to generation by First Nations people of North America. These teachings are the guiding principles for living a meaningful and fulfilling life, and they are essential to maintaining a harmonious relationship between human beings, nature, and the divine.

The Seven Sacred Teachings include:

1. Wisdom involves making wise choices that lead us on a path of positive growth and development. To attain wisdom, one must learn from experiences, seek knowledge from elders, and listen and learn from one's mistakes.



- Love emphasizes the importance of unconditional love, compassion, and kindness towards ourselves
 and others. It teaches us to give love freely and unconditionally, without any expectation of receiving love
 in return.
- 3. Respect emphasizes the importance of treating oneself, others, and nature with respect. Respect involves acknowledging the value and worth of all living things, and treating each other with kindness, honor, and dignity.
- 4. Bravery involves courage, fortitude and strength of character. Bravery inspires us to face our fears and overcome obstacles, to push ourselves to our limits and to fight for what is right.
- 5. **Honesty** emphasizes the importance of being truthful, trustworthy, and sincere in all our interactions with others. Honesty promotes trust, loyalty, and integrity, and it allows us to build meaningful and enduring relationships.
- 6. **Humility** involves having a modest and unpretentious attitude towards life, recognizing that we are all equal and interconnected. Humility inspires us to serve others, to be compassionate towards those who are less fortunate, and to strive to make a positive impact in the world.
- 7. Truth involves understanding and acknowledging the reality of our existence and our place in the world. It encourages us to seek knowledge, to be open-minded, and to question our assumptions and beliefs.

Each of these teachings are an inseparable whole and work together to create a holistic approach to mental, physical, emotional, and spiritual life, that is centered around humility, respect, and love.

If we all learned to live by these 7 teachings, there would less abuse and trauma, and our community would be a better place.

MARIJUANA THE RISKS ARE REAL

Using marijuana carries real risks for your health and quality of life. Some might be surprising to you. So know the risks — learn before you burn, eat, or use.

Today's marijuana is stronger.

Today's marijuana has more than 3 times the concentration of THC than marijuana from 25 years ago. More THC — the mind-altering chemical in marijuana — may lead to an increase in dependency and addiction.





Risk of addiction.

About 1 in 10 people who use marijuana may become addicted to marijuana — and 1 in 6 when use begins before age 18.

Lowers brain power.

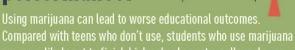
Marijuana affects your brain development. Use by adolescents has been linked to a decline in IQ scores — up to 8 points! Those are points you don't get back, even if you stop using.



Impairs your memory.

Using marijuana can affect your memory, learning, concentration, and attention. Other effects include difficulty with thinking and problem solving.

Affects your performance.



are more likely not to finish high school or get a college degree.

Can harm your baby.



Using marijuana when you're pregnant can affect your baby's development. It's linked to lower birth weight, preterm birth and stillbirth, increased risk of brain and behavioral problems.

Driving danger.

People who drive under the influence of marijuana can experience dangerous effects: slower reactions, lane weaving, decreased coordination, and difficulty reacting to signals and sounds on the road.



Marijuana use comes with real risks. Learn more at SAMHSA.gov/marijuana

FTHC/BEHAVIORAL HEALTH PROGRAM (775) 423-9076

If you or someone you know needs help with a substance use disorder, including marijuana, call SAMHSA's National Helpline at 1-800-662-HELP (4357) or TTY: 1-800-487-4889, or use SAMHSA's Behavioral Health Treatment Services Locator at SAMHSA.gov to get help.



Summer for Teenagers: How to Balance Safety and Fun

Wake up late to the smell of breakfast. Sit with mom and eat eggs, toast, and a glass of milk. Throw on some clothes and run outside for a game of basketball. Grab a quick sandwich at home and run back out to go to the neighbor's aboveground swimming pool for the next three hours. The dinner bell rings at 5:30 p.m. Such was summer for teenagers, circa 1976.

Fast forward to summer for teenagers now: The Unsupervised Summer.

Parents recognize the value of summer vacation, especially after a school year filled with stress, heavy schedules, and sleep deprivation. Yet, adults don't want their offspring sleeping until noon and then spending hours watching TV, plugging into Snap Chat, Tik Tok, talking on their iPhones or multitasking all three at the same time. Teens hanging out, unsupervised, at each other's houses also doesn't settle parental anxiety. It's hard to find safe and healthy summer activities.

1. Assess your teen's tendency toward risky behavior.

As the parent/caretaker, your job is to assess whether your teen can fill free time constructively or whether you teen would benefit from more structure to keep them out of trouble."

As you begin to plan the summer for your teenagers clarify your role as the parent in helping your teens make wise decisions for how they spend their summer. This may result in your responding with the occasional, 'No,' which may lead to an angry teen.

2. Be willing to compromise. If you teen wants you to pay for an expensive trip somewhere or a really expensive concert ticket and you cannot afford it, be willing to consider something you can manage and both you and your teen are ok

with the compromise.

3. Expect resistance.

Prepare for some resistance from your teen in the planning. Many teens want to do "absolutely nothing" for the entire summer. Summer for teenagers could be a time to de-stress.

4. Promote Balance

The best benefit comes from a summer for teenagers that balances scheduled activities and leisure. Put some structure in each day. Teens need to have somewhere to be each day in order to create some structure. It could be participating in a youth program, tending the garden, or doing some yard work.

5. Find the right activities.

So how do parents balance their teens' need for freedom and relaxation with safety and productivity? Seasoned parents suggest sitting down with your adolescents to plan an enjoyable, safe and somewhat active summer experience. Issues to tackle might include freedom versus responsibilities, boredom prevention, finding safe summer activities, and budgetary limitations and transportation options. But the possibilities are endless when it comes to planning summer for teenagers.

6. Discuss expectations.

Still, worries don't abate just because your teens are occupied, and the onset of summer sounds alarms to others than parents. Law Enforcement officers are on heightened alert once school lets out. They patrol places where kids want to trespass, like public and private pools, parks, schools and golf courses. They notice when a bunch of cars are parked on a street. And, they begin to receive increased noise complaints from neighbors about parties.

Nice weather combined with the freedom of summer leads to more risk taking, so parents should speak with their teens about how to handle those situations.

Discuss etiquette with your teen. You could say, "It is important to be polite to the police officer and own up to your behavior. If you are insolent, you will get in more trouble. Attitude really matters. Lastly, don't ever run away. That will get you in much more trouble." Set reasonable curfews.

Once school lets out, hospital emergency rooms also experience a sharp increase in trauma-related injuries. In the summer, the volume of traumatic injuries increase. Many trauma-related injuries involve swimming and heat-related illnesses. Still, the most common cause of injury is vehicle-related: cars, motorized vehicles, ATVs and lawnmowers.

Parents re-visit the stranger-danger conversation. Predators can target teens with flattery, like: "You have a beautiful voice. I am an agent and I can make you famous. Come to my recording studio." Or, they may try to seem caring and offer to help: "It is getting cold and dark. Let me drive you home."

Encourage your teen to role-play different responses like, 'My mom doesn't let me take rides from strangers,'" Talk about the need to choose safety over politeness. When your instinct tells you to be alarmed, don't worry about being rude.

That advice goes for parents too. If all else fails in your best-laid attempts to plan a perfect summer for your teen, rely on your parental instincts. If your teen asks to do something that sets off alarms in your head, follow the advice you'd give your teen and just say NO.

Have a fun, but safe summer. FTHC Behavioral Health Program, (775) 423-9076.





THANK YOU VETERANS

REMEMBER & HONOR

Allen, Gardner Allen, Gerald Warren Si Allen, Lloyd Allen, Melvin Austin, Donald Austin, Ernest Austin, Gilbert Austin, Sammy Avilar, Lester Avilar Baldwin, Ernest Glenn Baldwin, Irvin Criss Baltazar, Gregory Miles Bowser, Eddie Brown, Donald Sr. Brown, Perry Conway, Robin David, Bertha David, Raymond Dixon, Don Gordon Dixon, Herman Dyer, George Dyer, Mike Ellison, Gary Ellison, Wayne George, Ashley George Kane George, Ivan George, Leonard Sr. Geroge, Walter Gibbons, Bertha Gibons, Leland Glesmann, A Adrianna Hicks, Donald Hicks, Fred Sr. Hicks, Richard Hicks, Theodore

Jack, Andy Johnny, George Eagle Johnny, George Jr. Johnny, Tony Lawson, Mildred Moose Molino, Edward Moose, Kenneth Morgan, Marvin Moyle, Alvin Moyle, Augie Nihoa, Ermert Rodarte, Ted Ervin Sanders, Dave Sheehan, Dempsey Smith, Julian Smith, Ralyn Smith, Webster Steve, Bill Steve, Dell Steve, Eugene Steve, Russell Sr. Stirnemann, Kevin Neil Stone, Wilfred Thomas, Leroy Thomas, Reynold Thomas, Wilfred Washington, Harold Washington, Leslie Washington, Sammy White, Josephine Molino Williams, Bert Williams, Clinton Williams, Darrell Williams, Gordon Williams, Henry "Tex" Williams, Herbert Sr. Williams, Paul Jr. Works, Evelyn

Allen, Chandler Allen, Daniel Armstrong, Jonathan Austin, Aimery Austin, Arlene Baca, Arlen Berreman, Anthony Berreman, William Boots, Evan Cordell Dyer, Lyle Fraim, Brian George, Len Greene, Jamie Gutierrez, Kiley Hicks, Troy Landcaster, Zachary Lynch, James Macias, Judith Manning, Stacey Martin, Annisia Moose, Joe Jr. Noneo, Tyrel Pacheco, Kendra Paul, Jeanine Williams, Jalen Williams, Kenneth



Flag Pole Replacement Project at Historic Tribal Cemetery



Flag poles being replaced and gravel added veterans ceremony area



By Jill Wright tribalnews@fpst.org

Last year Chairwoman Williams-Tuni had made the decision to replace the damaged and outdated flagpoles to ensure a dignified display of the American and military flags and to honor all those who have served. She stated that the tribe will also be working on a plan to preserve and protect the cemetery's history and importance.

New flagpoles were purchased and Bruce Dorman, FPST Maintenance, carefully removed the old poles, prepared the ground, and installed the new ones. The process typically includes removing the old flagpole, digging or expanding the existing hole, installing a new ground sleeves for secure installation and setting the new flagpole in place.

Russell Dyer-Redner, ARPA Manager overseen the project and made other enhancements to improve the overall appearance by adding gravel around the ceremony area. John Schaffer worked hard to meet deadlines with Memorial Day approaching quickly. We would like to thank everyone involved who helped with this project.

We would like to thank the community and the FPST Employees who helped with the cleaning efforts of our tribal cemetery. We would also like to express our gratitude and appreciation for their time and effort and positive impact their work has on our community and the beauty of the tribal cemetery. Thank you

Jennifer John – Housing
Tim Turner – Housing
Cameron Allen – Housing
Spencer Quintero – Housing
Shannon Kiele-Housing
Wilfred Tuni – Housing
Derick Onion-Chiefchild-Housing
Krista Williams-Housing
Lynette Fisherman – Housing
Chairwoman Cathi Williams-Tuni
Andy Hicks-Transportation
JR George – Transportation

John Schaffer-Public Works
Steve Austin-Natural Resources
Rodney Austin – Natural Resources
Bruce Dorman – F & M
Crystal Snooks - F & M
Janet Weed – Social Services
Vanessa Charley-Voc Rehab
Jaylynn Manning-Voc Rebab
Jon Pishion-Clinic
Mitch Moyle-Clinic
Joseph Smith-Clinic
Matthew Bill–Clinic





THPO Office Rebecca Youngman

THPO NEWS: JUNE 2025

Greetings, I hope all is well. Currently the THPO office is putting together a historical listing of land markers and historical buildings. For instance, the old agency and the old granary are built from the same stone, called Wonder stone.

My next project is to try to rescue the picture film made years ago on old reel film located here on the reservation, I was informed of the films and there location.

The Shoshone rescue plan is still in the works, we work on the books every Tuesday at 10:00 a.m. @ the CLC building.

The 7th Generation is the company the tribe hired to design and build the cultural center located on the Fox Peak property. I hope that we will get a confirmed date. The 7th Generation plans on coming here for a week to meet with the community, interview commu-

nity member, they are going out to the Stillwater marsh, tribal wetlands, grimes point, and the healing pond in Dixie Valley. We plan on a community potluck, field trips, and lunch at the senior center to meet with the seniors, later we will have separate interviews with all the programs. This is a community project, everyone's voice counts. Please look for the flyers.

There has been no response for the seed project, I am sure that is a no go. We should have gotten started by now.

The club is currently teaching quill working every Wed. night from 6:00 to 8:00 P.M. ya all come join.

The pictures are from a cave I visited with Toni, and the NAS base archeologist and the new commander. These caves are right here in the Fallon area out there off the highway to going to Walker River.





IDRS NATIVE ARTISANS COLLECTIVE ETSY COHORT

The IDRS Acorn Project is partnering with Etsy and the Nest Artisan Guild to launch a unique program to help Native makers expand their market and make more income by selling on Etsy, the worlds largest online marketplace for handcrafted items.

PARTICIPANT BENEFITS

- \$200 Shipping & Supplies Grant
- Personalized Etsy Shop Setup Support lon1 assistance to help launch your Etsy store
- Custom Graphic Design Services
 A professionally designed shop banner
- Social Media Spotlights
 Promotion of your work via IDRS social media.
- Ongoing Training & Opportunities
 Continued access to training, coaching, and promo opportunities after your shop is launched

JOIN US TO LEARN ABOUT THE COHORT

Wednesday, June 11th, 2025 6:00 pm - 7:00 pm

FPST Administration Building 565 Rio Vista Drive Fallon, NV 89406



To register, please click the QR code or visit ntv.bz/fallonetsy

For more info, contact Barb Saling, IDRS Comm. Host at 775tumbleweedtumblers@gmail.com or at 775-217-9458 or reach out to Lynn Wilson from IDRS at lynn@idrsinc.org







idrsinc.org

nativebiz.org

WaFd, Fallon Paiute Shoshone Tribe, and IDRS presents:

NATIVE LAUNCHPAD

WHERE YOUR BUSINESS TAKES OFF

Powered by CO.STARTERS



Entrepreneurship is an exciting journey, but the path forward isn't always clear. During this two part Launchpad, you'll collaboratively work with peers to strategize, problem solve, and apply business basics to your idea or venture.

We'll focus on four key areas of business creation during the sessions:

- Part 1: Discover: Understand your business model and how to refine it.
- Part 2: Promote: Learn how to market your business.
- Part 3: Build: Dive into the basic building blocks needed for your financial modeling.
- Part 4: Launch: Build momentum by goal setting.

Price: This workshop is provided at no cost to the participant due to generous support from WaFd Bank, the Fallon Paiute Shoshone Tribe, the Small Business Administration, USDA Rural Development, and the Elevate Initiative.

June 11, 2025

Wednesday, 9 am to 4:30 pm

FPST Tribal Council Chambers 565 Rio Vista Drive, Fallon, NV

Session 2 will be online on Zoom on June 25th from 5:30 - 8:30 pm.







Need help or have questions? Please reach out to the Community Contact, Vanessa Charley, FPST Voc. Rehab Mgr., at (775) 428-2250 or vrmanager@fpst.org or Camille Koster from IDRS at (918) 408-8280 or camille@idrsinc.org.

Learn more and register at: ntv.bz/fallonlaunchpad or scan the QR Code =>



Heartfelt thanks to the Fallon Tribe



Prayer Horse Ride, 2025

Dear Fallon Paiute Shoshone Tribe,

On behalf of everyone involved in our ride, I would like to extend our heartfelt thanks to the Fallon Paiute Shoshone Tribe for your incredible support and hospitality.

We all had a wonderful time, and the warmth and encouragement from your community made our experience truly special. From the moment we arrived, we felt welcomed—your staff was gracious, helpful, and kind. The prayers offered at the lodge felt good, and we were honored to be received in such a meaningful way.

One of the most memorable moments was the guided tour to the caves, where we were able to leave our prayers with the ancestors. It was a powerful and humbling experience that we will carry with us always.

Your lands are absolutely beautiful, and we deeply appreciate how you continue to honor and preserve your culture and history. It was inspiring to witness firsthand, and we are grateful for the opportunity to have shared in it, even for a short while.

Thank you once again for everything. Your generosity, spirit, and connection to tradition left a lasting impression on all of us.

With deep appreciation, Clarissa Mashburn Prayer horse ride

EXCESSIVE HEAT WATCH

An Excessive Heat Watch is issued when dangerous heat is possible.

Reschedule outdoor activities in the coming days. Make sure that children, the elderly, and pets have a place to cool off during the heat.

Be Prepared.



EXCESSIVE HEAT

An Excessive Heat Warning is issued when dangerous heat is happening or about to happen.

Avoid heavy activity & direct sunlight. Stay hydrated, find a cool indoor place, and check on children, elderly & pets.

Take Action!



BOX FANS AVAILABLE FOR FPST LOCAL ELDERS 55+

If you are a FPST local elder 55+ in need of a box fan this summer please contact FPST Emergency Management Department or Youth & Family Services to schedule a pick-up.

- One (1) per household
- Did not receive a box fan last year



Emergency Management 8942 Mission Rd.

(775) 867-8706

Youth & Family Services 1007 Rio Vista Dr.

(775) 423-1215



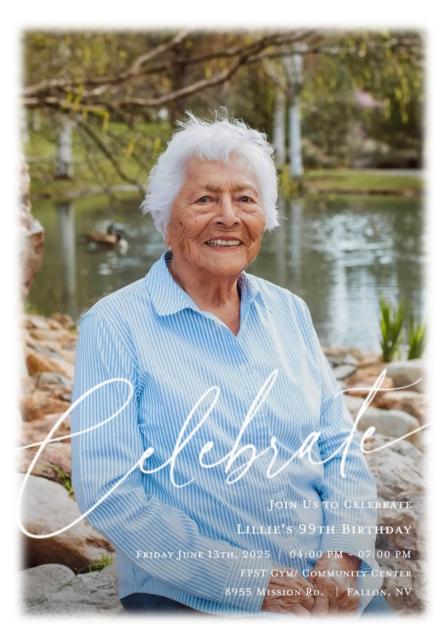
LILLIE BRIGHT'S 99TH BIRTHDAY BASH

Friends and family, we are hoping you can join us in wishing my mom, Lillie Bright, a happy 99th birthday. It's not many that are blessed to have lived this long and if you know my mom she loves people. She's been a caretaker all her life, not only as a career but in our family as well. So the more friends she can visit with the happier she will be. All are invited so spread the word.

We are doing the party Open House style, meaning people can come and go as it works for them. The doors will open at 4:PM on Friday the 13, her actual birthday, and close at 7:PM. We will have food, drinks and of course cake for any that would like to partake.

We are also hoping to have an open mic for those that would like to share a story or a special memory.

If you have any questions give me a call or text, Mary at 775-224-5014





Mother's Day Celebration at the Tribal Senior Center





Education Newsletter



May 2025



end.



WHAT TO LOOK **FOR IN JUNE!!!**

- June 11th Tribal Graduation Celebration and Career Fair. CLC Gym 5PM to 8 PM
- June 16th Start of Summer Rec. CLC M-Thur 9AM to 3 PM
- **Higher Education Deadline June** 1st!!!!!





SUMMER 2025 FOOD SERVICE PROGRAM

ChurchillCSD is participating in the Summer Food Service Program.

- Meals will be provided to children (Ages 2-18) WITHOUT CHARGE.
- MEALS WILL NOT BE SERVED June 19 & June 30 July 4th

LOCATIONS & TIMES

CHURCHILLCSD STAFFED LOCATIONS (MONDAY-THURSDAY)

Serving hot meals in their cafeterias that must be consumed at the site.

Numa Elementary School | June 9-25

8:00-8:30 and 11:15-11:45 (breakfast & lunch)

Churchill County Middle School | June 9-25

8:00-8:30 and 11:15-11:45 (breakfast & lunch)

Churchill County High School | June 2-25

8:00-8:30 and 11:15-11:45 (breakfast & lunch)

Meal Kit Pick-Up | July 10 - August 7 (Thursday ONLY) **Numa Elementary School**

12:00-1:00pm

Families can pick up a meal kit box every Thursday with food items to be assembled. Recipe cards are included. Children do NOT need to be present, but we will require names.

COMMUNITY STAFFED LOCATIONS (MONDAY-THURSDAY)

Serving sack lunch meals that can be taken from the site.

Fallon Youth Club | June 9 - August 8 (CLOSED 6/19,6/20 & 7/4) 324 Pennington Cir.

8:30-8:45 and 5:15-5:30 (breakfast & dinner)

SUMFUN/Cottage School (C.A.R.E) | June 2 - August 8 255 E. Stillwater Ave.

12:00-12:15 (lunch)

Oats Park | June 2 - August 7 (Monday-Thursday) 151 E. Park St.

12:30-1:00 (lunch & snack available)

Venturacci Park/Skate Park | June 9 - August 8 341 Venturacci Ln.

12:25-12:45 and 3:30-4:00 (lunch & snack)

Fallon Paiute-Shoshone Tribe | June 16 - August 8 (Monday-Thursday) 8955 Mission Rd.

12:00-12:30 (lunch & snack) & (Breakfast)

This institution is an equal opportunity provider and employer.





Mindful Moments Checklist

it, every single actions add up	day. Simple, daily check-	ins can support long-term r toward better mental wellb	nission to help you prioritize mental wellbeing. Small, mindful eing by checking off one, some
Mood Chec	k: How are you fe	eling today?	
	Positive	Neutral	Low
-(40)-		ow, try to identify one simpl ort break from work or talkin	

Mindfulness Moment: Pause and breathe

Take five deep breaths using 4-4-4 breathing: Breathe
in for four seconds; hold the breath for four seconds;
breathe out for four seconds.

Write down one thing you're

Practice a moment of gratitude:

Quick Tip: Spend just a few minutes being conscious of your breath or surroundings to reset your mind.

Physical Movement: Move your body for at least five minutes.

Take a walk outside.	Stretch or practice yoga.

Do a quick workout.



Quick Tip: Take a break to get active. Movement can help release stress and improve your mood.



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Keep your learning journey going — subscribe to our newsletters for tips, best practices and valuable resources!

Quick Tip: A good night's sleep is essential for mental health, so prioritize rest as part of your daily routine.

NATIONAL COUNCIL for Mental Wellbeing

NATIONAL COUNCIL for Mental Wellbeing





REASONS TO

Colorful, delicious and nutritious foods help keep our bodies and minds healthier, longer,

Lots of the Good Fruits and vegetables provide many beneficial nutrients, vitamins and minerals, Add fruits and regetables to meals and snacks for a nutritional





Less of the Bad

Fruits and vegetables are tupically free of trans fat, saturated fat and sodium, Load up!

Won't Weigh You Down Fruits and vegetables are low in calories. They fill you up, thanks to the fiber and water they contain, that can help manage your weight.





EAT SMART MOVE MORE BE WELL

Super Flexible Super Foods

All forms of fruits and vegetables — fresh, frozen, canned and dried — can be part of a healthy diet. They are among the most versatile, convenient and affordable foods you can eat. Choose those with little or no added sodium or added sugar.

A Whole Body Health Boost A healthy eating plan full of fruits and vegetables can help lower

your risk of many serious and chronic health conditions, including heart disease, obesity, high blood pressure, diabetes and some types of cancer. They're also essential to your everyday health.



heart.org/HealthyForGood

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May & June **FOOD DISTRIBUTION SCHEDULE**



The following is a schedule for the May 2025 & June 2025 food distribution supplemental resources for the Fallon Tribal Community. This schedule includes the monthly USDA Yerington Commodity food distribution and the Northern Nevada Food Bank Mobile Harvest.

Toi Ticutta Food Hub

Participants can visit the Toi Ticutta Food Hub once a week on posted day-Monday's from 3:30pm - 5:45pm, Wednesday 9-11am Friday's from 8:30am - 11:30am.

USDA Yerington Commodity Food Distribution (CLC Parking Lot)

Participants must meet USDA guidelines. Contact YPT for additional eligibility requirements. You can visit their Facebook page for the Yerington Commodity Food Program or by phone at (775) 783-0260.

Tuesday, May 6th & June 3rd—8 a.m. to 11:45 a.m.

Northern NV Food Bank Mobile Harvest (CLC Parking Lot)

Drive-thru style distribution of fresh fruit, dairy and vegetables. Mobile harvest is the 2nd Tuesday of every month. Participation is open to all Churchill County residents of all income levels. First time participants are required to complete an initial intake form on-site.

Tuesday, May 11th & June 10th — 12:30 p.m. to 1:30 p.m.







JUNE MOVIE LISTING

JUNE 6TH DANGEROUS ANIMALS

FROM THE WORLD OF JOHN WICK

THE PHOENICIAN SCHEME

JUNE 13TH MATERIALISTS

How to Train Your Dragon

JUNE 20TH ELIO

28 YEARS LATER

BRIDE HARD

JUNE 27TH F1

M3GAN 2.0



Pick up your bag of popcorn at Fox Peak Station for only

\$5



Adult evening shows: \$10.00 Children (under 12) are \$7.25 Seniors / Military: \$8.25 Matinee (before 6pm): \$7.25 Classic Shows: \$1.00 Call for showtimes: 775-423-7099

Fallon Paiute Shoshone Tribal Employment

LAW ENFORCEMENT

Police Officer Trainee-The Police Officer Trainee is entry level Law Enforcement position. Trainees will participate in initial departmental training and orientation programs, including attending an accredited Police Academy. The Police Officer Trainee is a non-sworn position designed specifically and solely for the purpose of employing Police Officer candidates in trainee status during the initial basic police officer academy training. Incumbents will be afforded the opportunity to be appointed to and sworn in as a probationary entry-level police officer with full police authority upon successful and satisfactory completion of academy training.

Salary Range: \$24.55-\$29.31

Police Officer-Performs Law Enforcement/Public Safety duties by maintaining order, responding to emergencies, protecting people and property within the Reservation and Colony; enforcing motor vehicle and criminal laws within Tribal codes and Nevada Revised Statues when appropriate; promoting good community relations. If coming from reciprocity state or approved federal program as an equivalent to a Nevada Category I peace of-I ficer there are eligibility requirements that will need to be met. Maintain a working relationship with city, county, state and federal allied agencies.

Salary Range: \$24.56-\$29.31

Law Enforcement Secretary-The Law Enforcement Secretary is the first line of contact with the department, including visitors, customers, and the general public. Law Enforcement Secretary greets and responds to all manner of inquires (in person, by phone, or by other means such as mail and emails) from customers, visitors and the general public, as well as announce visitors and keep a log of office guests.

Salary Range: \$14.42-\$17.22

Learning Center.

Court Clerk/Judicial Services Manager

<u>-----------------</u>

This position provides management and direction over the courts of the Fallon Paiute-Shoshone Tribe and is responsible for program development, policy formulation and recommendations, and the management of timely and sensitive daily operations at a key point in the system. This position also handles the duties of a court clerk as needed. Salary Range: 29.31-\$35.00

¹Cultural and Library Program Coordinator-The CLC Cultural and Library Program Coordinator coordi-I nates Tribal cultural activities to meet the cultural preservation activities of the Fallon Paiute-Shoshone Tribe, and I agencies and schools to promote positive lifestyles, coordinates the library services for the Community Salary Range: \$15.30-\$18.26

FALLON TRIBAL HEALTH CENTER

Medical Assistant (MA)-This position is responsible for providing pharmaceutical care and education to the patients of the Fallon Tribal Health Center and supports all related activities to ensure that high-quality care is provided to all patients.

Salary Range: \$16.23-\$19.31

Pharmacist-The Associate Director – Quality and Compliance is under the general supervision of the Health Director. The incumbent is responsible for assisting in the development, implementation, evaluation and supervision of assigned components of the Health Center's quality improvement programs, clinical case management, regulatory affairs and accreditation. Responsibilities include developing and implementing policies and operationally practices and coordinating and promoting common activities of assigned components to ensure the delivery of quality and fiscally responsible health care. This position is also responsible for developing operational and policy and procedures to integrate services, eliminate duplication and optimize safety. Does related work as required. Salary Range: \$56.16-67.06

Dental Hygienist-Perform dental prophylactic treatments and instruct groups and individuals in the care of teeth and mouth. Salary Range: \$37.13-44.33

Dental Assistant II (Certified)-The incumbent performs a wide variety of advanced duties to facilitate clinic functions in general dentistry, including chairside assistance in all phases of restorative, prosthodontics, surgical endodontic and periodontics treatment; performs prophylaxis and range of reversible intro-oral procedures under the direction of the dentist; and provides assistance in clinic management,

Salary Range: \$18.26-\$21.81

Physician-Family Practice-This position provides direct and comprehensive primary, preventative and therapeutic medical and nursing care to individuals across the lifespan at the Fallon Tribal Health Center.

Salary Range:\$114.16- \$136.31

Prevention Specialist-The Native Connections Prevention Specialist is responsible for the planning and implementation of prevention programs and initiatives directed to address suicide, prevent substance misuse and promote mental health. Prevention Specialist will work with youth and family serving tribal programs, reduce suicide attempts and completions, and eliminate drug use and other risk factors that lead to unhealthy behaviors. Salary Range: \$19.38-\$23.14

Fallon Paiute Shoshone Tribal Employment

Health Center Administrative Assistant-This position is responsible for providing administrative support in a variety of settings such as within the Fallon Tribal Health Center and to members of the FTHC Management Team, as well as assisting in the planning and coordination of program and project related activities.

Salary Range: \$16..23-\$19.38

Environmental Services (EVS) Manager-Responsible for performing and initiating all activities in support of environmental health and safety initiatives, new employee safety orientation; ensuring effective and efficient compliance with local, state and federal regulations and agencies; managing safety processes to protect employees, company, the environment, and provide a safe and healthy work place; and ensuring the maintenance of an aseptic, safe, and attractive environment within Fallon Tribal Health Center (FTHC) facilities to ensure adherence to established federal, state, tribal, and accreditation sanitary, infection prevention, and safety procedures. Salary Range: \$27.63-\$32.99

Outreach & Enrollment Specialist-The Outreach and Enrollment Specialist will work to provide outreach opportunities for community residents who lack access to healthcare and health insurance, provide enrollment and application follow-up assistance and build/strengthen enrollment collaborations with local partner organizations. Salary Range: \$16.23-\$24.55

the safe transport of elderly and disabled individual to and from their homes for meals and activities at the Senior Center and for local medical appointments, as well as for the safe and timely transportation of meals, supplies, and medications/prescriptions to homebound individuals. Salary Range: \$13.59-\$16.23

Kitchen Assistant-As the Kitchen Assistant, the incumbent will be responsible to assist the Senior Center staff with daily preparation of regular meals, keeping the kitchen orderly, sanitized and all equipment ready for use. The incumbent will also, as part of their daily duties, keep restrooms, annex, and building clean and orderly. Salary Range: \$14.42-\$17.22

SOCIAL SERVICES

Youth & Family Social Services Director-The Youth & Family Services Director is in charge of administering the Tribe's Social Services Department, which includes general assistance, ICWA, vocational rehabilitation, and other related social service functions, and supervises and directs the work of caseworkers in formulating and carrying out treatment plans or specialized services assignments. Salary Range: \$31.09-37.13

Vocation Rehabilitation Technical Assistant-The Vocational Rehabilitation Technical Assistant (VR TECH) is a full-time position within the Fallon Paiute Shoshone Tribe's Vocational Rehabilitation, (FPSTVR) program. Under the supervision of the Program Manager, the VR TECH will provide technical support to the VR Counselor. Primary responsibilities include, but are not limited to, data gathering of applicant and consumer information and entering the information into the program database.

Vocational Rehabilitation Counselor-Position utilizes considerable knowledge of medical aspects of disabilities, the behavioral and social sciences, and i formal training in counseling techniques to assist individuals in achieving employment. Counselor addresses the interrelated issues of disabilities and their social and emotional impact on individual clients to assist clients in attaining an enhanced understanding of themselves in relation to their disabilities, environment, and employment opportunities. As a member of a rehabilitation team, incumbents provide comprehensive rehabilitation counseling services to clients who may have multiple disabilities. Incumbents may begin to acquire extensive knowledge of a specialized disability group. Incumbents independently make decisions concerning eligibility, the development of Individualized Plans for Employment (IPE), and are actively involved in job development and placement activities.

Salary Range: \$18.26- \$21.81

Salary Range: \$14.42-\$17.22

Fallon Paiute Shoshone Tribal Employment

HOUSING

Housing Receptionist-The Housing Receptionist performs routine typing and clerical work of limited complexity and variety following procedures which are usually standardized so that work is checked primarily for accuracy and completeness.

<u> Salary Range: \$12.09- \$14.42</u>

Journeyman Construction Carpenter-This position is for performing skilled construction tasks for completing rehabilitation projects approved by the Tribal Council and U. S. Department of HUD (Housing Urban Development) described in the Indian Housing Plan; will provide general construction and rehabilitation of existing units, to include carpentry, roofing, drywall, painting, tape and texturing, foundation construction, cabinet installation, plumbing, electrical and similar items. Salary Range: \$17.22-\$20.56

Maintenance Technician-This position performs unskilled and semi-skilled maintenance and repair tasks on building, grounds and equipment and is required to demonstrate rudimentary knowledge of basic heating, carpentry, plumbing and electricity in the performance of responsibilities; also performs routine maintenance in response to work orders issued through the Maintenance Supervisor. Salary Range: \$15.30-\$18.86

| Environmental Specialist 1

The Environmental Specialist 1 is an entry level position in the Environmental Specialist series. Under close general direction of the Environmental Manager, the environmental Specialist 1 learns and performs a variety of routine and specialized tasks associated with environmental protection. The Environmental Specialist 1 will complete objectives and work plan activities under an established environmental program and assist the Environmental Manager in other environmental protection and hazardous materials activities. Duration of this position is based on current and future funding availability.

Salary Range \$16.23-\$19.38

Administrative Receptionist-Serve as key personnel to the department: receive, direct, and screen visitors, handle telephone calls and provide assistance or technical information concerning policies, procedures and other details. Salary Range: \$14.42- \$17.22

I Emergency Management Assistant-The Emergency
Management Assistant is under the direct supervision of
the Emergency Management Coordinator. This is a
Regular Part-Time position that provides administrative
support and general assistance to the Emergency Management Department. Salary Range:\$16.23-\$19.38





Committee Vacancies

(1) Higher Education — Open til filled

(1)Natural Resource — Open til filled

(1)Elders—Open til filled

(1) Law and Order — Closes 6/17/2025

If interested, submit a Committee Appointment Form to the Council Secretary's Office at 565 Rio Vista (Administration Building) or email application

65 Rio Vista (Administration Building) or email application to: secretary@fpst.org

Posted: 5/29/25

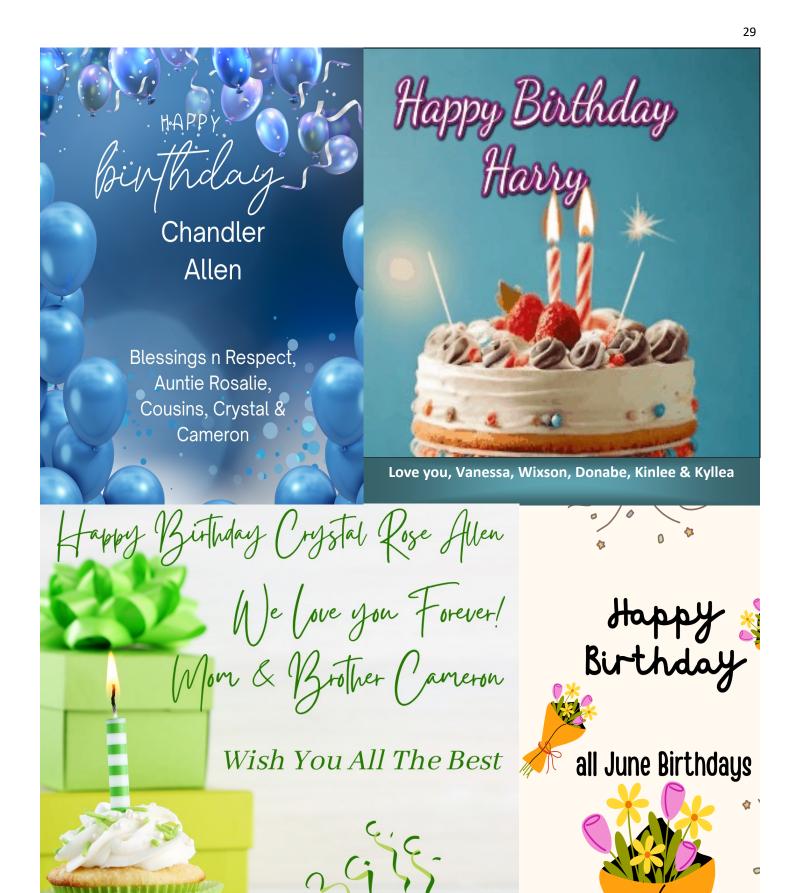
Tribe Builds New Corrals and Squeeze Chute

A new livestock handling system has been rebuilt to allow workers to direct cattle more easily into the squeeze chute for weighing, treatment or vaccinations. It is less stressful for the cattle handlers because it requires less work to get the animals into the chute and it makes the job of the handlers safer.

Previous to the rebuilding of the corrals, the space was not well-utilized and with the newly built corrals, they can work cattle with fewer people with the same or better productivity.

We would like to thank Allen Welch and his crew, Russell Dyer-Redner, Steve Austin and the Natural Resource Committee.





Environmental Cultural Night



TRIBAL POINTS-OF-CONTACT

Program Area	Point-of-Contact	Email	Phone Numbers
ADMINISTRATION			
Primary Contact Chairwoman	Chairwoman Williams- Tuni	chairman@fpst.org	775-423-6075 427-9948
Primary Contact Secretary	Secretary Johnson	secretary@fpst.org	775-426-8635
Primary Contact Treasurer	Treasurer Moyle	fbctreasurer@fpst.org	775-423-6075
Primary Contact HR	Leona Mineard	hrdirector@fpst.org	775-423-6075 ext. 1026
Primary Contact Grants Compliance	Sandra Hicks	grantsofficer@fpst.org	775-423-6075 ext. 1021
COMMUNICATIONS		g. a	
Primary Contact	Jill Wright	tribalnews@fpst.org	775-867-8304
VICTIM SERVICES	3 *****B.1.¢	insumewser pottorig	773 667 656 1
Primary Contact	Michelle Bowers	victimservices@fpst.org	775-427-0985
•	Wilchelle Bowers	victimiser vices@rpst.org	773-427-0983
HOUSING AUTHORITY	Leave of the Labor	ha da linda Ofada	775 422 2224
Primary Contact	Jennifer John	housingdirector@fpst.org	775-423-3321
SENIOR CENTER			775 400 7550 775 066
Primary Contact	Juliana Dixon	scmanager@fpst.org	775-423-7569, 775-866- 8656
NATURAL RESOURCES			
Primary Contact	Steve Austin	natresourcesdir@fpst.org	775-423-3725
Environmental	Richard Black	richenviro@fpst.org	775-423-0590
COMMUNITY LEARNING CENTE	ir		
Primary Contact	Anthony Berreman	clcdirector@fpst.org	775-427-0991
HEALTH CENTER			1.10
Health Administration	Jon Pishion	fthcdirector@fpst.org	775-423-3634, ext. 1133
Treatmy tarimination	3011113111011	Terrodin Cotton (Chipstion)	775-217-9078
Business Office	Tricha Hutchcraft	businessservdir@fpst.org	775-423-3634, ext. 1145
Medical/Dental/Optical Services	Susan Bracamontes	clinicservdir@fpst.org	775-423-3634, ext. 1035
Pharmacy	James Dexter	chiefpharmacist@fpst.org	775-423-3634, ext. 1052
Community Health Nurse	Sherry Taylor	regnurse1@fpst.org	775-423-3634, 775-294-5475
Benefits Office	Syenna Welch	benefitscoordinator@fpst.org	775-423-3634, ext. 1015
Patient Registration	Crystal Hall	patreg@fpst.org	775-423-3634, ext. 1026
CHR Program	Arlene Austin	chrsup@fpst.org	775-423-3634, ext. 1039 775-427-0977
Medical Records	Tracy Grace	medrecords@fpst.org	775-423-3634, ext. 1035
PRC Office (referrals)	Lorna Mauwee	prcmanager@fpst.org	775-423-3634, ext. 1057
Behavioral Health	Leslie Steve	mhsadirector@fpst.org	775-423-3634, ext. 1147
Wellness Center	Jessica Pishion	diabetescoord@fpst.org	775-423-2220
In Home Health Program	Tamalia Rosse	homehealthaide@fpst.org	775-423-3634
Food Pantry	Cathrn Foote	foodpantry@fpst.org	775-867-8703, 775-427-9949
PUBLIC SAFETY			
Emergency Management	Jackie Conway	emd@fpst.org	775-867-8706, 775-427-0996
Tribal Police	Shasta Juarez	chiefofpolice@fpst.org	775-423-8848
PUBLIC WORKS			
Water/Sanitation	John Schafer	publicworks@fpst.org	775-427-9954
Public Works On-Call #	On Call		775-866-2175
TRIBAL COURT			
Judicial Services	Vacant	judicialmgr@fpst.org	775-423-8883
YOUTH & FAMILY SERVICES			
Social Services	Vacant	yfsdirector@fpst.org	775-423-1215
Vocational Rehab.	Vanessa Charley	vrm@fpst.org	775-428-2250



Child Care Development Fund Community Hearing

As you are well aware our Child Care Program is a child care subsidy program and every three years the program has to reapply for our funds. There will be a public hearing on Monday, June 23, 2025 for anyone that is interested in reviewing the plan and sharing feedback. It will be at the Community Learning Center, 8955 Mission Rd. Fallon, NV in the multi- purpose room at 6:00 PM to 7:00 PM, beverages and a lite snack will be served. If you have any questions please reach out to Dawn Garner, Child Care Coordinator at 775-867-8101.

Or email at dawn.garner@fpst.org.





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